

Happenings of The Week

Mrs. H. L. Sear entertained at tea yesterday afternoon in honour of her daughter-in-law, Mrs. Harry Lawrence Sear Jr.

Mr. and Mrs. Raoul Raymond entertained following the first Community Concert of the season, on Monday evening, in honour of the artist, Miss Janice Moudry, as well as members of the executive and a number of the directors of the Community Concert Association.

Mr. W. Farrell Gaudet and Mr. Gordon B. Rayner, accompanied by Mrs. Gaudet and Mrs. Rayner, are leaving by air tomorrow morning to attend the Air Interstreet and Transport Convention at the Seigney Club in Montebello, P.Q. They will also visit Ottawa and Montreal, and expect to return in a week's time.

Mrs. B. Earle MacDonald and Mrs. Wendell L. MacDonald entertained jointly at the home of the former on Monday and Thursday evenings, when bridge was in play.

Mr. and Mrs. C. R. Tabor of Summerside are guests at the Charlottetown Hotel.

Mr. and Mrs. Sydney J. Dunsford of Canning, N. S., are spending the week-end with their daughter and son-in-law, Mr. and Mrs. Harry Lawrence Sear Jr.

Mrs. W. A. Jenkins, formerly of Cherry Valley, has taken up residence on Craig St. and is being very warmly welcomed by her friends in Charlottetown.

Mr. and Mrs. Myron Bell are motoring to Campbellton for the week-end, where they will visit Mrs. Bell's brother and sister-in-law, Mr. and Mrs. Arthur Avard.

Mrs. Alfred Jamieson, Halifax, who has spent a few days with her sisters, the Misses Hodgson, Brighton Road, left on return this morning.

Mr. R. J. MacFarlane of Saint John, N. B., is visiting the Island, a guest at the Charlottetown Hotel.

Mrs. Murray Muirhead of Westville, N. S., has been the guest this week of her daughter, Mrs. J. Heighton, Mr. Heighton and family.

Major and Mrs. H. W. Simpson returned Monday night from a three weeks' trip to Montreal, Toronto, and other Upper Canadian points. While they were away Mrs. Simpson also visited her daughter, Mrs. William T. Warren, the Rev. Mr. Warren and family in Morrisville, Pa.

Miss Joan Judson, who has spent the past two years in Bathurst, N. B., is visiting her parents, Mr. and Mrs. Gay Judson, Alexandria, for a few days before going to Ottawa, where she has accepted a position.

Mrs. John Whitehead of New London is spending a few days with her daughter, Mrs. I. A. Horne and family.

Miss Ann Worthing left on Wednesday for Toronto, where she has been transferred by the Royal Trust Company.

The directors, cast, and crew who produced the Little Theatre Guild's first play of the season "Pig in a Poke" on Tuesday evening, were the guests of honour after the performance at a party at the home of Mr. and Mrs. Harry Morris.

Mrs. Jack Large left last week-end on a two weeks' visit to Boston.

Miss Allie MacLeod and Miss Dorothy Keenan were joint hostesses at a miscellaneous shower at Miss MacLeod's home Monday evening when the guest of honour was Miss Irene MacLeod, whose marriage to Mr. Roger Simpson takes place on November 15th. Mrs. Lockett MacKinnon poured, and assisting in serving were Mrs. Alfred McNeill and Mrs. John Simmonds.

Miss MacLeod was again the guest of honour on Wednesday evening when her fellow members of the staff of Batt and MacRae entertained for her at the Villa Waters.

Mrs. W. H. Petrick is a patient in the P. E. I. Hospital, where she is convalescing nicely after a slight operation.

Mr. and Mrs. Harry Miller, accompanied by Mrs. L. B. Hunt and Mrs. Heath Strong, returned Wednesday evening after a month's motor trip through the United States, Toronto, Ottawa, Montreal, and Halifax.

Mrs. C. Gavin Duffy and Mrs. D. J. Riley arrived Saturday by plane from Ottawa, where they were attending the National Federation of Liberal Women. While there they were guests at the Chateau Laurier, where all meetings were held.

