

ELLEN'S DIARY

By an Island Farmer's Wife

"And do tell me what James gave you at Christmas, Ellen? And what did you do that day—How did you spend it?" a friend of the family wrote in a neat hand on the welcome seasonal greeting card in the mail this morning...



"Frangipani" from deepest Africa are held by Fred Frost, Toronto florist. Sprigs of the frangipani were planted in damp earth and wrapped in a plastic bag to bring them on a seven weeks trip from the East Africa...

A Country Garden

By JANUARY DAWN

The snow lies upon the ground, And yet I feel The shadow of the scent of flowers, Breathless the fire against the gray—

So still the air That hung upon a bare rose spray Are drops of rain Left there by midnight showers—

Black head still A chickadee Whistles the first love-notes of the year.

Hyacinths and Daffodils that were planted in October have been brought to the light for blooming. Few flowers are more colorful and worthy of use as potted plants than are Hyacinths.

As with daffodils and tulips, it is of prime importance that an abundance of roots is made before forcing is commenced.

Apartment dwellers who have no storing facilities for a rooting have in the hyacinth a plant they can grow with remarkable success without soil in hyacinth glasses.

After filling these with water the bulbs should be placed so that the base of the bulb and the water just meet. Store in a dark cupboard or cool place until root formation is well advanced.

A beautiful catalogue has been received from England and seeds will be ordered soon as the new garden year has come, and it is fun to plan for the garden in the first month of the year.

When winter comes along the river line And Earth has put away her green attire, With all the pomp of her autumnal pride,

Where gothic trees uphold the arch of grey, And gaunt stone fences on the ridges crest Stand like carved screens before a crimson shrine,

Showing the sunset glory through the chinks, There like a nun with frosty breath, the soul Uplift in adoration sees the world Transfigured to a temple of her Lord.

While down the soft blue-shadowed aisles of snow Night, like a sacristan with silent step, Passes to light the tapers of the stars.

Better English

By G. C. Williams

1. What is wrong with this sentence? "The children were prohibited to play on the porch, because

Here's An Easy Pleasant Way To Help PREVENT COLDS

At the first symptoms Relax in a Soothing

HOT MUSTARD BATH Mix 2 or 3 tablespoons of mustard in a little cold water and pour into hot bath. After bathing, give yourself a brisk rub-down...

Colman's MUSTARD

That Body Of Yours

By James W. Barton, M.D.

THE STATUS OF LIVING DIABETICS

Notwithstanding the fact that the lives of thousands of cancer patients are being saved by X-rays, radium and surgery, the cause is still unknown and thousands of patient research workers throughout the world are diligently seeking it.

When we think of those two formerly fatal diseases, diabetes and pernicious anemia, and realize that these diseases can now be controlled, it gives us hope that the finding of the cause of cancer may not be much longer delayed.

What is the present status or condition of these 516 diabetics whose onset was between the ages of 15 and 40, with 25 years of diabetes behind them?

Information was sought for nine items from reports from patients and physicians as to their ability to work, whether cataracts had or were forming, whether amputation of an extremity had been done, if there were heart or head disturbances.

It was found that practically all of these diabetics (94 per cent) were taking insulin; 80 per cent are active although they are far above the age of 40, now ranging up to 65 years or more.

"The patients in perfect condition are those whose treatment was begun with strenuous control of the diabetes in their early years, this control being maintained for 10 years more or less, which is longer than usual."

Dr. Joslin mentions the work being done by other research workers, particularly with diabetic children, showing that the evidence is overwhelming that strict treatment of diabetes pays and control of the disease is possible.

In conclusion, Dr. Joslin states that although the life of a diabetic child or adult is no flowery bed of ease, premature death from diabetes need not occur.

Modern Etiquette

By Roberta Lee

Q. When drinking any kind of refreshment at a social affair, should a little of the drink be left in the glass?

A. One may certainly drink all of it. But one should avoid throwing back the head, or turning the glass upside down to drain it.

Q. How should gifts and flowers received during an illness be acknowledged?

A. If the patient is too ill to acknowledge the gifts promptly, notes of thanks should be written as soon after recovery as possible.

Q. Who should pay for the bouquet of the maid of honor at a wedding?

A. The bride's family pays for this.

How Can I!!!

By Anne Ashley

Q. How can I clean painted walls without using soap?

A. Use two ounces of borax in two quarts of water and one teaspoon of ammonia. Use about half this quantity to each bucket of water, and no soap will be required.

Q. How can I make a firmer hem when lengthening or shortening a skirt?

A. Take a double stitch every inch or so. This will make such a firm hem that if you rip a few stitches, the rip will not extend for more than an inch.

