

Happenings of The Week

Invitations have been issued for a formal dance to be given by His Honour Lieutenant Governor T. P. Q. Mrs. Tweedy's niece, and W. L. Prowse and Mrs. Prowse at Government House Tuesday evening in honour of H. M. C. S. Swansea and La Hulioise.

Dr. and Mrs. A. J. Denne of Toronto, arrived last weekend to be guests of His Honour the Lieutenant Governor and Mrs. Prowse at their summer home at Stanhope.

Friends here of Mr. and Mrs. Wesley Frost of Oberlin, Ohio, will be interested to learn that they are planning to visit the Province in the near future.

Mr. Fletcher Troop, formerly manager of the Charlottetown Branch of the Bank of Montreal, now residing in Halifax.

Mr. and Mrs. B. E. Rogers entertained at the Charlottetown Hotel yesterday afternoon in honour of Mr. T. C. Bone of Montreal, assistant general manager of the Bank of Montreal, and Mrs. Bone, who are holidaying at Lakeview Lodge, Cavendish.

Among those who have entertained recently in honour of Mrs. Allen Willson and Miss Dorothy Willson, who are visiting Mrs. L. E. Prowse and Dr. Prowse, are Mrs. Harry Miller, Mrs. D. M. McGuire, and Mrs. J. F. MacLeod.

Mr. and Mrs. Noel DeBlois and Mr. and Mrs. Tom DeBlois entertained last Tuesday afternoon at Keppoch, in honour of Dr. and Mrs. E. Clarke Fraser of Montreal.

Lieut. Cmdr. Alan B. Cosh, Mrs. Cosh and their young son David left Tuesday for Norfolk, Va., following a visit with Lieut. Cmdr. Cosh's parents, Mr. and Mrs. A. B. Cosh, West Street.

Mr. and Mrs. J. H. Cerry and Mrs. A. H. Roper entertained at dinner, followed by a square dancing party at Sandy's Wednesday evening in honour of Mr. and Mrs. V. A. Ainsworth, who are moving to Newfoundland.

Mr. and Mrs. Will Corbett of Montreal, with their daughter Judy and a friend, have arrived to visit Mrs. Corbett's father, Mr. Gordon Hughes at Inkerman.

Mrs. T. D. Rankin left Thursday afternoon on return to her home in Willowdale, Ont., after visiting her son and daughter-in-law, Mr. and Mrs. Ian Rankin, for two weeks.

Mrs. Earle Baker and Mrs. Wendell MacKenzie entertained at luncheon yesterday at Mrs. Baker's summer home in Lower Montague in honour of Mrs. V. A. Ainsworth.

Mrs. V. A. Ainsworth was the guest of honour Thursday afternoon at a delightful tea given by Mrs. George J. Tweedy, attended by upwards of two hundred guests. Tasteful arrangements of flowers adorned the house, and the tea table, presided over by Mrs. M. R. MacGulgan, Mrs. J. Walter Jones, Mrs. Reginald Aitken, Mrs. Darrrell McGuire, Mrs. Keith Rogers and Mrs. Walter Hyndman, was centred with a lovely bouquet of lacy pink larkspur, flanked by tall pink candles in silver holders.

Morning Smile

He appeared before the company officer, charged with using insulting language to his sergeant. "Please sir," he protested. "I was only answering a question." "What question," snapped the officer. "Well, sir, the sergeant said, 'What do you think I am?' and I told him."

Cook's Corner

FRUIT SALAD 1 package jello 1 cup grapefruit juice 1 cup gingerale 6 canned pear halves 1 cup cooked prunes chopped 2 packages cream cheese. Method: Heat grapefruit juice and add jello. When dissolved, add gingerale. Arrange pears, rounded side up in a flat pan rinsed with cold water. Pour over a thin layer of gelatin mixture and chill until firm. Add prunes to remaining mixture and chill until slightly set. Spread over the pears and allow to set. Before serving, turn out and cut into six portions. Place a ball of cheese in the hollow of each pear. Serve with cream dressing on lettuce.

The door was attended by Miss Heather Becket of Mount Royal. P. Q. Mrs. Tweedy's niece, and Mrs. Edward S. Chandler was in charge of the guest book. The guests were ushered into the dining room by Mrs. J. H. Cerry, who was serving Mrs. James Montgomery, Mrs. Jack F. MacLeod, Miss Helen Crosby, R. N., Mrs. John MacLeod, Miss Jean MacKenzie, R. N. of New York City, and Mrs. Wilson R. Becket of Mount Royal. The guest of honour was presented with an exquisite piece of Wedgwood as a memento of the occasion.

