

The Stars Say -

By Genevieve Kemble

For Wednesday, July 26

A DAY of astrological "mixed influences" is forecast, in which there are signs of so many conflicting and contradictory aspects, solar and lunar, that the final outcome depends entirely on the degree of strategy, alertness and manipulation required to navigate the shoals and steer into clear waters of possible outstanding accomplishment. There may be obstacles, delays, personal enmities and other conflicts to compose before the foreseen spectacular climax (to shrewd and strategic maneuverers) may be obliterated. Stakes are high, energies elated.

For the Birthday

Those whose birthday it is are deep in a medley of conflicting and contradictory possibilities, in which ingenuity, skill, as well as subtle and curious insight and crafty manipulation of dubious factors, may spell spectacular culminations. Plans and techniques may be noble and trustworthy, yet some queer obstacle, sinister undercurrent, may undermine the most astute and ingenious tactics. Renown or sensational acclaim may be attained, with honors and distinction, while the possibilities for defeat and downfall across the polar

Modern Etiquette

By Roberta Lee

Q. What is a good outline for the bride-to-be to follow in preparation for her wedding?

A. (1) Decide upon type of wedding. (2) Set the date. (3) Consult clergyman and organist. (4) Choose her attendants. (5) Plan reception or breakfast. (6) Prepare guest list. (7) Select wedding gown. (8) Mail invitations. (9) Confer with florist and caterer. (10) Arrange for wedding pictures.

Q. Is it all right for a woman, who is eating in a restaurant, to place her purse and gloves on the corner of the table?

A. Never; she should either keep them in her lap or place them on one of the vacant chairs.

Q. What is the best way for parents to thank friends who have sent gifts to their new baby?

A. The preferred form is to send personal notes, expressing sincere appreciation.

opposite. Be dynamic but shrewd. A child born on this day has brilliant talents and creative drives for a spectacular career, novel and dynamic. Yet it may find much to circumvent in its spectacular quest for honors and glory.

WANT WHITE CHRISTMAS

YEOVIL, Somerset, England —

(CF) — Glove workers here are dreaming of a white Christmas. Two mild winters in Britain have piled up unsold stocks and operations are on short time.

ELLEN'S DIARY

By An Island Farmer's Wife

"And what of the squirrel? Is she still to be found on the branch of the hemlock at lane's end?" These were among the questions a visitor to Alderlea asked us quite recently — the same one who surveying James critically from head to toe commented: "Well, if you're James, you're not one bit like I thought you would be! Neither, we could have confided in he 'one bit like we thought he would be!" But life is like that: full of surprises, and comprised of criss-crosses of findings that oftimes puzzle and bewilder, yet to look back upon, somehow contribute to an orderly arrangement of ones days — full of charm and purpose. . . . Our squirrel-friend was there this morning. Granddaughter, still a little unsettled by the sight of a brown rabbit, which brushed her bare legs in passing and quickly disappeared into the bracken by the roadside, had spied her.

We much enjoy, with the small ones, glimpses of the wild life about: a squirrel, golden in the sunlight, bright of eye, wary, shrilling from a branch or scampering along a weathered fence-rail; a rabbit hopping away from a field of clover; a pheasant in glorious plumage strutting at the edge of a grain-field; a mother partridge with her turkey-like covey finding swift cover about stream side. And a fox. . . but dear, dear; one barks now into the night. Sharp and mournful

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That Body Of Yours

By James W. Barton, M.D.

BREATHLESSNESS AND OVERWEIGHT

When a patient complains of getting out of breath easily, that he cannot walk at the usual rate without becoming breathless, and that climbing one set of stairs causes him to stop for breath, a condition that formerly did not occur, his first thought is, naturally, that he has heart disease. And, as a matter of fact, early breathlessness on exertion is the first symptom noted in heart disease.

It is often forgotten, however, that there are two other causes; early breathlessness or blocked nose and eating too much acid food. A blocked nose means that the lungs are not getting enough oxygen to keep blood as pure as it should be, and too much acid food — meat, eggs, fish — uses up too much oxygen during digestion, and harder and faster breathing becomes necessary to keep up the oxygen supply to the lungs.

Another cause of early breathlessness and suspicion of heart disease is overweight. It is not only the extra weight that has to be carried, but also that this excess

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Morning Smile

"If you get up earlier in the morning than your neighbor," said the town philosopher, "and work

Color for Your Table



The lacy cloth pictured above, unlike the usual crocheted tablecloth of white or ecru, follows the modern theme and blossoms forth in a variety of pretty self-shading colors. The predominant shade is then picked up by the use of solid-color napkins. An attractive idea, don't you agree? It won't require quite so many launderings as your plain white one, either. For directions for crocheting PASTEL CROCHETED TABLECLOTH, write to the Needlework Dept. of this paper, enclosing a stamped, self-addressed envelope, and request Leaflet No. 7327.

closely and stay up later planning how to make more money than your neighbor, and burn the midnight oil planning how to get ahead of him while he is snoozing, not only will you leave more money when you die than he will, but you'll leave it a darn sight sooner."

