WOMEN

June Wedding at East Royalty

Mr. and Mrs. Willem Nymeyer are photographed above following their wedding in Heartz Community Hall in East Royalty on June 15. From left to right are Mr. Kees Aten, best man; Mr. and Mrs. Nymeyer and Miss Shirley Bernard, bridesmaid. The bride is the former Sepkje Van Vliet.—(Craswell Photo).

ELLEN'S DIARY

by an Island Farmer's Wife

Retreated now are the cool spring winds, withdrawn, we hope, to some far fastness to wait in patience there until the year has faded every last color of autumn; until sheaves and apples are stored and the fall, so cheerless often, if it were not lit by the glow of our hearthfires, has set its not unwelcome touch on the weary farmlands. . . The winds of the fall. . . keen, biting, driving the cows before them in the cool early sunset from the lonely fields to the warmth and shelter of stables.

But today brought a summery wind, one of the gentlest of breezes to wander rather idly about the fields. A merry fellow, joking with the meadow-flowers, teasing the leaves and the grasses, and bearing into the housewife absorbed in the cares of her household, wisps of sweetest birdsong, chirp of chick, cheerful crow of barnyard bird, bark of dog hailing some passer-by or caller to the place.

James himself, "like the bad wind," as Aunt Kitty Mahoney used to say, came and went. He was here to look about as good fathers do—to offer good pieces of advice gained from that experience in farming his lengthy period at the occupation has given: to wonder if "that last litter wouldn't be the better of a little more iron?" And, "sometimes a handful of coal will sharpen the appetites of the like of those older ones." To cut out with a shovel a sod full of earthy goodness and topped with the emerald velvet of the grass of the season to carry it to a "passel of weanlings by way of a favored treat; to observe — and how pleasant the words fell on the ears of the recipient!—"I reckon you didn't make a bad selection when you bought that animal. He's going to make a fair-good head for your herd." He smiled teasingly in the good natured banter which often passes between the three, "Not that he will ever make as fine an animal as the one we have out on the home-farm-"

And then James would fade in the direction of the stumpland at Alderlea where — because now that the crop is in, how better, said he, can a farmer improve his time?—another patch of land is being cleared. Late as it is on the calendar, if all goes well, it will be cultivated and sown to grain. The younger farmer was there and a young helper, whose thoughts, once his day's work is over, do not likely linger long on the stumping, now that these bewitching evenings and nights are here. Rob too, with the tractor to have what James said was "a good acre" cleared for their day's hire.

• • •

"Kittens are the best things about a farm," Gage said this evening opening his heart without effort to receive the third family of young felines that this spring have arrived to take up quarters in the new barn. "No five yet", he commented. "But I always consider that if 'they' have four, they do very well." We sat on a bale of hay there in the feed-way, the new, wee, blind kit-cats in our lap. "Yes", he said, touching the silk of one; "kittens are the best. And next to them comes lambs; and after that pigeons and then robins . . .If nothing harms them, we're going to have baby-swallows.. Where? Above a doorway in the granary. Would you like to see, and touch the first egg?"

• • •

We "touched" many a loveliness of June today. And now we touch the shadowed quiet and repose of the night.

Until tomorrow — — — Diary — — — — Good-night . . . .

Anne Adams Patterns

SUMMER'S SMARTEST

Take a tip from smart business girls who always have to look well-dressed! Sew a two-piecer to wear everywhere, 'round the clock! This simple-to-make ensemble has a weskit jacket that's smoothly fitted above the flaring four-gore skirt.

Pattern 4813. Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 takes 4¼ yards 35-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, s/o The Guardian, 60 Front Street West, Toronto, Ontario.

For BABY'S TUMMY UPSETS

Give Baby's Own Tablets. Sweet, simple little tablets. Used for over 50 years to quickly help relieve minor digestive upsets, gas, constipation and fretfulness resulting from irregularity at teething time. No "sleepy" stuff—no dulling effect. Get a package today at your druggist.

BABY'S OWN TABLETS

Broken Collar Bone First Aid and Home Nursing

(St. John Ambulance)

What's the easiest bone to break in the body?

Apparently it's the collar bone. At least it's the bone that gets broken most often, says St. John Ambulance.

A broken collar bone is usually caused by a fall when you try to protect yourself by throwing out your hand. The shock travels up your arm and breaks the weakest point—the collar bone.

It's not too difficult to tell when someone has a fractured collar bone. The injured person will hold his arm rigidly against the side of his chest and complain of any movement. If you run your fingers gently along the collar bone you will come to one spot which is exquisitely tender.

