



MR. AND MRS. G. A. TRENHOLM

### Pretty Wedding Held In Pentecostal Church

A pretty wedding was solemnized in the Pentecostal Church, Murray River, P. E. I., when Rev. H. W. Trenholm united in marriage Mary Ann, daughter of Mrs. Jemima O'Connor, of Murray Harbour, and Cedric Allen, son of Mr. and Mrs. Wesley Trenholm of Port Elgin, N. B. The church was decorated with pink and white Gladstoll.

The bride, who was given in marriage by her brother-in-law, Mr. Arthur C. Stewart, wore a street length dress of white nylon velvety. Her fingertip veil fell from a tiara studded with pearls, with matching nylon gloves. She carried a bouquet of American Beauty roses.

She was attended by a sister of the groom, Miss Betty Trenholm as maid of honor. She wore a dress of pink nylon velvety with matching gloves, and a headdress of flowers. She carried a bouquet of white and yellow mums.

Miss Ruth Trenholm niece of the groom was flower girl. She wore a nylon mauve dress with head-dress of flowers and carried a basket of pretty summer flowers.

Oral O'Connor, brother of the bride was best man. Jack Young and Garnet Buell, ushered. Mrs. H. McLure, organist played the nuptial music. During the signing of the register, Mrs. H. Trenholm sang.

The bride's mother, wore a rose dress with a corsage of white mums. The groom's parents were unable to attend. Following the ceremony a reception was held at the home of the bride. After the reception the bride and groom left by car for a short honeymoon trip.

**PAINTINGS FOR DREW**

OTTAWA (CP)—Two Canadian paintings were presented to Hon. George Drew Wednesday as he formally relinquished leadership of the Progressive Conservative party. They are Spring Shower by Tom Roberts and Bale St. Paul by Clarence Gagnon.

### ELLEN'S DIARY

#### Santa's Letter Is Off!

We listened. There above the measured tapping of the woodpecker on the poplar by the gate we went out of doors, caught the silken sound of the overflow from the spillways on the mill dam Now that doors and windows are mostly closed against the wintry frost and chill, indoors we miss the familiar tune.

And often when the night keeps its shivery watch beyond our bedroom windows and we return suddenly from our wanderings in the strange Land of Dreams to the wide silences about, we find that we listen for it. It is always there in the summery seasons, the melody so restful it presently woos us again to sleep. It has an special enchantment for us when it is borne in on a lilac breath of Spring, laced with the bright new of the pond pipers' songs. Then in such perfection, we realize better than ever something of the mighty Mind of the Creation and the substance of ancient truths written.

A wisp of fog, smoke-gray, lay like a filmy beard along the heights of the farmlands.

"I wouldn't doubt, if this mildness continues, that the plow will run again tomorrow" the younger farmer commented in passing. "It could be good to get that manure we've been spreading these last days, plowed under. There is a waste to it left uncovered as it is."

"Tell your mother we may need her to give us a hand in turning this sow to the other piggy" we overheard James say to him a bit later. "She may go willingly, but then again, you never know what these young ones will do."

We chuckled. The woodpecker too, we were sure.

"More trouble?" he tittered.

"No—if all goes well, more luck!"

"Nice morning" he offered, "a change after the colder weather, ah?"

"Any flowers left?"

"Only a few pansies — and they're pretty bedraggled — and there" we said remembering something neglected of late.

And that was how certain biennials in the border, not always dependable plants with us, came to receive some winter-protection today. With a woodpecker tapping out code in a regular rhythm, and the silken sound of the falling water at the spillways making nice music for us at the chore.

Letters, written with much thought and care by young hands went off by Santa's post this morning. Granddaughter giggled a little and was somewhat mysterious over the contents of hers. Mack was more communicative. Besides he had a catalogue of toys, intriguingly colorful and describing them in detail, to show us "What Santa could go by" in the matter of his requests.

"I hope" we overheard James say to him later "you didn't make it too hard for Santa. You know this is not the best of Falls on farms, beef prices are not too strong, hogs..."

"You must think it's just like the Island there" Mack offered, "nice fields and trees and all. But it's not a bit like that at the Pole. Oh, no, it's all ice and snow!"

It is ice and snow... but for Christmas, the all-embracing warm red of humans — parents, loved ones, friends — kindly hearts.

— Until tomorrow — — Diary

— Good-night...

