

Strange But True

By F. H. Macarthur

Saint Anne, mother of the Virgin, is the Patroness of Canada. She is commemorated on July 26th, the reputed anniversary of her death.

Perhaps the largest and most famous bell in the world is the "great bell of Moscow." Weight: 440,000 lbs. The value of this chime is estimated at \$1,300,000.

Casting dice for Bibles at the chancel steps may not appeal to most Christians, but such is the custom in the parish of St. Ives, Hants, England.

The man who wrote, "The rank is but the guinea's stamp - The man's the cowd for a that," joyfully anticipated future celebrations in honor of his birthday.

That Body Of Yours

By James W. Barton, M.D.

THE EMOTIONS CAN RAISE THE BLOOD PRESSURE

Physicians examining recruits for the armed services or candidates for insurance recognize that the individual is nervous not only because of the army or insurance but because he wants to know if his heart and blood pressure are normal for his own or his family's sake.

In an article, "Emotions and Blood Pressure," in the Journal of the American Medical Association, Dr. Robert Sterling Palmer, Hypertension Clinic, Massachusetts General Hospital, Boston, states that variations of 8 to 10 mm. of mercury, and often of 18 to 20 have long been noted in the normal resting systolic blood pressure.

"Anger, fear, and deception cause rises in the normal blood pressure and these rises or curves, considered characteristic of deception, have been presented and suggested for detection of crime," says Dr. Palmer.

There are cases of individuals who have carried high blood pressure for a number of years whose pressure came down to normal after a visit to a psychiatrist and remained normal for three years afterward.

Dr. Palmer reports 100 cases tested in the Hypertension Clinic in which the emotional disturbances of the individual raised the blood pressure many points.

It is worth to keep our blood pressure within normal limits for the actual condition of our blood vessels, calmness of spirit is necessary.

may expect henceforth to see my birthday inscribed among the wonderful events in the Poor Robin and Aberdeen Almanacs, along with Black Monday and the Battle of Bothwell Bridge.

The contribution-box used in some churches is an American invention. In Colonial days the collection was dropped into an old-fashioned warming pan.

VALUABLE TIMBER

Vast areas of Ecuador are clad in virgin forest, rich in rubber, cinchona and valuable timber.



Flying Officer and Mrs. Vilho Wuorinen photographed with their wedding attendants following their marriage which took place in Trinity United Church, Charlottetown. Mrs. Wuorinen was the former Velda Theresa Larter, daughter of Mr. and Mrs. Edward H. Larter, Charlottetown, and the groom is the son of Mr. and Mrs. Frank Wuorinen, Port Arthur, Ont. Pictured from left to right are F.O. Ronald Patenaude, F.O. Robert Love, ushers, F.O. Alan T. Carlyle, groomsmen, F.O. and Mrs. Wuorinen, Mrs. Avon Andrew, matron of honor and the bridesmaids, Miss Dorothe Moore and Miss Lohma Downe. The officiating clergyman was Rev. H. E. D. Ashford.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

A SUDDEN and quite unpredictable event may give a stimulating and challenging lift to the feelings, emotions and activities.

If It Is Your Birthday

Those whose birthday it is, are advised to keep within the bounds of reason and sound judgment in the face of abrupt and dramatic climaxes.

Morning Smile

Try Again

"Father says will you lend him your garden roller," said the small boy.

Too Much Fuss

Widow, writing to an insurance company: "You have asked me to fill out so many proofs of claims and I have had so much trouble in getting my money that I sometimes wish my husband hadn't died."

RECREATION PROGRAMS

Ontario centres having municipally-organized recreation programs increased from 18 in 1945 to over 150 in 1950.

Fringed Evening Fashion

The Spanish influence in fashion is evident everywhere this winter and that means plenty of fringe and brood trimmings.

Household Scrapbook

By Roberta Lee

Picture Hanging

Don't hang an oil painting where it must be artificially lighted if you can possibly place it where light of day strikes it.

Ironing

The longer the clothes lay damp before ironing, the better is the result.

How Can I!!!

By Anne Ashley

Modern Etiquette

By Roberta Lee

Cook's Corner

BRANDY SCROLLS

1/2 cup corn syrup, 2 lbs. margarine, 1/4 teaspoon ginger (ground), 1/4 teaspoon mixed spices (ground), 1 tablespoon flour, mock cream.

IRON RESOURCES

Proven reserves of iron-ore in Venezuela are said to be the richest in the world.

Better English

By B. G. Williams

What is wrong with this sentence?

"He is the man whom I thought was the foreman, but I find he is just a new beginner."

What is the correct pronunciation of "honorable"?

1. What is wrong with these words misspelled: Disburse, disburse, discernible, dissolute.

What does the word "mandatory" mean?

