

Modern Etiquette

By Roberta Lee

Q. Is it necessary for me to invite the minister who officiates at my daughter's wedding to the wedding reception?

A. This would depend upon the size of the wedding. If it is to be a very large wedding, then both the minister and his wife (if he has one) should be invited.

Q. What is the proper level to which water glasses for the dinner table should be filled?

A. They shouldn't be more than about three-fourths full.

How Can I!!!

By Anne Ashley

Q. How can I remove old stains from marble?

A. Make a paste of soft soap and powdered unslaked lime; lay it on with a brush and leave a week or more.

Q. How can I tell when a cake is ready to be taken from the oven?

A. It is firm to the touch when lightly felt on top; it will have shrunk a bit from the sides of the pan; and a toothpick thrust into it will come out perfectly clean and dry.

Q. How can I avoid burning the hands when wringing hot cloths out of boiling water to be used as compresses during an illness?

A. This can be avoided by using the potato ricer for this purpose.

Cook's Corner

COTTAGE CHEESE COOKIES

The flavor of these cookies is good. Don't expect to taste cottage cheese—it affects the character of the dough but other ingredients dominate the flavor-blend of this eggless dough.

We use a 2 1/2-inch round cutter. Yield—3 dozen filled cookies.

2 1/2 cups once-sifted pastry flour or 2 1/4 cups once-sifted hard-wheat flour

1 cup cottage cheese

1 teaspoon grated orange rind

1/2 teaspoon vanilla

Thick raspberry jam

Measure and sift together twice the flour, baking powder and salt. Cream the butter and shortening together; gradually blend in the sugar and cream well. Mix in the cottage cheese (press through a sieve first, if it is at all lumpy), orange rind and vanilla.

Wrap dough in waxed paper and chill for several hours or overnight.

Roll out dough, small amounts at a time, on a lightly floured baking canvas or board, to about 3/8 inch thicknesses and cut into shapes using a floured round cutter.

Place half the rounds of dough on greased cookie sheets; place a small spoonful of thick raspberry jam on each round on the sheet; cover with remaining rounds of dough and press the edges together with the fingers or the floured tines of a fork. Prick tops.

Bake in a hot oven, 400 degrees, about 15 minutes.

Strange But True

By F. M. MacArthur

The notion that Friday is an unlucky day for marriages is widely held among English speaking peoples, and less than two per cent of the marriages performed in England are celebrated on Friday.

Even the observance of the Sabbath can be overdone. Take for instance, the case of John Lewis and Sarah Chapman, lovers, who were brought to trial in 1870 for "setting together on the Lord's day under an apple tree in Goodman Chapman's orchard."

And Captain Kemble, of Boston, sat two hours in the public stocks for kissing his wife on the Sabbath day, after having been to sea for three years.

The New England States still have on their statute books many of the old "blue laws" but only as dead letters. The sternest magistrate would not dare to enforce them today.

The Swastika, or Crooked Cross, which was so much in evidence, in Germany, during the brief but hectic career of Hitler, is one of the oldest Aryan symbols.

Having successfully defended two counterfeiters arrested in Chicago and charged with passing bogus money, Clarence Darrow accepted as his fee from the released prisoners five one hundred dollar bills, which, though cleverly wrought, were, he afterward discovered, pure fakes.

She was too big to arrest. Big Betsy Mullins who weighed 800 lbs., and made moonshine in Virginia was finally caught red-handed by Federal officers. "Watcha want me to do?" she queried. Frankly, the officers didn't know. Betsy was entirely too heavy to walk down the dangerous mountain trail, and there was no getting a wagon up the sharp mountain ridge where she lived.

Along Ontario's highways and in fields throughout the province may be seen yellow colored objects. What are these? They are traps for capturing Japanese beetles which in recent years has invaded the American continent. These curious traps are responsible for the capture of many tons of beetles each year, and strange but true, the yellow painted traps capture twice as many as do those painted other colors.

On July 14, 1912, Dawson, New Mexico, experienced an excessive heat wave in the morning. That same afternoon there was a considerable fall of snow. Besides being a land of frost and fire Iceland has a church where the people worship on Sunday, but on wash days it serves as a laundry. The pews of the church serve the purpose of clothes lines.

About the time William Fitzpatrick of Charlottetown issued his leather money, the following letter appeared in the London Times: "With all the advantages

Coles - Jenkins Wedding Group



Mr. and Mrs. Harvey S. Coles groomed and his bride the former Alicia H. Jenkins, daughter of Mr. and Mrs. Earl G. Jenkins, Southport, and the bridesmaid Mrs. Eric Laird, twin sister of the groom.