### KEEP IN TRIM

#### Diet Solution Not Solved By Appetite Depressants

By IDA JEAN KAIN

A recent review of this column of the pros and cons of appetite depressants produced a most interesting response among our readers. In unison, dieters who had used depressants took pen in hand to write of their experiences.

This is a typical letter.

"I have dieted on and off for years... going to doctors, getting pills to suppress appetite... The pills made me very jittery, but I would lose weight. However, as soon as I stopped taking the pills, all the lost pounds came back on again, and sometimes a few extra. This is so futile."

The trouble with appetite depressants is that not everyone can tolerate them because of their secondary effects — restlessness, nervous tension and sleeplessness — as pointed out in this letter.

"Recently I was persuaded by a friend to take one appetite depressant tablet. Result—I could not sleep and found myself washing the bathroom walls at eleven o'clock at night. That was enough for me! Surprising what such a pill can do to an otherwise reasonable person."

**REPORT PROMPTLY**

To emphasize the importance of promptly reporting to the doctor any adverse reaction to appetite depressants, I am including a third letter which is on a more serious note.

"About ten years ago, in my early twenties, I decided to lose weight. My doctor gave me a prescription for an appetite depressant and in three weeks I lost 20 pounds... but I also lost my health as a result. I developed a nervous reaction that I couldn't relax or sleep at night. I never remember feeling as badly as I did then. When I finally reported to the doctor, he had me stop taking the depressants. However, to this day I do not feel well and I attribute it to the way I lost weight at that time. From my bad experience I would advise overweight people to count calories—never take drugs."

In justice to the doctor, it is obvious that this dieter made the mistake of delaying too long to inform him of her adverse reaction to the drug. Also, her drastically fast weight loss indicates the inadequacy of her nutrition.

Doctors do prescribe appetite depressants for certain overweight who might never start dieting without this crutch, but the pills are given for a short time only.

The aim must be toward a change of food habits or there will be no lasting results. And daily fares should be deficient in calories only... all essential nutrients must be provided in adequate amounts.

**CANOE COVE W. M. S.**

The December meeting of the W. M. S. was held at the home of Miss Annie MacRae, Dec. 3rd. The president, Mrs. Albert MacDougall presided. Theme: "Good Tidings of Great Joy to all people." Prayer by the leader, Hymn 175 Scripture reading, Luke 2:7-20 in unison.

Exposition was read by Mrs. Albert MacDougall. Silent prayer was followed by the "Lord's Prayer", in unison. Hymn #40. Roll call was answered with a verse of scripture, containing the word "Joy", by 16 members. Two new members were welcomed, Mrs. Ruth Diamond and Miss Diana Diamond.

Offering \$3.10. A donation of \$10. was gratefully received by the W. M. S. from Miss Mary MacDougall, Charlottetown. A letter from the general board of Missions was read. It was moved by Mrs. Roy MacPhee and seconded by Mrs. Lauchie MacKinnon \$5. be sent to help furnish the home. Treasurer's report \$37.61.

Next meeting will be held at the home of Mrs. Albert MacDougall, Lunenburg Committee, Mrs. Dan MacPhee and Mrs. Lanchie MacKinnon. The Study book was read by Mrs. Albert MacDougall and Mrs. Dugald MacLean. Mrs. Francis MacDougall has charge of the Study book for next meeting. Closing Hymn 173, Mizpah benediction.

KINGSTON W.I.

The December meeting of Kingston W.I was held at the home of Mrs. Harrison Green on Thursday evening Dec. 6th. Meeting opened by repeating Ode followed by Mary Stewart Collect in unison.

Minutes of last meeting were read and approved. Roll call was answered by 10 members with a gift for Orphanage. Correspondence was read by secretary. Letters were from Mrs. R. L. Burge, Red Cross, and T.B. League. It was moved and seconded that \$2. be sent to T.B. League.

School committee reported paper towels and Christmas decorations needed. It was decided to get same. It was moved and seconded apples be procured for school children for concert. It was decided to make candy for concert, each member to make 4 lb. and ask the district to help. Mrs. Newton and Mrs. Colwill to meet to pack candy.

New committees, Lunch, Mrs. Edgar Newton, Mrs. Harrison Green, Programme, Mrs. Dan MacRae, Mrs. Leith Newton, Next meeting at the home of Mrs. Will Colwill. Roll call a book for the primary Dept. Meeting adjourned. Programme by Mrs. Keith Dixon, after which lunch was served and a social hour spent.

VERNON H. AND S.

