A natural for travel is this Josefmake it a real vacation special. bound with the mellow gleam of bag from Italy. Its gold-platedIt's natural in color, too, for it is leather. lock and single overarm handle made of unbleached hemp and

WOMEN

Successful Woman Author Hit By Writer's Cramp

By HAL BOYLE

NEW YORK (AP)—Mary Roberts Rinehart, nearing 80, is suffering from writer's cramp.

This comes as a terrible blow to the onetime nurse who became the most successful American woman author.

"I have trouble with my right hand," she said. "It's a chore for me even to write a cheque today. I do hope it will clear up soon, for I love to work. I'm very much at a loss now that I'm not writing."

Writer's cramp is a rare disease among modern authors. Most use typewriters, some even dictate their stories.

But Mrs. Rinehart is a painstaking craftsman who writes three drafts of every mystery story or novel she turns out by longhand with a fountain pen she has used for 24 years.

That fountain pen is her most cherished possession. She values it even more highly than the Gainsborough and Raeburn portrains that adorn the living room of her richly-furnished 17-room Fifth avenue apartment, where she lives alone with three servants. She even puts the pen in a box in a bedside table when she sleeps.

"I might leave a diamond bracelet lying around," she said, "but never that pen. I've never even had to change the point in 24 years."

DISDAINED CAREER

Still a beauty in her 80th year, Mrs. Rinehart took up writing after the panic of 1907 wiped out the family investments and left them $12,000 in debt. She had three young sons at the time.

"I never really meant to be a writer," she said. "I never wanted a career. And if I had to start all over again today, I don't think I would. The competition now is too keen."

But competition rarely bothered Mrs. Rinehart. Writing on a rigid schedule—from 10 a.m. until 3 p.m.—she turned out from 2,000 to 6,000 words a day. The result: 60 books that made her the leading best-seller American author of the 20th century. They have sold more than 11,000,000 copies.

A publisher recently estimated that in the last 49 years her world public has paid $27,000,000 to buy her books and see her plays.

Mrs. Rinehart is justifiably proud of that record. She feels it's "not a bad achievement for one woman working all alone with a pen at a desk."

Mrs. Rinehart's life has been full of tragedy and illness. Her brilliant father, an inventor, committed suicide. Her mother, a paralytic invalid, was accidentally scalded to death in her bath, unable to cry for help.

In 1932 she lost her husband, a tubercolosis specialist. Fifteen times she herself has undergone surgery, once for cancer. She has survived four coronary attacks and, against the advice of her doctor, still smokes a pack of cigarets a day.

ELEANOR ROSS

It's So Easy To Fix Up A Cottage For Summer

Summer cottage rentals are already off to a brisk start and vacationers who wait are going to find poor pickings. Veteran summer cottage renters tell us that they look primarily for location, for view, for peaceful surroundings and for easy housekeeping. They have learned not to worry whether the summer cottage or cabin is sleekly furnished down to the last dish towel.

Fixing up a summer cottage these days is so easy, so inexpensive, it doesn't really matter how the landlord shopped when he originally furnished the place of course, broken-down chairs and tables won't do, nor will a sofa with broken springs. But granted that the furniture, if plain and simple, is in decent shape, then the rest is easy.

SUMMER COTTAGER

The summer cottager can depend on inexpensive plastic-by-the-yard to do a fine, labor-saving job, to cover tables or chairs. Plastic cushions can dress an old chai or bench. A little washable paint can make old bookshelves look ever so smart. Washable plastic or plastic - coated paper draperies cost practically nothing, yet look so gay and cheerful. And they come in all sorts of striking designs and color combinations.

The main idea is to live with things that are easy to take care of and to spend a little money on things that add so much to comfort and look in even the simplest of surroundings.

WORK COUNTERS

Plastic-covered work counters in the kitchen, plastic - covered dining table and shelves, need only a swabbing off with a sudsy sponge. Gay plastic cushions, bedspreads or curtains can be sudsed clean right where they are, without going in for any extensive housekeeping. Inexpensive tableware and a goodly supply of paper plates for the crowd make that part of things easy. A rollaway cot or two takes care of overnight guests.

MODERN SHIP

The new Noregian liner Bergensfjord has air conditioning throughout for the comfort of its 890 passengers.

