

From One Cook to Another



THE LUXURY OF CREAM — AT HALF COST

When you make creamed eggs or fish or chicken, do you ever think how nice it would be if you could use cream instead of the usual milk? Well, there's a lovely, satisfying money-saving answer to that. Use undiluted Carnation Evaporated Milk in the sauce for your creamed dishes. You'll get the rich consistency and flavor you could look for from cream — at half cost. Carnation is double-concentrated... and it's homogenized and heat-treated. So it gives cream-like character to foods. For instance, this:

CREAMED CHICKEN IN RICE RING
Melt 1/2 tablespoons butter, blend in 2 tablespoons flour, 1/2 teaspoon salt; stir in 1 cup chicken broth and 1 cup undiluted Carnation Evaporated Milk. Stir while bringing to the boil. Add 2 cups sliced cooked chicken, and heat in double boiler. (You may replace the broth with water, the chicken with veal.) Serve in a ring of hot cooked rice.

Birthday cake idea! When you make your cake, make some small cup-cakes, too. Use them as candle-holders around the big cake. Novel — delightful!

ARE THERE DAYS

when your family comes straggling down for breakfast one after the other? Instead of leaving coffee in the coffee-pot to be reheated, keep it in a thermos bottle. Coffee experts say it tastes much better than re-heated coffee. And... it will taste its best — creamy-smooth, rich-flavored and delicious — if you "cream" it with Carnation, the milk that whips.

One can that pours two kinds of milk — the Carnation can. Actually you get only one kind of milk from a Carnation can. But you can use Carnation diluted or undiluted — so you have milk for milk uses, or for cream uses.

LISTEN to the delightful Saturday radio show, "Stars Over Hollywood". A complete half-hour play every week — specially written for this entertaining programme. See your newspaper for time and stations.

FREE: Carnation's "Velvet Blend Book" of tested recipes, new and old. Write to Carnation Company Limited, Toronto or Vancouver.

AND HERE'S A SHORTCUT TO BETTER CAKES!

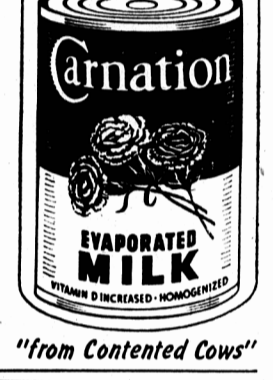
Whether you use a cake mix, or make your cakes from "scratch", use Carnation Milk as the liquid — diluted if your recipe calls for milk, undiluted in any of your cake recipes that call for cream. You'll be amazed at the even texture... and the delightful moistness... of cakes made with Carnation. As for frostings — if you've never made your butter frostings with Carnation, you can't imagine how rich and delicious a frosting can be... like this:

CARNATION CHOCOLATE BUTTER FROSTING
2 tablespoons soft butter
1/2 cup cocoa
3/4 cups (about) sifted icing sugar
4 tbsps. undiluted Carnation Milk
1/2 teaspoon salt
1/2 teaspoon vanilla

Cream butter. Mix cocoa with an equal amount of sugar; add to butter. Add Carnation, salt, vanilla. Beat in enough additional sugar to make a mixture of suitable spreading consistency. Beat thoroughly until fluffy. Enough frosting to cover tops and sides of two 8-inch layers.

AS LIKE AS PEAS IN A POD

goes the old saying. Actually, peas in a pod vary in size, at least — BUT one of the widely recognized qualities of Carnation Milk is its outstanding uniformity. You know, some forms of milk vary from day to day. But Carnation is the same, season after season. And all over the country Milk from all Carnation evaporating plants — the Carnation Milk you buy from coast to coast — all must conform to the same high standards. The same standards for cream content, other milk solids, consistency, creamy color and rich flavor. Every can of Carnation you buy — every drop of milk in every can — must be the same.



