

ELLEN'S DIARY

A Northern Chill Has Descended On The Land

One quip, "What would be come of us, had it pleased Providence to make the weather unchangeable? Think of the state of destitution of the morning caller!"

"Some weather we've been having. No sun. A little cooler today. And the chances are we will be getting it colder" a caller of this morning offered.

And there was a northern chill in the west of the wind. And word of the Starlings of our summer's Mondays in the mailbox at lane's end, was there not? There where the light wind blew cool through the alders, and left lonely rustlings in the brown reeds.

"We are having nice weather here" Papa Starling wrote, with his quill pen. "80 degrees or thereabouts by day, and the nights are pleasantly cool. The sunshine - truly one is apt to become bored by its continuance day after day. We however enjoy it so far, as we rest up after the demands of our trip, which, I may say, was lessurely a n d quite delightful, though somewhat tiring. It was good to know that we were on the way to enjoy another summer in the year. Let's hope the winter will deal kindly with Islanders, weather-wise, that it will be neither too stormy, nor cold, but according to the pattern set by the last one. How nice your summer was! And the autumn touch on the hardwood lands was a picture to remember. We are wondering how our house keeps? Honey found she had left her best black slippers behind. She misses them. But as I tell her "They'll be there still bright and new come the spring!" She joins in sending kind regards to all - with odd reservations which includes those witchy black barn-cats!"

Scampie barks into the night. Good-night.

There is a decided welcome in the sound. It is that reserved for the little homing truck. Different voices he has. Once yesterday his bark was fraught with perplexity and some despair. It happened that among visitors to Alderlea, all interesting, were several children of a family not of a farm, who brought with them on his leash an also interesting and personable pet, one with a mashed countenance and dark-ringed tail: an amiable and handsome young racoon.

"Now this" Scampie's repeated barks informed us, "I can't bear! An honest-to-goodness 'coon come out of his haunts up to the yard! And of dear" he whined on a frustrated note, as he will when Mack forbids him even to so much as tickle a way ward heifer's heels, "do let me at him!" he begged. "I'll soon send him on his way."

"What does he eat?" a college boy of that family repeated our query. "Oh, scraps from the table, dog biscuits. . . he likes most any food."

"And he lives in a house of his own" an auburn-haired young at ster volunteered, "one that he" he nodded quite proudly, "made for him!"

How precious, though, to them often bewildering are the childhood years. And fortunate, we think, are members of a sizable family, who are learning in the home the art of getting along with others, when sooner or later their horizons change and broaden, and they go out to make places in the world for themselves.

And our day, one cooled by November's breath, has brought us "Night, with her train of stars, and her great gift of sleep."

Until tomorrow . . . Diary . . . Good-night.

MRS. LESLIE STUART Is To Speak On Expo 67

Speaking Tuesday night, November 22nd., at the Summer-side Central High School, a n d Wednesday night, November 23rd at the Confederation Centre lecture theatre in Charlottetown is Mrs. Leslie Stuart, Co-ordinator of Women's Activities at Expo 67. Both meetings are to be held at 8:30 p. m.

Mrs. Stuart who was born and brought up in Montreal, has an impressive background of public service. She is active in Red Cross work, and church a n d community work, but her special interest is the cause of retarded children. She is presently the vice-president of the board of directors of the Canadian Association of Retarded Children, and chairman of the National Centennial Project for the association, as well as the holder of other important offices.

Women Told To Fight In Viet Nam

HONG KONG (AP) — North Vietnamese women must fight beside their men "when the enemy comes," North Vietnamese President Ho Chi Minh told a mass meeting of the Vietnamese women's union, the North Vietnamese News Agency reported Thursday in a dispatch monitored here.

Speaking on the 20th anniversary of the founding of the women's union, President Ho cited some of the outstanding feats of heroism by Vietnamese women who have fought courageously beside the people's army "in resisting U. S. aggression and for national salvation."

1 large egg white  
1 grated, medium-size cored eating apple (skin on)  
1 tsp. lemon juice  
2 tsp. sifted powdered sugar  
Few grains salt  
Put the egg white in a deep pint-size bowl. Add the apple, lemon juice, powdered sugar and salt. Beat with a rotary beater or electric mixer, or buzz in a blender until stiff enough to hold its shape. Use at once.

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HAPPENINGS

Andrey Jenkins, Women's Editor. Phone 4-8500

A farewell party was held recently at the home of Mr. a n d Mrs. Richard Campbell, Commercial Cross, in honour of Mr. and Mrs. Gordon Moore who have recently left the district to take up residence in Montague. An address was read by Mrs. Campbell, and a presentation made by Mrs. Edna Graham. A pleasant social evening and refreshments, followed.

Arthur Perry of St. Felix is visiting relatives and friends in Boston, Mass.

Mr. and Mrs. William Westaway of New Glasgow, N. S. were recent guests of Mrs. Blanche Westaway in Albion.

Mr. and Mrs. Emerson Johnston, Halifax, N. S. were recent visitors to Montague, guests of Mr. and Mrs. Charles Fraser.