ALICE BROOKS DESIGNS

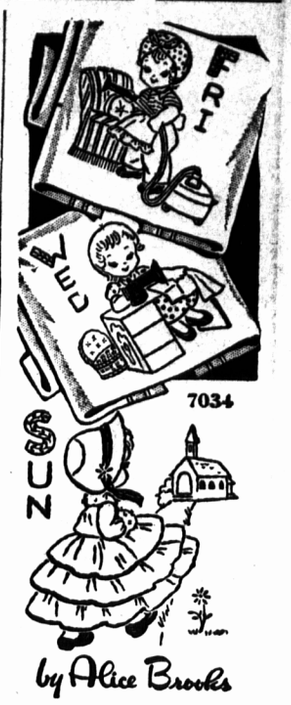
FOR SEVEN TOWELS

Modern "helpers" for your household chores — pictured in easy embroidery on kitchen towels. Seven gay motifs—make cheery decorations for every day!

Pattern 7034: includes directions, seven different embroidery transfers. Smart bazaar ideas!

Send TWENTY-FIVE CENTS in coins for this pattern. Charlottetown Guardian, Household Arts Dept., 60 Front Street W., Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER and SIZE.

Two free patterns — printed in the new Alice Brooks Needlecraft book for 1956. Stunning designs for yourself, for your home—just for you, our readers! Dozens of their designs to order— all easy. Send 25 cents for your copy of this wonderful book right away.



Miss Edith MacLeod Is President Of Brookfield W.M.S.

The annual meeting of the Brookfield W.M.S. was held at the home of Mrs. John Matheson, Tuesday evening, May 22nd., with an attendance of 10 members and one visitor.

The Vice-President presided and opened meeting with call to worship Psalm 103, Verses 1 and 2, and the Lords Prayer was repeated in unison. Hymn 494 was then sung. Scripture reading was 1 st. Sam. Verses 9-20 24-28 read in unison. Bible Exposition was read by Mrs. Wonnacott followed by season of prayer by members. The study book about Nigeria was read by Mrs. Harry Paul.

Roll call was responded to with a verse of scriptuure. Minutes of previous and last annual meetings were read and approved. Miss Grace Wood invited members to her home for the July meeting, when roll call will be answered with the word "Thankfulness". Mrs. John Matheson is to prepare the study book.

The secretary-treasurer gave a financial statement of year's work showing a balance of $100.00.

The following officers were elected for ensuing year. President, Miss Edith MacLeod; Vice-President, Mrs. Sterling MacLean; Sec'y-Treasurer, Mrs. Miller MacPherson (re-elected); Emergency Fund Sec'y, Miss Grace Wood; Press Sec'y, Mrs. Bernsley Wonnacott; Sick Committee, Mrs. Lloyd MacLeod; Mrs. Ray Moore, Mrs. John Matheson; Mrs. Miller MacPherson.

Hymn 571 was sung with closing prayer by Mrs. Wonnacott. Lunch was served by the hostess.

The June meeting of the Brookfield W.M.S. was held at the home of Miss Grace Wood on Tuesday evening, June 19th. The President Miss Edith MacLeod presided and meeting opened by singing Hymn 127. The Scripture reading was 25th chapter of St. Matthew, Verses 14-30 read in unison.

The Bible Exposition was read by Miss Edith MacLeod followed by prayer by president and repeating the Lords Prayer in unison. Hymn 145 was then sung. Minutes of the annual meeting were read and approved. Twelve members answered roll call and one visitor was present.

A Study Book about Africa was read by Mrs. John Matheson. Next meeting is to be held at the home of Mrs. Perley Taylor, when roll call will be answered by a verse of scripture containing the word "Gospel". Mrs. Lloyd MacLeod is to prepare study book.

Closing Hymn 483 was followed by the Mizpah Benediction in unison. Lunch was served by hostess.

LONG CREEK W.M.S.

Mrs. Malcolm MacNeill was hostess to the members of the Long Creek W.M.S. Monday evening, June 4, 1956. The president presided and opened the meeting by singing "What a friend". Scripture reading was taken from the the 23rd Psalm.

The devotional message, "Growing spiritually" was given by Mrs. Tupper Strang, followed by the Lords Prayer repeated in unison. "My faith looks up to thee brought the devotional to a close.

