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Instead of getting only partial relief from a single ingredient, get complete relief with Buckley's Cinnamated Capsules. These capsules are compounded with 4 main ingredients which act together to bring you 4 distinct benefits:

1. Immediate relief
2. Prolonged relief
3. Gives you the life you may need
4. Helps you fight colds, coughs and feverishness fast!

CANADA'S LARGEST SELLING COLD CAPSULES

12 DOSES 35¢
30 DOSES 79¢

Ch'town Hospital Junior League

The Junior League of the Charlottetown Hospital held their regular monthly meeting at the Nurses' Residence on March 2. 35 members were present.

The Treasurer, Mrs. Kip Hughes gave her report, Ethel Brown, convener of Ways and Means, reported a successful Penny Auction in February. Mrs. Thomas Monaghan, Convener of Sewing Committee, reported a generous number of articles turned in to the Nursery. A discussion took place on helping to sponsor a Canada Packers Cooking School.

After the adjournment of the meeting lunch was served by Mrs. Reg. Cronin, Mrs. Earl Burke, Mrs. Harry Conway, Mrs. Louis Monaghan and Mrs. Richard Brown.

IN MEMORIAM

In loving memory of
JOHN L. MELLISH
Died March 9th, 1951.
Ever Remembered by Herb, Charlotte and Family.

CENTRAL GUARDIAN
COOK'S for Perfect Pictures.

CRASWELL for Better Photographs.

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ISLAND GRILL, Queen Street Dial 5228. Serving full course dinners. Specializing Chinese dish.

HEAR THE EDUCATION WEEK BROADCAST on Tuesday, March 9th, 8:25-8:30 p. m. on C. F. C. Y. by Mrs. J. F. Steele.

CHURCH OF SCOTLAND - Service Thursday, March 11th. Murray River 8 p.m. Rev. J. H. Bishop. PC personals.

GOOD ASSORTMENT of small sized dresses at \$3.95 on the sale rack at Helen's Dress Shop, 54 Grafton.

500 EXTRA SPECIAL three weeks old started pullets, heavy breed. A bargain! Order quick. Phone 8412 Co-op Chick Hatchery.

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Strange But True
By F. H. MacArthur

Every year more than 36,000 American and Canadian boys and girls, 13 to 16 years old come before juvenile courts. Those under 18 years committed 53 per cent of all automobile thefts, 48 per cent of all burglaries, 10 per cent of the criminal homicides, and 4 per cent of all murders. Shocking, isn't it?

One of the worst things that can befall a male is for him to get involved with a girl who is irresponsible, irrepresible, and irresistible.

Remember that when you go around complaining you have one less leg to stand on when you kick.

Life rewards the deserving, as a general rule, and that rule requires that people be active and thoughtful in their work.

What is the origin of the term, grass widow?

It is thought to be a corruption of Grace Widow - that is, a widow by the grace of circumstances.

Marvin Ray McKean of Horsehow, Idaho has 12 granddaughters, all living. Here's the breakdown: two grandmothers, four great-grandmothers, two great-great-grandmothers, two grandfathers and two great-grandfathers. Marvin himself is only seven months old.

In Alfred, N. Y., the banks close Saturday and open on Sunday, strange but true.

Statistics reveal that most of the working women today are married. They outnumber their single sisters by two to one, and women workers hold down jobs better than men do.

When Donna Burns and Ray Verville arrived at the Lamton Baptist Church, in Kalamazoo, Michigan, to get spiced, they had to get the minister off to get before the ceremony could be performed. Why? Well, the Reverend gentleman and some of his congregation were busy shingling the roof of the church. Quickly the minister slipped off his overalls and into his ministerial garb and made the couple man and wife to the accompaniment of pounding hammers.

Sign on the back doors of Inman's transport: "Watch out for this end. I'm busy with the other end." (Inman's is a local truck).

