

BIG EATERS SAVE in a BIG WAY HERE!

Coop. Advertisers Exchange Inc. 1956



You save 1/2 pint of milk by buying
HEINZ
Condensed
Cream of Tomato
SOUP

Heinz puts in the cream

2 for 25

SALE STARTS
THURSDAY
8.30 A.M.

OPEN FRIDAY
UNTIL
9.30 P.M.

OPEN
SATURDAY
UNTIL
5.30 P.M.

TO SERVE
YOU BETTER

Got a hungry army to feed three times a day? Then Co-op Super Market is the place to buy all your food needs because we have a storeful of budget-beaters for big eaters. Here, fine quality foods are always low priced — every one of them... every day! You don't have to cut your shopping list to cut the cost. Our Store-wide prices just naturally give you a big cartful of your favorite foods for less money. Compare—then COME PARE your food bills at Co-op Super Market.

TODAY'S HARVEST of PRODUCE Specials

It's easy pickin's to harvest a crop of praise-winning fruits and vegetables! Just take your choice from our vast and colorful displays of the finest of the freshest produce—Sun-ripened to flavor perfection on nearby farms and rushed to our market daily. You'd have to grow some to get produce fresher than TODAY'S HARVEST OF SPECIALS.

- EATING & COOKING
- APPLES 5 lbs. 59c
 - GOLDEN RIPE BANANAS 2 lbs. 39c
 - LARGE RIPE TOMATOES 2 lbs. 35c
 - JUICY RIPE ORANGES 2 doz. 79c
 - LOCAL WASHED CARROTS 3 lbs. 25c
 - BREAKFAST GRAPEFRUIT 6 for 49c
 - COOKING ONIONS 2 lbs. 19c
 - SNOW WHITE CAULIFLOWER 23c

September 1st
CANNED FOODS MONTH

- MOUNT STEWART STRAW. JAM 2 12 OZ. TINS 55c
- SWEET TREAT PINE. JUICE 2 20 OZ. TINS 31c
- AYLMER TIPS ASPARAGUS 2 TINS 69c
- AYLMER FANCY SPINACH 2 15 OZ. TINS 31c
- SOUTHERN CROSS FLAKED TUNA 2 TINS 37c
- LUNCHEON MEAT KAM 2 12 OZ. TINS 89c
- YORK PORK & BEANS 2 20 OZ. TINS 39c
- FOR CHOWDER BABY CLAMS TIN 29c

- RINDLESS BACON LB. 53c
- MOCK CHICKEN, MAC. & CHEESE COOKED MEATS 2 PKGS. 49c
- FRESH LEAN HAMBURG 2 LBS. 89c

- COTTAGE ROLL BONELESS HAM LB. 63c
- SUPERIOR SAUSAGES . 1 LB. PKG. 55c
- A MARITIME FAVORITE SALT COD LB. 33c

FOWL GRADE A ROASTING Lb. 33c

Roast Pork FROM P.E.I. HOGS FRESH PICNIC HAMS Lb. 39c

Roast Beef GOVT. INSPECTED WELL TRIMMED Lb. 59c

imported
ENGLISH CHINAWARE
in every package of
extra NEW BLUE DETERGENT

GIANT SIZE 85c KING SIZE \$1.59

- KENL RATION **DOG FOOD** GIVE THE DOG A SQUARE MEAL 4 TINS 43c
- QUAKER'S SHREDDED WHEAT CEREAL **MUFFETS** 2 PKGS. 33c
- BLUE RIBBON—STRIKE ANYWHERE **MATCHES** 3 LARGE BOXES 29c
- KING COLE ORANGE PEKOE **TEA BAGS** 60 BAGS 79c

BUTTER GARDEN CITY NO. 1 CREAMERY 2 lbs. \$1.25

SUGAR ATLANTIC GRANULATED 10 lbs. 83c

Table Salt SIFTO A MARITIME PRODUCT 2 2 LB. BOXES 27c

OCILVIE A REAL BUY

WHITE OR CHOCOLATE

PKG. 29c

Listen to News and Views on Groceries — CFCY THURSDAY AT 11.00 A.M.

CO-OP SUPER MARKET

THE FINEST MEATS IN TOWN

SPECIALISTS IN FRESH FRUIT AND VEGETABLES

AN ISLAND STORE OWNED BY ISLAND PEOPLE

BIG ENOUGH TO SERVE YOU — NOT TOO BIG TO APPRECIATE YOU

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

FOR ADDED FLAVOR ONLY HEINZ CAN GIVE

2 BOTS. 45c

KRAFT Cheeze Whiz

SPREAD IT! for snacks
HEAT IT! for cheese sauce
SPOON IT! on hot foods

8 OZ. JAR **35c**

WITH CHICORY FOR ADDED FLAVOR

6 OZ. JAR **97c**

Bushed? Beat? Need Ionizing? Have sparkling

Seven-Up

6 FOR 39c PLUS DEPOSIT

GUARANTEED SATISFACTION FOR BETTER BREAD CAKES & PASTRY

25 LB. BAG **\$1.65**