ELLEN'S DIARY

By An Island Farmer's Wife

It seems now as though the winter we have had on The Island is past. A January thaw has taken most of the light, coverlet of snow. We remember how pretty it was, as snow-flakes drifted down on a recent evening, soft and light and clinging. Covering meadow and bush. Settlingly contentedly on every twig and branch, clothing them in ermine. Moulding whitely, fence-post and rail and roof in the new lights. Rain washes tonight's windows and a sound we have missed of late has returned: the water is washing through the gates in an increased flow. We caught the glimmering rays of Mr. C's lantern along the dam in the darkness as he put his house there in order for the hours ahead. But "January's not out yet!" our younger farmer offers, to which James agrees that she'll likely come around again this — leading us now as it is to Burns' Night, usually a pretty winterish time of year.

The calm of our farming which ordinarily is as placid as the quiet shadow-set mill-pond of summer, was ruffled at times today by faint stirrings of attendant interests. The baying of hounds in the thick woodlands close by indicated that game was in the wind. A wily fox perhaps, being hunted or bunnies, poor lads, with cracked heart-beats, lipperty-lipperty to covert. With granddaughter we listened to the long lonely baying. "If it's a rabbit" she spoke up "I hope he gets away!" At the stables over which our farmers hold undisputed sway, regardless of any proffered feminine advice or womanly intuitions, there were sellings — and a buying. James mentioned these at supper. "Would you, Ellen, know that one — he was a mixture of breeds — he stood beside that far red one? Well, we let him go — and that last heifer we bought."

And hearing we knew that another familiar crisis had appeared in our farming. There are two of these. One says after a purchase with a sigh, which is really make-believe, "I'm sure I don't know what we're going to do with the other one — with every stall already full!" And the other, in an equally hopeless tone, after a sale leaves a vacancy "I don't know what we'll do now, Ellen. The milk was scarce enough before — with those calves to feed. I guess" in a resigned voice "we'll just have to buy another cow!" These two went, in what the farmers termed a "clean-up" today, and the head of the herd, a respected fellow, also came under "the hammer." And in a small, but withal satisfying replacement of one or another of these, a day-old calf was bought.

In a move to maintain our family's spirits in the face of such bargainings we baked cookies this afternoon, drawing on the new lights to assist in the mixings, in the deepening gloom of the day. Sugar cookies from a dependable recipe, which has survived since pioneer days — "Now tell us" we asked a young matron not long ago, "where did you learn the recipe for those?" She stopped a minute, then laughed merrily. "I can't say Ellen" she replied "I verily believe I was born knowing it!" Squares of oat-meal cookies too, with granddaughter beside us watching every move. Not perched on a chair as once but able to view more easily our work-bench. We gave her an end of dough to roll and re-roll to her delight. "Isn't it lovely" she breathed that you have a little girl to help you bake?" adding seriously "little boys are nice, but between you and me, they're not much at baking!"

"But January's moving along!" James' says glancing at a new calendar. Pretty ones are abroad this year, with subjects to catch one's imagination and scenes to please the eye. "A winter day" — "Autumn" — "Fishing Grounds." "Yes" we agree "next thing we know spring will be here!" "Oh" James laughs, turning on the radio, "there'll be a storm or two before that... and lumbering, I hope, and wood-cutting!" A stick crackles cheerfully, while dark night and rain presses our windows — and News-time is here. Until tomorrow — Diary — Good-night.

Now Winter Wear FALSE TEETH

With More Comfort FASTEETH, a pleasant alkaline (non-astringent) powder, holds false teeth more firmly. To eat and talk in more comfort, just sprinkle a little FASTEETH on your plates. No gummy, gooey paste, no bad feeling. Checks "plate odor" (denture breath). Get FASTEETH at any drug store.

That Body Of Yours

By James W. Barton, M.D.

MANY USES OF THYROID, KEY GLAND OF BODY

As a youngster, I would smile as I read of the medicine man of a primitive tribe boiling the organs or glands of humans and animals and feeding the liquid to the sick. Today extracts of various glands of the body are in daily use for special ailments. Extract of the pancreas (insulin) controls diabetes, formerly always fatal; liver and liver extract control pernicious anemia, also formerly fatal. The pituitary gland (the size of a pea in the skull), produces an extract that in turn activates the adrenal glands (situated one above each kidney), the extract of which is believed to be the cure for arthritis.