At Mevazksee, England, Jim Hunkin fell out of a small boat and Jim Hunkin, who was standing on a nearby quay, jumped in to save him. Then Jim Hunkin who had seen the accident came rushing to the scene with a life preserver and tossed it into the water to the two other Jim Hunkins. The three Jim Hunkins were not related.

Only a few of the Indian tribes of the U. S. indulged in cannibalism to any extent. Yet strange but true, the practice of eating human flesh existed at one time among all parts of the world. Cairns or heaps of stones built over a grave are very common throughout Scotland and Wales, where they are generally of a conical shape. A religious or mystical meaning still attaches itself to the erection of cairns among many primitive tribes, and they are usually built, not all at once, but by each passer-by adding a stone to show his interest in the object for which the heap was begun.

Good coffee contains about 3.6 per cent caffeine, and tea from 2 to 4 per cent caffeine. It would be possible to drink enough of either beverage to poison yourself.

Ghosts are in the news again. At Copenhagen, Denmark, the committee of parliament has appointed a heavily armed guard to deal with the "spook" that has been haunting Christianborg Castle.

Golden Wedding At French River

Inclement weather and poor travelling did not keep the many friends of Mr. and Mrs. Frank Bernard of French River from being present to celebrate with them the occasion of their 50 years of married life.

Mr. G. F. Ferguson of Spring Brook presided and outlined the purpose of the gathering and spoke of the great privilege it was to be celebrating with Mr. and Mrs. Bernard.

Mrs. Emmerson Delaney was called upon to read an address extolling the virtues which were much in evidence, in the celebrant's everyday life, both in the home and community. Mr. Reagh Meek made the presentation of a well-filled purse on behalf of the friends.

Complimentary remarks, befitting the occasion, were made by Messrs. Roland Paynter and Reagh Meek, each in their turn bringing out the kindness and neighborliness of both Mr. and Mrs. Bernard. Mr. Bernard spoke humorously, and thanked all present for their gestures of goodwill and remembrance. Mrs. Bernard also replied, expressing her gratitude.

A program of music, readings and humorous sketches brought relaxation and enjoyment to the happy gathering. Refreshments were then served by the ladies, in a gracious manner.

every one who is interested in flower arranging will profit by reading this book which can be obtained from our Public Library.

In March

The sun falls warm, the southern winds awake. The air seethes upwards with a steamy shiver. Each dip of the road is now a crystal lake. And every rut a little dancing river. Through great soft clouds that summer overhead. The blue sky breaks as pearly blue as summer. Out of a cleft beside the river's bed Flaps the black crow, the first demure newcomer. The last seared drifts are eating fast away. With glassy tinkle into glittering laces. Dogs lie asleep, and little children play With tons and marbles in the sun-bare places. And I that stroll with many a thoughtful pause Almost forget that winter ever was.

— Archibald Lampman

SEEDS
SOON BE TIME AGAIN!

We Specialize In The Newest and Best Varieties. Send for Free Catalogue Today! ARTHUR VESEY, York, P.E.I.

HEAR
DR. NEATBY'S BOOK UNDER DISCUSSION

by Professor Bennet of Dalhousie University
MARCH 9, 8:30 P. W. C.

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ARTHRITIS RHEUMATISM LUMBAGO SCIATICA

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ELLEN'S DIARY
Continued from page 2

and chuckled, "for candy."

"For candy?" James repeated. "And what about tomorrow? Don't you see, if you could save that candy money—you don't need sweets very badly, I'm sure—you would have that to spend then for something else you need." Gage shrugged and laughed. "Oh, I guess" he offered, "there'll always be some around!"

"That lad's not a bit like Jamie. I'm afraid he is being reared with false notions about money." James commented when the closing door opened the trek to school. "He should learn too that it has to be earned—or else he'll turn out to be an idle wastrel, no good for himself or anyone else. After this Ellen, let's not give him a cent that he hasn't earned—not from doing his chores, but as a reward for something extra he has done."

