

Lovers Prince Edward Island Like the Deer... Published every week-day morning at 10 Prince Street...

THURSDAY, APRIL 18, 1957

Good Friday

It is well that the jarring sounds of everyday life should be still tomorrow, the most solemn day in the Christian calendar.

Not without significance does Good Friday mark the pause between the departure of winter and the arrival of spring.

Famous Battle Recalled

More information on one of the world's decisive battles is coming to light as archeologists dig into German soil near the modern industrial city of Neuss.

Before being sent north to command Roman forces, Publius Quinctilius Varus had been a consul and a governor of Syria.

Lured by reports of a tribal revolt farther east—and ignoring all warnings from loyal followers—Varus and his legions pressed beyond the Rhine valley into the highlands of the Teutoburger Forest.

News of the catastrophe plunged Rome into mourning. Beating his head against the wall, Augustus uttered the famous words, "Quintilius Varus, give me back my legions."

Teutonic lands was broken, and Arminius lived on in German memory as a national hero.

A copper statue of the chieftain in battle dress and with sword upraised stands a few miles from today's factory and tourist center, Detmold, on the edge of Teutoburger Forest.

New Brunswick Comment

Canada, says the Fredericton Gleaner, has just had a practical demonstration of how Dominion-Provincial relations should not be conducted.

"Calculating subsidies on a basis which was known might require refunds was a fundamental error and, in retrospect, it seems incredible that it was done."

"It must also be noted that the error was due to the fact that the provinces, although their population did increase substantially in the five-year period concerned, did not make gains on a par with the national average."

EDITORIAL NOTES

The robins are back, anyway. So Spring cannot be far behind.

The Egyptian Government says that Israel "is planning new aggression." This is a signal for the Israelis to be on their guard.

Evidently, the Canadian troops in the Middle East are getting along pretty well. According to the Department of Defence, only two soldiers have been sent home for "disciplinary" reasons so far.

The Premier of Japan who is to visit President Eisenhower in June says that "adjustments in basic thinking rather than concrete changes in relations between the two countries" will be the principal aim of the talks.

A Springfield, Mass., man serving a life sentence for murder has been released following confession of the crime by another man. This is one instance where the system of capital punishment would have done a terrible injustice to an innocent man.

An official of the Government of Pakistan says that Communists "are trying to divide the people of Pakistan and break up Pakistan."



PAUSE A MOMENT AND LOOK UP

Radiation In Everyday Life

A. W. Haslett in the Winnipeg Free Press

London—There is nothing new in being radioactive. Even our most remote ancestors must have had small quantities of radioactive forms of potassium and carbon in their bodies.

In the bricks, mortar, and wood of our houses, there is further natural radioactivity; and from outer space there bears down on us a sparse but steady hail of still more penetrating radiation.

To these natural sources, man has added others in the present century—X-rays used in medicine and industry, the luminous paint of watch dials, and television tubes.

From one section of the exhibition, the visitor may learn that his house—so far from protecting him against natural radiation—adds to it by just over 50 per cent.

Radioactivity within the human body is probably the highest in nature. It is here that radium—contained in minute quantities in food and drinking water—tends to accumulate.

Of man-made contributions to radiation, the most important has been the increasing use of diagnostic X-rays. But in most countries this is still well below the natural dose-rate; the effect in Britain is to add over a quarter to the natural dosage.

Fantastic Soviet Financing

By Thomas P. Whitney Associated Press News Analyst

The announcement that the Soviet government, with a snap of its fingers, is cancelling more than three-fourths of its national debt shows that a strange thing has happened to the Soviet Socialist economy.

Try to imagine the furor if the United States government were called upon to reveal that within a few days it would wipe out the value of most outstanding U. S. government bonds.

The Soviet press Wednesday carried the news, made public by Nikita Khrushchev in a speech,

Fluoridation Benefits

Welland, Ont., Evening Tribune

The usefulness of fluorides in the prevention of tooth decay is being demonstrated more and more as time goes on. A survey of the extent of water fluoridation in Canada was recently published by Dr. A. E. Berry, indicating that in 1955 17 municipalities with approximately 356,000 population were using the process.