A Country Garden

By Mrs. Gordon Macmillan

"I have been thinking about Gardens — of the true pleasure in them, and I find, that if the garden be great, it is not in green breadths of lawn or long perspective of terraces or trees, or well kept borders, or in chosen peeps of outland or country that our soul delights. If the place be small, it is not the trimness of gravel paths or the brilliancy of ordered flower beds that most do please. The true pleasure everywhere in every garden is the charm of individual interest — whether among the rough stones of the rockery, or in the sunny bit under a well, or in some other perhaps unfrequented corner of the garden, where grows some tender plant whose flowering is watched and waited for. It is the living, human love between us and our flowers; the love which impels us to return again and again to the same spot, and never weary, whatever may be our favorite's name. It is this intense feeling for his plants and this alone that makes the place dear to the soul of the garden lover."

This is the time of garden visitors, coming from many parts of the Dominion and the country to the south; and it is a real pleasure to meet with these folk who love gardens. "Friendship multiplies joys and divides griefs" is very true when enjoying the garden with others.

Crimson Dahlias are blooming in the bedding varieties, and they are very suitable for the garden as they do not need any staking, and bloom profusely until frost. These miniature dahlias are easily raised from seed, and soon a large collection can be made. Colts Gem, a single crimson, is one of the best, and Baby Royal, a salmon pink semi cactus is planted in this garden around the bird bath after the tulips have been lifted, and they are beautiful until frost. Garden visitors from England tell me they are used a great deal in the parks and private gardens of that land of gardens. Astilbe is lovely now with its graceful, feathery plumes of cream and rose blooms. They belong to the Meadow Sweet and Spirea family and have beautiful foliage if planted in a moist shady place. There are many varieties, some grow several feet tall, while others are quite dwarf with fern like foliage. New colors have been added and it is possible to secure the astilbe in all shades of rose, red, and pink with the variety Salland with the flower stem four feet in length. The very fine fringed flowers are bright red tinged with dark blue. Fragrant wild roses and a field of buckwheat near the garden is filling the air with the most wonderful fragrance. The grass is green on the lawns, making it a delight to follow the mower. There are no brown patches this year, and the plants in the borders are looking vigorous and healthy. The gardener should be very happy because the growth is so rapid.

The other day in a city garden I saw a beautiful hedge of Polyanthus Roses. They were covered with blooms and the foliage looked very healthy. A large climbing rose covered one side of the house. I drove the car as slowly as possible to enjoy the pretty sight, and it reminded me of the following poem —

"The Roses red upon my neighbor's vine,  
Are owned by him, but they are also mine.  
His was the cost and his the labour too,  
But mine as well as his, the joy, their loveliness to view.  
They bloom for me, and are for me as fair  
As for the man who gives them all his care.  
Thus I am rich, because a good man grew  
A rose clad vine, for all his neighbor's view."

Cook's Corner

BLUEBERRIES WITHOUT SUGAR FOR PIES

Pack hot sterilized jars tightly with blueberries to within 1-2 inch of the top of the jar. Tap jar on table to be sure berries are tightly packed, process in hot water bath 35-40 minutes.

CHERRIES CANNED FOR PIES

Wash cherries thoroughly, then pit. Add boiling water to half-filled sterilized jars, then drop cherries into boiling water and pack tightly, tapping jar lightly to make sure cherries are firmly packed. Add boiling water to cover cherries if needed. Seal airtight and process 25 minutes in hot water bath, or 19 minutes at 5 pounds pressure in pressure cooker.

How Can I!!!

By Anne Ashley

Q. How can I satisfactorily clean a felt hat?

A. Add enough cleaning fluid to a teaspoon of flour to make a paste. Rub this paste on the hat with a brush, and allow to dry. Then brush off with a stiff brush.

Q. How can I open a sealed envelope, when I have forgotten a certain enclosure?

A. The envelope can be opened easily by laying a wet cloth over the flap and pressing it with a warm iron.

Q. How can I keep what is left of an onion when only part of it is used?

A. When necessary to use only a part of an onion, cut it so that the remaining part will contain the root. This part will keep much longer.

DOROTHY DIX SAYS -

Ego-Builders

Reader Claims Most Boys Prefer Inferior Girls

DEAR MISS DIX: I am a young man of 20 and go with a good many girls. I think I am speaking for all the other boys as well as myself when I say that we like to feel a little superior to girls in both physical and mental ability. If, therefore, a girl is as quick to apprehend a situation as we are, we are robbed of the joy of explaining to her what it is all about. Perhaps this is the wrong attitude, but I prefer my girls to be less capable and less wise than I.

