

Cook's Corner

STRAWBERRY CHIFFON DESSERT

Yield — eight servings. 2 1-2 cups prepared strawberries 1 tablespoon plain gelatine 1-4 cup cold water 2-3 cup granulated sugar Few grains salt 2 egg-whites

Pick over, wash, drain and hull sufficient fresh strawberries to yield 2 1-2 cups; place in a saucepan and mash thoroughly. Combine the gelatine and cold water and set aside until needed. To the mashed strawberries, add about 1-2 cup of the sugar and the salt; heat just to the boiling point, stirring until the sugar dissolves. Remove from heat, add softened gelatine and stir until the gelatine is dissolved.

Chill, stirring occasionally until mixture is very softly set. Beat the egg whites until stiff but not dry; gradually beat in the remaining sugar, beating after each addition until the mixture stands in peaks.

Beat the strawberry mixture until foamy; add the meringue and fold until combined.

For dessert—turn mixture into individual dessert glasses and chill until set. For pie—turn mixture into a baked and cooled pie shell or an unbaked crumb-type pie shell and chill until set.

NORTHERN RIVER

The Stikine river flows 335 miles from the Cassiar district of British Columbia to Alaska.



Shoulders

Take a holiday...

when you wear

Gothic BRA

Little Inserts of CORDTEX

gently mould you—smooth you—leaving your shoulders refreshingly free! Come in tomorrow! Our salesladies will be pleased to help select the Gothic bra that was made just for you!

Illustrated: GOTHIC BRA, model 1222, with FABRI-FAST straps. Sizes 30 to 40 in lovely white tulle. \$1.95

The Fashion Shoppe

141 Great George St.

A Country Garden

By Mrs. Gordon MacMillan

'The Glory of one Red rose'. If some despicable decree should pluck from the gardens of the earth all their flowers except one—and it were left for me to decide which bright blossom should remain to bless the hungry eye—I would choose the red rose. As the Gospel of John catches up the spirit of all the other gospels, a red rose holds within her velvet petals the fragrance and beauty that prompts the heart to plant a garden. The gate of Life swings to and fro, and soon, too soon, it closes; and that is why beside my door, I grow red roses, as a sentiment so universal it becomes the anthem of those who worship at its lovely, fragrant altar.

Red Roses are blooming in the garden and fragrance and beauty is here with Pinks and Honeysuckle vines and many, many other fragrant flowers. It is a happy time in the garden with those who are keen on gardening. A visitor to-day asked me about the soil used in the potted tuberous Begonias and he told me about the poor soil he had in a neighboring city—"all ashes" he said and I wondered at the man trying to garden with this great difficulty to overcome. Country gardeners are blessed with all the good soil they need, and many varieties of soil for different plants.

Foxglove and Sweet William are lovely now and they will continue so for some time. These plants were grown from my own seed and transplanted from the field to the borders so that the cost was very small. Clematis erecta is covered with fragrant creamy-white flowers and when established this herbaceous species becomes a lush bush of several feet through and is very suitable for the hardy flower-border long-lasting and beautiful.

Plans are now being made for improvements to the garden next year and a visitor to the garden pleased me when he said that the garden blended into the landscape. Reading the July issue of "Gardening Illustrated" A. T. Johnson writes of what is commonly called natural gardening as there are of informal gardening. One of these, perhaps the most important, and itself covering a large field, is the endeavour so to make the garden that it blends harmoniously with its environment. We must, for example, avoid the anomaly of a rock garden of limestone where the local formation consists of, say, red sandstone; and a formal bedding layout of roses would be no less incongruous in a glade of pines and bracken. Yours are as many phases of the garden as there are of the landscape. One of these, perhaps the most important, and itself covering a large field, is the endeavour so to make the garden that it blends harmoniously with its environment. We must, for example, avoid the anomaly of a rock garden of limestone where the local formation consists of, say, red sandstone; and a formal bedding layout of roses would be no less incongruous in a glade of pines and bracken. Yours are as many phases of the garden as there are of the landscape.