Among those from Charlottetown who attended the Maritime Winter Fair at Amherst on Wednesday were Dr. and Mrs. Donald Campbell, Dr. and Mrs. J.P. Lantz, Mr. and Mrs. I. A. Horne, and Mr. and Mrs. C. H. Cery.

Capt. T. Drummond Cobb, Mrs. Cobb and Tommy and Suzanne, arrived Thursday to spend a week

with Mr. and Mrs. Philip Cobb after visiting for a week in Halifax. Capt. Cobb is presently stationed at H. M. C. S. Cornwallis, Deep Brook, N.S.

Lieut. Commander and Mrs. Kenneth Birtwistle and daughter Jill left Friday morning for Halifax. Lieut. Commander Birtwistle, accompanied by his family, has been visiting for the past three weeks with his parents, Mr. and Mrs. A. Birtwistle, Upper Prince Street, after a six months' course in the Royal Naval College at Greenwich, England.

On Saturday evening the A. Y. P. A. of St. Paul's Church entertained at the Rectory in honour of Miss Ann Worthing, and presented her with a parting gift. During the Laymen's supper on Tuesday evening Miss Worthing was also the recipient of a gift from the members of the Sunday School of which she has been a valuable member.

Choir members of St. Paul's Anglican Church entertained at the home of Mr. and Mrs. A. J. Haslam, Fitzroy St., on Monday night in honour of Miss Ann Worthing when she was presented with a suitable farewell gift.

Mrs. D. M. Gass returned on Wednesday evening from Halifax where she visited friends and relatives.

Mrs. W. H. Slackford and daughter, Miss Mildred Slackford, of Charlottetown spent a few days in Summerside this week, guests of Mr. and Mrs. W. A. Allen.

The Misses Dorothy and Wanda Wyatt were hostesses at three tables of bridge at their home in Summerside on Monday evening.

Mr. and Mrs. Albert Silliphant left Summerside by automobile on Tuesday for Hartford, Connecticut and Boston, Massachusetts.

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Canadian Consumer News

I want to talk today about jars and jar tops, for I know a great number of you must feel as I do, that one of our biggest headaches is the great variety of jar tops on our jams and jellies. The majority of these tops are not good for re-use in the home preservation of foods and are therefore not desirable.

Last January the Federated Women's Institute of Ontario, about 47,000 membership, passed a resolution in regard to jar tops, to the effect that manufacturers be requested to adopt standard types of jar tops capable of being re-used.

In 1942 a wartime measure was passed by the Federal Department of Agriculture which set standards for containers used in the manufacture of jams and jellies, marmalades, fruit spreads and preserves. These standards are still in force at the present time.

The "tumbler" type is allowed in the following sizes: 2 1/2 fluid oz., capacity 3 oz.; 6 fluid oz., capacity 8 oz.; 9 fluid oz., capacity 3-4 lb. There are no specifications as to the shape of the tumbler.

So there is bound to be a great variety of jar tops and this means added expense to the consumer.

Then there is the "utility jar" (round jar) to be used in the following sizes: 12 fluid oz., 24 fluid oz., or 48 fluid oz., capacity 4 lb. Actually in the case of the 4 lb. size ten is generally used.

No government requirements exist for containers used for olives, pickles, mayonnaise, etc.

Miss Jean R. Butterfield of the Consumer Research Committee is heading an investigation into the different types of jar tops and asks that C.A.C. opinion be obtained concerning these.

The simple screw-cap is more costly and we don't see as many of these as we used to. It is hard to get the processor to return to this type.

The pry-off cap—About 70% of the closures now used are this type and any change means scrapping expensive machinery. But they are an abomination to pry off and practically no good for re-use.

The American type vacuum lug-cap with the slip rubber ring is most promising. This is a new type and not yet available in Canada. It requires only a quarter turn to open and carries an extra thick rubber ring.

The English vacuum lug-cap, made of very thin plate with a rubber lining and held in place by several lugs which are bent around the glass collar of the jar. It is very easily removed but it remains to be seen whether this cap would be satisfactory for re-use.

