The Guardian

Covers Prince Edward Island Like The Dew

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Published every week day morning (except Sundays and statutory holidays) at 165 Prince Street, Charlottetown, P.E.I., by Thomson Newspapers Ltd. Branch offices at Summerside, Montague, Alberton and Souris.

Represented nationally by Thomson Newspapers Advertising Services Toronto, 425 University Ave. Empire 3-8894; Montreal, 640 Cathcart Street University 6-5942; Western office, 1030 West Georgia Street, Vancouver MA 7377.

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Not over 35c per week by carrier.

$12.00 a year by mail or rural routes and areas not serviced by carrier.

$15.00 a year off Island and U.K. $20.00 per year in U.S. and elsewhere outside British Commonwealth.

Not over 7c per single copy.

Member Audit Bureau of Circulation

A Double Standard

With the announcement that the Liquor Control Commission has removed the recently imposed increase in beer and liquor prices to various clubs with special permit privileges, presumably we shall get some rest from this burning issue.

It was felt, says the board chairman, that so many of the various organizations affected by the price boost were doing a charitable type of work in connection with their operations that it was unfair to penalize them. It was stated previously that the increase was to defray the extra cost of special inspection services; but among the clubs affected were the Royal Canadian Legion and many military messes and service groups as well as private clubs.

What the outside public has been treated to in this dispute has been a revelation of the extent to which these licensed liquor outlets, operating in a position of special privilege, have become entrenched in this province. However worthy may be many of the groups involved, it is the existence of a double standard of privilege under the liquor laws that will strike most persons as being the deplorable feature of the situation.

When clubs are permitted to dispense liquor under a law which prohibits the practice generally, they and the government are perpetuating a caste system which, to say the least, is unworthy of our democracy.

If these clubs and their members, instead of insisting on special privileges for themselves and leaving it at that, had fought for equal rights for all, we might by now have more sensible liquor legislation. In any case, they would be in a better position to protest about the prices they have to pay for drinks.

Wheat Board Success

According to the Bank of Montreal Business Review, Canadian wheat sales during the current year, in terms of the balance of payments, should earn something in the order of a billion dollars. "The significance of this is obvious," adds the review, "at a time when Canada's external payments position is a matter of concern."

Credit for the successful handling of these deals goes primarily to the Canadian Wheat Board, which was set up by the federal government with headquarters in Winnipeg to bring financial and marketing security to the Prairie farmer. Although the board is not popular with some U.S. agricultural officials, it has been acclaimed elsewhere for its policy of keeping the long-term picture in mind and refusing to take advantage of any temporary world shortage to gouge its customers.

The Wheat Pool system, in effect, guarantees the Western farmer a floor price in the form of "initial payments" which are announced before the start of the crop year. The farmer is paid when he delivers his wheat to an elevator under a carefully regulated quota system. Later the board pays the farmer the difference between the initial price and the amount the wheat finally sells for, less administration. The farmer thus gets what his wheat brings on the world market, with no government subsidy. And for various reasons—chiefly because Canada is the world's major exporter—Canadian prices tend to become world prices.

In the United States, on the other hand, the farmer is subsidized; and this appears to be the root of the present wheat-price bitterness between the two countries. The American grower gets a high guaranteed price for all his wheat. If it is sold to an overseas customer for less than that price, the government pays the difference—as much as 60 cents a bushel in some years.

To some extent, therefore, the Canadian farmer marketing his grain in world markets competes against the U.S. treasury. Yet Canada remains in a good competitive position not only because of higher quality but because of a superior grading and inspection system. This system insures that buyers get exactly what they pay for. As a result, except for a small-scale food aid program, Canada is able to sell all its wheat for hard currencies such as U.S. dollars.

Canadian Wheat Board officials, proud of their reputation for fair dealing, are said to be puzzled and offended by recent U.S. criticism. They needn't be. The criticism is tinctured with a considerable amount of jealously. American policy makers find it hard to reconcile with the disadvantages of their own system the fact that since 1939, with but one exception, the Canadian board has had no deficits in its wheat operations.

Feuding Again

Washing dirty linen in public is never a very rewarding chore, either for individuals or for political parties. The Conservatives ought to know, for they did a lot of it on the national level prior to and during the last federal election campaign. One would think that they had had enough of it.