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DOROTHY DIX'S COLUMN

Sons-in-Law Under Fire

Mother Resents Their Constant Attentions

DEAR MISS DIX: The old "mother-in-law" gags are probably based on sound facts—however, there are a few sons-in-law in my family who ought to grow up and leave my husband and myself alone. We would appreciate being allowed to raise the two children left at home without interference from our married daughters and their husbands. They are constantly dumping their children on us, inviting themselves to dinner and landing on us, bag and baggage, with their friends and brothers in the middle of our vacation. If they would assist in the work involved by their visits and conduct themselves as human beings instead of sharp-tongued critics, they would be welcome.



Muriel Nissen

Our sons-in-law seem to forget they married our daughters, not the entire family. I have never visited our daughters but they have called upon me to act as practical nurse when their babies arrive, even though they are well able to hire a housekeeper or nurse at such a time. I feel that since my daughters have their own homes and families, they should leave us alone and allow us the same courtesies and privacies they extend their neighbors. They think nothing of inquiring into our financial affairs, yet would consider it an encroachment on their rights if we did the same to them.

JULIA J. ANSWER: Your in-law trouble stems from an angle of this eternal problem that seldom presents difficulties. Most women get along very nicely with their sons-in-law—provided, of course, they are good husbands—and rarely have complaints. Actually, if one reads your letter for the fact that your own exasperations, it presents a pretty ideal picture of parent and in-law relationships.

THEIR ATTITUDE HEALTHY Most complaints from parents-in-law concern the fact that the older folks get too little attention. Grandma complains if daughter gets hired help to care for the children instead of bringing them home to mother. The fact that your daughters and their husband feel so free to call upon you in emergencies, to descend upon you for dinner unexpectedly, and are sufficiently interested in your welfare to make inquiries about various conditions, is a healthy sign, rather than the reverse.

The gravest crime of which the young men are guilty, is, I'm sure, thoughtlessness. They probably think you enjoy having them around so much; in truth, it's a much happier feeling to be overburdened with attention than to be neglected. Surely your children aren't so obtuse that they can't be convinced of your desire for more privacy! However, please don't insist on your rights to the extent that you hurt the young peoples' feelings. You will be the loser, in that case. Be thankful for your children's confidence, for the happiness of having your grandchildren near, and for having the opportunity of being part of their growing up. Doting grandparents are a blessed part of a child's heritage; don't deprive either the grandchildren or yourselves of this privilege.

DEAR DOROTHY DIX: After going with a boy for six months, we broke up recently because I attended a dance club after he asked me not to go. I still like him a lot and know he likes me. I'd never go to such a place again, but he is afraid to trust me. I'm 16.

ANNABELLE ANSWER: Since the place to which he objected has, apparently, an unpleasant reputation, he was only looking after your welfare and you should have had more tact in realizing it. At 16 you can't be too careful for facts like places you frequent. One breath of scandal can cause damage that years of irreproachable living won't wipe out. Wait until his anger cools off and perhaps he'll give you another chance.

DEAR MISS DIX: For the last two years I have supported my husband and two children on very small wages. Now he has a good job and refuses to pay anything for our support. I'm 25, and haven't been well.

BETTY A. ANSWER: Your husband is bound by law to support his family. If he refuses, get in touch with the Family Court in your city, or consult the Legal Aid Society.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

The Stars Say

By Genevieve Kemble

For Tomorrow

IT is possible that the carrying over of previous lack of cooperation, understanding and encouragement, may do an about-face, where aggressive opposition, disputes and rancorous quarrels may flare to disturbing and most disagreeable heights. Such an explosion may clarify the atmosphere and attract some measure of aid—exciting, stimulating. Major significance may attach to a definite plan of action, with public support and possibly feminine interest as well. Quickly utilize such a gesture, but soft-pedal emotional flares.

SMALLEST STATE

Rhode Island, smallest state in the United States, has an area of 1,214 square miles.

POLAR CONTRASTS

While the north pole is in the centre of an ice-covered ocean, the south pole is on land at an altitude of 9,500 feet.

For the Birthday

Those whose birthday it is may be confronted by an involved hold-over of affairs, seemingly hopeless and cluttered up, leaving reactions of aggression, anger, perhaps rancor and resentment. Smoldering fires may suddenly flare into real conflagration, when the forces of fight and reprisal may clamor for dispute and explosive crisis. Under such dynamic urge, it might be advisable to convert or transmute such violent tension into constructive channels of surprising strength and potency. The tides may be turned into pinpoints of real achievement with the heaving approval of a much-desired friendly interest.