Girl Guide News



Central Royalty Brownies

Several Brownies gathered at the home of Brown Owl, Mrs. Osbourne, on Friday, March 7. The Field Secretary presented the badges which were passed at an earlier date. When the list of names appeared in the press that of Maude Kells was omitted. Congratulations Maude on passing your Minstrel's Badge. Adele Beck was also successful in passing the Signaller, First Aid and Artist Badges. The Brownies presented a nicely arranged "Magic" programme. First thing the Field Secretary knew there appeared a beautiful bouquet of flowers. Thanks Brownies and thanks Brown Owl for the "Magic Brownie Drink".

Zion Guides

The 12th Guide Company held their regular meeting on Tuesday, March 11. Both Guiders, Miss Marlon Langille and Mrs. Gordon Patten are working on their warrant papers and we hope to see them warranted in the near future. Miss Langille took as her theme for "Guides Own" the first Guide hour — "A Guides Honour is to be trusted". Test work on the compass, semaphore, and second class was followed by a "Vegetable Contest". At campfire the Field Secretary spoke a few words followed by a story by Mrs. Patten which is to be continued next week. The meeting closed with Evensong and Taps.

Zion Brownies

The 12th Brownie Pack opened their meeting on Monday, March 10 with the "Fairy Ring" with Brown Owl, Mrs. Joe Rodd; Tawny Owl, Davida MacEchern and over forty Brownies all dancing merrily. Guests at the meeting were Miss Suzanne MacKinnon, District Commissioner, and the Field Secretary Miss MacKinnon enrolled the following girls as Brownies: Edith Jean Phillips, Elizabeth Phillips, Judy Archer, Joyce Archer, Margaret Staver and Dawn Currie. The following Brownies were the happy recipients of the Golden Bar: Joyce Archer, Anne Moore, Judy MacDonald, Joan Cadmore, Diane Burzovne, Judy Archer, Vera Bowles, Edith Jean Phillips, Gail Stewart, Donna MacLean, Joan MacDonald and Linda Warren. The Brownies presented a nicely

Brackley Point and Vicinity

Mrs. William Bowen of Wheatley River is having an extended visit with her sister, Mrs. Lewis McCallum.

Mrs. Walter McLure has as guests this week her parent, Mr. and Mrs. Charles McKenzie, Winsloe Station.

The many friends of Mrs. Edward McCallum are glad to see her home from the P.E.I. Hospital where she underwent a successful operation.

A quilting bee was held at the home of Mrs. Willard McCallum on March 11th. A delightful so-

cial afternoon was spent while needles plied on a beautiful patchwork quilt. In the evening supper was served in Mrs. McCallum's usual sumptuous style.

Mrs. Fenton McLure was the Institute visitor to the school in March and reported everything in excellent order and scholars courteous and obedient, under the capable management of the teacher, Miss Muriel Peardon.

Mr. Grant McCallum has completed the canvas of the district for the annual Red Cross Campaign, having collected \$150.00. Grant has assumed this important duty for several years and is always one of the first to complete the task.

On Tuesday evening, Mar. 11th, neighbors gathered at the home of Mr. and Mrs. Robert Roberts on the occasion of Mr. Roberts' birthday. The evening was pleasantly spent in cards, crokinole and singing, after which Mrs. Roberts served a delicious lunch. A gift of money was presented to Mr. Roberts with best wishes from all present for many happy returns of the day. G.U.

SAVING FUEL
BLAIRMORE, Alta. — (CP) — A new coal cleaning plant operating here was built at a cost of \$250,000. It reclaims 500 tons of refuse coal daily.

KENNEDY'S SPRING SUGGESTIONS!

SUITS—

To suit you. All new spring shades. Sizes 11-17, 12-20, 38-44, 16 1/2-24 1/2.

\$22.95 to \$69.95

SHORTIES—

New, Smart, Different.

\$15.95 to \$41.95

COATS—

Plains, Plaids and Checks. All sizes.

\$25.95 to \$60.95

DRESSES—

A complete line of plain and prints in faille, crepe, silk and nylon.

\$7.95 to \$27.95

SKIRTS—

For the smartest of smart in new Spring Skirts. — — — Plains, Plaids, Tweeds.

\$3.98 to \$11.95

ALSO: A complete line of Purses, Gloves, Scarves, Blouses and Lingerie.