Vernon Home and School Association held their November meeting in the Senior classroom on the regular night, with good attendance. In the absence of the secretary, Mrs. Kathleen Furness was appointed secretary for the evening. A letter from Mrs. Lantz, Provincial President, was read. The teachers reported that a Christmas programme would be presented on the afternoon of Dec. 21.

The meeting passed the following resolutions: moved by Everett MacDougall, seconded by Mrs. Kathleen Furness that the academic standard for entrance to the teaching profession be raised to Grade 2, moved by Mrs. Mae MacDougall, seconded by Mrs. Ruth Howlett that the government in connection with the school trustees, supply an adequate salary scale, proper instruments and special benefits to degree teachers.

There was much discussion on the present plan of elimination of entrance exams in city schools and the meeting went on record as voicing strong disapproval of this practice.

Kathleen Furness was appointed to the social committee for next meeting. It was moved by Foster Burke and seconded by Mrs. Ruth Howlett that the next meeting be held on December 17.

Foster Burke showed two most interesting and helpful films on problems common to all teen-agers and their parents. A delicious lunch was served by the social committee, after which the meeting adjourned.

**SALE DAYS THUR. FRI. SATURDAY, ALSO MONDAY & TUESDAY.**

**FRUIT**

RIPE RED EATING

APPLES 5 lb. cello . 55c

LARGE

LETTUCE each . . . . 25c

RIPE

TOMATOES pkg. . . 25c

EMPEROR

GRAPES . . . . 2 lbs. 29c

CRANBERRIES . . lb 29c

MEDIUM SIZE

ONIONS . . . 3 lbs. 25c

**HOLIDAY**

**SPECIAL**

QUICK QUAKER OATS

14 oz. Pkg. 7c

buy several — 5 lbs. bought this way is 39c

**TIDE**

GIANT

69c

**MIXED-FAMILY PACK**

COOKIES.. 2½ lbs. 89c

5 STRING

BROOM.. each \$1.09

MAPLE LEAF

LARD . . . . . lb. 21c

WESTMINSTER

TOILET TISSUE 2 rolls 23c

**CHRISTMAS CANDY**

HARD MIX . . . . 1 lb. 37

CUT-ROCK . . . . 37

XMAS MINTS . . . . 37

XMAS BELLS . . . . 37

JELLY RINGS . . . . 37

CARAMELS . . . . 2 lbs. 98

**CHOCOLATES**

FIRESIDE . . . . . lb. 95

MILKTRAY . . . . . lb. 1.45

NUT & FRUIT . . . . lb. 1.50

**LOWNEYS ASSORTED CHOCOLATES**

2 1-2 lbs. 1.59

**MILO W.I.**

The December meeting of Milo W.I. was held at the home of Mrs. David MacDonald on Dec. 6th with the new president Mrs. Wallace MacNevin presiding. Meeting opened with "Silent Night" followed by Creed.

Sixteen members answered roll call by exchange of Christmas gifts from a nicely-decorated tree. One new member was welcomed and several members paid their membership fees. Different committees gave their reports and new committees were appointed.

Correspondence was read and discussed, and several bills were passed in and paid. The travelling apron was auctioned off and sold to Mrs. Jean Harris, O'Leary. The secretary reported satisfactory returns from a bazaar held recently.

The Institute news was passed around among the members. It was decided to give three dollars to the teacher for a treat for the school children at their Christmas concert, also the elderly residents of the district are to be remembered during the Christmas season.

Prizes were presented to Mrs. Oliver Gorriil, Mrs. Angus MacLean and Mrs. Wallace MacNevin for perfect attendance during the year. Consolation prizes went to Mrs. Alvin MacLean and Mrs. Blanchard MacIsaac. It was decided the secretary send for one thousand more Cod Liver Oil Capsules.

Mrs. Oliver Gorriil kindly invited the members to her home for next meeting, when roll call will be answered by passing in two quilt squares, size twelve by twelve inches.

Programme committee put on entertaining contests after which refreshments were served by hostess, assisted by Mrs. Wallace MacNevin and Mrs. Oliver Gorriil. Meeting closed with "God Save the Queen".

**SMALL BEAR**

The panda bear, found only in the Himalaya mountains, does not grow bigger than about 30 inches long.



