

Charlottetown Bridal Party



Pictured above are Mr. and Mrs. Howard E. Waite and their attendants following their wedding on Aug. 25 at the home of Rev. E. C. Evans, Charlottetown. Left to right are: Mr. Arthur Holland, groomsmen; Mr. and Mrs. Waite (nee Phyllis MacPherson); Mrs. Clarence Whitaway, bridesmaid, niece of the bride.

How Can I!!!

By Anne Ashley

Q. What can I do about my hands when they have been in water for a long time and have puckered up?

A. Rub them with lemon or vinegar, and this will restore their softness and prevent chapping.

Q. How can I remove fish odors from my pots and pans?

A. By sprinkling salt in them, adding hot water, and allowing to stand for 10 minutes before washing.

Q. How can I successfully mend holes in lace?

A. One very good method is to cut a piece of paper under the hole and stitch on the machine through paper and all until the hole is filled. Then pick out the paper. Use very fine thread.

Q. What is a good substitute bath mat for my tub?

A. A Turkish towel on the bottom of the tub serves very well.

Better English

By D. C. Williams

1. What is wrong with this sentence? "It looks as though it was going to rain."

2. What is the correct pronunciation of "facetious"?

3. Which one of these words is misspelled? Pretentious, pertinent, presumptuous, preposterous.

4. What does the word "captious" mean?

5. What is a word beginning with unp that means "making no display or outward show"?

ANSWERS

1. Say, "It looks as if it were going to rain." 2. Pronounce fa-se-shus, as in an unstressed, e as in see, accent second syllable. 3. Presumptuous. 4. Apt to catch at faults. "Envious men tend to be captious." 5. Unpretentious.

Uranium's atomic weight of 238 is the total of its 92 protons and 146 neutrons.

Alice Brooks Designs



JIFFY CROCHET!

COSY and FLATTERING, too! Crochet these for c-c-cold days ahead! Angora cloche is made of knitting worsted and angora. Thrifty—you need only half as much angora. Helmet is knitting worsted. Pattern 7044: crochet directions for 2 easy-to-make hats. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

FALSE TEETH

That Loosen Need Not Embarrass

Many wearers of false teeth have suffered real embarrassment because their plate dropped, slipped or wobbled at just the wrong time. Do not live in fear of this happening to you. Just sprinkle a little PASTEETH, the alkaline (non-acid) powder, on your plates. Holds false teeth more firmly, so they feel more comfortable. Does not sour. Checks "plate odor" (denture breath). Get PASTEETH at any drug store.

The volcanic Mount Etna in the island of Sicily covers more than 450 square miles at its base.

RICHARD HUDNUT EGG CREME SHAMPOO

...for truly beautiful hair

Beautiful hair shines! And Richard Hudnut Egg Creme Shampoo brings out all the natural, shining beauty of your own hair. It contains real egg—a natural hair beautifier. This golden lotion shampoo cleanses quickly, rinses out completely, leaves your hair dandruff-free... clean, beautiful and shining like bridal satin! Then, as a fragrant beauty finish after each shampoo—a quick rinse with Richard Hudnut Creme Rinse.



RICHARD HUDNUT EGG CREME SHAMPOO

Girls Of India Interested In Becoming Drs.

WINNIPEG, (CP)—Girls in India are more interested in becoming doctors than nurses. This view was expressed here by Dr. Leela M. Dhadle of Poona, a petite woman doctor making a tour of Canadian hospitals en route to London, England, for post-graduate work.

In an interview, she said the people generally in India are becoming more hospital-minded, with the result that the government maintains a number of free general institutions.

New-born infants are kept with their mothers for breast-feeding, a practice which is being revived by some Canadian hospitals.

Medicine In India Progressing India is not behind in the field of modern medicine and her population is steadily increasing because of this, she said. The new child in India has a better chance of survival than his parents had. Much is being done in the field of birth control. Many large cities provide free pre-natal care clinics.

Midwifery relieves Indian doctors of much work. Special courses are given in such skills. But there is only one doctor to every 10 or 12 units, and health and social welfare improvements are needed.

That Body Of Yours

By James W. Barton, M.D.

DESPITE THE ADVANCE OF SCIENCE WE STILL OWE A DEBT TO THE MEDICINE MAN

As we think of the medicine men of savage tribes, we may wonder how their patients ever lived through the treatment given them, especially when we think of the great advance in the knowledge of medicine and drugs during the past few years. We are reminded of the great discoveries of today, of the gland products so greatly used by modern medicine men—insulin, thyroid and pituitary extract. These valuable drugs have wrought wonders in the treatment of goiter, diabetes, and other diseases.

What about the use of old-time medicines made from bark, roots and leaves?

In the Bureau of Industrial Service, J. R. Anderson, chief pharmacologist, Parke Davis Co., states that modern scientific discoveries have brought such great changes in medicines that 90 per cent of physicians' prescriptions could not have been written a scant fifteen years ago.

This great progress would seem to all but eclipse ancient methods of medication. On the contrary, the value and potency of many barks, roots, and leaves are so great, they still are imported from far-off places for use as ingredients in some medicines; thus we learn that one drug firm brings approximately 140 varieties of crude vegetable drugs into its United States plant each year for processing and manufacturing into well-known products or for research purposes.

The fact that tons and tons of these barks, roots and leaves are imported yearly results in the warehouses of this and other drug manufacturers smelling "like the drugstore of 20 or more years ago." Many crude drugs arrive in containers that are peculiar to their home district, such as thin paper and varnish coverings from the Far East and woven straw baskets from Haiti.

Hundreds of years ago man discovered that these barks, roots and leaves had medicinal value. Early white settlers noted the Indian medicine man used them to perform "miracles." In the description of these crude vegetable drugs we learn that included are bark from a peach-like tree growing on the east slopes of the Andes in Bolivia—used as an ingredient in cough syrup; leaves of the Turera shrub from Mexico—part of a tonic; and roots from the gentian herb from France, Italy and Yugoslavia that are used to stimulate the appetite.

Thus, in the opinion of this research chemist, crude vegetable drugs will always have an important place in the manufacture of medicines.

As we think over this information regarding these old familiar drugs, we learn that despite all our new knowledge of life-saving drugs we owe a real debt to the medicine men of savage tribes.

Morning Smile

Said the proud, plumpish woman to the soldier at the information desk: "I have come to see my son, Horace Algeron Thyselle De Clerk-Eedle, Jr."

"Yes, ma'am," responded the informative clerk. "Hey, Joe, tell Stinky B. to come in. His mom's here."

Springtime in her heart again! New-found gaiety, peppy energy. A new, alive woman—sparkling eyes, better color, fresh, calm youthfulness—has replaced the worn, tired look. No wonder life has taken on new interests. Yes, thousands of once faded women, weary from blood-iron poverty, have blossomed again with the help of Dr. Williams' Pink Pills. Try Dr. Williams' Pink Pills yourself for 80 days! Enjoy new health, pep and energy. Start today! Get back "in the pink"!

NOW—She Laughs at age DR. WILLIAMS' PINK PILLS!

Exchange Vows



Above are Mr. and Mrs. