

MRS. GORDON MacMILLAN

A COUNTRY GARDEN

Cold Earth has tired of widow's weeds
And donned her Easter bonnet
With buds and flowers and singing birds
And gay, sweet scents upon it.

Scented Arabis is a white fragrant mound in the rock garden near by. They are blooming in sunny southern slope in the shelter of the evergreen hedge. Everyday there will be something new and lovely in the garden for many weeks and all gardeners are happy now that spring seems to be here for good.

When looking over the borders to find the different perennials and other plants it is pleasant to see so many have come through the winter in good condition and garden work can be done in every spare moment. Phlox has been divided and moved, grass seed has been shown in bare spots in the lawn and sweet peas planted in enriched soil near some tall posts where they can climb with a little encouragement.

The world's a chapel for our faith
As springtime comes to us again,
For still we see the living Christ
Triumphant over grief and pain.

Growing hybrid Clematis is a satisfying and interesting hobby. The large flowered clematis provide a fine display of bloom in the home garden, and gardeners these days are fortunate in having 30 or more varieties from which to choose.

Several varieties are grown in the garden here and at present there is a lovely creamy white in blossom in a large pot that was wintered in the cellar. It is a very graceful vine with lovely pinnate leaves and it will be planted out in the garden when danger from frost is past. There are many hybrid varieties and no doubt this is one of them, but to be sure of wintering when no experience had been had, it was potted up for the winter and now is rewarding the gardener with its lovely flowering vine. The hardy Clematis Jackmanii, the large violet purple, has grown

on the north side of the house for years without any protection except a spruce bough or so. It has been divided and the two vines almost cover the small house. It is a long-lasting flowering vine with good foliage and the easiest large flowered one to grow. The fragrant creamy autumn clematis *Paniculata* begins flowering in September and continues for weeks. The fragrance is very wonderful and the foliage is dark green and glossy. It is safe to say that every garden visitor enjoys seeing this autumn flowering vine with the good fragrance.

As cut flowers, clematis blooms are unusually lovely and useful and they can be used in many different arrangements. In planting, clematis use rich soil and one detail is very important. The rooting area should be protected from hot sun. A planting of chrysanthemum or some other plant, on the south side of the clematis will provide the necessary shade. A mulch of peat moss over the soil will also help to keep the soil cooler in the summer-time.

The Clematis is widely distributed over the temperate, sub-tropical and tropical regions of the world. The first species to be introduced to this country seems to have been the beautiful *Clematis Viticella* from Spain, so long ago as 1569, and since that time there has been a steady stream to enrich our gardens and provide parents for the gorgeous hybrids.

The fragrant *Virgin's Bower* is a native of South Europe and was introduced into England from France over 300 years ago.

The clematis, the favored flower which boasts the name of virgin-bower.

—Sir Walter Scott.

Plant Legends

Naming plants is probably the first and oldest step in plant study. We notice a new plant, find it interesting and immediately want to know the name so that we shall recognize it and be able to talk about it and use it intelligently. Since there are probably more than 350,000 species of plants in the world, to say nothing of the thousands of varieties and strains within these groups, it is easy to understand the confusion that might result from haphazard nomenclature.

For centuries, plants were known by common, or folk, names frequently descriptive in nature. Not only did a tree or flower have a name in the language of each country where it grew, it was more

Dedicate Lives To Helping Fellow Man

MONTREAL (CP) — For more than a year now two Canadian girls have been driving to out-of-the-way spots in Ontario with their Gospel message and offers of help in all sorts of emergencies.

Now, Captain Peggy Green and Lieut. Joan Perry of the Salvation Army plan to continue similar missions in isolated parts of Manitoba, Saskatchewan, Quebec and the Maritimes.

After their present respite in Montreal, they will drive to Winnipeg in May. They plan to be back in Quebec in the autumn, and next spring will go into the Maritimes.

Known affectionately as the "Salvation Army gypsies," the young women have lived on their small truck and preached from it since it was dedicated in Toronto last year by commissioner William Dalziel, Salvation Army commander for Canada.

Main object of their venture, say the girls, is to carry the Gospel to settlements where people cannot get to churches. They have visited the sick, attended the poor and helped the injured every place they went.

Sarnia Tornado

Soon after hitting the road last year, the team ran into the Sarnia tornado. They worked among rescue workers and homeless victims of the storm for several days. In northern Ontario later they heard of serious forest fires, secured a large food supply from the department of lands and forests and drove into the fire area. For days they worked around the clock, feeding and helping the fire-fighters.

Both are musicians and often put on an impromptu concert at some lonely spot, Peggy playing the accordion and Joan a mouth organ.