After a study is made of the consensus of opinion, recommendations will be sent to the Federal Department of Agriculture, with a request that co-operative action be taken with the jar-closure manufacturer, the processor and the Canadian Association of Consumers.

This is one of the big projects C.A.C. is working on at the present time and your 50c membership will help to see it through. If I keep you posted as to progress from time to time. All for now, Helen Lawson Provincial President, Charlottetown.

Engagement Announced In Selma, Alabama



MISS ADELE GENE HARPER (Courtesy Montgomery Advertiser)

The announcement was made recently by Doctor and Mrs. William Frantz Harper of Selma, Alabama, of the engagement of their younger daughter, Adele Gene, to Lieutenant Clinton Gay Herring, of Craig Air Force Base and Jackson, Mississippi. The wedding will take place December 13. Following her graduation from Albert G. Parrish High School the bride-to-be attended Mary Baldwin College in Staunton, Virginia. She entered the University of Alabama this fall and was identified with Delta

That Body Of Yours

By James W. Barton, M.D.

WORK OR EXERCISE BEST TEST OF HEART'S STRENGTH

I have written before of the heart specialist, who, after making the usual tests—electrocardiogram, size and position of heart by x-ray, exercise test—sat and chatted with the patient, as to his general health, the distance from the bus he had to walk to his home and whether this walk, which was slightly uphill, caused him to get out of breath.

In other words, despite the importance of size and position of heart and the recording of the electrocardiogram, it was the actual work the heart could do without getting out of breath that was the most important part of the examination.

As the two-step exercise test is now in general use, it will be worth while to describe it. This two-step exercise consists in the repeated ascent and descent of two steps, each of which has a height of 9 inches. The number of trips to be made by the patient varies according to age, weight and sex, but the total time taken by the exercise must be exactly 90 seconds. In this way, the amount of extra work done by the circulation of the blood can be exactly measured and standardized.

The changes in the electrocardiogram, usually last only a few minutes and occasionally disappear within one minute after cessation of the exercise. The patient should be seated when electrocardiogram is being recorded. Further tracings are taken three minutes and 10 minutes later, or even 20 minutes.

If the electrocardiogram recording is normal, a double test lasting 180 seconds and consisting of twice the number of trips may be made after an interval of not less than an hour.

This test shows that no changes

Better English

By G. C. Williams

- 1. What is wrong with this sentence? "If anybody objects, will they please raise their right hands?" 2. What is the correct pronunciation of "charge d'affaires?" 3. Which one of these words is misspelled? Remembrance, recompense, condensation, preponderance. 4. What does the word "animosity" mean? 5. What is a word beginning with "t" that means "celestial, spiritlike?"

ANSWERS

- 1. Say, "If anybody objects, will he please raise his right hand?" 2. Pronounce shar-zha-da-far, first a as in ah, second a as in day, third a as in at, final a as in fare, accent second and fourth syllables. 3. Remembrance, 4. Ill will; active enmity. "Why should animosity exist between individuals, and hostility between nations?" 5. Ethereal.

in the electrocardiogram occur in the normal heart.

In healthy individuals, the blood pressure and pulse rate return to their normal values within 2 minutes of completing the 'two-step' exercise test. Allowance of 10 mm. in blood pressure and 10 heart beats per minute are considered within the normal range, but more than the 10 mm. or heart beats per minute means there is some impairment or disturbance of the heart and blood vessels.

Martha Norelius, the champion swimmer of a few years back, had her heart return to normal rate in one minute after exercise was completed, showing the wonderful condition of this great swimmer.

In boxes who have engaged in bouts and faithfully trained for them, the heart rate comes back to normal in less than the required two minutes.

Alice Brooks Designs

BAZAAR BEST-SELLER. Newest, best selling bazaar item! Flowers, leaves, stem made from discarded nylon hose—costs almost nothing! So easy, thrifty—make profits galore! So pretty, make some for yourself, gifts!

Morning Smile

Try Again. "Look here," said the doctor, "you're only slightly run down. Go and cheer yourself up at one of these snappy revues, with dancing beauties. It will take your mind off business."

