

ELLEN'S DIARY

By An Island Farmer's Wife

We thought of a fairy tale with its moments of suspense, its trials and surprises and heart-warming climax when her car, sleek and shining, drew up at the door. And we were happy to remember that now living in that period which makes two "live happily ever after," no clock tolling the midnight hour could dispense its magic but that instead goodness and mercy would attend her ways. "All the days of" her life.

A little country girl she was, though not of the farm... of average ability or better as a young student and, we recall, that she was a conscientious child — one who always tried to do her tasks well. There were others of her classmate for whom we predicted brighter futures to know now that none of them could have had a fuller, more interesting life than this maid we once knew. How were we to know that back of the candid eyes, the often sober expression which could light up beautifully into a broad infectious smile, lay those gifts which could assure her of successes ahead?

She was talented — exceptionally gifted as a natural elocutionist. While still young she could make her words and sentences — and expression respond to her fancy. And we said in mind, if she could only be trained along these lines, if her given bent could be cultivated, what a celebrity of screen and stage she might one day be. But opportunities for training in other than the usual professions for women were rather rare in those days; a girl took a teacher's or business course, as a way to an independent livelihood; entered a training school for nurses — and perhaps, or learned the art of millinery; or frequently, school days past, became interested in the mysteries of housewifery, fell in love with the lad from the next farm over or one from another Island community... married and "fortunes made" carried on quite happily from there.

As it happened, it was a nursing career this girl chose; to her honor won mostly by her own initiative and courage, by the pattern of industry set for her in her home and that faith which knows that ultimately as was promised "all things work together for good." The years brought her a busy, interesting life at her profession... a good husband, and a daughter to be obviously the apple of her eye.

"Give love, and love to your life will flow, a strength in your utmost need." The words came to mind when at leave-taking yesterday, as might a pair of satisfied companions, the two entwined arms... Good mothers give love to their children, lavishing upon them heaping measures of it to make indelible items of remembrance for them such times in later life as spirits may waver over some beguiling temptation they must face.

Along thousands of miles the two had travelled to holiday briefly with loved ones and friends amid the mother's girlhood scenes.

"Mother had to climb the back stairs to her room as she used to do when she was a little girl," the daughter explained with an affectionate smile.

"Yes," the mother offered, "and we had to visit the graves in the cemetery — how many new ones there are, even since my last visit!... And we want to see the folks left whom I know so that she'll know them too when I speak of them," the mother smiled. "I do talk about them to her because they're all a part of my life — and I think of them often even if I am so far away."

A fairy-tale? This little country girl of once became the Princess in we saw unfold to an ending in

Hints For Salad Preparation

Salads are an excellent way of introducing more vitamin and mineral-rich fruits and vegetables into the family's diet. In hot weather salads are cold and refreshing as well as nourishing and satisfying.

Salads may be an accompaniment to a meal, the main course or the sweet ending. To insure crispness when making a salad have all ingredients fresh, dry and as cold as possible. Soggy salads result when the greens, fruits or vegetables are damp, warm or not quite fresh. Wash salad greens immediately after harvesting or purchasing. After washing shake the greens well in a clean absorbent tea towel. Store in a cold place until ready to use. If you have no refrigerator hang the salad greens in a damp bag where the air can circulate freely. The evaporation of water from the bag keeps the greens cool and crisp.

Salads are economical especially at this time of year when lettuce, green onions, radishes and other salad vegetables and fruits are in abundance. Prepare most salads just before serving; only potato salad can stand up to advance preparation.

That Body Of Yours

By James W. Barton, M.D.

HOME CARE OF POLIO PATIENTS

As no one can foretell just when or where an epidemic of poliomyelitis (infantile paralysis) may occur, physicians and parents, in fact, the general public, are all on the watch at late summer and early autumn for this much feared disease.

With the present crowded condition of general and children's hospitals, physicians are finding that the treatment of milder forms of poliomyelitis at home has many practical advantages.