A child born on this day, while aggressive, high-tempered, dynamic and bold, may have its sweeter sentimental and kindly expressions.

Modern Etiquette

By Roberta Lee

Q. If the bride has a step-father should his name be included in her wedding invitations, or just her mother's? A. The invitations should include his name, as "Mr. and Mrs. James Robert Gray request the honour of your presence at the marriage of their daughter, Susan Ellen Brown, etc."

Knitted Shortie Coat

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How Can I

By Anne Ashley

Q. How can I rid a clothes closet of moths?

A. Saturate a cloth with formaldehyde and hang this in the closet. Keep the door tightly closed for ten or twelve hours, and the fumes will kill the moths and their eggs, and will leave no odor.

Q. How can I keep a good, clear complexion?

A. Eat plenty of fruit, drink milk and water freely between meals. Massage with almond oil, or a good face cream. Keep regular habits.

Q. How can I remove musty odors from bottles and jars?

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Seven Days A Week

(By Anne Shannon)

1. Monday: The custom of calling a reliable and trustworthy person a brick goes back to antiquity, according to Plutarch. It seems that an early ambassador to Sparta was taken on a tour of the city. He saw much worthy of wonder and praise, but most of all, he was astonished that the town lacked a wall—then universally thought to be a necessary defensive device. He asked his guide why no wall had been built, but received no reply. Next morning, however, the officials of the city conducted him to the plain where the army of Sparta was accustomed to drill. There thousands of hardened veterans were drawn up in battle array. "Yonder," explained an officer, with a grim smile, "are the walls of Sparta, and every man is a brick!"

2. Tuesday: Looking for something cold and tasty these days? (So am I!) How about Minted Peas? Drain cooked, fresh or canned peas, marinate with French dressing and add 1 teaspoon chopped fresh mint for each cup of peas. Let these chill all day and then heap them in the centre of a salad. Flavor improves with standing in this case. Frozen peas are another "cooling device." Make about 1 quart of strained peas. Add 2 or 3 tablespoons chopped preserved ginger and 1 cup shredded pineapple, juice and all. Freeze it like sherbet.

3. Wednesday: Fifty years ago one of the leading fashion reporters wrote: "Now that July is here again, a great many women and girls have adopted the custom of bathing cloaks, which they leave close to the water's edge with their maids. These cloaks consist of their most stylish are those made of heavy black mohair." She goes on to say that the shore is no place for young children or babies. Incidentally the most modern idea of a well dressed infant is: "An infant should wear a shirt of wool, heavy diaper, band of pure wool flannel, a high-necked and long-sleeved slip, a second sleeveless garment and over this a fine nainsook slip and a fine wool nightgown." Not much wonder that gals were strong looking lassies long ago. Imagine day in and day out having to carry around an infant with that amount of clothing on it! Poor baby too?

4. Thursday: An Indian fable says that a mouse was in constant distress because of its fear of the cat. A magician took pity on it and it became afraid of the dog. The magician turned it into a tiger. So the magician turned it into a tiger. At once it began to fear the hunter. Then the magician said, "Be gone, and be a mouse again." You have only the heart of a mouse and I cannot help you.

5. Friday: Something different for Friday's supper? This could be it! Clam pie—Make a fine pie crust, fill with (thickened or pie crust, fill with clam chowder, season it with an herb or two. Cover with a top layer of pie crust. Prick it and bake until deep golden brown—It is something, believe me!

6. Saturday: Have you read about the man who learned a lesson from the rabbits? He noticed that trees in the woods that were "girdled" by rabbits, soon died. On cutting them down for firewood, he found they were as dry as if they had been cut for months. So, he removed the bark from hundreds of trees and left them standing there. In a year or two's time he cut the trees and had his dry wood with not too much effort. Sounds reasonable but I can't see too many men using Peter Rabbit's idea. Can you?

7. Sunday: July is really a fine month brimming over with picnics, festivals and celebrations of all sorts. Let us not forget amid the hustle and bust of busy summer days, to slip into our favorite church and keep in touch with the King of kings. Be kind, be tolerant, and remember the old proverb, "Don't scald your tongue on other people's soup."

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