

Modern Etiquette

By Roberta Lee

Q. If the bride-to-be's mother is divorced and remarried, and the stepfather is almost as close to the bride as a parent, how should her wedding invitations read?
 A. "Mr. and Mrs. John L. Baxter request the honour of your presence at the marriage of their daughter, Mary Ellen Williams, etc."
 Q. How soon after a visit should a house guest write a "bread and butter" letter to the hostess?
 A. Immediately upon arriving home, the same day if possible. Under no circumstances should this obligation be delayed any longer than two or three days.
 Q. What is the correct way for a friend or relative to respond to a birth announcement?
 A. By calling to see the mother, sending flowers to her, or a gift to the baby.

Cook's Corner

HAMBURGER CASSEOLE

2 tablespoons fat, 1 tablespoon minced onions, 1 pound hamburger, 3 tablespoons velvet flour, 3 chopped tomatoes or 1 1/2 cups cooked, 2 cups whole kernel corn, 1/2 green pepper chopped, 1/2 teaspoon brown sugar, few grains cayenne, salt to taste, mash potatoes for topping. Brown onions and crumbled hamburger in fat, stir velvet flour smooth with some chopped or canned tomatoes, add to the hamburger with remaining tomatoes stirring until thickened, add corn, green pepper, sugar, cayenne and salt to taste. Simmer gently for about 5 minutes, stirring frequently. Pour into greased casserole, top with seasoned mashed potatoes, bake in hot oven, 425 degrees F., about 25 minutes or until brown serve 6.

How Can I!!!

By Anne Ashley

Q. How can I treat an insect sting?
 A. As soon as you have been stung, remove the sting, and then apply ammonia water, or carbonate of soda and water. Common mud applied to a sting often relieves the pain.
 Q. How can I prevent frying food from absorbing too much fat?
 A. Add a teaspoonful of vinegar to the lard that is used for frying, and it will prevent the food from absorbing too much fat.
 Q. How can I clean white linen window shades?
 A. Use equal parts of flour and borax. The shade should be laid out flat and the dry mixture rubbed on with a clean cloth.

Morning Smile

Suitable

Motor Salesman. "This car is absolutely the last word."
 Customer: "Just suit my wife. If there's anything she loves it is the last word."

The Rebel

An old man heard about a treatment that would restore his youth. The medicine was a certain ex-

Blind Are Guests at First Annual Picnic



The happy group picture above was taken at the first annual picnic to be organized by the Charlottetown Women's Auxiliary of the Canadian National Institute for the Blind. The picnic, which was attended by many of the blind of Charlottetown and vicinity, was held recently under smiling skies at Stanhope Beach. Approximately forty-five guests were on hand to enjoy the treats of ice cream, candy and fruit. Plans are already under consideration for parties to be held during the fall and winter, so that the blind of Charlottetown can enjoy making social contact.

ELLEN'S DIARY

By An Island Farmer's Wife

"Come here, Ellen," James called us from washing the breakfast dishes this morning. "There," he nodded, "are your electric light poles!" "As last," we breathed, leaning against the pickets. Beyond the orchard-meadow and the narrow field across the creek, a great laden truck was dropping them off, one after another along the length of roadside. "Isn't that encouraging?" Jeanie called from the line where she was spreading small garments—grandson's sweater and overalls, granddaughter's gowns and sun-suits. And James' reckoning how best to cut his suit from his cloth observed, "Yes, but it's going to cost quite a figure, I expect!" And a robin sang to us from a limb of the gaunt old russet: "If life on the farm has been good to you, Ellen, it's going to be better than ever!" And a young woodpecker on a trunk there in the old orchard softly: "You'll like it, Ellen—just drummed a message which spelled think of all the conveniences it will bring you in time!... a dependable light at your desk, Ellen... and those for the farmers in the pig-geries. So many things, Ellen—so many things!" And the morning fresh and lovely and blessed as it had been with sunlight and gentle wind of the South was doubly enchanting in the promise of what was to come.

At Alderlea, this has been one of those gracious peaceful days granted to farm folks at the close of some seasonal endeavour. The haying was completed, and we were inclined to rest on our "well done!" though all too briefly, before going on to take up some waiting work. Even James lazed a little, enjoying the children and loitering somewhat at the choring. "I never was one, Ellen," James will glint out, "who longed to see the glories that were Greece or the grandeur that was Rome" or indeed any far-away strand. Instead I should like to have time to enjoy the things about home... to roam the fields at will; to find old trails I've been wondering about through the woods; to look in upon the stock in the pasture; to walk over the neighboring farms; it's years since I've had time... and why, Ellen, there are a thousand things I should find to interest and amuse me without moving out of the neighborhood at all—if I wasn't so busy making a living!