In "Postgraduate Medicine," Dr. Philip M. Stimson, Department of Pediatrics, New York Hospital-Cornell Medical Center, New York City, states that there are good reasons for keeping these patients at home.

In the first place, fatigue and physical exhaustion, just before or after the polio attack occurs, are known to be detrimental to the patient's welfare after the attack has got under way, in some cases probably markedly increasing the severity of the involvement of muscles.

Keeping the patient quietly in his own bed at home and avoiding the fatigue and nervous tension bound to be present in removing him to the hospital, and his upset during first few days in hospital, are in line with our latest knowledge of treatment of polio. Rest, both physical and mental, is the most important factor in the early cure of patients with this "frightening" disease.

Further, no youngster or adult patient either, prefers hospital to home and this is the feeling of the family also. Danger to the other members of the family is not appreciably increased, the patient probably already having exposed and infected all his contacts for some days before the diagnosis is suspected.

The cost of the illness with home (Continued on page 3)

which the principals now "live happily ever after."

So, in the items which contribute to the enchantment of summer on Island farms we include the glad hall of vacationing friends!

Until tomorrow --- Diary --- Good-night....

How Can I!!!

By Anne Ashley

Q. How can I keep sandwiches fresh when packing them for a picnic?

A. Wrap them in waxed paper, and before you fold the paper over, run a warm iron along the double edges. The wax will melt and the edges will fuse.

Q. How can I prevent grease from spluttering excessively in my kitchen?

A. Sprinkle a little salt or flour in the pan before the grease is added. If it's too late for this, turn a collander upside down over the frying pan. This will stop the flying grease, but still will allow the air to come in contact with what's cooking.

Q. How can I add luster to linoleum without waxing it?

A. Add a little sour milk to the rinse water when you wash it.

Better English

By D. C. Williams

1. What is wrong with this sentence? "We don't doubt but what the truth will come out."

2. What is the correct pronunciation of "irrevocable"?

3. Which one of these words is misspelled? Proof, reproove, groove, forsooth.

4. What does the word "facade" mean?

5. What is a word beginning with pa that means "not actively"?

ANSWERS

1. Say, "We don't doubt that the truth will come out." 2. Accent second syllable, not the third. 3. Reprove. 4. The front of a building, especially the principal front. (Pronounce fa-sad, both a's as in an, accent second syllable). 5. Passively.

Modern Etiquette

By Roberta Lee

Q. How should a girl's engagement be announced if her father is dead and her mother is remarried?

A. It should be announced under her stepfather's name, as "Mr. and Mrs. James L. Black announce the engagement of their daughter, Martha Anne Wilson, to Mr. Henry Lee Gray."

Q. Is it obligatory that a woman keep her hat on when attending a card party?

A. She, of course, always removes her hat if the party is in a private home. If the card party is in a public place, she may either remove it or keep it on.

Q. Who should lead the procession into the dining room when a dinner is being given in honor of a man and wife?

A. The host or hostess with the wife or the husband of the honored couple; the other two next.

prestige and popularity. Family and domestic matters, romance and creative work, are favored for the balance of 1953.

A child born on this day will be intelligent, imaginative and witty.

Morning Smile

From Frying Pan To Fire

At a musical evening a woman was singing, and one of the guests towards the man next to him and muttered: "What an awful voice I

Household Scrapbook

By Roberta Lee

Blue Serge

It's very easy to get rid of the lint and other matter that blue serge picks up. Just take a large piece of adhesive tape and rub the sticky side of it over the serge.

Nail Polish

When aged nail polish becomes too thick and gummy to use, you can thin it out to its proper consistency with polish remover.

Powder Puff

You can put new life into a soiled powder puff by washing it in warm sopsuds, scrubbing the had spots with a fingernail brush. Don't lay it out flat to dry, or it may turn sour. Pin it instead to the sunny side of a window curtain so that the air can get at it.

Cook's Corner

CHERRY FESTIVAL SALAD PLATE

Ingredients: 1 1-2 pounds dark sweet cherries, 8 strawberries, 1 small cantaloupe, one 8-ounce can sliced pineapple, 1 avocado, 1 banana, lettuce, salad dressing.

