

STOP PAYING FANCY PRICES for Floor Wax!



NO! NOT 65¢ IT'S ONLY 43¢ full pint!

AEROWAX NO RUBBING WAX

Interesting Display In Store Window

An interesting display is featured in one of the windows of George T. Clark's jewellery store on Summer Street in Summerside, where are shown the shields, medals and gold certificates that will be donated on Friday evening at the Summerside High School auditorium to the first, second, and third place winners in the different school, grade, and individual competitions in the Schurmans School Parade finals being held on Thursday and Friday afternoons in the High School auditorium.

Students in the competitions from schools having four or more classrooms will be heard on Thursday afternoon beginning at 4 p.m.; students from schools

having only one to three classrooms will compete on Friday afternoon at 4 p.m.; and the presentation of the awards will be made on Friday evening at the High School auditorium and will be open to the public.

24 first place winners will receive these attractive sterling silver medals, while a similar number of second place winners will receive medals of French bronze, and third place winners will be presented with gold lettered framed certificates.


The individual medal or certificate awards are made to first, second, or third place winners who have been adjudged best in either reading, public speaking, piano solo or vocal solo. Shields, or certificates are awarded to the different divisions of schools in the field of spelling, group singing and quiz—S.

SOUTHERN TIP

Point Pelee National Park in Ontario is actually south of the northern boundary of California.

Barbara Brent's BUYS AND WHYS

A WEEKLY INFORMATION SERVICE



MONTREAL, May 22nd—"Rise and shine" . . . with a wonderful breakfast of 5 Minute "Cream of Wheat". This breakfast treat is so smooth and delicious, it's guaranteed to waken any heavy-eyed sleephead. Easy to prepare, too—for 5 Minute "CREAM OF WHEAT" cooks to taste-tempting perfection in just 5 minutes of boiling. What's more, 5 Minute "Cream of Wheat" is good for you. It supplies iron for good red blood, and Calcium and Phosphorus—for diets deficient in these elements. Treat your whole family to "Cream of Wheat" some morning soon. One taste, I know you'll make it your family breakfast stand-by!

They All Say It . . . Yes, all my friends say "This is the best coffee I've ever tasted!" And no wonder. For INSTANT CHASE & SANBORN COFFEE is made by real coffee people . . . it's the happy result of almost 100 years of coffee experience. The flavour's there—and the body—and the real lift. So when friends drop in . . . serve Instant Chase & Sanborn Coffee. It's winky-quick to make one cup or a potful. Takes no longer to make than boiling the water. And it's wonderfully economical. (I save up to 40¢ a pound compared with ground coffee!) Switch to Instant Chase & Sanborn Coffee . . . I know you'll be glad you did!

Remember The Old Fable about the grasshopper and the ant? While the foolish grasshopper spent the summer chirping merrily, the industrious ant stored up provisions for the winter. And when the first icy blasts swept the landscape, you know who was in a pretty pickle! Therein lurks a lesson for all . . . The happier the summer, the faster it fits by. And the sooner Fall and Winter will be upon you. So provide for those new cold-weather clothes now—by regular saving!

It's nearly painless that way. If you don't, "you-know-who" will be wrestling last year's hat into an excuse for this year's fashion. Why not put a small amount aside every week in a Savings Account at the BANK OF MONTREAL? And if you find it hard to save steadily—as so many of us do nowadays—ask for your free copy of "Personal Planning for Successful Home-makers" at the B of M. It's helped Canadians from coast to coast—and it can help you, too!

Made For Each Other . . . melt- Woodbury Face Powder . . . why don't you? Yes, Hollywood stars—those WOODBURY FACE POWDER 6 to 11! What's the secret of their popularity? The makers of this wonderful face powder say it's preferred because of the special blending process and exclusive foundation-cream ingredient. It's so satin-smooth, so fabulously fine and velvety—drips so beautifully and hours. And the superb Woodbury shades are wonderfully flattering. See what Woodbury Powder can do for you—costs just 23¢, 45¢ and 75¢. And try the vivid excitement of Woodbury lipstick, too. Creamy, clinging—in 7 tempting shades . . . 23¢ and 55¢.

Thirteen Is My Favourite Number when it comes to buying tomato ketchup. Because my "best buy" is the big 13-ounce bottle of HEINZ TOMATO KETCHUP. Just compare it with the 11-ounce bottle of some brands—and see how little extra you pay for Heinz quality. Made from pedigreed "Aristocrat" tomatoes—blended with the same vinegar that makes Heinz pickles famous—livened with fragrant spices—and sweetened with pure granulated sugar . . . no wonder Heinz Tomato Ketchup peps up every dish it touches. Want to make hubby happy? Then just put a bottle of Heinz Ketchup on the table tonight.