True the patch of potatoes was cultivated today but that was neither a lengthy nor wearisome chore. It left time for the younger farmer to attend to those details of farming, and incidentals he loves to do on a leisurely day like this; building new troughs; replacing worn boards in a manger; repairing a piece of harness; inserting a door-fastener, or one on a shutter in the stable.

And a spell off from field work allows time always to make a new and necessary partition in the interests of the hog-farming. And still the small engine sends water to the barrels in the buildings which house these when they come in from their outdoor quarters. And continuing with a regularity which runs into an expenditure to cause the farmers their moments of concern, but are nevertheless welcomed by the housewives, intrigued by a chance to shop or maybe see a picture in the city, there is the weekly hauling of rations from a place of supply there. And today piglets were "ironed" in a ceremony which calls for a spoon in place of a search for a dime. And we remember now that after we had caught an odor of cleaning that is scented only when one recalls that it restores

Household Scrapbook

By Roberta Lee

Less Breakage
 Put the new glassware into a pan of cold water and heat gradually until the water has reached the boiling point. Then remove from the stove and allow the glass to cool in the water. This treatment will decrease greatly the chances of breakage.

Floor Matting
 Floor matting gets just as soiled as any other floor covering. To clean it, hang over the clothes line on a clear day, and wash it thoroughly with the hose.

Revives Vegetables
 Vegetables that are a little old can be made more tender if a small amount of baking soda is added to the water used for boiling.

The Stars Say - -

By Genevieve Kemble

For Friday, August 18

IT is probable that an unfruitful, unpleasant and inharmonious condition may continue, according to the lunar transits. Unhappy and disagreeable contacts may find reactions on the health, on the domestic circle, social and emotional relations. While such disturbances are not vital, they may be in line with disappointment, quarrels, scandals or excesses. It might be advisable to seek rest, diversion and security.

If It Is Your Birthday

Those whose birthday it is are counselled to exercise discretion, good judgment and definite restraints in their business as well as their social, domestic and amatory adventures and activities. Extravagance, indulgence, irregularities in all contacts could bring about disappointments, regret, unhappy situations, as well could precipitate gossip, scandal and complications with "the opposite sex." Shun all grounds for this. Concentrate on quite legitimate diversions.

A child born on this day, may be disposed to self-indulgence, extravagance, excesses, perhaps illicit contacts, with loss of prestige, possessions and integrity.

depleted energy to our fields; bedding straw hauled at sundown from a barn at the other farm, and deposited in the indoor sties.

Yes, it was more leisurely at Alderlea today, with now the duskiness of an impending storm overshadowing the countryside. And "you'd better get the windows closed, Ellen!" James calls, "it's thundering some — and we may get quite a storm out of it. You never can tell!"
 Until tomorrow — Diary — Good-night.

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CUTICURA SOAP AND OINTMENT

That Body Of Yours

By James W. Barton, M.D.

A NEW DRUG FOR TREATMENT OF HIGH BLOOD PRESSURE

Because so many men and women in the prime of life are dying of coronary thrombosis and apoplexy, due to weakness and loss of elasticity in the blood vessels, research workers all over the world are trying to find a method that will take the constant strain or stretch off the blood vessels. If the pressure of blood against the walls of the arteries can be reduced for short or long periods, then these vessels are bound to last longer and the individual kept free or nearly free from the physical, mental and emotional symptoms of high blood pressure.

Many years ago a drug known as American Poke Root (Hellebore) was used to quiet a pounding heart and relieve stretched blood vessels, thus reducing high blood pressure. For some reason, although it was seldom fatal, it fell into disuse, other drugs taking its place in reducing blood pressure. It is interesting and gratifying to learn that research workers have been investigating this drug, latterly known as veratrum viride.

From the Bureau of Publicity, Boston University, we learn that at the last meeting of American Society for Pharmacology and Experimental Therapeutics, held in Atlantic City last April, four professors of Boston University's School of Medicine, Department of Pharmacology, reported a new drug effective in the experimental treatment of high blood pressure. These professors were Jacob W. Stutman, Robert O. Bauer, Norman Stearns and George L. Maison.