Method: Wash cherries and strawberries, leaving stems and hulls on. Peel cantaloupe; remove center pulp and cut into 1-2 inch wedges. Drain pineapple. Peel avocado and slice into tenths. Peel banana, cut into chunks. Dip avocado and banana into juice drained from pineapple to prevent darkening. Line platter with lettuce. Mound cherries in center. Arrange alternate slices of avocado and cantaloupe around one half of platter. Circle other side with pineapple and remaining cantaloupe. Top pineapple with strawberries and cantaloupe with bananas. Serve with your favorite fruit salad dressing. Makes six servings.

PARSLEY FOR HEALTH

Parsley is much more than a garnish. When it comes to nutrition, parsley is head and shoulders above much of the vegetable kingdom. It contains several times as much Vitamin A as any other well-known vegetable, and is an excellent source of Vitamin C, as well as being rich in mineral content.

Men sure go for a MAGIC cake

COCONUT FUDGE CHIFFON CAKE

Mix and sift into a bowl, 1 c. plus 2 tbs. once-sifted cake flour, 1 1/2 tps. Magic Baking Powder, 3/4 tsp. salt, 3/4 c. fine granulated sugar; mix in 1/2 c. desiccated coconut. Make a well in the dry ingredients and add in the order given (do not stir mixture). 3/4 c. corn (salad) oil, 2 unbeaten egg yolks, 3/4 c. plus 2 tbs. water, 1 tsp. vanilla, 2 1/2 ounces unwaxed chocolate, melted and cooled. Stir the liquids to intermingle, then stir in the dry ingredients; beat until batter is smooth. Measure into a large bowl 1/2 c. egg whites (at room temperature) and sprinkle with 1/4 tsp. cream of tartar; beat until the egg whites are very dry stiff—much stiffer than for meringues, angel cakes, etc. Add flour mixture, about a quarter at a time, and fold after each addition until batter and egg whites are thoroughly combined. Turn batter into an ungreased 8" angel cake pan; bake in a rather slow oven, 325°, about 1 hour. Immediately cake comes from oven, invert pan and suspend cake until cold.



A Battle Rages In The Fashion World Over New Skirt Lengths

PARIS, (AP)—Elsa Schiaparelli, one of the top Paris fashion designers, defied Wednesday the Dior edict for short skirts and lengthened her dresses to about 13 inches from the floor, even longer than last year.

Christian Dior, who startled the fashion world in 1947 with the "New Look" and long dresses, pulled another surprise this week by shortening skirts to just below the knee, or about 16 inches from the floor.

Defiant of Dior too was one of London's top fashion-setters, Norman Hartnell, dressmaker to the Queen. He told newspaper men that so far as he's concerned, madam's hem is going to stay where it is, about calf length.

"Calf length is the most graceful for a woman's skirts, anything shorter is ugly," said Hartnell.

British fashion writers also took Dior to task and advised, on the front pages of several newspapers, just to ignore the whole thing.

Paris took Dior's innovation calmly, but one French fashion writer observed that "the war of length is being fought on 38 centimeters as the Korean was fought on the 38th parallel."

"A new Parisian girl is born at Christian Dior," added the writer. "She is small, short of chubby and shows her calves."

While no other Paris house has yet gone to the Dior extreme, shorter skirts seem to be the coming thing.

Jacques Fath has shortened his hemlines by nearly two inches to a level of 14 inches.

Jean Dessès has followed the same trend. But Jacques Heim and Schiaparelli have put out new dresses that show no more leg than those of last year.

Some old touches in Schiaparelli's clothes included hats like lacquered Japanese hair-dos, and multiple-string necklaces worn hanging down the back. She also had chromium pocket flaps and lizard skin collars, and a jacket tail folded and pointed like an umbrella and cat fur for collars, cuffs and linings.

3-Day Clearance Sale

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Balance of Infant's Girls' and Boys' Summer Wearables (assorted sizes) clearing at **33 1/3 per cent Discount**

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