QUICK QUAKER OATS

14 oz. Pkg. 7c

buy several — 5 lbs. bought this way is 39c



TIDE GIANT 69c

MIXED-FAMILY PACK

COOKIES.. 2½ lbs. 89c

5 STRING

BROOM.. each \$1.09

MAPLE LEAF

LARD . . . . . lb. 21c

WESTMINSTER

TOILET TISSUE 2 rolls 23c

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MILKTRAY . . . . . lb. 1.45

NUT & FRUIT . . . . lb. 1.50

**LOWNEYS ASSORTED CHOCOLATES**

2 1-2 lbs. 1.59



DOLLS \$3.75 — \$4.95 \$5.25



PEDAL CAR \$23.95



RANGE RIDER GUN SETS \$1.95

BEAUTIFUL BRIDE DOLL . . . . . \$14.75

# You Buy for Less at ELLIS BROS.

## CENTRAL ROYALTY and HUNTER RIVER

**Christmas TURKYS**

**CAPONS**

We will have excellent quality Grade A Capons for Christmas and New Years.

**BOOK NOW**

**ISLAND TURKYS**

GRADE A

NOT HORMONE FED

NOT FROZEN

FUL-O-PEP FED

EXCELLENT QUALITY

LOW PRICE

**BOOK NOW**



**CORNERED BEEF MACKEREL**

PLATE & BRISKET lb. 21c

RIB & OTHER lb. 27c

FRESH FROZEN each 29c

LARGE CORNERED each 31c

MAPLE LEAF SHANKLESS

PICNIC . . . . . lb. 57c

MAPLE LEAF

MINCEMEAT . . . . tin 45c

HAMBURG . . . . . 2 lbs 57c

BLADE

ROASTS . . . . . lb. 39c

MAPLE LEAF

BRAWN . . . . . 12 oz. cup 35c

## MARSHMALLOW

8 OZ. PKG. 19c

16 OZ. PKG. 37c

**INGERSOLL**

CHEESE SPREAD 16 oz. . . . 59c

CHEESE SPREAD 8 oz. . . . 31c

DALTON'S FEATHERSTRIP

COCOANUT . . . 7 oz. 25c

MIXED NUTS . . . 2 lbs. 95c

SNOWFLAKE

SHORTENING . . . 2 lbs. 49c

MOLASSES . . . . 3 qts. 95c

**BAKER'S COCOA**

**SWANS DOWN**

**MAXWELL HOUSE Coffee**

COFFEE in paper lb. \$1.15

GRAVES PORK & BEAN 20 OZ. 2 TINS 39c

COCOA 1 lb. 79c

CAKE FLOUR 39c

QUAKER FLOUR, 25 lbs. . . . . \$1.59

100 LBS. — 4 BAGS 25 LBS. EACH . . . . . \$4.31

## FOOTWEAR SPECIALS

**SPECIAL THIS SALE**

LOWNEYS ASSORTED

CHOCOLATES

A GOOD MIXTURE REG. PRICE \$1.00

SALE PRICE 79c

FINEST QUALITY

CHOCOLATES CADBURYS

RED ROSE lb. \$1.69

Bristol Gold lb. 1.79

**SHORT KNEE RUBBER BOOTS**

BLACK SOLE. RED BAND ABOVE SOLE. CANADIAN MADE. EXCELLENT QUALITY.

MEN'S 3.65

BOY'S 3.19

**LINED OVERSHOES**

Medium weight lining, has strap at top, excellent winter wear.

MEN'S pr. \$6.95

BOY'S pr. \$4.29

CHILD'S pr. \$3.25

**MEN'S THERMO BOOT HEAVY**

INSULATED RUBBERS FOR RUGGED OUT-DOOR WEAR. PR. \$11.70

**MEN'S LINED RUBBER BOOTS**

WORN WITHOUT SHOES FOR WARM WINTER WEAR. STRAP ACROSS. PR. \$8.50

**OVERSHOES**

Medium weight, good soles has 4 buckles in men's sizes, 3 buckles in child's.

MEN'S pr. 5.29

CHILD'S pr. \$3.50

**TOYS**

TRICYCLES

10" Wheel . . . . . 9.60

16" Wheel . . . . . 15.95

20" Wheel . . . . . 19.95

50 CARDS 89c

SLEDS . . . . . 4.25 - 4.95 & 5.25

**FLYING SAUCERS . . . \$3.85**

**JR. MISS COSMETIC KIT \$2.85**

CHILDREN'S INCLUDE A THERMOS FLASK LUNCH KITS . . . each \$2.69

STROLLERS \$2.95, \$5.45 & \$7.75

DOLL Carriages 5.25 5.95 6.95, 12.95

CHILD'S SNOW SHOVELS 49c & 79c