• • •

What should you do? First of all, don't move the arm. Strangely enough, the muscles attached to this bone will keep it adequately splinted providing the arm is not moved. To help nature along you can put the forearm in a sling and bind the upper arm to the side of the chest. Then get the injured person to a doctor.

Next to the collar bone the easiest bone to break is the wrist and for the same reason—taking a fall on an outstretched hand. The person who has broken his wrist will usually be found carefully supporting the injured limb with his other hand. Visible deformity, marked tenderness over the site of the fracture, and unwillingness to use arm and hand, make the diagnosis easy.

• • •

St. John Ambulance recommends these first aid measures: steady the injured forearm by firmly pulling between fingers and elbow; apply a splint from knuckles to elbow (a simple way is to fold a newspaper and lay it along the palm side of the hand and forearm, or put a folded magazine around the forearm and wrist), fasten the splint securely by bandages at either end, plus one on each side of the fracture, support the forearm in a sling.

One thing to remember, if you are not sure whether it is a fracture or not, treat it as one.

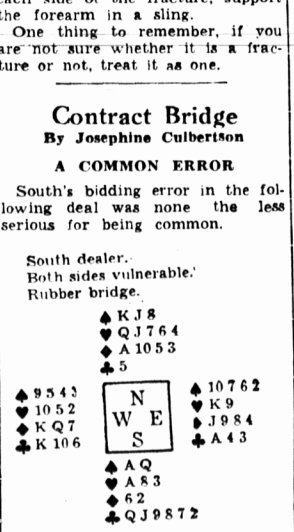
Contract Bridge

By Josephine Culbertson

A COMMON ERROR

South's bidding error in the following deal was none the less serious for being common.

South dealer.
Both sides vulnerable.
Rubber bridge.



The bidding:

South	West	North	East
1 ♣	Pass	1 ♥	Pass
2 ♣	Pass	2 ♦	Pass
2 N T	Pass	3 N T	Pass
Pass			

West made the imaginative opening of the diamond king—he felt that his holding in the only unbid suit, spades, was too weak for possible development. Declarer held up dummy's diamond ace, but East signalled vigorously with the nine, and West continued the suit. South could not establish enough tricks without losing the lead, and the defenders ended up with three diamond tricks, two clubs and one heart. Thus, the contract was defeated two tricks.

Now let's return to the bidding: South's opening bid and his club rebid over the one heart were entirely correct, but the action South took on the third round was inexcusable. Perhaps he had been educated to believe that he could not support a suit on fewer than four trumps, or perhaps South was intrigued with the desirability of having a spade lead come up to his A-Q — but whatever the motivation was, the fact remains that the two-no-trump call was very bad. South's holding, in the light of North's heart-diamond bidding, was not at all attractive for a notrump contract unless North elected to name it— and the possible advantage of getting a spade lead did not come close to offsetting this point. Since South had implicitly denied four-card heart support by rebidding his clubs, it was now vital to give North a preference for his first-bid major suit. Obviously, if South had simply bid two hearts over two diamonds, North would have jumped to game at hearts and would have made the contract without difficulty.

Strawberry Recipes

Canning Strawberries

Fifteen lbs. strawberries will yield approximately 10 medium quart sealers of canned fruit. Estimate the amount of syrup needed for the amount of fruit you have for canning. (Allow 1 to 1 1-2 cups medium syrup for each quart sealer of strawberries). Wash and hull berries. Bring slowly to boil in syrup.

Cover, remove from heat and let stand one hour. Pack in sterilized jars allowing 1-2 inch headspace for sealers. Close containers. Process pint sealers 15 minutes, quart sealers 20 minutes in boiling water bath. As soon as bubbling ceases, tighten screw or spring top sealers (vacuum type require no further tightening). Cool, test for seal, and store.

Medium Syrup

Add 1 cup sugar to 1 cup water. Bring to boil. Skim syrup if necessary. Keep hot. Yields 1 1-2 cups.

Strawberry Preserves

Two lbs. capped, cleaned berries, 5 cups sugar, 4 tbsp. lemon juice.

Mix berries with sugar. Let stand 3 or 4 hours. Place over very low heat until simmering point is reached. Add lemon juice. Boil rapidly 10 to 12 minutes, or until berries are clear and syrup is thick.

Cover and let stand overnight. Pack cold in hot, sterilized jars. Close containers, process 15 minutes in boiling water bath. Seal containers, test seal, and store.