But the Hon. Gordon Churchill is still scrubbing hard and vigorously. Now he has brought to light an alleged plot on the part of his former colleague, Hon. George Hees, to wreck Mr. Diefenbaker's career as prime minister long before it actually happened.

Mr. Hees denies the whole thing, branding Mr. Churchill's statement as "a complete lie . . . the kind of statement you would expect from a man like Churchill who for years resented the fact that I defeated him for the presidencey of the Conservative Association when he was put up by the 'Old Guard'."

Mr. Churchill's charge, made in a comment on the controversial book Renegade in Power, was that he had long been aware that George Hees had been "consumed with ambition to take over as leader of the party and prime minister." He had known it for nine years!

Nonsense, says Mr. Hees. It was only in the latter days of the Diefenbaker government that it became obvious "to half the members of the cabinet and party" that Mr. Diefenbaker should allow himself to be replaced by George Nowlan. "My name as successor never came into this," he asserts. "I had no ambition for myself."

"After the 1962 election," charges Mr. Churchill, "I was sure he (Mr. Hees) was actively operating. I forced him to declare himself for Diefenbaker in December by threatening to expose him publicly. Then he went underground."

"False," says Mr. Hees. "Absolutely false. We never had any such conversation."

And so it goes; charges and counercharges, leaving the public more confused than ever. "For Brutus is an honorable man; so are they both, honorable men"—to paraphrase Mark Antony.

There is a limit to what the public can take of this kind of thing, however. "A plague on both your houses," they will be saying, as indeed they said by their votes in the election. Mr. Churchill is doing his party an ill service by feuding over what happened behind the scenes of an act that has been played out. We all know that it was a sorry affair, but the curtain has fallen. Now, in the words of a more modern poet than Shakespeare:

"Let silence, like a poultice, come
To heal the blows of sound."

EDITORIAL NOTE

The Medical Research Council complains that, though talented medical graduates are showing interest in research, funds and facilities to enable them to carry on are lacking. Particularly mentioned are shortages in the number of full-time appointments in Canadian medical schools and space in research laboratories.

"IT'S MY FUTURE, REMEMBER"

OTTAWA REPORT by Patrick Nicholson

Strong Advocate Of Healthful Eating

"More and more teen - agers are overweight; they take too little exercise, and they eat and drink between meals," Dr. Stanley Haidasz M.P. commented to me. As Parliamentary Secretary to the Minister of National Health and Welfare, he takes a close interest in our serious national problem of overweight, of which he had ample tragic experience while working as a doctor in Toronto.

"I have found also that retired people start putting on weight, perhaps as much as ten or twenty pounds after the age of 65. This is because they go on eating as much as when they were actively employed, and yet their new way of life calls for less exertion."

He explained to me that his department publishes several booklets describing the typical balanced diets which will provide for our health needs. These can be obtained through the Department of Health of each provincial government, or they may be purchased for a nominal price from The Queen's Printer in Ottawa.

These include "How to plan meals for your family", price 10 cents and "Healthful eating", price 25 cents. There is also "Food guide for the older person."

FOODS GOOD TO EAT

"Healthful eating" describes the food rules approved by the Canadian Council on Nutrition. According to these rules, we should each eat every day:

1. Milk — at least ½ pint for adults; more for children.

2. Fruit — one serving of citrus fruit or tomatoes or their juices, and one serving of other fruit.

3. Vegetables — at least one serving of potatoes and at least two servings of other vegetables.

4. Cereals and bread — one serving of whole grain cereal and at least four slices of bread.

5. Meat and fish — one serving of meat, fish, poultry or meat alternates such as eggs, cheese or dried beans.

"Healthful eating" also details suggested menus for breakfast, dinner and lunch or supper for a full week, based upon these food rules.

Dr. Haidasz is death on the North American "breakfast" consisting of nothing but a hurried cup of coffee and a cigarette. We should start the day with a substantial meal, he insists. And this booklet agrees. Every day our breakfast should include fruit or citrus juice, then a cooked or whole - grain breakfast cereal with egg and bacon as an occasional alternative, and buttered toast every day.

