



HESSELL MACLEAN - CAROLE GREEN

TO WED IN JUNE

Mr. and Mrs. Sidney E. Green of Charlottetown wish to announce the engagement of their eldest daughter Carole Dianne to Hessel Cleveland, son of Mr. and Mrs. Cleve-

ELLEN'S DIARY

Snowflakes Were Caught In Scampie's Shaggy Coat

We could fancy this to be a fall night rather than one of the springtime's own. The hollow rumble of passing machinings on the roadway takes us back through the years to that season when an old year, wearied because of tolls taken by seedtime and harvest, and weakened, looks without regret to its close. The days by then have drawn in. On farms, breakfasts and suppers are lamplit. And in that strange world, which a school master of old termed "the mind's eye", we can see leafless boughs and farm-homes being battered down for the winter. This picture then, tonight, gives us one of winter's nearings, not of one from which we have already parted - not of spring buds and flowers, of stirred fields, and high hopes of an early cropping. "It's cool!" James says, changing slippers for work-boots. "I must check to see that the doors of the piggeries are well fastened. With this wind..." And the kitchen door closes after him, giving him in an overture, to the night and his stewardship. There were snowflakes caught in Scampie's shaggy coat when he came to the porch, and his shelter, minutes ago. And the visiting car then leaving the yard to cut a bright path before it down the lane, was "roofed in cararra". In the coolness obtaining, the hearthfire about which we sat with our company was comforting. Farm-folks these were, man and wife, she an ex-school m'am, he accenting potatoes as the farm's special crop. We talked shop of the multifarious (her-word!) complexities, - this era of farming poses because of the related avenues to that of field and soil and stables it now includes. "Nowadays a farmer must have a working knowledge of so many subjects, once never even dreamed of, nor envisioned in the farming," he said. "And the farmwife - there's too, no end to the skills she requires!" she recalled. We spoke of the seasonal sales, the disposals that come to farms rather sadly, we would think, because folks must retire from the life they have enjoyed, due perhaps to advancing age, or a scarcity of skilled labor. And it was interesting to hear the opinions expressed on this subject. Our visiting farmer "could retire to a cottage in the country - not that I would like the prospect. Only accept it, and look forward to doing the number of other things, I somehow never have found time to do." She "couldn't bear to think of it! We've had a grand life there. Did you ever see a fish out of water?" she queried. "Then a pair of those, we two would be!" And James bless him, who sometimes when the heat and burden of the farming at Alderlea poses its problems to body and spirit, declares "We'll go Ellen, and find us some 'little spot away from it all' was of the opinion. "It would take quite a wrench to leave" the house and land of his people. "It's all very well to talk of retiring from the farming, of changing to some other way of life. But if and when the time comes. But there," he offered with a twinkle; "our talk is becoming too serious! Let's have a cup of tea, Ellen, to cheer us!" he said. "Now let me see, what else is there to do?" he wonders, about to hang up his cap. "Nothing" we chuckle. "And the last up the stairs puts out the light!" Until tomorrow - - - - -Diary - - - - - Good-night, - - - - -



HELEN MACINNIS STERLING MACPHAIL ENGAGEMENT ANNOUNCED

Mr. and Mrs. Allie Macinnis, Charlottetown wish to announce the engagement of their daughter Helen Florence to Sterling Melbourne, son of

Dunstaffnage WI Elects Officers Talk On 4-H Clubs Given At Alpha York WI Meet

Mrs. John Thompson chaired the Dunstaffnage WI meeting held at the home of Mrs. Allison Stewart recently. Roll call was answered with a household hint. Reports were given by various committees and routine business discussed. It was decided to give \$10 to the Salvation Army Appeal and also a donation to the Mental Health Association. A new card party committee was appointed, namely, Mrs. Winston Stewart and Mrs. Allison Stewart. All members agreed to cater to a local wedding in the near future. The new slate of officers for the coming year was brought in as follows: president, Mrs. John Thompson; vice-president, Mrs. Wilfred Thompson; secretary, Mrs. John Delves; assistant secretary, Mrs. S. Hayden. Directors are Mrs. Charles Jenkins and Mrs. Francis Hall. Auditors names were Robert Boswell and Mrs. Rowell Boswell and on the card and visiting committee are Mrs. Borden Boswell and Mrs. Francis Hill. The May meeting will be held at the home of Mrs. Boswell Stewart, when roll call will be "A penny for half a member's waist measurement or half the height". Plans will also be discussed for the district convention. Refreshments were served and a social hour was enjoyed.

