

# Women

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## HAPPENINGS

Mr. and Mrs. R.C. Parent returned Friday from a three weeks trip to Western Canada and the United States. Since arriving home they have had Mr. and Mrs. Hubert Seely of Montreal as their guests. At present their guests who arrived on Monday, are Mr. and Mrs. Harold S. Parent of Bangor, Maine.

Miss Marjorie Doyle, Longworth Avenue is the guest of Dr. and Mrs. J.C. Gallant, Stanhope.

Mrs. Linn Farish, Woodland, California, Miss Helen Jenkins, Calgary, and Mrs. E.F. O'Brien, Ottawa, have arrived to spend the summer at Keppoch. Mr. O'Brien is expected this weekend. Mrs. Farish, Miss Jenkins and Mrs. O'Brien are daughters of the late Dr. S.R. and Mrs. Jenkins of Charlottetown.

Mrs. Robert Messervey of Toronto, has been attending the Shakespearean Festival in Stratford.

Mr. Russell E. Flood Dept. of Finance, Ottawa, Ontario, and Mrs. Flood are visiting friends and relatives on the Island.

Mr. and Mrs. Daniel Harris, Edmonton, Alberta, accompanied by their daughter and son-in-law, Mr. and Mrs. Harold Olding visited here recently. It has been over forty years since Mr. and Mrs. Harris visited P.E.I. While here they visited their old home in Murray Harbour. Mrs. Harris is

the former Marcella Haszard and will be remembered by many friends here.

Mr. and Mrs. Charles Lorway of Sydney, Nova Scotia, with their children Judith, Charles, Jimmie and Eve are summering for a month at Stanhope. Mr. Lorway leaves for Sydney Thursday and will return later.

Mr. and Mrs. Harry Younker, Toronto, with their children Richard and Janet are spending a month at Stanhope.

Mr. and Mrs. Earl Bond, Belmont, Mass., and Mr. and Mrs. Charles Bond and son Charles of Waltham, Mass., are visiting in Tryon. They are the guests of Mrs. Florence Toombs.

Mrs. Warren Buchanan, Eldon, has returned from her trip to Toronto. She was accompanied by her four grandchildren, Gary, Patty, Windsor and Linda, also Cecil Murphy of Souris.

Sub. Lt. Randolph Buchanan, has successfully passed his 3rd year medical exams at Dalhousie. He won distinction in both pathology and pharmacology. He is employed at Shearwater Naval Hospital for the summer months.

Mr. and Mrs. Murray Hefler, Middle Sackville, visited for a few days at the home of her parents, Mr. and Mrs. Warren Buchanan, Eldon. Mr. Hefler was called home to attend the funeral of his father.

## Chose Canada Over Hawaii

TEEPEE CREEK, Alta. (CP) Mrs. Helena Rycroft, a trim-figured mother of 10 and grandmother of 46, says she has never missed Hawaii, from where she came to Canada to settle on a homestead in the Peace River country of Northwestern Alberta. Now a spry 72 and a widow since 1944, she recalled in an interview that she chose Canada over Hawaii because of the West's resemblance to her native Norway.

As Helen Thommesen, a woman of about 20, she had left Norway for Hawaii to follow her sweet-heart. In Hawaii, she found the romance had cooled so she went to work nursing. Soon she met and married Hawaiian-born Mr. Rycroft.

"It was simply enchanting down there," Mrs. Rycroft said. "And who knows we might still have been down there had it not been for a holiday we took in British Columbia."

Her husband saw snows for the first time. The Rycrofts came to Canada and first lived in Edmonton, later moving to Spirit River, 250 miles northwest of Edmonton where they took over two quarter-sections of land.

My husband went to Edmonton for a while," said Mrs. Rycroft, "so I started on my own. I don't mind admitting that at first I hated everything."

On Mr. Rycroft's return, things shaped up better and for 13 years they raised cattle. "Mind you," Mrs. Rycroft said, "a mother with 10 children can't do much more than bring them up."

By 1925, when it cost \$100 to raise a cow that might bring less than \$5 at market, the Rycrofts decided to move. They lived at Dunvegan, then Smoky Heights, where they stayed until 1943.

"That part of the world," Mrs. Rycroft said, "was even more like Norway. As far as we were concerned, we were home. If my husband hadn't died in 1944, we'd be there yet."