ELLEN'S DIARY

By An Inland Farmer's Wife

"The day is done—and the darkness falls from the wings of night; as a feather is wafted downward, from an eagle in its flight." Or we fancy as from one of the dark wedge of Canada Geese which these days leave us with lonely Au Revoirs. . . . So the dark came down this evening, softly and beautiful, its mildness reminding of summer, but the stillness and scene of earth, stirred now by numerous silvery shafts of plow was that of the fall. So today were the bare maples, the clinging copper hues along the reaches of countryside, the sombre shade of the spruces and firs which stand out now more noticeably against the neutral tints of the landscape.

In swift-passing days and lengthening evenings October was spent and before we knew it November was here. Today, however, this month "of wailing winds and naked woods and meadows brown and sere" spread the pale but welcome gold of fall sunshine, and brought in a warm wind, lifting it tenderly over a hilltop to trip lightly along the farmlands. It set our own farmers to their plowing, plows turning fast furrows to reddened in no time the stubble or sod.

"If I just had the time, I'd do that corner with the team," James commented, pausing a moment to regard from the yard the progress of the work in an irregular patch of land. He smiled wistfully. "I always enjoyed plowing. I considered it as something of a rest after busy days at potatoes and roots. With a good team, there was nothing . . . no work of farm, I liked better. And it's remarkable what I've accomplished in my day at it, with only an older horse and a bit of a colt. I wonder," he chuckled, "how this generation would farm with the like of that!"

And we found ourselves wishing that somewhere along our acre there could be an end of land where with knowing team, his eye fixed steadfastly on some stake on the far side, James might again plow a proud furrow.

For there is something that is satisfying and good for the farmer who puts his hand to the plow. . . . There is poetry in the orderly shares and beams in the orderly mold of the furrows. The farmer finds "A Plowman's Religion" there.

"The bare old earth holds promise true Of marvels yet to be Man's patient labor 'etirs her breast, That mine of mystery.

As down the field's brown length he turned A furrow newly born, He sees the ripples on the wheat, And hears the whispering corn.

And while his feet must tread the earth, And his own hands wear scars, His thoughts may travel on through space, And mingle with the stars.

For underneath the arching bow of Heaven's bending blue, Puddles and people still reflect The rainbow's rarest hue.

And though it be but muck and mud He guides the plowshare through, A bit of beauty dwells in him Who runs his furrow true.

And even if good plowmen are Close kindred of the sod, Who tills the soil, knows this full well— A plowman works with God! Until Monday — Diary — Good-night . . .

Cook's Corner

LIVER SAUSAGE SANDWICH FILLING

This filling makes a very satisfying type of sandwich—but it can also be nicely used in dainty little sandwiches and as a spread on small crackers or pretty shapes of bread, toast or melba toast.

For open-face sandwiches use as garnish a sprig of parsley, a band or two of bright pimiento, a slice of stuffed olive or a half nutmeat— keeps well for a couple of days, if closely covered and stored in the refrigerator.

Yield—sufficient filling for about 18 sandwiches. 36 slices of bread 1 package (8 ounces) pimiento process cheese 1/4 pound liver sausage 1/4 cup drained, chopped sweet pickle relish or chopped sweet pickles 2 tablespoons tomato ketchup 1 teaspoon grated onion Mayonnaise or other thick dressing.

Let cheese stand at room temperature until soft, then cream well with a wooden mixing spoon or electric mixer. Mash the liver sausage with a fork and blend with the creamed cheese. Mix in the pickle, tomato ketchup and onion. If necessary, moisten filling with a little mayonnaise or other thick dressing; combine well.