ONE LARGE MEAL ENOUGH

We should eat but one big "dinner" each day, either at noon or in the evening. This should consist of meat, fish, poultry or meat alternate with potatoes and vegetable, followed by fruit or milk pudding.

For our third and last meal, we should have a lunch or supper consisting of soup or egg or cheese dish, with raw vegetable or fruit, followed by a dessert of milk pudding or fruit.

Dr. Haidasz stressed to me the importance of adhering to a balanced diet of this nature, to prevent growing overweight, which has become a serious national problem afflicting at least three out of five Canadians.

Our habit of lapping up soft drinks contributes to overweight, he believes. When thirsty, go to the water - cooler or get milk out of the fridge.

He reserves a special warning for cigarette smokers. He is especially upset to see people aggravating the risk of lung cancer, by smoking in districts where there is a high degree of atmospheric pollution, or by smoking when they have a family history of cancer. And many among his patients waste their scarce money on cigarettes — "money which could better be spent on fresh fruit or vegetables," he says.

Our Yesterdays

(From the Guardian Files)

TWENTY - FIVE YEARS AGO
(November 13, 1938)

Miss Edith Hill, graduate of Emerson College, Boston, was guest speaker at the Y's Men's Club last week. Miss Hill took as her topic, "speech". Everyone, she said should be interested in public affairs, no citizen can afford not to be able to stand in front of his fellow citizens and clearly, pleasantly and convincingly present his ideas on any subject of local, provincial, or national importance.

Amateur theatrical groups in cities and towns across Canada have started rehearsing plays to be presented at regional festivals preceding the Dominion Drama Festival. Prince Edward Island entries will be staged in Charlottetown, Jan. 12-13.

TEN YEARS AGO
(November 13, 1953)

Capt. Gordon Hyde, Charlottetown, is one of the graduates from the Canadian Army Staff College at Kingston, Ont. Prior to "World War Two" Capt Hyde studied engineering, and on the outset of hostilities, went overseas with the rank of Lieutenant. He will be posted to Memorial College, St. John's, Newfoundland, where his position will be Resident Staff Officer.

Joseph Fitzgerald, 10 - year-old son of Mr. and Mrs. Francis Fitzgerald, Morell Rear, suffered a broken back yesterday when he was thrown from a cart which he was driving on his father's farm. The horse made a quick turn causing the lad to lose his balance. He is reported to be resting comfortably at City Hospital.

PUBLIC FORUM

This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinion of correspondents. All letters published are subject to editing and condensation where necessary, The Guardian is unable to enter into any correspondence regarding letters submitted.

TRIBUTE TO LEADERSHIP

Sir, — What is being accomplished by the York Community during these twelve nights of joyous entertainment is a tribute to two young men of the district who take the role of leadership. They are both capable and talented, and give freely of their time, for the benefit of the settlement of which their ancestors were pioneers.

As to music, the concert would be dull without Arthur's suitable notes for every mood, and whose word as a director is unquestioned, but happily obeyed. And with all his arrangements, Cousin "Tom" helps in every detail, and throws in his musical notes as well.

True there is wonderful cooperation, but all honor and praise to two such outstanding leaders, as Arthur and Thomas Vesey. Would that we had more such men!

I am, Sir etc.,
One Who Was Present
Cornwall, P.E.I.

South Africa's Threats

Milwaukee Journal

In its increasing isolation, South Africa is showing signs of desperation. Its leaders have not only been attacking its African critics but threatening the United States and Britain as well.

If these two countries continue to criticize South Africa for its racial and other policies, said Foreign Minister Louw, it may be time to abrogate the Simonstown naval base agreement. It may be necessary for South Africa to sell its gold production outside the western bloc. It may be necessary for South Africa to take over British protectorates to which political refugees have fled. And it may be necessary for South Africa to take a neutral or even friendly position toward the Communist bloc.

These are empty threats unless South Africa is bent on suicide. The naval base agreement can't legally be abrogated without unanimous consent of all signers and it would hardly wreck western defenses if it were. Abrogation would affect South Africa's security most of all.