Mr. and Mrs. A. W. (Bud) Robinson and daughters, Linda and Jill, of Port Credit, Ont., are visiting Mrs. Robinson's parents, Mr. and Mrs. George Lewis.

Mrs. Drummond Cobb and two children of Deep Brook, N. S., are spending a holiday with her parents, Mr. and Mrs. J. M. Roop, McGill Ave.

At the Wednesday evening social at the Yacht Club this week hostesses were Mrs. N. D. MacLean, Mrs. Fred Small and Mrs. Ralph Dumont.

Mr. and Mrs. Alfred Hall and Mr. William Hall of Montreal are arriving today on their annual holiday at Keppoch Beach Hotel.

Mr. and Mrs. Lawrence Young and their three children, of Montreal, are vacationing at Dalvay-by-the-Sea.

Mrs. Clive Stewart entertained last evening, when the guest of honour was Mrs. J. W. Godin of Montreal, who is spending two weeks with her mother, Mrs. J. P. Simmonds.

Mrs. Tom Barbour left yesterday for Doron, P.Q. where she will visit her brother and sister-in-law, Mr. and Mrs. John McKellar. Lieut. Cmdr. Barbour, who has been stationed in Owen Sound, Ont., will join his wife there and they will sail from Montreal on return to their home in Scotland.

Mr. and Mrs. Harry Mutch of Baldwin, Sask., where Mr. Mutch is successful farmer, are visiting his old home in Cherry Valley.

Mr. and Mrs. Arthur Avar and young daughter Deborah Lynn arrived Wednesday from Campbellton, N. B., and are spending a fortnight's vacation with the former's parents, Mr. and Mrs. G. M. Avar.

Mrs. W. R. Brennan and Miss Carol Horner will be hostesses at tea this afternoon at the Charlottetown Tennis Club.

Hon. Mr. Justice J. D. Hyndman and Mrs. Hyndman left Thursday for their home in Ottawa after spending three weeks at Keppoch Beach Hotel.

Dr. and Mrs. T. A. Laidlaw have as their guest Mr. Henry Markey of Montreal, who is spending a week with them.

On Thursday evening Mr. and Mrs. T. M. Brahaux entertained at bridge for Inspector N. W. Churchill of the R. C. M. P. and Mrs. Churchill who are leaving Tuesday morning for Fredericton, where Inspector Churchill has been transferred.

Mr. and Mrs. R. R. Bell entertained last evening at a supper-party at their home on Brighton Road.

Mr. and Mr. H. E. Amoss of Hamilton, Ont., are guests at the Charlottetown Hotel.

Mrs. Ernest Hartz is spending a week in Summerside with Mrs. Jane Arthur.

Mr. and Mrs. Keith MacKinnon entertained at dinner at Keppoch Beach Hotel Wednesday evening in honour of Mr. and Mrs. C. W. (Scop) Moffatt of Sackville, N. B., who were visiting the Province.

F/O John A. Bradley arrived last Friday from Alberta on completion of a course there, and with Mrs. Bradley has left for R. C. A. F. Station, Greenwood, N. S.

Dr. and Mrs. D. N. Huntley and their three daughters have left on return to their home in Guelph.

Household Scrapbook

By Roberta Lee Shellac Brushes Shellac brushes should be washed in denatured alcohol, then in soap and water. Straighten out the bristles, and put the brushes away dry. Washing Furniture Excellent for washing furniture is a solution made of one quart of boiling water, three tablespoons of linseed oil and one tablespoon of turpentine. Wash one section at a time with a soft piece of flannel dipped in the solution, then dry the furniture with cheesecloth. Milky Glasses Rinse milky glasses in cold water before washing in warm water, to prevent any cloudiness.



Miss Bethany McDonald, B.A., A.R.C.T., a music graduate of Notre Dame Academy, Charlottetown, has been awarded a Royal Conservatory of Music Scholarship, value \$300, for exceptional ability and previous piano examination records. Miss McDonald will register at the Toronto Conservatory in early Fall to begin the three years' course leading to a career as concert artist. She is the daughter of Mr. and Mrs. Leonard McDonald, Brighton Rd., Charlottetown.