IDA BAILEY ALLEN

Barley Like A "Pearl" Jewel Of A Food To Eat

Barley, belonging to the grain family, has been found by explorers among ruins of some of the oldest dwelling - places of the human race. It has been appreciated as a food for centuries. In this country more than a 2,000,000 bushels of barley are grown each year. Special cleaning devices remove foreign grains or imperfect kernels. Polishing-Down Process The remainder of the milling process is actually a gradual polishing-down of the outside surface. A quantity of barley is placed in a cylindrical reel which is rotated at high speed until the grain becomes spherical-like a pearl! Take your choice of "regular" barley which cooks in 25 to 30 min. or the new "quick" barley which cooks in about 15 min., because the grains have been slightly flattened so heat penetrates to the center more quickly. Measurements level recipes for 4 to 6 BARLEY BALLS (To serve with Roast Duckling, Baked or Sauteed Fish or Braised Lamb Chops) 2 1/2 c. water 1/2 c. water 1/2 tsp. salt 1 c. quick barley 1/2 c. chopped green pepper 1/2 c. sliced onion 1/2 c. sliced fresh mushrooms 2 tsp. butter or margarine 1/2 tsp. poultry seasoning 1-16th tsp. pepper Bring water and salt to boil, stir in barley. Cook 12 min., stirring occasionally. Do not drain. Saute green pepper, onion and mushrooms in butter. Add to barley along with poultry seasoning and pepper; mix well. Using ice cream scoop, shape barley balls; place on slightly oiled cookie sheet. Bake in pre-heated oven (325 degrees F.), about 15 min. Remove from cookie sheet with spatula.

SUNDAY DINNER

Lettuce, Slices with Diced Avocado and French Lemon Dressing Roast Duckling (previously columned) with Fruit Sauce and Barley Balls Parslied Carrot Rounds Cheese Cake (homemade or purchased) with Half-Thawed Frozen Strawberries Coffee, Tea Milk

TOMORROW'S DINNER

Tomato Bisque, Bread Sticks -Frozen Fillets of Flounder Baked in Lemon-Butter (previously columned) -French Fries (frozen), Green Soy Beans (canned) - Chilled Halved Bartlett Pears (canned) - Coffee, Tea, Milk

THE CHEF'S FRUIT SAUCE FOR DUCK

Mesdames: Here is a fruit sauce for duck that is different. Melt 6 tbsp. butter in a 9" fry-pan. Add 2 tbsp. sugar and 1 thin-sliced unpeeled orange (seeds removed from slices). Saute 2 min. Stir in 2 c. beef gravy (canned) and 1 1/2 c. dry sherry or 2 tbsp. sherry extract and 6 tbsp. hot water. Simmer 5 min. Strain into 1-qt. saucepan. Add 1/2 c. each canned crushed pineapple and canned cranberry - orange relish, 2 drops Tabasco and 1/2 tsp. cinnamon. Heat - stir until boiling. Et voila!

HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8506

Mr. and Mrs. Randolph Nicholson and son Glydon, Hampshire accompanied by Mrs. Gordon Jewell of North River and her daughter, Heather, have returned to their homes after a brief trip to New Brunswick and Nova Scotia.

Mr. and Mrs. John F. Gallant Pluisville were recent visitors to Saint John N. B.

Mrs. Tena Styvist, Mrs. Donald Stewart and Mrs. L. W. MacKinnon have returned to their homes in Murray River after spending the last three weeks visiting friends and relatives in Massachusetts.

Mrs. Hugh F. MacKay who spent the winter months in Summerside has returned to her home in Breadalbane.

Mr. and Mrs. Reginald Mountain have returned to Oshawa, Ont., after an enjoyable holiday in the Baltic area.

Mrs. Theresa Mathews accompanied by her sister Mrs. Mary Woodside, who have spent the winter months in Hamilton, Ont., returned recently to their homes in Baltic and Darnley.