Water District system supplying Welland, St. James and the town of Transcona commenced the distribution of fluoridated water.

than one per cent to the total. More recent sources of radiation illustrated in the exhibition include examples from the atomic energy industry and research.

These affect only comparatively small groups of workers, not all of them concerned directly with atomic energy. For example, in the laboratories of industrial firms as well as universities, there are many machines which accelerate nuclear particles to high energies.

The extent of protection that is required depends on the nature of the radiation in the particular case. Radiation is taken for this purpose to include the particles that are emitted when atoms break down radioactively, as well as X-rays and radiation of the same kind as X-rays that some radioactive materials give out.

The simplest of all means of protection is to keep as far away from the source as possible. At double the distance, the intensity of radiation is reduced to a quarter; at four times the distance, to a sixteenth.

Neutrons, produced in the working of nuclear reactors, and, on a small scale, in laboratory preparations for research, are a special case; specific absorbing materials are available.

A last section of the exhibition shows the types of damage that are produced by radiation in human beings, and in living cells in general. The effect that is produced at the smallest dose-rate is probably the reduction in the number of white cells in the blood; it is the one, at any rate, that is most easily detected.

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PUBLIC FORUM

This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinions of correspondents.

VICTORIA BRIDGE

Sir.—I suggest that the Minister of Highways, Mr. MacKay, when next he travels from home to his office in Charlottetown, or vice versa, take a little trip from the Anglican Church, Crapaud, to the village of Victoria, so that he can have a good "look-see" at the condition of this highly-touted paved road that was given (so Mr. MacKay says) to Victoria as a compensation for the loss of the century old bridge.

The late Jones Government had declared they were not going to keep up two bridges on the same road, when they built the one at Hall's Crossing to carry over the T.C.H. Why did they lay that zig-zag road there? They said it was a concession to Victoria, (or was it a sop?). If so, I claim it was practically no benefit to the village, and the build-up of the village. It did not bring more traffic or more business whatsoever.

At the last provincial election we were led to believe that something fine was to be done for this section. We saw in the papers a picture (taken from a plane) of the old bridge, and the village. This gave everyone the impression that Victoria would be helped to develop into a grand tourist resort.

So much for election hopes and promises! The best they could do was to lay down this stretch of light pavement on this busy highway. So now we invite all commuters (including the Minister) to take a good look at its present condition. I am, Sir, etc., A RESIDENT.

In 20 to 25 years the Soviet Union is supposed to be enjoying a state of "communism," as distinct from the present "socialism"—and Communist citizens won't own such private property as bonds.

Money in the Soviet Union is worth whatever the government chooses to make it. The Kremlin sets wages, all prices, and controls all production and finance in the Soviet Union. It can siphon rubles out of the pocket so quietly that the average Russian doesn't know where they've gone.

The Kremlin fixes prices for consumer goods and services far above what it costs the government—the only employer—to produce them. The difference it collects makes the sales and excise taxes of capitalist countries look microscopic.

UNEQUIVOCAL APPROVAL The record is striking as an indication of the effectiveness of water fluoridation. There has been a good deal of criticism of the method not always from well-informed sources. It is worth noting that the Canadian Public Health Association, the Canadian Dental Association, the Council of Canadian Medical Association, the Ontario Dental Association, the Council of the Academy of Medicine, Toronto, and the Health League of Canada have all expressed in resolutions their unequivocal approval of fluoridation.

The United States Public Health Service has reported a marked increase in the number of communities which are fluoridating water supplies as part of the effort to protect children's teeth against decay. About 1,400 cities and towns, with a total population of over 30 million, were using fluoridation at the end of September 1956 in contrast with only 12 communities with a total population of 328,000 10 years ago.

Medically Speaking

By Herman N. Bundesen, M.D.

ARTHRITIS, MARRIAGE APPARENTLY RELATED

Being single seems to have some advantages after all. Now before all you husbands, run up to shake my hand for this rather brave statement, let me explain what I mean.