It was after her husband that the village of Rycroft, not far from this tiny community, was named.

Mrs. Rycroft says she has not missed the warmer climate of Hawaii.



## Brilliant Student Has P. E. Island Background

The many friends of Miss Cynthia Winsloe Lydford will be happy to know that she was among the graduates in the June class from Queens College, Long Island, New York. Besides receiving her Associate in Applied Science degree, she became a graduate nurse and received the faculty award in nursing science for "Scholastic Ability Excellence in Clinical Practice and Dedication to the Ideals of Service."

Miss Lydford intends to continue her studies at the University of New York in the autumn. Miss Lydford is a niece of Miss Doris Wright, Charlottetown. She began her training at the P.E. Island Hospital.

Miss Lydford is a descendant of the Winsloe family of England, who founded Winsloe, Prince Edward Island. She is also a direct descendant of Sir Charles Douglas Smith, governor of Prince Edward Island and Lady Smith. Her parents are Mr. and Mrs. Robert J. Lydford, Long Island, New York.

## LADY PARKHURST

### Full Fashioned SKIRT and SWEATER SETS

of High Bulk Orlon. These skirt and sweater sets were dyed in the same dye bath, insuring perfect colour match. Both are full fashioned and knit from High Bulk Orlon. The skirt is reversible, rotatable, washable. Six different styles, eight colors. \$19.95 and \$21.95

## ISLAND FURRIERS LTD.

## Takes Course

Miss Carole Anne Hogan, daughter of Mr. and Mrs. John W. Hogan, Parkdale, left Tuesday for Loveland, Ohio, where she will attend a leadership course in Catholic action at the Grailville College. Miss Hogan was chosen to attend this course. She is a Grade XI student at St. Mary's Convent, Souris. She is expected to return around September first.

## TALENTED MUSICIAN

Alister Pearce, British musical composer who died in 1912, was a church organist at age nine.



MR. AND MRS. STANLEY EARNEST GAY & PARTY

## Double Ring Ceremony Performed In Saint John

A pretty wedding was solemnized at Waterloo St. Baptist Church when Rev. D.S. Calken, united in marriage with the double ring ceremony June Marie, daughter of Mr. and Mrs. Blair E. Stilwell of Young's Cove Road, N.B. and Stanley Earnest, only son of Mr. and Mrs. John Gay, Montague, P.E.I.

The guest pews were marked with lily of the valley, tied with white satin bows. The altar vases contained Sweet peas and maiden hair fern. Miss Hilda Britain was organist.

The bride wore a ballerina length gown of pale blue Chantilly lace and tulle over taffeta. Her fitted jacket to match and her gown had long tapering sleeves extending to points over her hands. Her waist length veil fell from a coronet of silver and blue sequins and net. She carried a bouquet of American Beauty roses.

The bridesmaid wore a ballerina length gown of shrimp Chantilly lace and nylon net over taffeta. She wore a matching net hat trimmed with colored sequins and net gloves. She carried a bouquet of pink and white carnations.

Mrs. Stilwell, mother of the bride wore a dress of blue lace over taffeta with blue and white accessories. Her corsage was American Beauty roses. The groom's mother was unable to attend.

Following the ceremony a buffet lunch was held at the Orange hall East St. John. Those serving were Mrs. William James, Mrs. Norman Boyd, Mrs. Gordon Stilwell, Mrs. Richard Kirkpatrick, Mrs. Vernon Chapman, Miss Gladys Gauthier, Miss Nancy James, niece of the bride, had charge of the guest book.

The bride is employed at the Lancaster D.V.A. Hospital. The groom is employed at Speedway Express Co., Saint John. They will reside in Saint John.

Out of town guests were Mr. and Mrs. Blair Stilwell, Doreen Stilwell, Mr. George Fanjoy of Young's Cove Road, Mr. and Mrs. Derick Hughes, Summerside, P.E.I. Mr. and Mrs. Leo Collins and Mrs. Arnold Vanderstine, Montague, P.E.I. Mrs. Fred Acorn, Murray River, P.E.I. Mr. and Mrs. Norman Boyd, Long Creek, N.B.

who have a difficult time getting back their strength will find this plan a life-saver. Lie down and rest for a full 10 minutes out of each hour. Take this time to re-quip your energies. At the end of the day you will feel rested instead of depleted and you will accomplish about as much.

