

After the meat is processed it can last for several months. The 1958 catch was packed into 3-foot sections of plastic.
 Next season the Government hopes to have available a new type of processing plant, in which heat and electricity provided by a diesel motor are used to cure the meat that has been cooked. The Defense Research Medical Laboratory at Toronto is now working on the apparatus.

Capital Punishment

We think that Mr. Lester B. Pearson is correct in his view that the Federal Government has no right to abolish capital punishment by order-in-council. This, evidently, is what the Government is doing. Since the Conservatives assumed office, some 17 death sentences, out of a total of 21 or 22, have been commuted to so-called "life imprisonment" by cabinet decree.

There are arguments that might be cited in favour of doing away with the death penalty. There are arguments, too, for retaining it. Both sides in the controversy can easily furnish statistics to support their point of view. It is a matter which needs more exhaustive study than has been given to it so far before the issue can be settled one way or the other.

In any event, Parliament alone should make the decision, after the proper study has been made. What Prime Minister Diefenbaker personally thinks should not be the decisive factor in reaching a conclusion.

If capital punishment is finally abolished by act of Parliament, the statute regarding life imprisonment should be amended, so as to make it mean exactly what it says.

EDITORIAL NOTES

Poor Mr. Molotov! For his alleged "deviation" from party policy in the Soviet Union, he was sent off to Outer Mongolia. Now that he would like a change of scenery, the Netherlands has refused to accept him as Soviet Ambassador.

Nearly half the world's children are not getting any education at all, according to a survey made public last week by the United Nations Educational, Scientific and Cultural Organization. The survey is based on appraisal of 197-school systems and is a depressing commentary on world progress in this age of enlightenment.

Congratulations to the pupils and staff of Kensington and Alberton high schools. They scored highest marks in the four Atlantic Provinces in a schools and colleges ability test sponsored by the Carnegie Foundation. Other Island high schools also made a good showing. In citing this achievement in the Legislature on Tuesday, Education Minister Clark said it was evidence that "neither the teachers nor the youth of this Province, have substantially lost the spirit of sacrifice or the ambitions of their ancestors."

Canadians have shown marked interest in the ceremonies, which started on February 12 all over the United States, to commemorate the 150th anniversary of the birth of Abraham Lincoln, the president who in 1865 was assassinated for his activities in abolishing slavery. The celebrations are to continue throughout the year, designated by President Eisenhower as Lincoln Sesquicentennial Year, and a record of these observances will be kept by the Library of Congress, where a large collection of material on the life and work of Lincoln is preserved.

The U.S. Department of Agriculture reports that storage of surplus crops under the price support program set a record in 1958. The government stored 489,146,395 bushels of wheat, one-third of the record crop of 1,462,000,000 bushels. It now owns outright 786,101,564 bushels, for which it laid out \$2,205,872,246 in support payments. Also placed in storage last year were almost 98 million bushels of soybeans, almost 100 million bushels of grain sorghums and 108½ million bushels of corn. Expenditures for storage, interest and handling of this inventory will be one billion dollars. And, President Eisenhower said, none of this contributes to a sound solution of the farm problem.



ARTISTIC LICENSE

Britain's Program For Cyprus

On the face of it, there is nothing in Britain's four-point program for an independent Cyprus to delay an early settlement of the vexed Cypriot problem. The greatest single danger all along has been the issue of Britain's retention of any form of sovereignty over the military bases she needs on the island for strategic purposes. Significantly, the relevant clause in the British program carefully avoids use of the word "sovereignty." It says the "strategic needs of Britain on Cyprus should be established in such a manner that they cannot be challenged later and will stand indefinitely."

This is interpreted in London as meaning that the British government will probably be satisfied with a long-term lease—possibly 99 years—on the bases. This would follow the pattern of United States bases in Britain and other parts of Europe, which are subject to the authority of the country concerned—unlike the enclaves Britain and other colonial powers once maintained under their own flags in foreign territory. To many Cypriots, insistence on the use of the word sovereignty would have implied the continuation of colonial rule and an infringement of their long-sought independence. But the Cypriots have no desire to see the bases abandoned.

The Age Old Story

That will keep him in perfect peace, whose mind is stayed on Thee.

Sir John At Falconwood

Did you know that Sir John A. MacDonald, Prime Minister of Canada, was first inmate of Falconwood? The old "Asylum for Insane Persons," as it was called before the less offensive name of "Falconwood Hospital" was adopted, was built in 1879 on the present site of Riverside Hospital, and on land whose first owner was Phillips Callbeck. It was at this farm that Mrs. Callbeck was concealed on November 17, 1875, when the American privateers, Franklin and Lynch, raided Charlottetown. Captain John Selman of the Lynch tried to find Mrs. Callbeck for the purpose (to use his own words) of "cutting her throat," because her father, Nathaniel Coffin of Boston, "is remarkable for his attachment to the Government."

Later, the land became the property of John Grubbe (perhaps no relation to the sexton who was stolen by goblins) whose bones lie in the old burial ground on Elm Avenue. The Asylum was built near "Falconwood House," the seat of Mr. Grubbe, a fine residence in which Sir John A. MacDonald lived for awhile as an invalid. Sir John was stricken with a gallstone attack—which proves that these stones are insoluble in alcohol—in the Council Chamber of Parliament on May 6, 1860, and for many days he could not be moved. He arrived at Pope's wharf, Charlottetown, in the steamer Druid on July 8, and spent the summer at Falconwood House, leaving for Ottawa on the 18th of September. Thus the first patient at Falconwood was the Prime Minister of Canada.