A. B. C.

ANSWER: I am certain that you voice the sentiments of practically every son of Adam and that nearly every one of them does prefer the inferior to the superior woman. The average man wants a wife who is intelligent enough to understand what he says to her, but he doesn't want a wife who is cleverer than he and better educated.

MAKES FOR HAPPY MARRIAGE

Not only do men want their wives to be inferior to them but in the scientific studies of marriage it has been conclusively proved that those families are happiest in which the husband is superior to the wife, and that the marriages in which the gray mare is the better horse are seldom successful.

This is easily explained by the fact that a man's vanity requires him to have some woman to minister to it. And, of course, he has to get a nitwit to fill this role, unless a woman is clever enough to disguise how clever she is and thinks it worth the trouble to let him think that she originated the ideas she put in his mind.

Personally, I think that men make a terrible mistake when they permit their egotism to keep them from marrying women in their own class. For it deprives them of the companionship that would be such a joy to them if they had wives who were as intelligent as they are and who were interested in the same things and with whom they could discuss books and plays and the topics of interest of the day. A very large percentage of the middle-aged men who wander away from their own firesides do so because they are bored at home. They married pretty little hen-minded girls who were not and never could be any real company to them. And that is a high price to have to pay for the pleasure of looking down on their wives.

DEAR MISS DIX: I am 28. For five years I have been going with a young man. For two years I have worn a diamond ring on my left hand, which was given to me by him to be worn on that hand I have seen him every evening and every day during that period. He says, and his actions prove it, that he doesn't want me to have any other dates, but never has he referred to or even hinted at marriage for us, though he thinks it all right for other people to get married. Do you think it possible that he doesn't love me and doesn't intend to marry me? Are there such men? Are all men generally opposed to marriage and have to be sold on it?

PUZZLED GIRL

ANSWER: It is just as sure as shooting that this young man has no idea whatever of marrying you. No doubt he likes you and finds you an agreeable companion, but he hasn't the faintest notion of burdening himself with you as a wife and obligating himself to pay your bills.

When a man is really in love with a girl and intends to marry her, he doesn't have to have anybody sell him the idea of marriage. He thinks it up for himself and he has a million good reasons why it is the ideal state for a man and why life is cinders, ashes and dust without it. And he doesn't keep putting off the wedding day. He hurries it up.

There are many men whose attentions are without intentions such as your friend's, though his technique is superior to any I have ever heard of, in giving you a phony engagement ring when there is no engagement, in order to keep you pacified. That is a new ringer in the game, but the game is the same old game and it ends in the same way—in the girl who is sucker enough to play it losing out.

DEAR MISS DIX: I am 30 years old. Six years ago I met a boy of my own age with whom I fell deeply in love. We were planning to be married, but he had a motor accident which, after years of un-speakable suffering and vain hopes, cost him his right leg, making him a cripple for life. This man is fine in every way and he is so grateful for my affection, which he calls devotion, but do you think that I will regret it if I marry him? Will other women approve of me or think I am crazy?

UNLUCKY

ANSWER: If you love the man and he suits you, why do you care what other people think? You are the one to be pleased, not they.

Certainly you will have the approbation of your own sex for standing by your sweetheart in his misfortune. Women will think it was the right thing for you to do and what any one of them would have done who had a heart in her bosom.

Household Scrapbook

By Roberta Lee

Chopped Ham Sandwich

A delicious sandwich filling of ham can be made by adding to 1 cup of chopped ham enough vinegar to moisten, and 1 tablespoon of peanut butter. Use celery salt and pepper as seasoning. Mix well before spreading between slices of bread.

Salt Shakers

The metal tops of salt shakers can be prevented from corroding by covering them on the inside with melted paraffin. While the paraffin is cooling, the holes may be opened with a pin or toothpick.

Keep Refrigerator Sweet  
A saucer of powdered charcoal kept in the refrigerator and renewed every couple of weeks will absorb odors and purify the air.

Better English

By B. C. Williams

1. What is wrong with this sentence? "After questioning the prisoner for an hour, he owned up to everything."
2. What is the correct pronunciation of "paraffin"?
3. Which one of these words is misspelled? Presumptuous, preponderance, pretentious, portentous.
4. What does the word "circumstantial" (adjective) mean?
5. What is a word beginning with sa that means "to ratify"?

ANSWERS

1. Say, "he made a full confession." 2. Pronounce the last syllable as fin, not as feen. 3. Pretentious. 4. Placed in a particular condition. "Circumstantial" as Smith was, he was powerless to give any help." 5. Sanction.

-Needlecraft-

FOR THE HOME

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