Q. How can I reduce the shrinking of woollens to a minimum?

A. Observe these three things: Use warm water, use mild soap, and allow to dry slowly.

Cook's Corner

TURKEY HASH SUPREME

2 tablespoons butter or margarine, 4 tablespoons flour, 2 cups light cream, 1/2 teaspoon salt, few grains pepper, 1/2 cup grated Swiss cheese, 2 tablespoons sherry wine, 1 teaspoon grated onion, 1/2 teaspoon basil, few grains cayenne, 4 cups diced cooked turkey.

Melt butter or margarine; blend in flour, gradually add cream. Cook until thick, stirring constantly. Add salt and pepper. Place saucpan in very hot oven, 500 degrees F., 30 minutes. Remove brown scum. While piping hot, gradually add Parmesan style cheese, Swiss cheese and sherry wine. Add onion, basil and cayenne; combine with turkey. When ready to serve, heat mixture in skillet until turkey absorbs sauce. Skillet 6.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

WHILE novelty, ingenuity and exceptional skill may be put over with telling force, promising much constructive advancement, at the same time there may be loopholes for mistakes, bad judgment, possibly peculiar or tricky circumstances. Sound analysis and a straight-forward tackling of peculiar undercurrents, perhaps an inspired idea, could overcome this menace.

For the Birthday

Those whose birthday it is may find themselves in a rather complicated situation, with peculiar or unique problems coming up for drastic and forthright action. Singular or hidden factors may have to be dragged into the open before progress may be made. And with this perplexity the mind is not able to cope, being uncertain, obscure and dubious. Postpone vital decisions, if possible, while queer factors incubate. A child born on this day may have conflicting ideas and emotions, practical and aspiring, but but making its decisions impulsively.

Household Scrapbook

By Roberta Lee

Satin Slippers

Satin slippers that have become shabby at the toes will look like new if they are given an application of wood alcohol rubbed the same way as the satin. This applies only to black or very dark slippers.

Burned Dishes

Use borax water for removing the brown stains on dishes caused by scorching or burning. The dishes should stand in the solution for a day and then be washed with soap and water.

Rag Rugs

If rag rugs are frayed at the edges, cut off the fringe and with ordinary wrapping string crochet an edge on the rug. It will add to the appearance and the rug lasts much longer.

TOKYO, Jan. 1—(AP)—Occupation headquarters today announced it will transfer custody of all Japanese war criminals to the Japanese Government by next March 21.

DOROTHY DIX SAYS—

Too Much Attention

Privileged Boy Wants A More Normal Life

DEAR MISS DIX: I am a high-school boy of 14, and all I want is to be a normal teen-ager. My parents, who married late in life, do not understand this. They insist on driving me to school in a car, not to mention the fact that I am not treated fairly by my teachers. They are interested in my activities, but I can't confide in them. Mother, on several occasions, has repeated to her friends things I have told her in confidence. They want to travel around on weekends, when I'd like nothing better than to stay home. It isn't that I don't appreciate the advantages of having a nice home and good background, but all I want is to lead the same kind of life my schoolmates do without starting a family quarrel.



ANSWER: You are not alone in your plight, Jerry; it's shared by many other boys also the sole sons of parents who married later in life. Older parents, it is true, can usually give their offspring more financial benefits than can the struggling young couple, but the advantage is frequently offset by their total lack of understanding of the problems of youth.

THEY LACK PERSPECTIVE

Naturally, the further away we get from our own youth, the more difficult it is to get a perspective on the problems of the new generation. If a couple reaches the age where they would, normally be grandparents before they became parents, obviously they are at a difficult adjustment. Their child becomes a treasured toy upon whom every luxury must be lavished. Paradoxically, this pampering is often accompanied by an exercise of discipline designed to push the youngster more quickly into an acceptance of adult standards. Naturally the result is utter confusion on the part of the child, who only wants, as does Jerry, a normal existence.

Changing your parents' attitude towards you is not a fight to be waged single-handed. Can you enlist the aid of a teacher, or adult friend who could exert a little influence with your family? A straight-forward talk on the desirability of less supervision might help. It will not effect a great change, however; your parents are too set in their own habits by now. Just realize that you have many advantages, and let these benefits offset in great measure the liabilities of your position.