That Body Of Yours

By James W. Barton, M.D. MORE ABOUT ARMCHAIR TREATMENT OF CORONARY THROMBOSIS

I have written before about visiting a veterans' hospital to call on a physician friend who had had an attack of coronary occlusion (heart stroke) and was lying patiently in bed, greatly depressed in spirits. The superintendent of the hospital visited the room and I introduced the two physicians to each other. The superintendent said "What's he got, a coronary?" On learning that this was the case, he said, "Oh, that's nothing. I've had a half dozen coronary attacks, I go to bed for a month, and then come back to work." Naturally, this was cheering news to my friend.

As this lying in bed with nothing to think about but his heart stroke is bound to depress the heart patient, some months ago I described what is called "coronary armchair" treatment for coronary thrombosis which is now being used by many heart specialists in both hospital and private practice.

It might be well for the sake of the morale of these patients if they were given this treatment: it would give hope and assurance. I am therefore repeating some of the facts about coronary armchair therapy as given a few months ago in the Journal of the American Medical Association by Drs. Samuel A. Levine and Bernard Lown, Peter Bent Hospital and Harvard University, Boston.

It is only fair to state that while complete bed rests is the usual treatment in an attack of coronary thrombosis, these physicians state that the sitting position in a chair with feet off the floor prevents a part of the harm of strict bed rest. The prompt improvement shown by some patients desperately ill with congestive heart failure after being placed in a chair is particularly impressive. This method of treatment also appears to have beneficial effects upon the psychological (mental and emotional) state of the patient and facilitates rehabilitation (restoration to health and to work).

In 81 cases of acute coronary thrombosis, Drs. Levine and Lown report 79 patients were kept in chairs for varying and increasing periods of the day, beginning not later than the first week of the attack usually within the first three days. The other two patients started sitting up on the eighth and ninth days.

All the other usual methods of treatment for coronary thrombosis were employed. No complications due to the armchair treatment were observed and no evidence could be found that the armchair treatment was responsible for any of the deaths that occurred during this treatment.

"The sitting position permits gravity to mobilize fluid in the legs, the lying-down position encourages the pooling of fluid in the chest; mobilizing of fluid in legs is practically harmless; pooling of fluid in chest may be disastrous.

"Another problem for the physician is that coronary thrombosis frequently afflicts highly active and previously healthy persons. For such individuals, long-continued bed rest is particularly likely to sap morale, produce anxiety and create a hopeless attitude toward coming back to normal living."

Also, bed rest may cause constipation, pneumonia, lung disturbances, and prostrate complications.

The Stars Say --

By Genevieve Kemble For Tomorrow BE attentive to the needs of others this day, since both generosity and hospitality will be greatly appreciated. With the Moon in Leo, this is an excellent period in which to reciprocate favors, indulge in group activities, encourage new friendships; in general, to concentrate on personal relationships. Traveling for pleasure could be most enjoyable, especially if the trip is shared with loved ones. Do not spend large sums of money for either traveling or entertaining, however, for this day promises happier results if social programs are simple ones. For the Birthday If tomorrow is your birthday, Continued on page 16



Mrs. Michael Doyle, North Rustico, announces the engagement of her daughter, Ida Lillian, to Flight Lieutenant V. V. Bissonette, Staples, Ontario. The marriage will take place in Stella Maris Church, North Rustico, August 12.



DOROTHY DIX'S COLUMN - A Shorn Lamb

He's Engaged To A Demanding Lass Who Wants Him To Give Up Smoking

DEAR MISS DIX: I have been engaged to my future wife for three months. We went steady for six months, and have been happy except for one thing. To please her, I gave up dancing, movies, the little drinks I did, and now she is begging me to give up smoking. Her folks don't think much of my people because they allowed me to do these things. Should I give in to Eva again, or what?



Muriel Nissen

ANSWER: When will she get around to suggesting you to give up breathing? You alone, Jerry, can decide how much Eva is worth, but my guess is that from now on, you won't be able to do anything you like. What Eva doesn't think of, folks will. Of course, giving up these things won't do any harm, and if the girl is honestly convinced that she objects to them on moral or religious grounds, her requests are justified. However, if her idea is simply to mold you into a carbon copy of her sedate family, better watch out. Henpecking comes easy—and has the damndest habit of sneaking up quietly.

DEAR MISS DIX: I'm quite an attractive girl of 16. A very nice boy of 17 has just moved into our neighborhood, and while he's very friendly when we meet, he's never asked for a date. How can I become acquainted with him?