So to the old woodlands at Alderlea, the woodsmen went this afternoon, to a grove of maples there. There in former springs trilliums in numbers were wont to break out their colors. And in a delicate and fragile succession other woods' flowers in their seasons. And there on a mossy mound during a summer stroll with James and the children we have rested awhile in the always cool shade.

"How much is it worth to you to have me close the hen-house comes up the stairs.

"It should be worth a penny."

"And it dark now and muddy! That's not enough. Five or I don't do it!"

"I guess, Ellen," now it is James' voice, and there is tenderness in the tone—"it is fairly dark out there; and it's thoughtful of him to ask you, or indeed to notice that it hadn't been closed—you'd better make it a nickel... he's a poor little fellow."

Until tomorrow - - - - - Diary
- - - - - Good-night - - - - -

That Body Of Yours
Continued from page 2

hospitals there are no waiting lists.

In Therapeutic Notes we read that it is estimated that living tubercle organisms are present in approximately one-half the population, but that man's high resistance due to immunity developed early in life, prevents active disease unless malnutrition or other illness or stress provides the circumstances for reinfection. "It has been said that clinical tuberculosis is always the result of gross defects in social organization and the management of individual life."

Now with the advent of streptomycin in preventing active growth of the tuberculosis organism, a new era in treatment has become popular throughout the world.

Recently developed drugs, used alone or in combination with streptomycin, have made possible great strides in the treatment and management of this stubborn disease because of the need of long treatment and the fact that some strains of tuberculosis gradually overcome the resistance to the organisms. "Tuberculosis in the adult is usually the result of secondary or superinfection and this fresh infection overwhelms the individual's immunity. This secondary infection becomes caseous and when it breaks down there is cavity formation in the lungs. Fever, chilliness, sweating, weakness, fatigue, loss of weight, pallor, digestive disturbances, shortness of breath, cough expectoration, vomiting of blood, hoarseness, any of these singly or in combination may occur before tuberculosis is finally diagnosed.

Treatment consists of strengthening the patient's resistance and bed rest, as before, is the best treatment. An individual resting in bed breathes about one-third less volume of air than one who is standing and less than half as much as one who is walking. Bed rest gives the whole body an opportunity to strengthen its powers of resistance against the disease. In a future article we will discuss methods of restine the lung by surgery.

A Country Garden
Continued from page 3

branches were cut and placed in deep water for a week or so then brought to the warmth.

On sunny days it is possible to tidy up the borders of some of the old stalks of the perennials left to catch the snow for winter covering; and a mulch can be scattered on when cleaning out the henhouses that are usually found near country gardens. Some pruning and trimming of trees and shrubs has been done and many old dead branches are found. It is necessary to know the blooming period of the shrubs you are pruning so as not to de-

CHANGE OF SEASON

The equinoxes, when days and nights become equal in length, generally occur March 21 and Sept. 22.

CHARLOTTETOWN CHORALE
presents
AN EVENING OF MUSIC
AT P. W. C.
WEDNESDAY, MARCH 10 AT 8:30
under the direction of
William Keith Rogers
Admission: Adults 75c; Students 35c.

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PRIDE AND PREJUDICE
NOTRE DAME AUDITORIUM
MARCH 11 and 12
8:30 p.m. Admission 50c

ST. PATRICKS PLAY
MEET SHANE FOR A CHANGE
At the Community Centre
March 17th and 18th
The laugh riot of the year
Splendid acting - great specialties
All Seats Reserved
Plan opens at the B. I. S. Hall, 175 Grafton Street, Wednesday, March 10 at 9 o'clock.
Don't be disappointed—tickets always are scarce—get yours early.
It's A B. I. S. Production

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Card Of Thanks

I wish to extend my sincere thanks to Dr. Kassner and to the Nurses of the Souris Hospital; also to the R. C. M. P. of Souris and Charlottetown, and to my neighbours and friends who helped me in so many ways during my recent illness.

Mrs. Stoffer Boertien,
Kingsboro.

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