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A Day's Meal For Tired Boss

By Herman N. Bundesen, M. D.
 I WROTE a column a short time ago about how many executives become tired and lose much of their drive and ambition simply because they eat inadequate meals, particularly breakfast and lunches. Since then a number of harassed businessmen have asked me just what they should eat. Well, that put me on the spot.

SPECIAL DIET
 I looked around for a special diet for the tired executive—and I found one. Several years ago three Chicago physicians undertook some extensive research on "Exhaustion in the Young Business Executive," and came up with a special diet. So here is a "Suggested Diet recommended by Drs. Sidney Portis, Irving Zitman and Charles Lawrence in a report in the Journal of the American Medical Association."

Foods to Include Daily:
 Cereal or bread: whole grain with the farmers in the drivers' seat, have pretty well driven us out of the British market. With over 2500 vacant farms the inefficient farmer must be pretty well eliminated. It is about time farm experts turned their attention to organized orderly production and marketing, and quit giving the small farmer the axe. Existing support prices without a quota helps the big integrating companies most except in dairying; and sheep raising has not helped the farmers very much. Labor unions will soon include farm workers which should put the family farm in a much better position. Officials should retain as many family farms as possible. If they were put on a 40 hour week they would think they were on vacation half of the time. The stress of climate and disease needs the personal interest which can not be controlled from an office. Even big industries are looking more and more to the little fellow for a lot of their accessories. I don't think it is a good idea to have all your eggs in the one basket. A big thank you goes out to the dairies, who helped in the membership drive for the Federation. I hope the executive will see fit by some tangible means to make every member feel he is important. I am, Sir, etc. SMALL FARMER Freetown, P. E. I.

FARMERS' PROBLEMS
 Sir,—Vertical integration is getting quite an airing and it soon ought to smell a whole lot sycener. The main bugbear is over-production and vacant farms. Young people soon tire of working for big companies for little or nothing. Evidently it is here to stay, so we will have to meet the challenge and study all its angles. Denmark, on their little farms

PUBLIC FORUM
 This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinion of correspondents.
QUESTIONS AND ANSWERS
 R. T.: What is the cause of warts on the bottom of the feet, and what is the best and quickest way to remove them?
 Answer: These are called plantar warts, the cause of which is unknown. They may be very stubborn, and various treatments have been used, including local medication, freezing, radiation and surgical removal.

NOTES BY THE WAY

A news story reports that participants in the first International Harp Festival and Contest to be held in Israel next September have an opportunity to win a newly designed modern \$3,500 harp. That is first prize. There is, of course, a simpler way to win a harp. All you need do is live right and drive too fast.—Victoria Times.

or enriched, four or more servings.
 Meat, poultry or fish: Two servings or more.
 Eggs: At least three a week.
 Vegetables: At least two servings a day; one serving or more should be of a green or yellow vegetable.
 Potatoes: At least one serving.
 Fruits: At least two servings; one serving should be of citrus fruit or melon; avoid the syrup of canned fruits.
 Milk: One pint or more.
 Water: Six to eight glasses (this may include coffee or tea).
FOR DESSERT
 Desserts: Fruit as specified, simple puddings, fruit gelatin, simple cakes (pound or sponge cake without icing), simple cookies.
 Fats: As needed and desired. Now here is a sample daily menu using these foods:
 Breakfast: Orange juice, oatmeal, poached egg, toast, butter, coffee (no sugar).
 Lunch: Tomato juice, broiled trout, asparagus, combination salad with dressing, bread, fruit cup, butter, tea or coffee (no sugar).
SAMPLE DINNER
 Dinner: Chicken broth with rice, broiled lamb chops, baked potato, julienne carrots, salad, bread, butter, baked custard, tea or coffee (again, no sugar).
 In addition to this, you should drink a 6 ounce glass of milk at 10 a.m., another at 3 p.m. and a third before bedtime. For the bedtime snack you can also have crackers, cereal or toast and some fruit.

MAXIMS

Nothing great was ever achieved without enthusiasm.

OUR YESTERDAYS
 (From The Guardian Files)

TWENTY-FIVE YEARS AGO
 (Feb. 19, 1934)
 Mr. and Mrs. W. W. Judson of Pownal received many congratulatory messages of goodwill on the occasion of their sixty-third wedding anniversary which occurred recently. A large number gathered to wish the couple many more years of married happiness.

Rev. Mr. Watterworth, Mrs. Watterworth and family were startled on Friday night when fire broke out in the second storey of their dwelling about 11 o'clock last night. The blaze was caused by an overheated chimney from which the walls caught fire. Quick action by Mr. Watterworth's son Wilfred extinguished the blaze.

TEN YEARS AGO
 (Feb. 19, 1949)
 The most destructive fire since 1946 in the City of Charlottetown partially destroyed the interior of the red-brick Tweed Building on the corner of Kent and Great George Streets yesterday. Following an explosion in the cellar believed to have been caused by the stoker-fed-coal furnace, the eight hour blaze was finally subdued by the all-out effort of the full complement of the Fire Department.

Four local men have been the first student pilots taking flying instruction at a flying school in the Maritimes to receive the new student pilot's permit. They are: Arthur Ramsay, Lorne Ramsay, John Edwards and Henry Brown. They are at the present time taking flying instruction at Paul's Flying Service, which is the first commercial flying school in the Maritimes to be licensed by the Department of Transport.

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