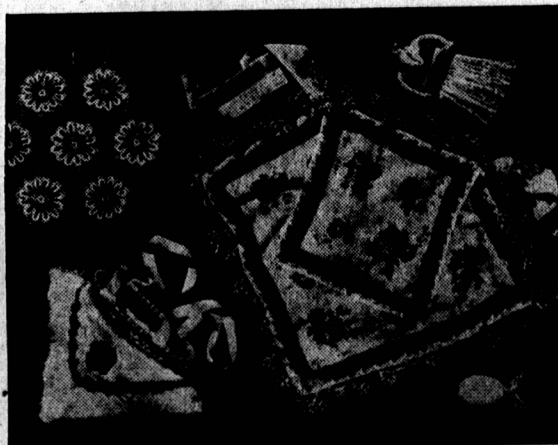
DEAR MISS DIX: Do you think it's wrong for my boy friend to come over when I have a job baby-sitting? He is very nice and the people for whom I work don't object. However, my grandmother does not approve.

ANSWER: When you have a job, you also have responsibility, and you will not adequately fulfill your obligations if you turn the evening into a social affair. Your employers are very kind to permit your boy friend to spend the evening with you, but it is not the proper or right thing to do. Heed your grandmother's advice; have your social occasions on evenings not taken up with baby-sitting.

DEAR MISS DIX: Can you tell me if a real father can be kept from taking a child if it hasn't been adopted? Do I have any legal rights to keep a child who has lived with me quite some time?

ANSWER: Many, many court battles have been fought over cases like this, and the outcome can only be determined after legal consideration of both sides. Better see a lawyer as to just what your rights are, and how they can be protected.

Novelty Crochet Gifts



This group of unusual and smart items, crocheted from gray colored cotton, may solve some of your gift problems. The dolly is an attractive design and trimmed with beads, wash-cloths make useful as well as ornamental laundry bags while handkerchiefs are combined with crochet for a pretty party apron. The group also includes two small gifts, a fish soap cover and a dressed-up white broom. If you wish directions for making these gifts, send a stamped, self-addressed envelope to the Needlework Department of this paper and ask for CROCHET NOVELTIES, Leaflet No. 8-163.



Mrs. G. Edwin Sansom holds the silver trophy she won at Stanley Fair in 1947, when she was named "Most Worthy Settler" for the year.

Adds to Baking Fame at 1951 Stanley Fair

At the internationally famous county fair at Stanley, N.B., Mrs. G. Edwin Sansom is honored not only for her cherished community services, but for her wonderful baking skill! She has been a prize-winner for decades—four ribbons in 1951, including a first prize for bread. Reviewing her years of success, Mrs. Sansom pays full tribute to Fleischmann's Yeast. "All the prizes I have won for yeast-raised baking were won with Fleischmann's Yeast," she says. "It's so lively and dependable—I wouldn't use any other." Old and new winners agree. For tiptop results in your bread and rolls it pays to stick with Fleischmann's Yeast.

Anne Adams Patterns

YOUR SLENDERIZER!

You look so young and pretty in this graceful new classic! A shirt-frock style, it's so softly flattering it could be your tea-and-luncheon best! Shown in all-one fabric, the collar, belt and pocket-tops also make striking spots for contrast. That skirt is NEW! Pattern 4804 in sizes 34, 36, 38, 40, 42, 44, 46, 48. Size 36 takes 3 1/2 yards 35-inch fabric. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five Cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS c/o of The Guardian, 60 Front St. West, Toronto, Ontario.



- one of them had fallen off of it." 2. What is the correct pronunciation of "secretive"? 3. Which one of these words is misspelled? Emmissary, embarrassment, emperor, environment. 4. What does the word "pernicious" mean? 5. What is a word beginning with st that means "astounding, or amazing"?

ANSWERS

1. Say, "The children were prohibited from playing on the porch," and omit of. 2. Accent second syllable, not the first. 3. Emmissary. 4. Destructive; injurious; deadly. "Those things are pernicious to health." 5. Stupendous.

Morning Smile

Irony

In a crowded cinema a young woman brushed past a man about to take a seat. Before he recovered, his balance the young woman and her husband had taken the only two seats available in that part of the cinema. "Sorry," said the husband; we

just beat you." "That's O.K.," said the man who had been pushed out. "I hope you and your mother enjoy the show."

Step Down

McGregor: "What's the idea of a band of mourning on your left leg, Jock?" Jock: "Me mother has passed away." McGregor: "But, why on your leg instead of your sleeve?" Jock: "She was me stepmither."

The Neighbors

By George Clark



"The boss' wife got that new coat. I guess we'll be seeing his baggy old tweed suit for another year."

Alice Brooks Designs

LOVELY FOR PARTIES

SET YOUR TABLE beautifully with these dollys! Pineapple design is used in a big splashy pattern for an oval centerpiece and round place-mats to match.

Oval dolly is 15 x 22 inches in No. 30 cotton, round one is 14 inches. Pattern 7398; directions.

Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



FATHER JOHN'S MEDICINE Made in Canada



High in Quality Like MORSE'S TEAS

by Alice Brooks