ANSWER: Since he's a newcomer to the neighborhood, wouldn't it be nice to suggest a picnic so he could get to meet the other young people? You have overcome the first obstacle by getting him on a friendly speaking basis; take advantage of the opportunity and invite him to a get-together. This could be a simple barbecue in your own backyard, a square-dancing session in someone's recreation room or, as suggested, a picnic or beach party.

DEAR MISS DIX: My 20-year-old sister has been going for the past year with a young man of 26. They date at least twice a week, but the man has never mentioned an engagement or marriage. My sister has asked where she stands with him, and his answer is that he's not ready to settle down. My sister said that in that case she thought she should date other men on Saturday night. However, she does see this fellow during the week. My mother feels she should break Continued on page 16

How Can I!!!

By Anne Ashley Q. How can I stimulate the growth of my hair? A. Try keeping a small chunk of charcoal in the water. Q. How can I clean ivory objects? A. If they are all in one piece, they can be safely cleaned with soap and water. If several pieces are glued together, however, it is better to take a piece of raw lemon dip it into salt and rub the surface with this. Let the juice dry on the ivory before you wipe it off with a damp cloth. Q. What can I do about a hole that's been burned into a leather-covered table top? A. You can hide it by melting some candle wax of a matching color, pouring this into the hole, and smoothing it out while it's soft.

Modern Etiquette

By Roberta Lee Q. Is it proper to send gifts to the mother of a new-born baby? A. Close friends will sometimes send flowers or candy to the new mother, but usually any gifts sent are for the baby. It is not absolutely necessary to send gifts, but it is considered nice. Q. Is it considered good form for a host to sharpen his knife at the table before carving the roast? A. No, this should be done in the kitchen before the meal is served. Q. When leaving a person to whom one has just been introduced, is it proper to say, "Good-by, Mr. Carter, I am very glad to have met you?" A. Yes, this is quite all right. Or, "Good-by, Mr. Carter: I hope I shall see you again sometime."

Exhibit At CNE



An exhibition of contemporary British design will be held at the Canadian National Exhibition at Toronto Aug. 28-Sept. 12. This sweater, made in Scotland and worn by a British model, will be included in the display. The sweater is a delicate lemon yellow with a contrasting intersia design in white.

ELLEN'S DIARY

By An Island Farmer's Wife Near now we come to another week's close — the twilight is already pouring its purple shadows to fill to the brim presently our valley. But not yet. At the moment breathlessly the world about seems to await it. Trees stand quietly expectant in the silence, the very leaves reverently still. For now we fancy in these hours which make the eve of our Day of Rest, at the end of our work-a-day week, comes its benediction... and "Well done!" It's not how fast you did your "ask," we overheard James remark in a word of advice to a teenager recently, "but how well, and happily that counts!" And now, with the sound of a door opened and closed the evening commences to gather in this family: young barefoot lads-of-farm from a full week of work and of play to the quiet shelter of its roof. For are there not even in these last hours, ends of deferred choring to be done? Bedding carried to the pens of piggery and "those calves indoors" to have all comfortable against the Sunday-to-come? The farmers will leave behind in the week's hours a tale of much work accomplished though we recall that they too suffered from that passing impatience farmers experience when the weather fails to favor their efforts at the hay-making... moon, sun, sky, winds clouds, ripples of pond, dew-fall plants, birds, beasts — from none of these could we find dependable token of weather forecast in these recent days. "But the wind's west — and there's some blue in the sky," we mentioned one day its good promise. James shook his head. "When the weather is 'broken,' showers can come from any quarter. Yet odd hours smudged on the hay. There was some saved at Alderlea and there too the farmers brought near to the end, the mowing. And the crop? If the fields lacked the abundance of last year, with us it is nevertheless "fair-good." So from the interests of the farming, this House "in the road" at week's end gathers now the Family in. We like to think that Island over, other houses too call now their loved ones back to the familiar rooms and the sheltering roof of that hallowed place that is Home. Or are they not halloved? Then in the verses of Martha S. Nicholson this we shall ask for, all these, as the purple shadows deepened now into the sable of night.

Better English

By D. C. Williams 1. What is wrong with this sentence? "I like all kinds of movies, but nothing like as much as I do opera." 2. What is the correct pronunciation of "regatta"? 3. Which one of these words is misspelled? Bountious, Luxurious, delicious, malnutritious.

