

RCAF Survival School Head Has Remedy For Combating Cold Weather

CAMBRIDGE BAY, N.W.T. (CP) Cold? Have a candy!

That's the remedy prescribed by Sqdn. Ldr. Scott Alexander who runs the RCAF survival school at this bleak spot 1,100 miles north of Edmonton and 200 miles inside the Arctic circle.

Eat candy or other high sugar content foods before venturing out into snowbound streets, advises the squadron leader. Sugar dissolves rapidly and soon produces body heat to give extra protection against cold.

But take sweetmeats only for short stays outside. For longer periods fats are best. They are delayed-action protective weapons but their effects last longer.

Eating the right types of food to withstand wintery weather is an old Eskimo science, says Sqdn. Ldr. Alexander.

Woolen clothes he considers the best apparel in below-zero temperatures. Long woolen underwear, woolen socks—never nylon suits, skirts and dresses of wool are the top frost-fighters.

For Warm Feet

The squadron leader gives lined overshoes on leather footwear an emphatic nod over rubbers, which he says are about the worst things that can be worn in extreme conditions. They draw the cold, he explains, allowing it to enter and freeze the shoe leather, resulting in cramped feet.

He recommends a ski cap or similar headwear covering the ears and as the main outer garment a parka or fur coat. He prefers a short, loose "station-wagon" type of coat to the usual stiff overcoat, which he scorns as a wind conductor.

For those who complain about standing around waiting for buses,

Sqdn. Ldr. Alexander has short, sharp advice—watch the bus schedules. For motorists with frosted windshields—leave the motor running for 20 minutes before driving. Then there will be enough heat in the car to keep the glass clear; it's easier than trying to remove the frost once it's on, he says.

Here during January and February the mercury can be relied on to stay below the 40-below-zero mark for at least 35 days. Sometimes it doesn't climb above 50 below for weeks.

TEN MILE HOUSE W. I.

The monthly meeting of the Ten Mile House Women's Institute was held Jan. 19 at the home of Mrs. Leo Mullen.

There were seven members and one visitor present. The roll call was answered with an article for the auction sale which realized the sum of \$2.95.

A card game was held during the meeting, which brought \$7.50. There was a raffle held since last meeting which cleared \$24, also a card play for blankets which brought \$41.50.

It was agreed that \$55 be given to the secretary of the school, as payment on the installation of the toilets.

The roll call for next meeting is to be answered by a cup. Mrs. Walter Mullen offered to take the members for the next meeting.

The committees were heard from and new ones appointed as follows:

School committee, Mrs. B. McInnis, Mrs. Leo Mullen; sick committee, Mrs. B. McQuaid, Mrs. A. Court.

Mrs. Mullen served lunch to all, assisted by Miss Mary Hughes.

The Tiny Folk

(A real story of real children for the very young children)

It was a sunny morning on Playtime Lane, and already three-year-old Laurie Page was getting into his snow suit in a big hurry to get outdoors.

Just then there was a knock at the back door. "Here's Susan Dale already," said Mrs. Page as she went to answer it.

"Is Laurie coming out to play?" asked Susan.

"Yes, dear, he is ready now," answered Mrs. Page, as Laurie came to the door.

"Hello, Susan," said Laurie.

NEW LONDON W. I.

The January meeting of New London W. I. was held at the home of Mrs. James Cole on January 14. Mrs. George Cole, vice-president presided. Roll call was responded to by nine members.

The treasurer reported \$20 being the proceeds from card party.

It was decided to send \$10 to "Save the Children Fund," also \$3 to the T. B. League. It was also agreed to buy a gasoline lantern and kettle for use of the Institute.

The new sick committee are Mrs. Wilbur MacKay, Mrs. Don MacEwen and Mrs. Nelson Roberts. Program committee for next meeting are Mrs. Norton Adams and Mrs. Nelson Roberts.

Next meeting will be the home of Mrs. Murray MacKay. Roll call will be answered by saying something nice about the member on the right.