Twelve members and two visitors responded to roll call. Minutes of previous meeting were read and adopted. Mite Boxes were passed in making the total collection $17.70. Mrs. Rod MacLeod and Margaret MacNeill contributed to our birthday box. $4.00 was passed in for the "Acadia Fund".

Mrs. George MacLean gave an interesting report on the quarterly held at Murray River. The members were invited to the home of Mrs. Rod MacLeod for their July meeting; Mrs. Malcolm MacNeill devotional leader.

Following the Mizpah Benediction, a delicious lunch was enjoyed and a social time spent.

CONFIDENTIALLY YOURS

—by Byrne Hope Sanders

MONTREAL, June 28th — What is so rare . . . as a perfect cup of coffee? I've news for you—it can be a daily delight if you are wise enough to use INSTANT CHASE & SANBORN COFFEE. Look through the window on the jar and you'll see the rich coffee *color* that means rich coffee *flavor* . . . Experts at Chase & Sanborn have nearly 100 years of coffee experience back of them, so they *know* how to capture all the precious coffee flavor. Get a jar of this Instant today—the Instant with the flavor of *freshly-made* coffee . . . and enjoy it all through these lovely summer months.

Mother Dear . . . do let me tell you how much your baby will thrive on FARMER'S WIFE FORMULA MILKS. Know why? For one thing these are the original formula milks prepared *especially* for babies! And for another—there are *three types*, one of which will be *just right* for your little one. Ask your doctor whether your baby should have the Whole Milk (Red Label) . . . the Skimmed Milk (Yellow Label) . . . or, maybe, the Partly Skimmed Milk (Blue Label). This one was originally prepared at the request of pediatricians, and is a low-fat, high-protein concentrated milk with Vitamin D content increased. *Do* ask your doctor!

The Blast Of A Ship's Whistle at the start of a voyage . . . that's something I like to hear. And Travellers Cheques in my purse . . . something I like to feel! Travellers Cheques sold by the BANK OF MONTREAL are the most convenient way of carrying money I know. They're readily cashable at all banks, and at many stores, hotels and gas stations . . . yet they're refundable in full if lost or stolen, and only *you* can cash them! Before your next holiday or long journey, buy your Travellers Cheques at your local B of M branch. Then let the whistle blow! The money you carry on you will be as safe as money in the bank . . . thanks to "My Bank"!

Take A "Peek Test" Of Your Hair through your fingers and see if it has a "personality" of its own. I can promise you'll surprise and delight yourself through the use of three wonderfully effective LANOLIN PLUS products for the hair. First apply the Lanolin Plus Shampoo . . . it gently conditions as it cleans . . . with the lanolin right in the shampoo. Then rinse with Lanolin Plus Creme Rinse, to highlight the beauty of your hair . . . then finally, apply the special Lanolin Plus formula called, simply, "For the Hair" . . . it gives your hair that envied extra gleam and sparkle. Each of these wonder products is only $1.25, at better cosmetic counters.

Sir Isaac's Cage is in a corner of the dining room—by the window, but away from any draft. He likes to sit in his doorway and chatter at us, as we sit at meals. Puts on a big show, too, when we start to talk to him . . . rushing up and down his perch . . . pecking at his mirror and ringing his bells and pretending to be in a turmoil of excitement. The more we laugh at him—the more he acts up! He's full of high jinks and good health—with a keen appetite for his BROCK'S Natural Feeding Diet—so carefully balanced to include everything he needs to keep him healthy and happy. Sir Isaac's a world of fun. . . . Have you got a Budgie yet? Wish you would!

Carelessness . . . in personal daintiness can be so disastrous in these hot-weather days. That's why it's so wise to use ARRID . . . the pure, white, vanishing cream deodorant, made now, with a new and safe, exclusive ingredient, Perstop. You can be poised and fresh all the time with Arrid. Just rub Arrid in—rub odour out . . . stops *both* perspiration and odour for 1 to 3 days. It's antiseptic; won't dry out in the jar; and deodorizes *instantly*. More Canadians use Arrid than any other deodorant. Only 53c a jar.