Mr. and Mrs. Peter F. Gallant with their daughter, Joan and Mary Corcoran, Pluisville visited with relatives, Mr. and Mrs. Kenneth Steeves in Springhill, N. S. over the weekend.

Rev. Malcolm O. Smith and Mrs. Smith, Kingsboro, accompanied by their two children, spent the past weekend in Weymouth, N. S.

Mr. and Mrs. George Cheverle and three children, South Lake accompanied by Mr. Cheverle's father, Fred Cheverle, East Point, spent a few days with members of their family in Toronto, Ont.

Mrs. John MacGillivray, Baltic accompanied by her daughter, Mrs. Wilton Ramsay of Malbecque spent a few days recently



MR. AND MRS. ADRIAN CASEY

Summerside Couple Observe Silver Wedding Anniversary

Relatives and friends spent an enjoyable evening recently at the home of Mr. and Mrs. Adrian Casey on the occasion of their 25th wedding anniversary. Mrs. Casey is the former Louise Martin of Tignish and Mr. Casey is a native of Edmonton Bay. They were married at St. Simon and St. Jude's Church, Tignish on April 22, 1941, when Mrs. Lucy Hitchcox was her attendant. The best man Joseph Martin, brother of Mrs. Casey called from Toronto to congratulate the couple, and a call was also received from their daughter, Nancy. Mr. and Mrs. Casey had a family of seven children four of whom are living at home - Eldon, Sandra, Judy and Ronald; Nancy resides in Toronto, and the two eldest, Erma and Ronald are deceased. Many lovely gifts were received from friends and a presentation was made to the couple from the immediate family.

Women

The Guardian, Charlottetown, Wed., May 4, 1966.

MARY HAWORTH

Embittered Man Enjoys Peaceful Retirement Now

DEAR MARY HAWORTH: With regard to the many who write to you about their want of happiness, I offer the following synopsis of one man's history. I was placed in an orphanage when only a few months old, my mother having died and my father being a ne'er-do-well, neither able nor willing to support me. When I was three years old my father remarried, and in my first memories are of constant battling between a resentful stepmother and a father who was a drunk and the town "character".

When I was 10, my father was institutionalized, after which I was passed back and forth by unwilling relatives ("His father all over again," they said of me), before being placed in a church school for "difficult" boys. There I straightened out somewhat, with much being made of some talent I had for painting and drawing, which I took seriously. I graduated from high school with modest credit, but soon found myself drifting from one small job to another, in the depression years. Whether due to the times, or to lack of personal capacity, I couldn't make good in my chosen work. Having married, meanwhile, I turned of necessity to a trade I never liked, but which gave me a living and some success. That marriage failed, as did a second, largely, I realize now, because of my own resentful and at times vengeful inability to "give" to another person. Both failures were costly.

At age 50, some years ago, I was retired forcibly, on a small pension, because of a physical disability. This left me feeling lonely, bitter, utterly inferior and an overall failure. I thought of suicide, went for days without speaking a word to anyone, and refused to see even those whom I knew meant well and wanted to help me. Then things began to "settle down". I began to appreciate a sense of freedom from past pressures and tensions, and to think with interest of places to go, people to see and things to do. I am painting again, enjoying it, and some of my work is to be included in an upcoming show.

How did this happen? I don't know. I didn't meet a Swami, "find faith," see a great light, start eating strangely, or any of that. I just found myself looking at the world around me, and myself, in a relaxed, tolerant way that was completely new. The years since have been the happiest of my life. In short, after 50-some embattled unhappy years, I am at peace for the first time. And I wonder what you think of this thesis: That there is in each of us some sort of self-protecting, self-regulating psychological

governor" which, if we will let it, will turn us around, at the very brink of despair, and start us back towards life again? I am probably not saying this very well. But what do you think? E. G. DEAR E. G.: In tasting despair, man is, in effect, at the end of his rope: meaning that he knows, with full conviction, that "Of myself, I am nothing," in a showdown with the forces of the universe, as they may be (or seem to be) lining up against him. It is axiomatic that "Man's extremity is God's opportunity" - a maxim that probably explains what happened to you, at the milestone in your history when you began to apprehend life's good potentials, in healing contrast to your former embittered distrustful view. I would suppose that, that inner "sort of self-protecting, self-regulating psychological governor" which you refer to is just your homespun way of trying to describe your first conscious encounter with "the Light" that dwells in every man, namely, the light of God's life within him. It isn't uncommon for men and women to come late in the day, if ever, upon this nearest perimeter, shall we say, of the inner world of reality, which opens on eternity.