Helpful Hints

Walk through the rooms of this house, dear Lord, Making them fair and sweet; May every wall know the touch of Thy hand Each floor the print of Thy feet Help us to look through Thine eyes, dear Lord, To stand at our windows and see Not commonplace people who walk the streets, But souls who have need of Thee. Kindle a fire on our hearth, dear Lord, Warming all who might come. Build Thou an altar where prayer shall arise, For prayer is the heart of the home. Sit at our table with us, dear Lord, Making each meal a feast; Breaking the bread and pouring the wine, Our Host and our Guest and our Priest. Dwell in the same rooms of our house, dear Lord, Making it sweet and fair, Till even the people passing will say, 'The blessed Lord Jesus lives there!' Until Monday - - - Diary - - - Good-night

ARCT Diploma A.C.W.W. Plans Announced



Miss Patricia Helen McDonald, a music student of Notre Dame Academy, Charlottetown, has received an A.R.C.T. diploma with first class honors as Solo Performer in Piano. Miss McDonald has previously awarded two Silver medals by the Royal Conservatory of Toronto for obtaining the highest marks in Piano examinations in the Maritimes. A second year student at Prince of Wales College, Miss McDonald is the daughter of Colonel and Mrs. Leo McDonald.

Nina Bang, appointed education minister in 1924, was the first woman to hold cabinet rank in Denmark.

The agenda for the Toronto Conference of the Associated Country Women of the World is now released. Round table discussions are being featured at this triennial meeting as it is felt informal group discussion is the best method of eliciting information on the needs of rural women and helping them solve their problems. Experts will be present to give advice as needed, including representatives from UNESCO, FAO, WHO, and the Economic Division of the Canadian Department of Agriculture. There are eight such discussions listed: Problems and programs of rural women in less developed areas. Technical assistance programs (including rural home economics), education of rural youth and the part of the family in training for world understanding — Mrs. R. Thomson, a member of the QWV executive, has been asked to assist in this discussion—ways and means of spreading information about UN and its agencies, adult education programs for ACWW societies (including citizenship and raising standards of living), economic problems of people on the land, conservation of natural resources, and international exchange programs.

Women from all over the world will be in these groups to compare notes and "generally speak their mind" — the comment made by the ACWW press officer, Mrs. Putnam Van Someren, who goes on to say, "The result may well mean a great step forward in the life of rural women."

Some Helpful Hints For People With Rheumatism or Arthritis

By JOAN BARBERIS Canadian Press Staff Writer One in every 20 persons in Canada has some form of rheumatism or arthritis. Of these, about 15,000 are confined to beds or wheelchairs with one or another of the various forms of the disease. Rheumatoid arthritis is the most serious type, and its main victims are housewives between 20 and 40 years of age. The Canadian Arthritis and Rheumatism Society was formed five years ago to fight this widespread ailment, one of the major achievements being 44 mobile physiotherapy units across the country. Helpful Hints The society has advice to help the partially disabled to run their households, which may also prove a time and strength-saver for others. For instance, it takes three times more energy to stand than to sit, and use of a chair or kitchen stool is advocated. It should have adequate back support and a foot rest. Mount wheels on back legs of the stool, 2 1/2 inches above the floor so that it can be tilted and wheeled about easily yet stand firm when in use. A lap board which can be pulled out like a bread board to provide a working surface should be about 25 inches from the floor. The door of the refrigerator should open on the side nearest the work counter or tables so that food may be brought out without moving around the equipment. A small tea cart or table on wheels also reduces needless trips. Consider weight when purchasing cooking pans, mixing bowls and other kitchen articles. Useful Gadgets Keep an eye out for such things as egg beaters which may be operated by one hand; pot lids for Continued on page 16

Anne Adams Patterns

Advertisement for Anne Adams Patterns featuring a child in a dress and text: SUN-SHADE DUO! Just-like-Mom's — little girls feel so very grown-up in this halter-sundress and jacket duo. So practical, too—the dress is perfect for sun, the jacket for shade. It's a JEFFY-SEW — choose a gay cotton and cream it with fresh white collar and cuffs. Pattern 4712: Children's Sizes 2, 4, 6, 8, 10. Size 6 dress takes 2 yards 35-inch. This pattern is easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (\$3c in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada. 4712 SIZES 2-10 by Anne Adams

Advertisement for Better Than Ever Soften! Fresh! at your GROCER'S only! Features an image of a product container and text: BETTER! THAN EVER Soften! Fresh! at your GROCER'S only!