This drug when available to the medical profession will be known as Verloid, as it is derived from veratrum viride (Poke Root). The new drug is about 150 times as powerful as the crude powdered root from which it is derived. These research workers point out that this drug does not get rid of the cause of high blood pressure. It lowers the pressure for a few hours after the dose. "During the past ten months," they write, "Verloid has been used on an investigative basis in treating high blood pressure by the Department of Medicine of the Massachusetts Memorial Hospital of Boston and other clinics, and found effective in lowering blood pressure in certain clinical cases."

A drug that can safely lower blood pressure for hours at a time should, with other quieting drugs

True Success Story

By F. H. MacArthur

If Harriet Elizabeth Beecher Stowe had written nothing but Uncle Tom's Cabin her name would rank high in the field of women writers. This book published in 1852, had perhaps a greater influence than any other work of fiction ever written. Translated into more than 20 languages, it had an unprecedented sale that brought the author fame and riches.

Book reviewers have called it a "loosely constructed piece of history marred by signs of hasty construction."

Uncle Tom's Cabin is nevertheless a book of great value in that it describes vividly a story of vital interest to mankind. It was dramatically shortly after publication and has enjoyed far-flung popularity as a play. Indeed, there are few movie fans who have not seen this gripping picture depicting the condition of the slaves.

Mrs. Stowe's knowledge of the conditions of the slaves was gained by frequent visits to slave states and some writers say by encounters with runaway slaves. Be that as it may, Mrs. Stowe gave the world one of the greatest pieces of fiction, a work that will always be read and reread like DeFoe's Robinson Crusoe, Stevenson's Treasure Island and Douglas The Bogle and other stirring and heart-warming tales.

Among the other writings of Harriet Stowe may be mentioned, Oldtown Folks, Dred and My Wife and I, but those are mostly forgotten now; only Uncle Tom's Cabin has stood the test of time.

As a child Harriet entertained a great hatred toward most of the slave owners "friends in human form" she called them. "Some day," she told herself, "I hope I'll be able to do something about this evil which flourishes openly in my beloved country."

And later, when she was penning her great novel, the thought flashed across her brain: "I must write my story so that it will touch the heart strings of the right kind of people."

And that's just what Uncle Tom's Cabin did.

It also immortalized the name of Mrs. Stowe and left mankind with another success story, the story of a woman who, seeing a sinful practice, did something to set the wrong right:

DOROTHY DIX SAYS -

Possessive Parents

Overprotection Unfits Child For Normal Social Life

DEAR MISS DIX: This is a plea from one who has not been allowed to mature socially. My parents have done much to fulfill my desire for knowledge, but have not realized my need for human relationships. I have never been permitted to do the things that other youngsters do, or to have any intimate association with boys and girls of my own age.



I have never even had a girl friend, and as a result I lack knowledge of life and emotional control. My parents consider that I am a reincarnation of their youth and that I want to do only the things that they used to do when they were young. I am expected to fall in with this plan as if I were a baby. How can I make them understand that a girl of 19 has some right to make decisions for herself and to have her chance at life?

T. S. B.

ANSWER: There is no problem harder to solve than that of the children who are enslaved by possessive parents, because the parents are so unalterably sure that they are right and that they are doing the very best thing possible for the children they adore.

SELF-RIGHTEOUS PROTESTS.

"Why, I'd give my life to save John or Mary a single pang of suffering," they cry. "Why, I have never thought of anything except Mary since the day she was born. I have watched over her every minute of her life. I have studied with her. I have played with her. I have sacrificed myself and my own pleasures and inclinations to her. I have guarded her every minute. I have never left her to shift for herself and get acquainted with strange children, as so many mothers do. I have kept her from doing the foolish things that so many young girls do. And you can see for yourself that Mary isn't like the modern girls all about us," they add self-righteously.

You do see that Mary isn't like the other girls and you want to weep. She is as much an alien in any bunch of young people as a white swan would be in a flock of blackbirds. She is a wallflower at parties, not because she lacks attractiveness, but just because she doesn't fit into the picture.

Parents make no greater mistake than when, as this girl says, they imagine their children to be reincarnations of themselves, animated by the same impulses and tastes and desires. This is not true once in a million times. Each of us has his own individuality and each of

Continued on page 11

-Needlecraft-

FOR THE HOME

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