The Stars Say

By Genevieve Kemble

For Tomorrow

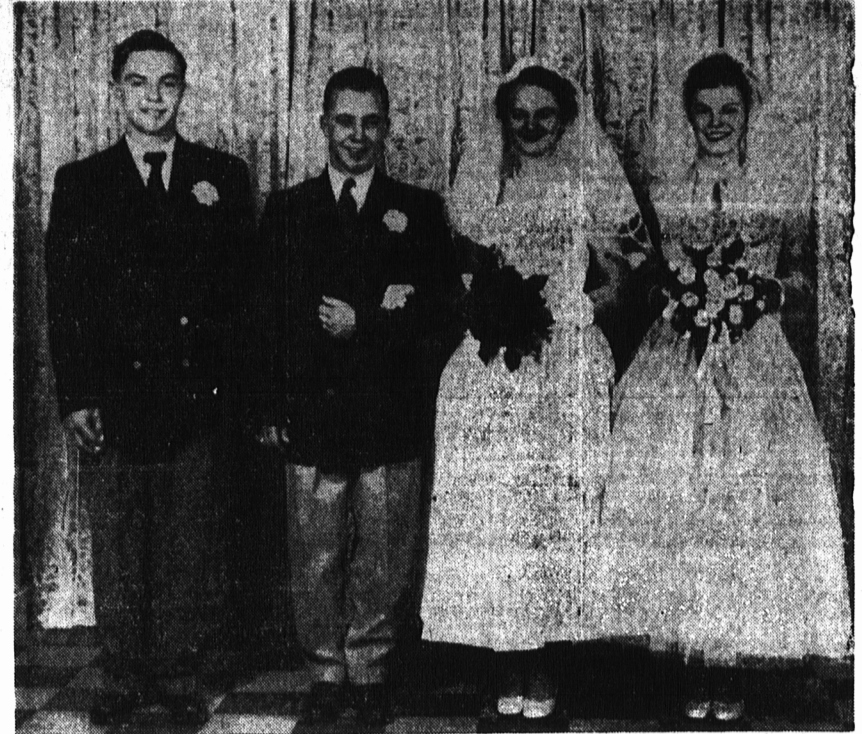
IT might be advisable to put in the week end in some very concrete mending of broken fences, in the sense of endeavoring to recoup some critical situation in the fortunes.

This holds not only in the matter of finances, but, as well, in other treasured possessions, tangible and also prestige, honors, dignities, the friendships of influential persons. In this crisis the situation is aided and abetted by clear vision, keen analysis, a sense of justice, forbearance and logic, particularly should home, domestic or family ties be involved. Feminine or elder hurts may be placated with much benefit.

For the Birthday

Those whose birthday it is may find themselves in a year of making

Married At Trinity United Church, Ch'Town



Mr. and Mrs. Keith Dalziel are shown above with their attendants following their marriage September 20th at Trinity United Church, Charlottetown. The Rev. J. T. Irwin performed the ceremony. From left to right are Mr. George Scantlebury, Mr. Dalziel and his bride, the former Peggy Campbell, and Miss Barbara Rupert.

Notre Dame Alumnae

Observe Home

Coming Sunday

On November 2nd the Notre Dame Alumnae observed their annual Home Coming Sunday.

The meeting was opened with prayer by Reverend Mother Superior. Following this was a word of welcome from the president, Mrs. Mitchell MacDonald. Mrs. Ray Fraught, recording secretary, then read the minutes of the last general meeting. A report from the corresponding secretary, Mrs. Phillips Hughes, came next; then a financial statement by the treasurer, Miss Hazel Moran.

The president thanked the members for their co-operation and team work in making their Alumnae Autumn Tea such a grand success.

Sister St. Adolph Marie in a few words expressed her gratitude to the Alumnae for the scholarship she received. Mother Superior then spoke to the group of members in words very interesting and inspiring. A musical program followed which was enjoyed by all.

Plans for the coming annual high tea were then discussed, after which the meeting adjourned for a social cup of tea and lunch provided by the executive. A very pleasant afternoon was concluded with Benediction of the Blessed Sacrament given by Rev. Father P. F. McDonald.

Modern Etiquette

By Roberta Lee

Q. When someone telephones a member of the family who is absent, should one ask who is calling? A. If the caller has not identified himself, rather than ask, "Who is this?" it is much better to ask, "May I tell him who called," or, "Would you care to leave your number?"

Q. Which is correct form, "Mrs. Whitney, this is my husband," or "Mrs. Whitney, this is Mr. Johnson?" A. The correct form is "Mrs. Whitney, this is my husband."

Q. Is it necessary to send a gift of flowers to a girl who has extended you an invitation to attend her piano recital? A. No.