That Body of Yours

By James W. Barton, M. D.

SOME THOUGHTS ABOUT LIE DETECTION

The subject of the use of the lie detector by police departments and whether the evidence so obtained should be admitted to the courts is one which has been much in the public press lately. There has been much controversy about it as many are not convinced that the lie detector should be considered as being able to produce sure proof of guilt.

It has long been known that when the mind seeks to conceal some thing, the body may betray guilt and fear by emotional disturbances. We have all known instances of this; for example, some may be able to tell a lie with a straight gaze but a telltale blush of the skin of the face gives them away Many mothers, suspecting their child of telling a fib, may ask him to put out his tongue and she will be able to tell. If the child knows he has fibbed, he will keep his mouth stubbornly shut.

More scientific attempts to detect lying by registering the changes in blood pressure and breathing have been used. One of these is Keeler's polygraph or lie detector. Now, a lie detection test is a stressful experience, whether one is innocent or guilty. The persons who use this test are aware of its limitations. For example, some persons will be unsuitable for testing because they already have disease of the circulation or the respiration which will give off-normal results on the machine, whether guilty or not. Also the results will be valueless if the person being tested is too feeble-minded or mentally confused to understand what is going on.

Other types who will not give true results on the lie detector are the psychopaths (those with borderline disorders of the mind, not true insanity) who may have no moral sense about lying and so will not register any emotional reaction. There is also the heavy dull type of person who shows very little disturbance at any time and, on the other hand, the anxious, emotional type who shows a great deal. Thus, I have written before of the young Englishman Benwell, who murdered another. Englishman, Birchall, was caught and sentenced to death The murder had been cool and calculating and so was the murderer, so much so that when his stomach was examined about one hour after