For years it has been known that extract of the thyroid gland (in front of neck) stimulated all the body organs and body processes to work harder, thus hastening healing of various illnesses.

Just as various uses have been found for insulin, aside from control of diabetes, so have a number of uses been found for extract of the thyroid gland (the key gland of the body). In Michigan State Medical Society Journal, Dr. R. C. Moehlig discusses the value of thyroid extract in ailments in which the thyroid extract is not commonly used. Certain cases of alopecia (baldness) with loss of eyebrows, eyelashes and body hair have been corrected by the use of thyroid extract. Some of these patients have such a poor quantity or quality of thyroid juice that it actually slows up instead of hurrying the body processes. When the thyroid gland is removed from these patients, the hair returns.

Dizziness, a condition found with underactive thyroid gland, is corrected by use of thyroid extract, because an underactive thyroid gland often interferes with hearing.

Thyroid extract has been used successfully for chronic head aches and for migraine (one-sided headache with nausea and vomiting). In children when headaches run in the family, thyroid extract has been shown to be of great benefit. Inflammation of lining of eyelids (conjunctivitis), occurring with an underactive thyroid gland and also other defects of the eyes, is helped by thyroid extract.

Other conditions helped or entirely corrected, as recorded by Dr. Moehlig, are dry mouth from underactive thyroid gland, thin blood, melancholia, angina pectoris. However, Dr. Moehlig warns against use of too much thyroid extract in the treatment of overweight (obesity).

Household Scrapbook

By Roberta Lee

Vegetables

If you are having guests for dinner and wish to avoid the last hours rush prepare your vegetables a day in advance. If they are placed in mason jars and the tops screwed on securely, then placed in the refrigerator, they will stay just as well as though prepared immediately before serving.

The Fingernails

If the fingernails are coated with a light polish, it will tend to make the hands look longer than dark polish.

Plant Care

A few drops of turpentine in the water when watering the plants will make the leaves green and fresh-looking.

of the most wholesome climate upon earth, a fertile soil, scarcely to be equaled in North America, a situation well adapted to a wide-spreading and a profitable commerce; intersected in all directions by navigable rivers, having every convenience for fisheries, on either a large or a small scale, and for ship-building to a great extent.

Yet, although possessors of all these enviable, incalculable, inestimable, neglected privileges, we are obliged to have recourse to the wretched and miserable schemes of Leather money, and paper money, and notes of hand, and by and by I expect to see birch bark and shingles made use of as a circulating medium.

Some local bard tells the story of the leather notes thusly: "When gold and silver they were gone, And from Prince Edward Island flown, This made me issue Leather notes, Till round the town my Leather floats."

The Stars Say --

By Genevieve Kemble

For Tomorrow

It is noted among the astral symbols that a difficult, uncertain or over-expansive program or ambitions, could be held against defeat and loss by a persistent, forthright and far-seeing mode of action. Confidence, a long-range evaluation and determination could keep wavering and menaced situations out of the danger zone. Over-doing or optimism, dependence on outside advice or cooperation, or extravagant notions, could defeat.

If It Is Your Birthday

Those whose birthday it is, are warned not to let themselves get carried away by extravagance, over-confidence or optimism, since any slight from reality and matter-of-fact basis for building hopes and wishes could miscarry. Productivity, over-enthusiasm, could prove a let-down even in substantial, logical and sound preparation. Hold balance, high purpose and desire by solid and long-range plans and enduring systems or techniques.

A child born on this day, may be carried to excesses, extravagance and prodigality, putting in jeopardy its best aims and aspirations.

Morning Smile

Not Dangerous

"Well," said the insurance agent to the newlywed Angus, "now that you're married I'm sure you'll want to insure your life." "Aw, w! ye," said Angus.

Warm Angora Bonnet for Wintry Days



When winter winds doth blow and Jack Frost is up to his usual tricks of nipping ears and fingertips meet his mischief with this ear-warming Angora bonnet. It's very simply knitted and you'll be sure to find just the shade you wish among the many scrumptious Angora colors. You'll require two half-ounce balls for one bonnet but three balls will make two bonnets. Along with the instructions for the bonnet there are directions, too, for a matching pair of fuzzy-wuzzy mitts on Leaflet No. CW-9 which you may have by writing to the Needlework Dept. of this paper. Please enclose a stamped, self-addressed envelope and ask for ANGORA BONNET AND MITTS.

DOROTHY DIX SAYS—

Young Man's Problem

How Can He Meet Right Girl In Strange City?