Dianne MacLean of Burt's Corner, N. B., was a recent visitor at the home of her parents, Mr. and Mrs. Angus MacLean of Montague.

Mr. and Mrs. John Darling, Hammond River, N. B., a n d two children, Faye and Dale are visiting Mr. and Mrs. L. H. Roper of Brudenell.

Kimble Nicholson, RCAF recently returned from Germany and is visiting his parents, Mr. and Mrs. John Nicholson, Montague. He will be stationed in Summerside.

Mr. and Mrs. Milton MacLean and daughter, Dawn of Hantsport, N. S. are guests at the home of Mr. and Mrs. Lloyd MacKinnon, Brooklyn. Mr. MacLean is manager of the Bank of Montreal in Hantsport.

A post-nuptial was held at the home of Mr. and Mrs. Nathan

SHIPS VISIT

SOUTHAMPTON (Reuters) — Four Canadian destroyers and a support ship arrived Thursday on a five-day courtesy visit to the nearby British naval base at Portsmouth. The destroyers Margaret, Ottawa, Assiniboine and Chaudiere, and the support ship provided, with an over-all complement of 1,000 officers and men, recently completed a three-month operational cruise. They will return to Halifax after the visit here.

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Bears, Brooklyn, in honour of Mr. and Mrs. Eldred Carr who were married recently. Gifts were presented by Mrs. Alex MacKinnon and verses were read by Mrs. John Bears. A social evening followed. Mr. and Mrs. Carr are now residing in Charlottetown.

A miscellaneous shower was held at the home of Mr. and Mrs. Crawford Picketts, Kelvin Grove, in honour of their daughter, Myrtis, whose marriage will take place in the near future. As the Wedding March was played by Mrs. Edwin Johnson, the bride-to-be was escorted to a seat of honour, and was presented with baskets of gifts by Grace Janice Michael a n d Shelly Picketts, her small nieces and nephews and Barry Woodside, her cousin. Helen Picketts and Brenda Waite opened the gifts, Irene Evans and Mrs. Denzil Hoig arranged them, and Lorraine Coulson and Mary Pendergast read the accompanying cards.

Mr. and Mrs. Peter Gallant of Saint John, N. B., whose marriage was solemnized last month in Park Avenue United Church by Rev. Darrell Metzler, were recent guests of the groom's parents, Mr. and Mrs. James Gallant, Alberton south. A family dinner was held in their honor, also a shower at which the hostesses were Mrs. Myri Matthews Fraser, Mrs. Basil Matthews and Faye Fraser. Gifts were presented in a decorated basket by Arlene and Dorian Matthews. Faye Fraser read the good wishes, Wilhelmina Skerry cut the ribbons and Phyllis Avery passed the gifts. Mrs. Gallant is the former Helen MacDonald of Saint John.

Helen Callaghan and Doris Mooney, SDU, were recent visitors to Summerside and the former's home in Miminezash.

ELIZABETH PLATTS ELIZABETH COUSINS SCHOLARSHIP WINNERS

Elizabeth Cousins and Elizabeth Platts have been awarded Prince of Wales College Entrance Scholarships. The scholarships have a total value of \$1400 each over the four undergraduate years.

Miss Platts is the daughter of Mr. and Mrs. John Platts of Howlin. Last year she attended O'Leary High School where she took an active part in student activities as editor of the yearbook, member of the drama society and Allied Youth Post, and a cheer leader. Elizabeth finished first in the Maritime Board Examinations and is a holder of a Provincial Grade Twelve Scholarship as well.

Miss Cousins is the daughter of Mrs. John E. Cousins of Park Corner. She received

her grade twelve education at Kensington High School, where she was actively engaged in extracurricular activities. A member of a 4-H Club, Elizabeth went on a 4-H trip last summer to Saskatchewan. She plans to obtain her degree in Home Economics.

MIGRAINE SICK HEAD-ACHE

Many people have found their most satisfactory relief from splitting headaches in taking Tempton's T-R-C. Not only do T-R-C give fast relief from the pain, but they relieve depression that often accompanies head-aches. However for migraines, sick head-aches, with its accompanying nausea, we recommend T-R-C SPECIALS—relieve the pain—do not upset even a very sensitive stomach. T-R-C 85c, \$1.65. T-R-C SPECIALS \$2 at all drug counters. You'll feel just fine after taking T-R-C SPECIALS for Migraine.

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MR. AND MRS. WILLIAM FALLON DOUBLE RING CEREMONY

The marriage took place on October 8, 1966 of Donna Jean daughter of Mr. and Mrs. D. R. Baker and William Headley, son of Mr. and Mrs. M. J. Fallon, Winnipeg. Rev. W. A. Paterson performed the double ring ceremony at Margate United Church. Sharon Baker, sister of the

bride attended as maid of honor and Michael Fallon, brother of the groom was best man. The wedding reception was held at Shining Waters Lodge. Mr. and Mrs. Fallon are now residing in Portage-la-Prairie, Manitoba where they are stationed with the Air Force.

MARY HAWORTH

Though Husband Proves Unfaithful, Wife Stays

DEAR MARY HAWORTH: I agree wholeheartedly with those who say that a friend should never tell a wife that her husband is being unfaithful.