They expect no thanks for their efforts. "All we want," they explain, "is to drive our caravan wherever God needs us."

likely to have several, contributed by the different regions within each state. Translated into another tongue or dialect, the name might lose completely its original significance. There was no meeting ground for gardeners, and plant gossips had a difficult time indeed when they wandered away from home.

At long last some breeder realized that plants should be named in a common language more or less easily learned. Still confusion reigned while many forms and systems were devised.

In the eighteenth century Linnaeus, the Swedish doctor and naturalist, took matters into his own hands. Using the best of the old suggestions, he developed the binomial system which is flexible, short and allows for future development. His plant names were made up of Greek words, Latin words and a latinized form of words in other languages. They had a single meaning that was intelligible the world around. In essence this is the system followed today.

Even now, however, plant names are not fixed. New plants are found that must be described and named. Improved methods of study have revealed unrecognized characteristics and new relationships in plant families. These may necessitate changes and shifts, but always the new name conforms to the rules of the binomial system.

It may seem pedantic to use scientific words in ordinary garden discussion but they are open sesame among plant folk. Consider, for example, the case of the exquisite trailing arbutus abundant in the woods of north-eastern America and with one species native to Japan. Not far from this garden this lovely fragrant blooms in early spring and it is one of the happy days when we go "Mayflowering." Mayflower and Quaker Lady are amongst the common names of this early spring flower.

The scientific name, *Epigaea repens*, is not difficult for the botanist whatever his language. *Epigaea* comes from the Greek words meaning on the earth, and *repens* is the Latin for creeping on the ground.

The best gardeners like to call their plants by the picturesque names that are familiar in their neighborhoods. But they also know the proper names that can be recognized wherever plants are studied. It is an interesting study dipping into the legends and history of popular plants and the names they bear.

Here is a little poem about arbutus . . . the very early fragrant flower native to our island.

While upon the lower roads
The red buds of the maples fall,
Upward over crying rocks
The melting streams are swift and still.

And in the mountain pasture, seeking
The flying footprints of a doe,
I pause and find arbutus hidden
Under the last white patch of snow!

—Prost.

Cherry Stains
Cherry stains on the hands can be removed by rubbing with a slice of pineapple.

PIONEER STEAMBOAT
The first steamboat to ply the Red river in Manitoba was launched in 1850.

WOMEN

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ELLEN'S DIARY

by an Island Farmer's Wife

Better? Oh yes, much improved we were by this morning. We found the chores less trying and a returning alertness replaced yesterday's indifference in James' voice as indoors he sought to follow the course of the barn-work.

To Rob, his namesake asking: "Do you think that third pair of lambs is thriving? Perhaps there's not getting enough nuts. You should see to that. And do you remember to slice a potato or two for the ewe?"

To Rob, his elder and bigger son: "How about that cow that freshened this morning? Did you give her a warm drink? Is the calf smart? And likely-looking. Does she resemble the mother? She's a 'fair-good' stamp of a cow that one. Yes, what we used to call a 'poor man's cow'—not hard to keep in flesh."

"Guess we'll have to bring in that calf for you to see, Granddaddy" Gage said with a kindly laugh. Lamplings and other treasures of the barn the two sometimes bring in for our pleasure, to have us admire and exclaim over before they return them to their haunts.

This was a day of Rob's marketing concerns when by common and happy consent the children set off to walk to school while he, at home and about gathered up a number of fat hogs and to market went. The frozen roads of early morning favored the trip, but first the truck had to be brought from its winter setting in the vicinity of the corner-store on our highway, if not to respective piggery doors, as close as James' ends.

In days we once knew, at present denied us, we dined alone with James, enjoying much the occasion. Seeing beyond the windows not the farmsteads about,

but the old scener of mill and valley and stream which from long association remain everlastingly fixed in our heart.

But "Ah!" James sighed later when the afternoon sun beaming with fervor on the fields called even the cats to sheltered nooks out of doors. "My cold's so much better, Ellen, it won't hurt me to go as far as the barn . . . Aw shucks, Ellen, if a man can't get that far, well, he may as well give up altogether!" He edged toward his boots, slipped easily into them, donned overalls, jacket, cap and with a pleased smile was gone in a flash.

So the day which has lessened appreciably our miseries were quickly by. Quietly to with nothing more disturbing to mar its quiet than the sound of two young voices raised in a brief argument in the hush of this evening. It had to do with an intriguing project being studied in the poultry-house these days. There in a nook, a mother-mouse is busy "weaving" her nest. James entertains a justifiable notion that her endeavour is being too often disturbed.

"Didn't I tell you not to go there unless I was with you?" he queried sternly of the younger lad. "She'll leave the nest—and what will we learn then? We won't even know how big the little ones are when they're born!"