"Health" being the theme for the January meeting, a demonstration on bandaging was given by Miss Elva MacAllister, and a paper on "Care of the Eyes" read by Mrs. George Cole.

QUEEN'S BIRTHPLACE

Martinique, one of the Windward Islands, was the birthplace of Empress Josephine of France.

"You raced me today. Did you bring your sleigh?" "Yes," answered Susan. "I hauled David over the ice on it, and he's still sitting out there. Hurry up! he's waiting for us."

Laurie pulled his little red sleigh out of the corner where he had left it the night before. "Come, Freshy, let's go," he called to his little dog, and out they went.

"Now where is my sleigh?" asked Susan. "I left it right here when I came in."

Just then Frisky raced around the corner of the house, and the children ran after him. There on the snowbank by the apple trees was Susan's new blue sleigh. But where was David?

"There he is!" shouted Laurie. "I saw the top of his red cap." He ran over, and sure enough, there was David curled down in the hole by the tree where the children had dug the day before. Frisky stood at the top, barking and barking.

"Let's coast down this bank," Susan said. "We can slide right down this little hill and out on that patch of ice."

"Here I go!" shouted Laurie. "Who-e-e!" he squealed as the little red sleigh went dipping down.

"Watch out for me," called Susan. "I'm coming down."

"This is fun," they said, as they climbed back up again.

"Fun too, David, ride," said two-year-old David, as he reached for the rope.

"Here, David, you ride on my little sleigh," said Laurie. "I'll push you."

Down David went. Down Laurie went. Down Frisky went, barking at the fun. Just as the little dog struck the ice he went sliding and sliding, with his four feet spread apart.

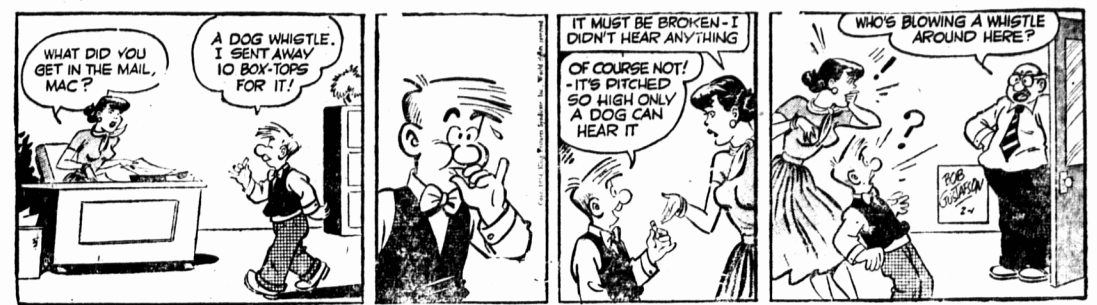
How the children shrieked and laughed. "Funny Frisky," laughed David. "Frisky coasts too."

Susan and Laurie stood and watched. "We all have great fun coasting, but Frisky has the most fun of all."

"Yes," answered Susan, "and he hasn't even got a sleigh. Let's go coast some more."