I've Discovered A Wonderful Way to clean my refrigerator. ENERGINE CLEANING FLUID does the trick! Yes, Engerine works like magic to make porcelain surfaces sparkle—refrigerators, bathtubs, sinks, tiling and wash-basins. Engerine makes "child's play" of so many household chores. It's "certain-sure death" to grease spots . . . will get rid of even those deep-down stains on upholstery, drapes and rugs. Contains no caustics nor acids and will not harm fast-dyed fabrics. Just try it once and, like me, you'll know that Engerine is the handiest thing in the house. Ask for it at drug and department stores for as little as 25¢.

Want A Wonderful Spring Salad that will add a piquant touch to your meals these lovely May days? Here's one . . . and Lime Jell-O is the reason for its tangy, tempting flavour. That "locked-in" Jell-O flavour is sealed right in each tiny particle until you release it by adding water to the Jell-O. Keep several packages of JELL-O JELLY POWDERS on hand. There are seven grand flavours—for delicious desserts and salads such as this:

SPRING GARDEN SALAD

1 package Lime Jell-O 1/2 teaspoon salt
1 cup hot water 1/2 cup sliced radishes
1 cup cold water 1 tablespoon finely-chopped green onion
2 tablespoons vinegar 1 chopped green onion

Dissolve Jell-O in hot water; add cold water, vinegar and salt. Chill. When slightly thickened, fold in radishes and onions. Chill until firm, in large mould or individual moulds.

Even A "Beginner" Can't Go Wrong with this wonderful stove. The new "22 GURNEY Gas Range has so many cooking helps. First of all, there's the famous Gurney "Even-Heat" oven that keeps the temperature exactly right—automatically—on the sides, the top, on the bottom . . . and even in the corners. Then there's the automatic clock control for easy, automatic cooking. And I particularly like the glass oven-door panel so you can check up on your cooking without opening the oven door. But I'd suggest you take a look at the new Gurney features yourself. See your Gurney dealer tomorrow. He'll be glad to show you how carefree cooking can be—with the new Gurney Gas Ranges.

VISITORS

Prince Edward Island Hospital

Due to the large number of visitors coming to see patients at the Prince Edward Island Hospital on Sundays it has become necessary to introduce the card system, regulating to TWO, at a time, the number of visitors to see any patient and this will be strictly enforced.

Visiting will be permitted during regular visiting hours only.

The Board of Trustees regret having to take this step—but in order to protect the very sick patients, it has become necessary to restrict the number of visitors in the hospital.

Your co-operation will be appreciated, not only by the Staff, but also by the patients.

Coca-Cola

belongs in your ice box

PAIN!

No Tablets or Capsules to Dissolve

Sarnak is immediately ready to bring soothing relief to Rheumatic, Arthritic or Neuritic pain, Lumbago, Backache or Sciatica. Thousands relieve pain with Sarnak every day. DO YOU?

\$1.35 AT ALL DRUG STORES

DRINK NESCAFÉ INSTANT COFFEE

and save up to **40¢ a pound**



Buy Nescafé today. Discover for yourself the full richness of flavour, the real coffee satisfaction in every cup of Nescafé. You'll be surprised that you can make such fine coffee so economically.

No waste with Nescafé—you make just what you use. Never any messy grounds or dirty pots. *Nescafé is specially processed to stay fresh to the last spoonful.

for PURE COFFEE ENJOYMENT

more Canadian coffee-lovers are drinking Nescafé than all other instant coffees combined.

*Nescafé (pronounced NES-CAFAY) is the exclusive registered trade mark of Nestlé's Milk Products (Canada) Limited to designate its soluble coffee product which is composed of equal parts of pure soluble coffee and added pure carbohydrates (dextrins, maltose and dextrose) added solely to protect the flavour.