5. What is a word beginning with "av" that means "mental opposition"?

ANSWERS

1. Say, "He is the man who I thought was the foreman, but I find he is just a (omit new) beginner."

2. Pronounce on-er-a-b'l, four syllables, and not on-ra-b'l.

3. Disperse. 4. Containing an authoritative command; hence, obligatory. "The instructions were mandatory, and they were compelled to go." 5. Aversion.

1951 Fashions In Wool



Some of the newly designed fashions in wool were featured in a recent display by the International Wool Secretariat in London, England. In the Petit Salon of a large London store, recently, a mannequin parade was held to display some of the new fashions in wool, designed for 1951.

ELLEN'S DIARY

By An Island Farmer's Wife

And how in particular should we have liked to start away this New Year? This was a question that came to mind this morning as we were washing the breakfast dishes, and replacing them in the old cupboard one by one.

We often think that if we could have our way every cup and saucer, every plate and bowl and jug made would be in color, perhaps not altogether, but at least gaily decorated in some neat and fetching design, so that, using these, every "common" meal would be glorified and all dish-washing become a privilege, instead of, as often, just a tiresome chore.

We recall how good it was on holidays or when "state" company came, to eat of a flower-decked plate, and drink our pale tea from a fragile cup.

And all at once in a whimsical yearning it came to us how we should have liked to commence our New Year. In making some needed and timely resolutions?

In fact we agree heartily with James when he suggests with grave mien: "There's no use talking, Ellen. We've just got to turn over a new leaf. For one thing we mustn't stay up so late. After this, Ellen, do let's try to get to bed earlier so that we can make a better start in the morning."

Perhaps with Mr. C. from the house on the hill, or other company to join us, with Jeanie coming by for a few minutes, hands now empty of care, or the younger farmer to talk shop or discuss the whys and wherefores of some intended farm endeavour.

While curtains, blankets, spreads and such, which are badly soiled will be benefited by a soaking over night in cold water, to which a handful of borax has been added. This loosens the dirt so that it will wash out readily the next day, and a beautiful color is imparted to the material.

Don't hang an oil painting where it must be artificially lighted if you can possibly place it where light of day strikes it. To have a spotlight of electricity on the painting detracts from its artistic value.

The longer the clothes lay damp before ironing, the better is the result. Sprinkle, starched clothes with hot water half-an-hour before ironing.

Advertisement for SLICED BUTTER-NUT BREAD by Eastern Bakeries. Includes an image of a loaf of bread and the slogan 'Always ready'.

DOROTHY DIX SAYS—

Woman's Place

Children Make Homemaking Her Most Important Job

DEAR MISS DIX: I dispute strongly all that is said about women's place being in the home. I believe that the absolute tying-down of women to their own fireside has been their complete downfall and has made them morbid, irrational, narrow-minded and selfish.

ANSWER: Whether a woman's place is in the home or not depends on the woman and her individual talents and inclinations and circumstances and on the home. You cannot lay down any hard and fast rule on the subject.

There are women that nature never intended to be homemakers. There are other women to whom home is the realization of every ambition and dream. Home isn't a prison to all women, as you may seem to think it is.

It just happens that in the division of labor in the domestic partnership, making the home is the woman's job as supporting it is the man's, and there is no injustice in that that I can see nor any belittling of the woman.

Of course, there are conditions of financial stress in which it becomes absolutely necessary for the woman to work outside of the home and help earn the bread as well as bake it. But when there are children it is a tragedy for the mother not to be able to devote all of her time to making them a comfortable home and keeping them safe within it.

DEAR MISS DIX: How should a woman conduct herself when living with her daughter-in-law? Is there any way she can avoid interfering with the home life of the family? I have four children. Wouldn't it be best to spend a few months with each one so I will not wear out my welcome in any one place?

ANSWER: You seem to have solved for yourself the problem of living in another woman's house, which is a difficult thing whether the woman is one's own daughter or one's daughter-in-law.

It consists primarily in keeping your fingers out of the family pie. The inalienable right of every woman who is at the head of a house is to run it in her own way without advice or interference.

As long as Grandma respects these rights, she is a welcome guest. It is only when she tries to superimpose her ideas on her daughter and her daughter-in-law that the fight begins.

DEAR MISS DIX: I am a girl engaged to be married to a very fine young man who loves me dearly. I believe myself to be in love with him. The only thing that makes me doubt it is that ever so often I become foolishly infatuated with some one else.

ANSWER: You are certainly not in love with the young man to whom you are engaged if you cannot be true to him even before marriage. My diagnosis of your symptoms is that you are a born philanderer and that no one man will ever satisfy you.

Advertisement for Needlecraft - FOR THE HOME. Includes a list of items like NEW COAT DRESS, HOUSEHOLD SCRAPBOOK, and PICTURE HANGING.

Advertisement for SCOTTS EMULSION. Features a large illustration of a man carrying a large fish on his back and the text 'Help Build Up Your Child with SCOTTS EMULSION'.

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