Gage shrugged with a fine show of courage. "I'll look when I please," he replied. "You needn't think that every mouse about this place belongs to you!"

Nice happenings today? And among the best—and how grateful we are!—was the surprise packet Rob brought us from town. In it lay the spectacles, all made so quickly "new."

Until tomorrow . . . Diary
Goodnight . . .

How Can I?

By Anne Ashley

Q. How can I clean beads?
A. Soiled beads are anything but a decoration. Scrub them with a brush and soapsuds and most of them will turn out like new. Sometimes it is necessary to restring the knotted beads to do away with the discolored knots.

Q. How can I keep food hot without more cooking?
A. Invert a pie pan over the gas flame and set the pan of food on top. There will not be enough heat to cook.

Q. What is a good cleanser for copper articles?
A. A splendid cleanser for articles made of copper is to rub them with rottenstone and oil.

Modern Etiquette

By Roberta Lee

Q. Is it permissible to examine the various dishes on a cafeteria counter before selecting a certain one?
A. If this can be done quickly, it is thoughtless of those behind you in line if you deliberate too long, and, also, it is rude to be conspicuous in selecting a dish that seems to contain the largest portion.

Q. Should one ever select a wedding gift that is something only the bride can use, if one is not acquainted with the bridegroom?
A. No; it is better always to select something that can be used and enjoyed by both the bride and bridegroom.

Q. Should the used silver be gathered up before removing the used plates from the dinner table?
A. No; the silver should be left on the plates, and all removed from the table together.

Better English

By D. C. Williams

1. What is wrong with this sentence? "After her painful accident, she had a deadly pallor on her face."
2. What is the correct pronunciation of "vise"?

3. Which one of these words is misspelled? Omelet, omenous, omisable, omiscient.
4. What does the word "subsistence" mean?

5. What is a word beginning with inf that means "firm in will or purpose"?

ANSWERS

1. Say, "After her serious accident, she had a deathly pallor on her face."
2. Pronounce ve-sis, e as in we, a unstressed, accent first syllable. 3. Ominous. 4. Act or condition of existing. "He was allowed only enough money as was necessary for his subsistence." 5. Inflexible.

The Stars Say

By Estrellita

For Tomorrow
AN usually pleasant day may be expected as a result of present lunar vibrations. Personal relationships should be at their finest, which means that social, romantic and domestic affairs can be furthered happily.

Where business matters are concerned, the aspects are good, too. Constructive enterprises, correspondence, promotional ideas and expansion. Do take advantage of the fine conditions now prevalent.

For the Birthday

If tomorrow is your birthday, you may look ahead to a happy, constructive and propitious year in both business and personal affairs and contacts.

Opportunities for financial profit abound during June and July, with emphasis on transactions involving insurance, real estate and merchandising. Legal matters are also favored.

During October and November, personal relationships are highly lighted and your interests can be materially advanced with the help of loved ones as well as that of co-workers and superiors.

A certain amount of aggressive ideas and plans should pay off then. Take no chances from a monetary point of view during December.

A child born on this day will be conservative, practical and trustworthy.

Anne Adams Patterns

BREEZY—AND EASY!
So much flattery for so little sewing! The neckline is scooped out above a molded middle — the skirt is breezy and billowing. Sew this in wash-and-wear nylon sheer, voile, lace — it's the kind of dress that makes summer the most romantic season of the year.

Pattern 4823: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 takes 3 1/2 yards 39-inch fabric.
This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, 1/2 The Guardian, 60 Front Street West, Toronto, Ontario.

LIGHT FRUIT CAKE

1 1/2 cups butter
2 cups white sugar
Approx. 3 1/2 cups flour
1/2 cup cream
6 eggs
1 teaspoon baking powder
1 teaspoon salt
1 lb. white cherries
1 package raisins
1 package citron
1 lb. walnuts
Cream butter, add sugar, drop 2 eggs at a time and add a part flour and cream. Continue with each 2 eggs, flavoring. Bake 3 hours in a slow oven.

—Mrs. Ivan MacLean,
Tyne Valley W. I.

That Body of Yours

By James W. Barton, M. D.

ALLERGY TO DRUGS IN CHILDREN

During World War I a whole unit of engineers was sent to our hospital, many of them suffering with scarlet fever and the others because they were contacts. One of the parents was well known to me as he was an intelligence quarter-mile runner. He complained bitterly about being sent to hospital because he was not sick, had no symptoms of scarlet fever except a small rash. I asked him if he had taken any medicine that day and he admitted taking a headache powder. The ward medical officer and I, because he was not sick, decided that he was likely allergic to the drug in the headache powder and within a few hours he was clear of the rash.