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STARTING POINT

for the **VICTORIA DAY THRIFT PARADE**

Picnic Pleasers

Key Wrapped **SARDINES, 2 tins 23c**
New Pack **LOBSTERS, per tin 69c**
St. Croix **Pork & Beans, 20 oz., 2 tins 39c**
Aylmer **KETCHUP, bottle 25c**
WAX PAPER, 100 ft. 29c
Fluffo **SHORTENING, lb. 29c**
Cream-Filled **COOKIES, lb. 33c**
Spiced **BEEF, 12 oz. tins 33c**
(Sugared Ends) **CANDY, lb. 23c**
(Van Kirk) **Chocolate BARS, 7 for . . . 25c**
(Broken) **Stuffed OLIVES, 12 oz. . . 29c**

HAVE A GOOD HOLIDAY

Whatever your plans for the holiday week-end—perfect picnics . . . backyard barbecues . . . or delightful dinners at home—you'll find ALL the fine foods for wonderful meals in our **HOLIDAY THRIFT PARADE**. Yes—there are values galore all over our store . . . low, low prices that fall right in line with savings to give you real good eating at real low cost. So, fill your entire food list at **CO-OP SUPER MARKET**—starting point for happy holiday eating.

Dalton's PEANUT BUTTER
Big 16 oz. jars
3 for \$1.00

Quality Meats

Lb. Pkgs. Cello **Weiners, ea. 45c**
For Lunches—Mac. & Cheese **Loaf, lb. 49c**
Fresh—By the Piece **Bologna, lb. 33c**
Sliced, lb. 35c

Sweet Pickled **Hocks, lb. 23c**
Grade "A" **Fowl, lb. . . 42c**
Fresh Pork **Butts, lb. . . 49c**

Christie's Dainty Cream SODAS
lb. 30c

Farm-Fresh Produce

Firm Ripe **Tomatoes, pkg. 29c**
Hard Iceberg **Lettuce, ea. . 23c**
Green Pascal **Celery, stick . 17c**

Curly Leaf **Spinach, lb. . . 23c**
Fresh Green **Beans, lb. . . . 25c**
Golden Ripe **Bananas, lb. . 23c**

Good Size PRUNES
Special 2 lbs. for 39c

Cheers for this Well-Behaved Lemon Filling!

The flavor is entirely pure fruit from real lemons

Just the way you want lemon filling to be—smooth, creamy, with real lemon tang that sets eyes a-sparkle! Jell-O Lemon Pie Filling makes glorious lemon pie you're proud to serve.

A luxurious filling that's never too thick, never runny . . . with wonderful old-fashioned flavor that makes Jell-O Lemon Pie Filling superb.

Enjoy the simplicity and speed of Jell-O Lemon Pie Filling too! No grating or squeezing of lemons—no long, tedious cooking. Just use a pan, a spoon, a cup. Easy directions on the package. Your grocer has Jell-O Lemon Pie Filling. (Not a lemon jelly.)

Jell-O is a registered trade-mark, owned in Canada by General Foods, Limited.

JELL-O BRAND Lemon Pie Filling

MARVELLOUS TOO FOR TARTS, CAKES AND JELLY ROLLS
DELICIOUS SERVED AS PUDDING

YOU CAN SLEEP TO-NIGHT

AND RELIEVE NERVOUSNESS

HOLIDAY TO-MORROW!

SLEEPLESSNESS, IRRITABILITY, NERVOUS TENSION, JITTERINESS

No waiting for results! SEDICIN acts FAST. Not a Nerve Tonic, Food or Vitamin. Over 50% of the people suffering from nervousness are found to have nothing organically the matter with them. This does not mean that they are not sick. It means their symptoms are caused by nervous tension, that they are high-strung, emotional. If you suffer in this way and have difficulty in learning how to relax, SEDICIN can help you. NO OPIATES, NO BARBITURATES, NO SLEEPING PILLS. SEDICIN is the new, safe tablet you've read about. SEDICIN is sold by registered druggists only but no prescription necessary. You must be satisfied or your money back.

SEDICIN
Sedative for Nervousness \$1 & \$4.50

FOR THE BEST IN DRUGSTORE NEEDS

Shop At **Hughes**

Phone — 3060

Dalton's Lge. 24 oz. jar MUSTARD Ea. 29c

NOTICE

The Charlottetown Store will be closed all day Saturday, May 24th, as it is a public holiday. We will be OPEN FRIDAY NIGHT UNTIL 10 P. M.

MORELL, ST. PETER'S BAY AND VERNON RIVER

NOTICE

All items on this ad will be on sale at all three stores:

MORELL - ST. PETER'S BAY - VERNON RIVER

CHARLOTTETOWN

SHOP CO-OP

Super Market

FREE DELIVERY PHONE 2807-2808

THE ONE STOP MARKET