PHONEY THREATS

There isn't any real market for South African gold outside the west, as has been proved in the past. And the threat to cozy up to the Communists is the phoniest of all. If it worked, it would mean the end of the present dictorial regime. And the likelihood of the Communists giving up their opportunity to win African friendship by criticizing South Africa is about zero.

Britain and the United States cannot be true to their democratic principles without criticizing the racial policy of South Africa — a policy written into the very laws. And South Africa overlooks the fact that the western nations have been much easier than they might have been in criticisms — and have flatly opposed African demands that South Africa be ousted from the United Nations.

South Africa's isolation is serious enough without its seeking further trouble. African nations have refused landing rights and overfly rights to the South African Airlines, forcing it to fly an extra 2,000 expensive miles to reach Europe. They now threaten to deny such rights to any air line serving South Africa. Such a boycott could all but cut South Africa off from air transportation.

The only answer to South Africa's situation must come from South Africa itself. And it must entail an end to official racial discrimination.

The Poets Corner

AUTUMN FOLIAGE

The summer season has ended;
And Autumn is heralded in,
The beauty and splendor of nature
Is displaying her best therein.
The foliage and trees are laden
With leaves of splendor and gold.
Crimsons, purples and scarlets,
Wondrous indeed to behold;
The panorama of greens and yellows,
And vivid reds and so
Are many, too numerous to mention.
But beautiful and all aglow
The shimmering leaves in the sunshine.
All moving with Grace sublime;
All speak of God's wonderful handiwork.
And tell of things Divine.

—Mary R. Gavin
Charlottetown.

COINED TERM

Columbus, believing he had landed in the vicinity of India in 1492, first gave the term "Indian" to the New World's aborigines.

Epileptics Can Be Helped

By Dr. Theodore R. VanDellen

Twenty years ago I stopped for lunch in a small Wisconsin town. As I was parking the car I saw a woman trying to prop up a 12-year-old boy who was in the middle of an epileptic convulsion. She realized she could not do it and eased him to the sidewalk where he remained until consciousness returned.

Obviously, this mother was trying to hide the fact that her son had epilepsy, an attitude prevalent a generation ago, when the disease carried a stigma. Parents went to great lengths to keep the secret in the family. Times have changed. Epilepsy is common and the majority of victims can be helped with modern treatment. The condition is better understood, the sense of shame is gone, and more and more epileptics are living a normal life.

A major epileptic seizure lasts only a few minutes but the individual is so helpless, he needs aid. A few simple procedures will take him safely through the attack. Ease him to the floor at the first sign of a convulsion. It is almost impossible to hold him upright as the small-town mother learned. He is unconscious and thrashes about in a wild and unpredictable way.

The clothing should be loosened and gentle restraint used to prevent the epileptic from striking objects as the head, arms, and legs are tossed from side to side. Pull the subject away from hot radiators or dangerous machinery. Turn his head to one side so saliva can flow out of the mouth.

Bystanders were advised, in the past, to open the sufferer's mouth and insert a gag to keep him from biting his tongue. This procedure no longer is recommended because too many helpers were bitten and too many epileptics lost one or more teeth when the gag was inserted forcefully.

Following the seizure, the individual relaxes and should be allowed to rest or sleep for a while. If he seems groggy, accompany him home. Be sure to notify the parents if a child has a convulsion because changes in treatment may be needed.

GENETIC DEFECT

Mrs. E. writes: Is it true that only older mothers give birth to mongoloid children?

REPLY

No, although this condition occurs more frequently in women who are near the end of the childbearing period. Most of these youngsters are born with 47 chromosomes instead of 46 but the reason for this abnormality is not yet known.

PILLS AND ALCOHOL

Mrs. J.B. writes: Is it harmful to take wine on top of a sleeping pill?

REPLY

The combination of liquor and a sleeping tablet is harmful only when the individual has imbibed so much he cannot recall taking the medicine and swallows a second or third dose.

SELDOM OCCURS

J.L. writes: Is it true that many babies get chicken pox after getting the shots against other diseases?

REPLY

No. Chicken pox is more likely to occur in school and preschool children than in infants.

CONGESTION

Mrs. D.P. writes: What causes itching of the skin over a varicose vein?