Bow the career girls. On first awakening, go through an easy stretch routine. This will help you to begin the day in a relaxed way. The start sets your pace for the day. With a hectic start, tension mounts.

If you come home spent and weary, try to rest for 20 minutes before dinner. Relaxing before a meal has proved to be more effective than relaxing after the meal. Relax and weight gaining will not be such an uphill climb.

## VALLEYFIELD W.M.S.

The June meeting of the Valleyfield W.M.S. was held in the school room of the Church, with Mrs. Preston Peardon leading the devotional period. The theme "Think on these things", was carried through by the leader. Scripture passage John 21: 1-17 was read by members and Hymns: "This Is My Father's World" and "A charge to keep I have" were sung.

The president, Mrs. W.A. Bruce, presided for the remainder of the meeting. Minutes of last meeting were read by the secretary and roll call was responded to by a scripture verse containing the word "Justice". Next roll call contained the word "Obedy". Mrs. Arthur MacKinnon was appointed leader for the next meeting.

The treasurer, Mrs. Preston Peardon reported the offering amounted to \$11.00. It was agreed to order the annual report, Miss Mae Matheson to order these as soon as possible.

An item on "Facts and figures" was read by Mrs. J.N. MacPherson. Correspondence was read by Mrs. Alex Martin and Mrs. P. Peardon. An article on Christian Stewardship was read by Mrs. Max Cooper.

The president checked membership Bible reading and Mrs. H. VanBuskirk checked on visits. The Korean need was discussed and members showed interest in items in Missionary Monthly regarding "Battie Hymn".

Mrs. A. J. MacPherson had charge of the Study Book and gave an interesting account of work carried on in Liwan, Japan. (Formosa). She was assisted in this report by Mrs. Max Cooper and Mrs. J.N. MacPherson. Mrs. Lloyd Fraser agreed to take study for next meeting.

Mrs. Cooper Sr., gave a very interesting account of work in the W.M.S. in her home town. The following lunch committee was appointed for next meeting. Mrs. Everett MacPhee, Mrs. P. Peardon, Mrs. Martin MacDonald and Mrs. Roy Gillis. Meeting closed with the Lord's Prayer in unison.

## BRACKLEY POINT W.I.

The June meeting was held at the home of Mrs. George Shaw on the evening of Thursday the 6th. The meeting opened by singing O Canada, and repeating the creed. Thirteen members responded to roll call with a current event. One visitor was present.

Plans were made for attending the district convention in Parkdale, and providing B.P. share of refreshments. Mrs. Gregor McCallum volunteered to visit the school in June and take responsibility for the usual treat of weiners, rolls and drinks for the school closing picnic.

It was decided to hold an achievement day for the sewing club at the home of Mrs. George Shaw, the W.I. to supply ice cream and the mothers of club girls sandwiches and sweets.

The sick committee sent flowers to a resident in hospital. A letter was read from R.T. Holman Ltd., regarding prizes for Women's Institutes given at their Women's Day June 21st. Subscribers received their Institute News.

The directors were asked to engage a play or other entertainment for the hall, if there is one available. Mrs. John Cameron expressed her pleasure at being home again after spending the winter in the sunny south and was heartily welcomed by all members.

Collection was \$2.70. \$7.50 was passed in from the sale of Kinsmen's Carnival tickets. Mrs. Fred Hughes invited the July meeting to her home where roll call will be answered by a salad recipe. The hostess served lunch and the meeting closed by singing the Peace Song.

## IMPROVE WINDMILLS

A South African regulator for windmills allows them to operate in breezes of less than five miles an hour.

## ELLEN'S DIARY

### Mother Still Settles Arguments & Rules Roost

"And so this is your birthday Ellen," the visiting sister commented with a teasing but warm smile this morning. "Well," she remarked, "we'll not go into any intimate details over it."

"She's just six years older than you are," the mother of 90 years—and three sons and five daughters, nodded, settling at once any subtle suggestion. "You were born in the harvest-time, Ellen came in the haying. And" this woman of the farm added, "There was a better hay crop that year than there will be this one. I'm telling you—yes, decidedly better," she said.