I had a nervous breakdown and was on the verge of suicide for months after a friend told me last year about my husband's other love. How I wish I had never known!

My husband treats me very tenderly; he is a perfect husband in every other respect. He says he loves me very much, but that he loves the other woman too. Am I to give up the most important thing in my life, namely my husband, and my home, disillusion our children who love and trust their father, bring grief on his parents and mine?

I suffer terribly, but to leave would cause more suffering. So I continue to hope that things may change, and I console myself that things could be much worse: he could be dead or blind or a drunkard or a thief.

Don't we all have a cross to carry, sooner or later? Mine came at age 45, after 25 years of marriage. So I say to your recent correspondent, Mrs. D.S. married 12 1/2 years, whose husband Joe is involved with an office siren: "Don't hand him over to her unless he is abusive or a non-provider. If you love him, fight for him; another year or two may turn the tide. What is a year, or two, or three, in a lifetime?"

Outside advisers - doctors, counsellors - don't love the errand spouse; so it's not difficult for them to say, "Leave him."

I took courage from reading Dr. Edmund Bergler's books (thanks to you, MB): "Divorce Won't Help" and "The Revolt of the Middle Aged Man". Yes, they saved my life. Am I wrong?

G. S.  
DEAR G. S.: To your question "Am I wrong?" - in knowingly sharing your husband with his mistress, supposedly to make the best of things - I would say that you have simply coasted down the primrose path with him, because when the fest came you were approximately as weak, expedient and parasitical as lacking in the positive moral self governing human faculties, as your husband was.

Given a philandering spouse, it is always problematic, of course, whether a good wife of strong character, whose emotional integrity and moral principles won't let her lie down in the ditch of queasy compromise with immoral behavior - it is problematic whether such a wife's moral vitality can "save the man from his sins", as the phrase is.



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BY IDA BAILEY ALLEN

Don't get in a stew when you decide to serve a stew! The dish may be as old as history, and call for the less expensive budgetwise meats, but it's popular in every part of the world, and a sell-out in one of New York's most famous hotels as a luncheon entree.

A well-made and properly seasoned meat and vegetable stew is of spoonable consistency. It should be pleasantly flavored, have tender meat, vegetables that are thoroughly cooked and a garnish of minced parsley or tarragon. Puffy herb-dumplings or hot garlicky bread make a pleasant accompaniment.

TOMORROW'S DINNER

Grapefruit Segments in Cranberry Juice Cocktail Savory Meat and Vegetable Stew with Crusty Rolls or Topped with Puffy Herbed Dumplings Leaf Spinach or Chopped Kale Vinaigrette Sliced Peaches (canned) in Raspberry Gelatin with Apple Whip or Any Whipped Topping Coffee, Tea Milk Measurements levels

SAVORY MEAT AND VEGETABLE STEW (Lima beans add contrast and protein, and make the stew "go farther")  
2 lbs. stewing beef, lamb or veal  
2 tsp. unseasoned powdered meat tenderizer  
2 tsp. flour  
2 tsp. salt  
1/4 tsp. pepper  
2 tsp. cooking oil or margarine  
2 peeled onions, chopped  
2 c. canned tomato  
4 c. boiling water  
2 good-size bayleaves  
2 c. coarse-diced peeled potato

1 c. thin-sliced peeled carrot  
1 c. diced green beans  
1 (1 lb.) can dried lima beans  
2 tsp. minced fresh parsley or tarragon  
Cut meat of your choice into 2" cubes. Rub over meat tenderizer. Mix together flour, salt and pepper and roll meat cubes in this. Heat cooking oil; add meat using tongs and slow-brown on all sides. Add onions, tomato, water and bayleaves. Cover; simmer 1 1/2 hrs.; then remove bayleaves.  
Add potato, carrot and green beans. Simmer 1 hr. more or until both meat and vegetables are bite-tender. Add can of lima beans and simmer-cook 15 min. Transfer stew to large bowl or tureen. Dust with minced fresh parsley or tarragon. Serve with hot crusty rolls or edged with Puffy Herbed Dumplings.

Note: To "simmer" means to cook covered just below boiling-point. If the stew should actually boil, it may need more water or beef broth - about a cupful.

PUFFY HERBED DUMPLINGS

2 c. flour  
4 tsp. baking powder  
3/4 tsp. salt  
1 tsp. powdered mixed herbs  
3 tsp. shortening or margarine  
3/4 c. milk or water  
Sift together first 3 ingredients. Stir in herbs; then add shortening and chop in with pastry blender. With fork stir in milk or water. Transfer to lightly floured board. Pat to 1/4" thickness. Cut into 1 1/2" rounds with biscuit cutter (about 15). Place on cooking sheet 15 min. before serving cover and simmer until done. Serve at once.

APPLE WHIP

(This Last-Minute Topping for a Gelatin Won't Wait)

SELECT SITE

CORONADO, Calif. (AP) — Honolulu, Hawaii, has been selected as the site of the 1970 conference of The Associated Press Managing Editors Association. Naming the convention site was one of the first items of business at the 33rd annual convention meeting here Wednesday.