Continued from page 9

HOLMAN STORE NEWS

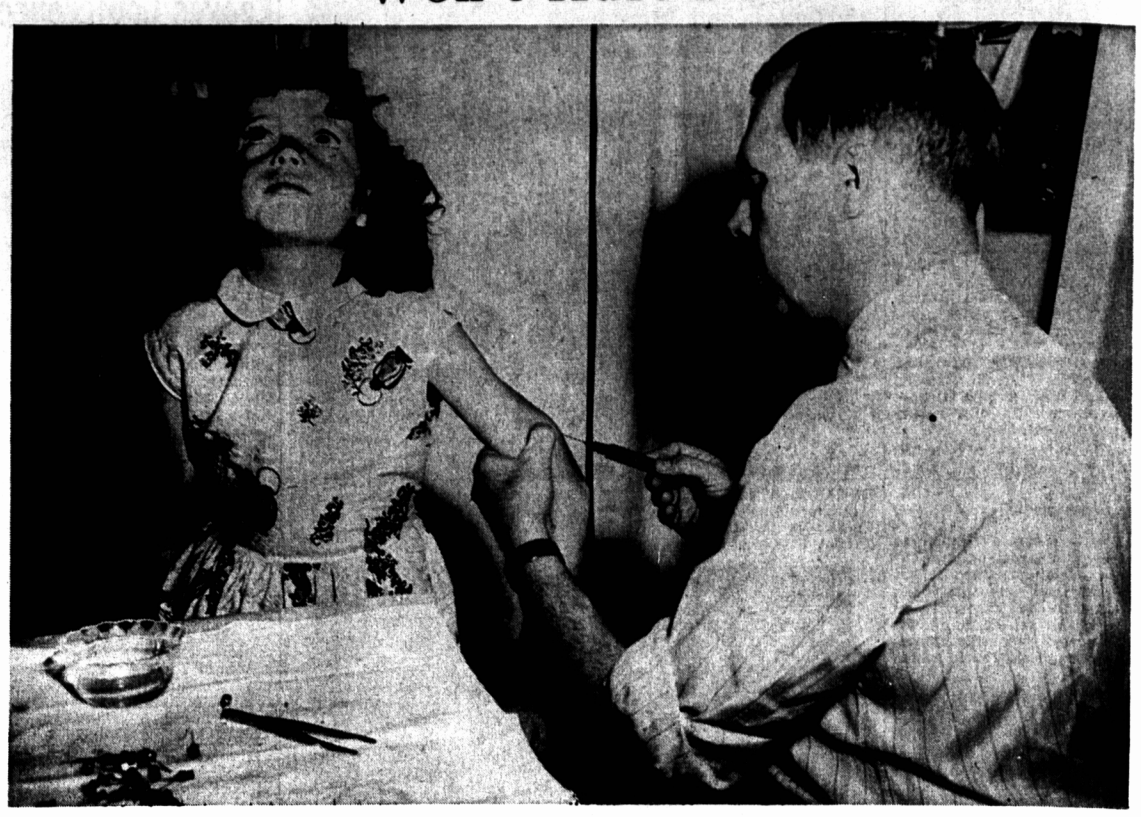
— G. H. M. —

DEFINITELY the surf won't get in your hair when you wear one of the specially designed SWIM CAPS from the Ladies' Wear Department of the Summerside Store - - - They are made of the finest quality, pure rubber and they're comfortable, charming and durable. A product of "Oliver's of London, England", these Swim Caps are priced a wee 59 cents each. They are in smart shades that will flatter and enhance your Summer complexion—that will go-with or contrast-with your Swim Suit, so that you will be a perfect picture on the beach or in the sea. Sizes of Oliver Swim Caps are medium, large and extra large - - - You'll find them in the Ladies' Shop, Charlottetown and the Ladies' Wear, Holman's, Summerside.

YOUNG "Tom, Dick and Harry" take to our SWIM TRUNKS like ducks take to water - - - And that's of a truth! They fit right, they're comfortable, they are good looking and they really give loads of long, tough wear. The Boys' Shop has a wonderful array of SWIM TRUNKS, priced from 1.98 to 4.95. They are in Boxer or Jockey styles and are made of nylon, satin or poplin "Lastex" and plain poplin in serviceable shades that are bound to lead an active life. Sizes are from 24 to 32 - - - By the way, if your young lad is a non-swimmer, you should get him a "MARKSWAY SAFETY SUIT"—really and truly unsinkable, and the "Marksway" Suit will help him learn to swim. Come in today, the Swimming time is today and now. Boys' Swim Trunks are in the Boys' Shop of the Summerside Holman Store.

YOU need BEACH SHOES - - - Of course, you do, and then you'll walk with ease and comfort on the stoniest of sea shores—sharp shells, stones and rocks won't bother you one iota! The Shoe Department at Holman's in Summerside has stacks of BEACH SHOES to fit each and every member of the family—they're made of fine quality, sturdy rubber with reinforced soles that won't cut through. Made in slip-on, instep-strap style, the Men's Sizes are from 6 to 9—1.39 a pair —Women's Sizes are from 3 to 8—1.29 a pair—Misses' Sizes are from 11 to 2, Children's Sizes are from 5 ot 10—1.19 a pair. Outfit the entire family with Beach Shoes for complete foot protection—you can get the Shoes from the Shoe Departments in Holman's Summerside Store.

Won't Hurt a Bit!



Apprehensive Wendy Toogood, seeking some measure of assurance from above, braces for the needle-prick as Dr. G. H. Ball begins a test vaccination program with the new Salk polio vaccine. Some 3,000 Edmonton school children will receive the vaccine this summer, with another 3,000 receiving sterile water to facilitate comparison of the percentage contracting polio. The test program is being carried out in all Alberta cities, towns and villages.—(CP Photo).

DOROTHY DIX

His Careless Habits

DEAR MISS DIX: Many times I've read of women whose slovenly appearance and poor housekeeping were big factors in marital breakups, but how about the other side of the picture? What can be done with a husband who is totally lacking in concern over his personal appearance—shaves only after much persuasion, is careless about his clothing and parks cigarette ashes anywhere but in the ashtray. I have been married for five years and my husband is steadily getting worse. I realize now that signs were apparent before we were married, but I ignored them. Bert was never a careful dresser, or a tidy person. However, I never dreamed that the outward indications covered serious neglect. Because I kept silent so long, hoping he would change, I think he has firmly established a pattern of laziness that will be difficult, if not impossible, to change. His reaction to any remarks I make is that I'm making much ado about nothing.

D. D.

STUDY ADVERTISEMENTS

ANSWER: The frankness with which modern advertising in magazines or newspapers, as well as the commercials of TV and radio, treat personal problems that once were absolutely taboo, comes in for considerable kidding but fundamentally it has accomplished lots of good. It has made many people aware of social shortcomings that they would otherwise have been inclined to ignore.

Perhaps Bert could use a bit of such directness, pointed especially at him. By now he's gotten used to the sound of your voice, and your words of advice fall on unheeding ears. Try the printed word. Make up a scrapbook of all the offending males in current ads, together with the suggested cures. Ad writers can do this sort of thing much better than you can; perhaps their persuasive claims will make Bert realize what a distressing boor he is. The sight of a slovenly male cluttering up what would otherwise be an attractive domestic scene is enough to make any woman flee. What good is an attractive home to her, when the first sight that greets her guests is an unshaven husband, probably in an undershirt?