Here They Come! . . . Home for nine or ten weeks . . . all the millions of youngsters across the provinces. Keep them happy with lots of LIPTON SOUPS. *Wonderful* for lunches at home, or at the cottage. *Wonderful* in thermos bottles for those lazy summer picnics. *Wonderful* to serve with a cold salad on a hot day when you all must have energy-producing food. Every one of them is a dream of delight—Lipton Onion Soup—Beef Noodle — Tomato Vegetable — or Chicken Noodle! Use them *all* . . . many, many times—and a happy, healthy, economical summer to you all!

McCormick's
GOOD TASTE IN BISCUITS

McCormick's Gold Seal Sultanas

Bread	☐	Meat	☐
Butter	☐	Milk	☐
Beans	☐	Pepper	☐
Baking Powder	☐	Peas	☐
Baking Soda	☐	Pudding Mix	☐
Cereal	☐	Pickles	☐
Cake Mix	☐	Rice	☐
Cheese	☐	Salt	☐
Catsup	☐	Serviettes	☐
Cocoa	☐	Soaps-Toilet	☐
Coffee	☐	Soaps-Laundry	☐
Cleanser	☐	Starch	☐
Eggs	☐	Soup	☐
Face Tissue	☐	Spaghetti	☐
Flour	☐	Shortening	☐
Fruit	☐	Sugar	☐
Jelly Powders	☐	Syrup	☐
Jam	☐	Tea	☐
Laundry Bleach	☐	Vinegar	☐
Mustard	☐	Vegetables	☐

THIS SPACE ↓ FOR EXTRAS

dresses are so much SMARTER...

shirts feel so much more COMFORTABLE... when you starch them with instant GLIDE

THEY STAY SMARTER LONGER STARCHED!

It's so quick and easy, too! You simply add Glide to water and your starch is ready, light, medium or heavy, *exactly* the way you want it.

There's even blue in Glide to add whiteness, and a fine wax to speed your iron.

GET *instant* GLIDE LAUNDRY STARCH

Glide is a guaranteed product of Javex Company Limited.

SECOND POLIO INOCULATION For Charlottetown Preschool Children and Charlottetown Expectant Mothers

Will be held at the UNITED BAPTIST CHURCH—cor. Prince & Fitzroy

THURSDAY and FRIDAY — June 28 and 29

9:00 - 12:00 A.M. and 1:00 - 4:30 P.M.

To avoid crowding parents are asked to co-operate by bringing their children to the clinics according to their sections of the city as follows:—

Thursday morning—North of Grafton and West of Great George.

Thursday afternoon—South of Grafton and East of Great George.

Friday morning—North of Grafton and East of Great George

Friday afternoon—South of Grafton and West of Great George

FIRST SHOTS will also be given to preschool children born before January 1st, 1955 and to expectant mothers.

All expectant mothers MUST bring a doctor's certificate confirming pregnancy.

DEPARTMENT OF HEALTH, PRINCE EDWARD ISLAND

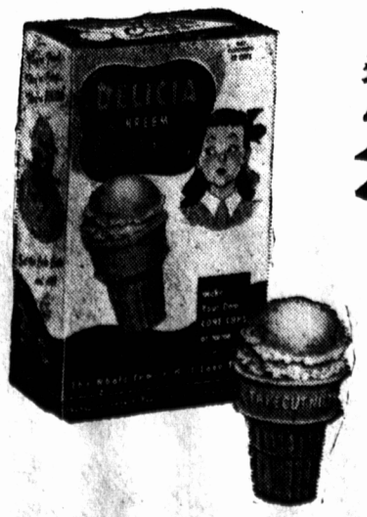
For Goodness Sake...

LOOK AT THIS CONE and ICE CREAM SPECIAL!

½ GALLON OF YOUR FAVOURITE PERFECTION ICE CREAM 98¢

1 BOX OF DELICIA KREEM CUPS 15¢

YOU PAY ONLY... $1.00



That's right! Only $1.00 for a taste treat that's soon real gone . . . velvety-smooth Perfection Ice Cream . . . and fresh, crisp Delicia Kreem Cups for making your own ice cream cones at home. There's no mess, no dishes to wash. Just spoon-in scrumptious Perfection Ice Cream and watch how the whole family will love this cone and ice cream treat. Get yours today! This special combination offer of $1.00 is for a limited time only.

PERFECTION IS A QUALITY PRODUCT FROM THE FINEST DAIRY HERDS IN THE MARITIMES

CENTRAL CREAMERIES LIMITED

Charlottetown, P.E.I.