Kennedy's Ladies' Wear

166 Queen St. Next door to the Bus Stop
Fashion Show to be held in the Prince Edward Theatre on Monday, March 24th.

PROFESSIONAL CARDS

Bell, Mathieson & Foster
Barristers, Solicitors, etc.
R. R. BELL, Q.C.
L. MATHIESON, LL.B., Q.C.
G. R. FOSTER, LL.B.
Loans on City and Farm Properties
150 Richmond Street
Charlottetown, P.E.I.

Palmer & Haslam
A. J. HASLAM, B.A., LL.B.
Barrister, Etc.
Bank of Nova Scotia Chambers
Charlottetown, P.E.I.
MONEY TO LOAN

J. S. TAYLOR
Optometrist
Eyes examined, glasses fitted
Corner Kent & Queen Sts.
Office Phone 1956—House 101

A. Walthen Gaudet, LL.B.
BARRISTER, SOLICITOR, Etc.
Phillips Building
111 Grafton Street
Money to Loan Collection

FREDERIC A. LARGE, Q.C.
Barrister, Solicitor, Notary
Royal Bank of Canada Building
Charlottetown, P. E. I.
LOANS ON CITY AND FARM PROPERTIES

Matheson, Peake & Nicholson
A. W. MATHESON, Q.C.
A. H. PEAKE, B.A., LL.B.
JOHN P. NICHOLSON, LL.B.
Barristers, etc.
Collections — Money To Loan
90 Great George Street
Charlottetown

William A. Reddin
B.A., B.Sc., LL.B.
Barrister, Solicitor, Etc.
126 Richmond St. — Charlottetown
PHONE 2484

MacPhee & Trainor
H. F. MACPHEE, B.A., Q.C.
E. SOMERLED TRAINOR, B.A.
Barristers, etc.

Dr. John E. Sterns
VETERINARY SURGEON
Phone 729 238 Pownal St.
Office Hours
By Appointment

Allison M. Gillis, LL.B.
BARRISTER, SOLICITOR, Etc.
130 Richmond St. - Ch'town.
Phone 580

BYRON J. GRANT O.D.
OPTOMETRIST
128 1/2 Kent Street
PHONE 879
Adjoining North American Hotel

Dr. A. L. MacIsaac
DENTIST
Dental X-Ray
GLORIA BUILDING
179 George Street
Phone 281

J. A. McGuigan
BARRISTER, SOLICITOR, Etc.
NOTARY, ETC.
BARRISTER, SOLICITOR
CURRIE BUILDING

Gaudet & Haszard
GILBERT A. GAUDET, B.A., LL.B.
Barristers and Solicitors
Money to Loan
Canadian Bank of Commerce Bldg

H. R. DOANE and COMPANY
CHARTERED ACCOUNTANTS
148 Great George St., Charlottetown
Phones 2080 - 1477 — Box 217
RANDOLPH W. MANNING, C.A.
ERMA P. MACPHERSON, C.A.
Other offices at Halifax, Moncton, St. John's, Amherst, Dartmouth, Kentville, Liverpool, New Glasgow and Truro.

McDONALD, CURRIE & CO.
CHARTERED ACCOUNTANTS
Montreal, Quebec, Ottawa, Toronto, Saint John, Sherbrooke, Vancouver, Kirkland Lake, Moncton, Hamilton, Charlottetown.
Currie Bldg., Charlottetown Telephone 1000

Refrigeration
SALES and SERVICE
Repairs To All Makes
MOTORS
Rewinding and Repairs
ELECTRICAL
APPLIANCE
Repairs
Palmer Electric
PHONE 1444

PRESCRIPTIONS
Filled With Care
PHONE 271
WORTHY'S
DRUG STORE
LEIGH SEMPLE,
Mgr.
178 Queen St.

TIRED FEET
Soothe them with
MINARD'S
LINIMENT
35c
Rub on freely, and note quick relief. Greasy. Fast-drying. No strong odor.
19-41

Women know...
how essential is quality in toilet tissue...
and discriminating women choose Purex
for that special kind of softness...
You're so right... when you choose Purex

PUREX
Facial-Soft
TISSUE