Perhaps some readers who have solved successfully a similar problem (though I'm afraid their number will be few) may help you with a remedy.

DEAR MISS DIX: After two years of courtship, I find I do not love the boy. I was so carried away by the thrill of being important to somebody that I made promises I am no longer able to keep. I know the engagement was a mistake and I want to break it, but my family is appalled at the idea.

Brenda

ANSWER: Breaking an engagement is a serious step, and a most disagreeable task; yet it is absolutely necessary once the lack of love is evident. It may seem cruel to hurt the young man now, but it would be much worse to go on, only to deal a harder blow later.

Morning Smile

Just An Error

Irate Cop—"Didn't you hear me yelling at you to stop?"

Woman Driver — "Yes, I did hear someone yelling."

Irate Cop — "Then why in heavens name didn't you stop?"

Woman Driver—"Why, I thought it was someone I had run over."

Better English

By D. C. Williams

1. What is wrong with this sentence? "I can't hardly determine whether everyone has sufficient money for their expenses."
2. What is the correct pronunciation of "naiad"?
3. Which one of these words is misspelled Poltice, poltron, polyandry, pollution.
4. What does the word "demur" mean?
5. What is a word beginning with ma that means "to frolic in disguise"?

ANSWERS

1. Say, I can hardly determine whether everyone has sufficient money for his expenses." 2. Pronounce na-ad first a as in nay, second a as in add, accent first syllable. 3. Poultice. 4. To offer objections; to take exception. (Pronounce the u as in fur). If all the others wish to go, why should I demur?" 5. Masquerade.

How Can I?

By Anne Ashley

Q. How can I hasten the cooking of beets?

A. If a few spoons of vinegar are put into the water in which beets are being boiled, it will hasten their cooking. Beets are also very tasty when baked instead of boiled.

Q. How can I remove grease from garments?

A. When a garment is very greasy put about one pint of ammonia in enough suds to cover, and soak the garment overnight before laundering.

Q. How can I take the heat out of burns?

A. To take the heat out of burns make and apply a paste of baking soda and water.

Modern Etiquette

By Roberta Lee

Q. Should a woman keep her hat on when at an afternoon card party?

A. She should remove it if the party is in a private home. If in a public place, she may either remove it or keep it on, as she wishes.

Q. How close to the dinner table should one sit?

A. Sit close enough so that you can reach the plate without leaning forward awkwardly ,and far enough away so that the elbows are not cramped.

Q. May one write an acknowledgement to a formal invitation in the first person?

A. No; since a formal invitation is always in the third person, the answer should also be written in the same way.

Cook's Corner

LADY ASTOR PICKLES

Peel and dice
6 large cucumbers and
1 quart of onions.
Let stand in brine of ¼ cup salt overnight. Drain in morning.

Dressing

1½ cups white sugar
3 tablespoons flour
1 teaspoon turmeric
1 teaspoon celery
2 tablespoons mustard
2½ cups vinegar.

Mix all dry ingredients with the ½ cup vinegar then add the 2 cups hot vinegar. Cook until thick. Pour over cucumbers and onions and boil slowly until clear.

—Mrs. V. S. Fraser,
Alberton So. W. I.

Household Scrapbook

By Roberta Lee

Moths

To prevent moths sprinkle a little turpentine around the crevices of closets, drawers and boxes. Wrap garments to be put away in newspapers as moths dislike the odor of ink.

Threading A Needle

If one finds it difficult to thread a needle, push the needle through a sheet of white paper, about a quarter inch from the edge, until only the eye is visible.

Pies

When making pies during the summer, try filling a long round bottle with ice water and using it instead of the rolling pin.

IT'S NO SECRET.. TRY PERFECTION!

The rich, natural goodness of Perfection Evaporated Milk is your key to a wonderful variety of delicious desserts that can literally be whipped up in a jiffy.

Baked custards, or frozen delights are equally good, and crisp "whipped cream" of chilled Perfection Evaporated Milk adds value and variety to fruits, cakes and puddings.

Insist on PERFECTION.

TO WHIP

Chill thoroughly, whip with a rotary beater — and, if desired, add a few drops of lemon or vanilla for added body.

M-M-M-M

CENTRAL CREAMERIES Limited
CHARLOTTETOWN PRINCE EDWARD ISLAND