Tilly The Toiler

By Bob Gustafson



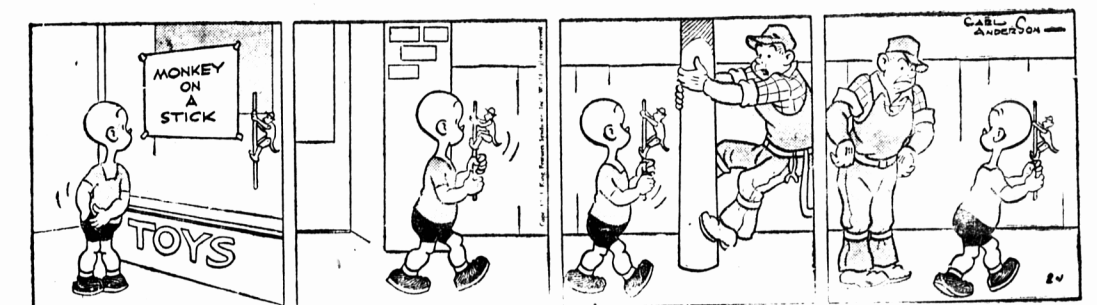
Napoleon and Uncle Elby

By Clifford McBride



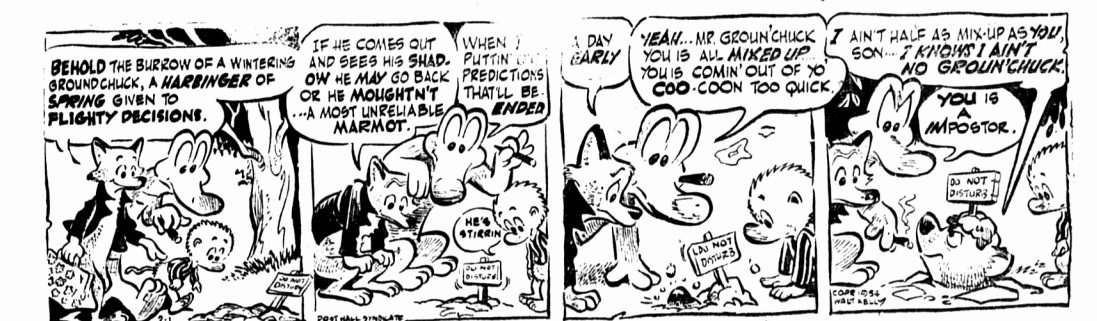
Henry

By Carl Anderson



Pogo

By Walt Kelly



Dotty Dripple

By Buford



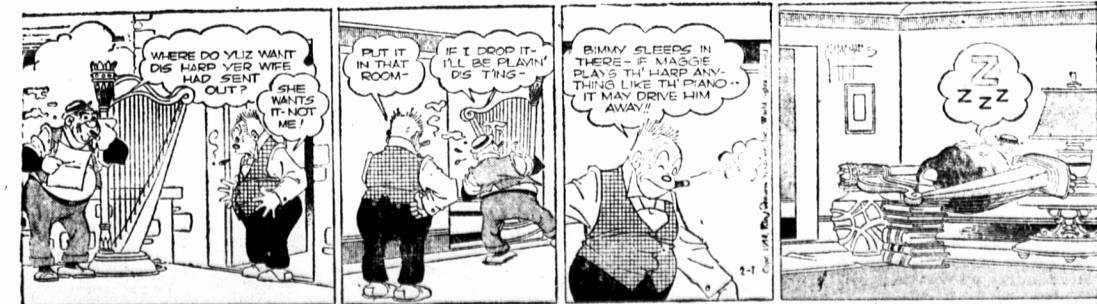
Tippy and "Cap" Stubs

By Edwin



Bringing Up Father

By George McManus



PENNY

By Harry Hoenigsen



FEARLESS FOSDICK
BY AL CAPP

YOU'RE MISTAKEN, SIR!! I AM (WICK TOOK) A RELIABLE OLD BANK CLOCK—MEREELY MARKING OF THE HOURS—

ANYFACE?? MASTER OF A MILLION DISGUISES!!

YOU MEAN BLOWING UP THE VAULT, ANYFACE? PUT UP YOUR HANDS!!

REAL BANK CLOCKS ARE NEAT!! WHAT GAVE YOU AWAY WAS YOUR UGH-LOOSE DANDRUFF!!

SO GET WILDROOT CREAM-OIL, CHARLIE!! AND YOU'D BETTER USE IT FAST!! THEY'RE GOING TO HANG YOU IN THE MORNING!!—AS SOON AS YOU STRIKE EIGHT!!

Wildroot Cream-Oil is Canada's favorite hair tonic. It's non-alcoholic. Contains soothing Lanolin. Grooms hair, relieves dryness, removes loose dandruff. Get Wildroot Cream-Oil, Charlie! Low as 43¢

Rip Kirby

By Alex Raymond



King of the Royal Mounted

By Zane Grey



Joe Palooka

By Ham Fisher