In Annals of Allergy, Minneapolis, Drs. J. Glaser and D. E. Johnston report their investigation of drugs, used in the treatment of children, to which the child might be allergic. Questionnaires were prepared to record whether the child had ever been treated by a certain drug and mothers were questioned concerning adverse symptoms or reactions of the child to these drugs. Unless she was certain both that her child had been given a certain drug and had had an unfavorable reaction to it, that particular drug was not checked off as having been given. In addition, each mother was questioned as to allergic symptoms — hives, rashes, head colds in her child.

Using these forms, drug histories were obtained on patients seen in private practice of a pediatric allergist as well as in the general pediatric out-patient clinic of the Rochester General Hospital. This study included 500 infants and children ranging in age from two months to 15 years. Three hundred and thirty-two (66.4 per cent) of the 500 children had a history of allergic disease. The remaining 168 patients (33.6 per cent) had no history of allergic disease and were considered nonallergic children.

With regard to penicillin, 10 per cent of the allergic children had reactions whereas no allergic reactions occurred in the non-allergic children.

The sulfonamides caused reactions in both groups. Acetyl salicylic acid (aspirin), the drug most commonly used in pediatric practice, was taken by 231, of whom 191 were allergic. Phenobarbital was taken by 260 of the children of whom 183 were allergic.

What do we learn about allergy by these careful testings by Drs. Glaser and Johnston?

We learn (a) that allergy is much more common in children than was previously thought and (b) only one nonallergic child had a side reaction (c) allergic reactions were slight in most cases. "These studies revealed a much higher number of drug reactions in allergic children, 20 per cent as compared with 2.4 per cent, an eightfold difference."

Noted Beauty Authority Advises

"Don't Fool With Pimples"

by MARCELLA HOLMES

(Former Beauty Editor of "Glamour" Magazine)

"As a beauty editor many people have asked me, 'what should I do for pimples?' I always say, don't try just anything on them! Acne-type pimples are a serious condition that if neglected can permanently mar your looks. So use a medical preparation specifically developed for pimples, and not multi-purpose skin creams or ointments that are claimed to be 'also good for pimples.'"

"You see, general purpose creams and ointments do not provide in a fast-drying, greaseless base the special medical ingredients so necessary in the treatment of pimples. But fortunately, today, there's a scientific medicated formulation developed especially to clear pimples, that has proven its effectiveness in actual use by thousands in Canada and the U.S. It is called CLEARASIL."

New-Type Greaseless "Base"

"The special medications in the CLEARASIL formula are contained in a new-type 'base' material, this new 'base' material is not only greaseless but is also oil-absorbing, actually helps remove excess

oil from skin that authorities agree is a major factor in acne. In fact, CLEARASIL has such remarkable drying action that it clears and dries pimples surprisingly fast.

"CLEARASIL is antiseptic, stopping growth of bacteria that may cause and spread pimples. And since it is non-greasy, stainless, it may be left on day and night for uninterrupted medication.

Skin-Colored—Hides Pimples

"This new CLEARASIL medication is skin-colored to hide pimples while it works, and to end the embarrassment of pimples instantly.

"So again I advise, don't fool with pimples. General purpose creams and ointments have their proper uses, but don't depend on them for treatment of pimples. Treat this specific condition with a special pimple medication."

Reader's Digest reported on clinical tests using CLEARASIL type medication. CLEARASIL has helped so many boys, girls and adults that it is now the largest-selling special pimple medication in America. It must work for you or money back. Only 69¢. Large economy size \$1.19. At all drugstores. Get CLEARASIL today.

Alice Brooks Designs



WARM! SMART! EASY!
Wear a stole over your spring outfit — it's new fashion. Cape stole on figure JEFFY KNIT pattern stitch. Other "EASY-CROCHET" shell, popcorn stitches.

Three stoles in Pattern 7184: one to knit, two to crochet (one not shown). Directions for three.

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BRAND-NEW and beautiful — it's the 1954 Alice Brooks Needlecraft Catalog. Four patterns printed inside. Plus the most popular embroidery, crochet, sewing, color transfer designs to send for ideas for gifts, bazaars, fashions. Send 25 cents for your copy now!

Household Scrapbook

By Roberta Lee
Window Screens
Try painting the window screens on the inside with a thin white paint. It does not obstruct the view of anyone inside the house, but anyone passing by cannot see within.

Mushrooms
Mushrooms can be distinguished by sprinkling a little salt on the gills. If this turns the gills black,

they are fit for food; if yellow, they are poisonous.

Cherry Stains
Cherry stains on the hands can be removed by rubbing with a slice of pineapple.

PIONEER STEAMBOAT
The first steamboat to ply the Red river in Manitoba was launched in 1850.