REPLY

Itching results from congestion in the resulting tissues; more so, when there is blood under the skin or eczema is present.

Today's Health Hint—

Cancer research will pay off eventually.

COMPENSATION CLAIMS

Prior to 1915, workmen injured in Canadian industry had to rely on their common-law rights to recover compensation.

NOTES BY THE WAY

Too many people are astronauts in reserve— instead of orbiting the sun, they think the world revolves about them. — Sarnia Observer.

Mother— And why did you put this frog in sister's bed? Tommy— I tried to find a mud turtle and couldn't.— Montreal Star.

Bill: "That was qute a party you had last night, but I hate to tell you this; your sister promised to marry me. Will you forgive me for taking her away from the family?" Ted: "Think nothing of it. That's what the party was for." — Galt Reporter.

You wouldn't think, perhaps, that it would be possible, to confuse a deer with a rabbit. It is, and to prove it a young boy is in hospital with part of a shotgun charge in his head. Another member of the same party couldn't decide whether he was a deer or rabbit, and shot him to find out. And there's nothing unusual about an incident of this sort. — Montreal Star.

A women's propensity for having the last word is so strong that she adds a post script to her letter in a subconscious effort to have the last word with herself. —Vancouver Province.

Don't keep your nose to the grindstone, you are likely to be kicked where it hurts. — St. Catharines Standard.

The drive-in theatre is a place where a young man goes to shut off his ignition so he can try out his clutch. — Oakville Journal-Record.

The Irish government's passion for the promotion of the Gaelic appears to have its commercial, as well as its linguistic, hazards. Dublin is flooded at the moment with green plastic leprechauns, marked, as a final proof of their native authenticity, "Deanta sa t-Seapain." The tourists buy them in thousands, and carefully carry home their bit of "real old Erse." The only trouble is that the inscription, literally, and entirely truthfully, means "Made in Japan."—London Sunday Times.

British Political Scene

By Joseph MacSween
Canadian Press Staff Writer

An air of anti - climax hangs over the confrontation in the British House of Commons today of Opposition Leader Harold Wilson and Prime Minister Sir Alec Douglas - Home.

So much has happened in British politics in recent months that observers feel nothing much new can be expected.

Most questions revolve around the date of the next election. Labor Leader Wilson says the election should come at once—it must come in any case before the end of next November —and the new prime minister is not likely to put it off longer than he feels necessary.

The month most often mentioned is May. Should it go longer than that Wilson is sure to charge that Douglas-Home has failed to capture the imagination of the country and is hanging desperately to power.

The sex - security scandals that gave such trouble to the Conservative government in the last couple of years have passed and the recent attacks on the government have taken a more parochial and prosaic turn.

TECHNIQUE IN DOUBT

Opportunities to attack the government are not lacking. The technique that Wilson might use is in doubt.

At one point it appeared Wilson might attack Sir Alec on the ground he is an aristocrat. He seems to have dropped that gambit since Douglas - Home dropped his title and his children did the same.

It appears political argument may now turn to more useful things. Defence policy has become entangled in the TSR-2, a British - made aircraft which the Australians have turned down in favor of an American plane, the TFX.

Perhaps more importantly, British officials are in the midst of a seemingly - endless argument about their independent nuclear deterrent. Education policy is wide open for discussion. There are many non-spectacular matters occupying the British mind.

CHRISTMAS SHOPPING?
Come to the LOTUS

For the ultimate in Chinese and Canadian food to take out.

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Look Who's Coming To Town!

IT'S
ERNIE RICHARDSON

Canada's King of Curling—four times Canadian and world curling champion Ernie Richardson—will be coming to town through the pages of The Evening Patriot to give you straight-from-the-hack hints on Canada's fastest growing winter participating sport!

In a once-a-week column called "CURLING CAPSULES," Ernie Richardson will, for the first time, share the secrets which have made him the winningest curler in bonspiel history.

SO GET OUT YOUR CURLING BROOM and dust off your well come mat. Whether you're a veteran or just a beginner who wants to learn more about Canada's most exciting winter sport, you'll enjoy your weekly down-to-ice chat with curling champion Ernie Richardson.

"CURLING CAPSULES"
Starts November 15
In
THE EVENING PATRIOT