DEAR MISS DIX: The girl I would like to marry must be physically attractive. She must have a charming personality. She must be intelligent. She must have common sense. She must have a sense of humor and be fun-loving. She must be domestic. But where am I going to meet such a girl? That's the rub.

Probably it is true that this type of girl is at home most of the time, but how can I find that home, or how gain admittance if I did? Parties and dances do little good to the girls who are not asked, and the girl who is asked owes her escort the right to her company and the obligation of not prowling around for new acquaintances.

Our social codes, in so far as they relate to introductions and acquaintances, were designed for simple and small communities where every one grew up knowing every one else. But today, if we live in cities, there is no community life and the family across the street are as much strangers as if they lived in another land. This makes it very difficult for young people of the opposite sex to meet under suitable conditions.

ANSWER: This exceedingly interesting letter presents a problem with which both the church and the social agencies have grappled with but poor success. For the cities are filled with fine young people who have come from communities in which they knew everybody. They are dying of loneliness and the desire to meet other girls and boys of their own kind and to have some of the clean fun to which they have been accustomed. Nobody seems able to devise a way in which this can be properly done. And so the youngsters who might be friends, who might be the ideal that each seeks, pass each other by like ships in the night without ever being able to give a hail.

NO SET ANSWER

But this does not answer my correspondent's question of how, in a world full of girls, he is to find the particular one that he desires and who has the qualifications that he wants in a wife and, alas, neither I nor any one else can tell him down what road to ride on his search, or on what doors to knock. Certainly there are plenty of such girls as he desires for a wife—good-looking, charming, domestic girls who would be real helpmates to any man, girls who are eager to marry but who have a little chance of finding him as he has of finding them. They are waiting while he passes by on the other side of the street.

DEAR DOROTHY DIX: I have a friend who is a good woman, but she has a son she is ruining and who will break her heart later on unless she can be stopped from treating him as she does. She has worshipped him so that she thinks he is the most important person in the world. She has spoiled him until he is so selfish that he thinks every wish must be granted immediately. She manages all of his affairs, follows him on the telephone so she knows his whereabouts every minute, acts as his valet when he dresses, waits up and tucks him in bed. The boy is good-looking, intelligent, and has an especially nice personality. He's not physically fit for the service, he can't keep a job, and now that he is facing the world it is rocking under him and he is going to pieces. Is there any way that you can suggest to make his mother realize that she is ruining him? A FRIEND

ANSWER: You cannot convince a possessive mother of the fact that she is possessive, or make her realize that by keeping her child tied to her apron string she is doing him the worst possible harm.

Continued on page 3.

-Needlecraft-

FOR THE HOME

COVER-ALL CHARM

There are three very special reasons why you'll like this apron! It covers you up so completely. It has handy-shaped pot-holders to match the pockets. And it comes in an extra large size. No. 3088 is cut in sizes small, medium, large, extra large. Medium, 2 1/2 yards 3-inch, 1/2 yard 35-inch, contrast.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address. Address: Pattern Department, The Charlottetown Guardian, Pattern No. 3088.

Name _____ Address _____ City _____ Province _____

Women! Weak, Anemic?

Small, Medium, Large, Extra Large. 3088. Eastern Bakeries' BUTTER-NUT BREAD. CARBOHYDRATES PLUS PROTEIN PLUS B-VITAMINS PLUS IRON.

GIVE Cold-Sick Child this Pleasant LAXATIVE relief

To keep bowels open without needlessly upsetting child—give Children's Own Tablets. Pleasant to take. Won't cramp or grip. For children between 3 and 15. They also help soothe the sour stomach that often goes with out-of-order bowels. Get a package today. Only 25¢ at your drugist. Made by the makers of Baby's Own Tablets—your guarantee of a reliable product.

Children's Own TABLETS

Advertisement for Rinso soap. Includes text: 'WHY ISN'T MY NEW SHEET AS WHITE AS YOURS? MINE IS RINSO WHITE!', 'ONLY Rinso HAS SOLIUM... GIVES YOU THE WHITEST WASH', 'Whiter than brand new!', 'Brighter than brand new!', 'So safe for clothes... so kind to hands!', 'MORE WOMEN USE Rinso than any other washday product'. Features an image of a woman washing clothes and a Rinso soap box.

Advertisement for Eastern Bakeries' Butter-Nut Bread. Includes text: 'BAT & MORE', 'CARBOHYDRATES PLUS PROTEIN PLUS B-VITAMINS PLUS IRON', 'Butter-Nut Bread', 'Eastern Bakeries' logo.