Perhaps this characteristic late arrival is due, in part at least, to mankind's almost total preoccupation with outer world "getting and spending", during so-called prime years. In general, stillness of mind, an openness to guidance, a spirit of surrender to God's will for the self (even if not "felt" in these words), are conditions conducive of the authentic transformation of outlook which overtook you. M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

PLAN PIGEON PILLS MILAN (AP)—City council is contemplating mixing birth control pills with birdseed to reduce the pigeon population. Special bird contraceptives are reported to have worked in other cities where birds are a problem.

Advertisement for H. Bennett Carr, Sun Life of Canada, District Supervisor, Insurance Counselling, Charlottetown, P.E.I., Phone 4-8517 - 4-5435.

Young Couple Honored By Community

Friends and neighbors of Alfred Mullen and Clara MacKinnon gathered in Tracadie Cross Hall recently to honor them with a community shower on the occasion of their forthcoming marriage. The hall was gaily decorated with pink and white streamers and colorful balloons, and the guests of honor were escorted to their seats by J. McQuaid and Connie Reeves. The many gifts were opened by Maureen MacDonald and accompanying verses were read by Genevieve Carmichael and Connie Reeves. Patricia FitzPatrick arranged the gifts. Refreshments were served by the women guests of Ten Mile Creek and vicinity. Charles and Gerard Alyward furnished the music for an evening of dancing.

WILL VISIT VIET NAM

BELGRADE, Yugoslavia (Reuters)—A Romanian government and Communist party delegation will visit North Viet Nam this month, it was announced in Bucharest Saturday. The delegation is going at the invitation of the North Vietnamese Communist party central committee and government.

Advertisement for Kon-Tiki Golden Fruit from MALAYA, featuring a pineapple and the text "Delicious!"

Large advertisement for Sunlight Heavy Duty Laundry Powder, featuring the text "PURE SUNLIGHT DETERGENT HEAVY DUTY LAUNDRY POWDER FINALLY. New Sunlight Laundry Detergent, Pure cleaning power. Nice price. The kind of reliable performance and good honest value you expect from Sunlight. It's been a long time coming... but worth the wait."

Consumers Plan Open Meet May 5

The executive of the P. E. I. Association of the Consumers Association of Canada met Monday evening May 2 at the home of Mrs. J. L. Hornby to make plans for an open meeting on Thursday evening, May 5th at Confederation Centre. Theresa McLeod, the recently appointed consumer consultant with the food and drug directorate of the Atlantic Provinces, will be the guest speaker. This meeting is open to the public and will begin at 8:15 p.m. A question and answer period will follow the meeting.

are 18 grandchildren and six great grandchildren. Refreshments included birthday cake. Mrs. Clark and her daughter-in-law, Mrs. John Clark have recently returned from a trip to the United States where they visited relatives at several centres in Massachusetts and in Rhode Island.

Club Program Holds Interest

The "Half Century" club met at the home of Mrs. Orville Johnson on April 25th, when the opening poem was read by Mrs. Arthur MacFarlane entitled "For people will talk". Roll call was answered by nine members. The usual village projects were considered, and the program consisted of readings, puzzles and contests. Refreshments were served by the hostess. Next meeting will be at the home of the president, Mrs. George Henderson on May 9th. The opening poem will be supplied by Mrs. Charles Henderson.

TURN TO CIGARETTES

Sweden's consumption of cigarettes went up 42 per cent in two years after the U.S. surgeon-general's report on smoking and cancer.

Advertisement for Shoe Shoppe, featuring the text "DISCOUNT PRICES every day! walk a block and save! SHOE SHOPPE Palmer Electric Bldg. Dial 4-4072 AVAILABLE..."

Advertisement for Guardian Patriot Central Printery, featuring the text "JOB PRINTING Call us for programs, club bulletins, business letterheads. All work guaranteed. GUARDIAN - PATRIOT CENTRAL PRINTERY Phone 4-8506"