Household Scrapbook

By Roberta Lee

Chair Backs

An antimacassar or dolly placed on the back of the chair where one's head rests will prove practical in the saving of the velvet or mohair. It prevents the dust and oil from penetrating the cloth. The dolly is readily laundered.

Linen

Linen will have a smoother finish if it is ironed on the wrong side until it is entirely dry, then over the right side lightly.

Glass

To remove grease spots on a glass or a mirror surface, use a soft cloth that has been dipped in spirits of camphor.

LAKE ISLAND

Michipicoten Island in the northeast part of Lake Superior is about 20 miles long with maximum width of seven miles.

DOROTHY DIX'S COLUMN

No Good-Night Kiss

Boy Is Rewarded By Girl He Loves

DEAR MISS DIX: Isn't a certain amount of love-making in order? I'm a frequent reader of your column and note how often you caution girls against getting into petting sessions with us fellows. But, heck, there's a limit to that, isn't there?

I've been going with a girl for a year and haven't even gotten to kiss her good night. The only time I can get my arms around her is when we're dancing. I'm in love with her, and want to marry her when I'm through school, but she doesn't even give me a chance to tell her so. Can't you put in a good word for us boys who have found the girl and want to show her how we feel?

ANSWER: The question of petting from a boy's viewpoint, is very seldom considered for the simple reason that many boys believe that a girl who doesn't pet up to the boy's expectations is not good company. These are the boys against whom I feel it so necessary to warn girls. Petting, of course, can begin very casually and harmlessly and progress to disastrous consequences for the girl. Seldom is a boy involved in the tragic aftermath, unless he willingly accepts the obligations he has incurred.

WHY SOME GIRLS AVOID PETTING. No one expects a couple who is engaged, or going steady, to refrain from caresses. These are natural and normal manifestations of their love. The problem enters when such demonstrations reach the point where they are not easily controlled. Someone, then, must take the responsibility for slowing down. Since the girl has more at stake, it is she who must apply the brakes. Of course, a boy of principle would not give a girl cause for concern; he would be gentlemanly enough to keep the petting within bounds.

Most assuredly, Bill, I think a boy who is in love is entitled to a good-night kiss, at least. Your girl either isn't equally in love with you, or she is afraid to indulge in even elementary petting for fear it will lead to dangerous love-making. Your intentions certainly are of the best, and you should have no difficulty convincing her that you are seriously interested. If she's worth having, she's worth a little wooing; don't be too impatient.

After all, you know yourself you'd rather have a girl with self-respect than one who would give in to indiscriminate petting with any boy she dates. The particular girls are the most respected, and in the long run, the most loved.

DEAR MISS DIX: I am now 15, and going with a boy 17. I know I am in love though you probably think I'm too young. I've been going with boys since I was 13. I am very mature for my age. I have been going with this boy for a year, and feel miserable when I'm away from him. He is going into the Navy next year and I am going to wait for him until he comes out, which will be in about four years. Then we are going to be married. Don't you think that one girl in a hundred can be in love at my age, and that her love will last? I'm sure I'm one in a hundred.

ANSWER: It is quite possible that one girl out of several hundred

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Anne Adams Patterns

EASY HALF-SIZER!

Two ways wonderful! That cross-over bodice minimizes flat-tars! The bosom-line! This half-size pattern—proportioned to your shorter-waisted, fuller figure—is so easy to sew! In crepe or wool, sew it now—look your smartest!

Pattern 4737: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ takes 3¾ yards 39-inch; ¼ yard contrast.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Costs Thirty-five cents (35c) in cents (stamps cannot be accepted) for this pattern. Print plainly size, name, address, style number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

How Can I . . .

By Anne Ashley

Q. How can I keep the juice of fruit pies from running over? A. If a soda cracker is rolled into fine pieces and sprinkled over the lower crust of fruit pie, it will prevent the juices from running over into the oven.

Q. How can I mend lace so that it will not be noticeable? A. Place a piece of paper under the hole and stitch on the machine until the hole is filled. Then pick out the paper. Fine thread should be used for the stitching.

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4737 14½-24½ by Anne Adams