This was an afternoon overlaid with sunshine and bound with a winsome breeze of the west. It was a perfect one for Granddaughter and (cousin) Jane and Brenda, one of the latter's bosom friends in the neighborhood, to follow with us the farm-lane to the shore.

Down past the neat, long-cleared, fields all went where it is true we too have seen the clovers color the haylands more richly before this, but whence at least an adequate supply of hay will be presently gathered.

Sometimes the little girls walked steadily, interested in young and merry chatter, and again they turned aside to pick of the wild strawberries now in tempting scarlet along the lane-side, then as though to make up for lost time they hastened steps as the shining Strait beckoned.

The tide which had been lapping at the red of the cliffs was ebbing when we came there, the waves washing away steadily from the damp of the sands. Already there were indications of the near red bars baring, to us concerned with the safety of it might be venturesome youngsters, a welcome sight.

The Strait sparkled in its summer loveliness and far out at the horizon its deeper blue faded into

the azure of the sky above. We smiled happily. Once more the sight, and sound of the tide moving gently was in our ears.

"I like this South Shore" Granddaughter said preparing to follow her companions into the water, "do you?"

"Oh yes!" we replied, "naturally, much."

And when the water no longer cast its spell over young and older, there was time to spend on the sands enjoying the wide and seemingly undisturbed peace which blessed the place, though up and down the shore, others too in and out of the water enjoyed the healthful delights.

How tasteful then our evening meal, and how sweet our rest will be tonight.

"I wonder how they're faring at home without us" Granddaughter offered when the Sandman of children with a roughish twinkle reminded her that it was time to be in bed. "well," she chuckled answering her own query sleepily "if the rest of the days pass as quickly as this one has, it won't be long before we'll know!"

So we number off a first and exceedingly pleasant summer holiday.

Unit tomorrow --- Diary Good-night.

## WINS LIBEL SUIT

TEL AVIV (AP)—Amos Ben-Gurion, deputy police chief son of Israel's prime minister, Wednesday was awarded \$5,000 (about \$2,800) when he won a libel suit against four authors of a pamphlet entitled "danger threatens from within." Ben-Gurion's lawyer told the court the pamphlet alleged the 36-year-old police officer had "accepted gifts from higher authority, exploited his position to acquire property for almost nothing and associated with suspect persons."

## KEEP IN TRIM

### Thin Girls Can't Gain Weight By Overdoing It

By IDA JEAN KAIN At ease thin girls... stop racing your motor. If you go at a hectic pace and habitually overdo you haven't a ghost of a chance of adding needed pounds. Of all the factors which keep you underweight and under par, tension heads the list.

Tension squanders calories at a prodigious rate—increasing your calorie burning as much as 20 per cent. If your normal requirement is around 2,000 calories daily this means you need an additional 400 calories a day just to hold

your own. In order to have extra nutrition for curves, you would need about 3,000 calories daily. To understand how accumulated fatigue can keep you underweight, realize that fatigue diminishes your appetite and impairs digestion, so you get less "good" out of your food. Then too, under-nutrition of itself tends to stimulate activity. A symptom of over-fatigue is the compulsive feeling to keep on working.

**NEED REST PERIODS** In experiments with underweight children and adults, all measures for gaining failed until regular rest periods were followed. From the letters that came to this department, the young mothers seem to be the ones who feel chronically tired and find it impossible to gain. Rest periods are the answer. The children's nap time should be the mother's nap time too.

If you're not accustomed to relaxing, it will take practice. But in as short a time as a week you will find the daily nap a blessing. One effective relaxing technique is to practice letting go with each group of muscles progressively. The secret is to let go with your mind as well as your muscles.

Young mothers with tiny babies

## Wife Preservers



Never point directly over a knot in wood without sealing it first or it might stain new coating. Thinmed shellac makes a good knot sealer.



## TEMPTING TOPPING

Summer straws take on a prettily look and coming along now are delightful jobs ideal for topping smart summer suits. Very attractive and striking is this toget-

of white toys applied with pastel flower sprays. This one would look very charming, too, worn with silk, linen or cotton dresses in white or pastel colors.

IMPROVE WINDMILLS A South African regulator for windmills allows them to operate in breezes of less than five miles an hour.

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Libby's—48 oz. ORANGE JUICE 35c

Dr. Ballard's DOG FOOD, 2 for 25c

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