Recent studies seem to indicate there is a definite relationship between marriage and arthritis. CRIPPLING DISEASE

Women, we know, suffer from this often crippling disease much more than do men. The ratio is more than three to one. The ratio is more than three to one. The ratio is more than three to one.

There seems to be valid reasoning to support his findings. We have long recognized that emotional factors play a major role in triggering this disease.

Marriage brings problems. I think all of you will agree with this. A single woman doesn't experience the emotional conflicts which accompany marriage and raising of a family.

Divorce, separation and widowhood often bring on one of the most common precipitating factors in arthritis—economic insecurity.

Of course, there are various other causes of the disease. Yet, one of the most reliable treatments for all forms of arthritis remains salicylate drugs—or just plain aspirin.

While you should consult your doctor if you have arthritis and should follow his instructions implicitly, he will tell you that salicylates are not only one of the most useful anti-arthritic medications, they are also one of the safest and the cheapest medicines.

QUESTION AND ANSWER A.P.: Is it unhealthy to eat high protein foods and high starchy foods at the same meal?

Answer: We know of no evidence that eating foods rich in proteins and starches at the same meal would be unhealthy.

The Age Old Story

The trial of your faith, being much more precious than of gold that perisheth.



NAILS FOR GOOD FRIDAY

Small shiny nails, Long thin nails, Round-headed nails, Flat boat nails, Great nails—Like daggers; Sharp, thirsting for blood. These are the nails Piercing the Fruit On the Tree of Life.

—W.H. Doucette Charlottetown.

BOOKS RECEIVED

The Growing Question (Answers to your Gardening Problems) by Roscoe A. Fillmore. Explanatory by Ryszard Pross, Toronto.

"This book is meant for the information of the many people who hanker for a little beauty and colour around their homes who know little of anything of how to start or carry on such a project."

The author uses the question and answer method in an interesting and friendly manner. Explanatory sketches by Winifred Box and descriptive photographs by Harold Bailey present a helpful complement to the text.

The subject matter cover almost every problem that might confront the gardener—and most of them are such in this thorough book which incidentally is one of the very few written with the Canadian specially written for the Canadian Gardener.

Mr. Fillmore's first book, "Green Thumbs" dealt primarily with the Maritimes—and the difficulties encountered in growing which are quite different in many ways from those in other provinces. The present volume is of a more general nature but the average lover of the soil will find it intriguing and will enjoy a browse, through its pages as much as a walk through a blossoming arbor with the oft-fall temptation of plucking an idea as one of feels towards a particularly enchanting blossom.

Over thirty years of the authors' life has been spent among plants. He is co-owner of one valley nurseries at Centerville, Nova Scotia and has been superintendent of the largest commercial orchard in New Brunswick and Grand Pre Memorial Park in Nova Scotia.

In "The Growing Question" he has placed his vast knowledge to practical use. Mr. Fillmore's and his publisher are to be commended for placing before John Q. Gardener such a wealth of practical knowledge that will aid the amateur tiler of the soil in bringing contentment to himself and joy to others.

MAXIMS To mourn a mischief that is past and gone is the next way to draw new mischief on.

NOTES BY THE WAY

The Chinese government has called upon the peasants to eat less. For some millions of them that will be quite a trick.—Brantford Expositor.

In a Polish forest, we read, the foxes now chase and attack men. Even nature, these unsettled days, seems kind of turned around.—St. Catharines Standard

Today on the crowded highways and roads of this province numerous hazards to life and limb exist—hazards which are almost impossible to eliminate completely. There is simply no room for the drunken driver and he is one hazard that can be eliminated.—Brockville Recorder

A great air junction like Gander without neighboring hotel accommodation is unthinkable. But so far as we may learn there will not be provision near the new terminal for travellers who are compelled to stop over because of flight delays. The nearest lodging will be in the townsite where, it is understood, a motel with space for fifty persons is to be built. This will be more than a mile from the terminal building.—St. John's News

Discussing the perils of smoking, a health authority in England says that one in ten persons smoking 25 cigarettes per day can expect to die before he reaches 75. A lot of other people who don't smoke at all won't live to be 75, either.—Windsor Star

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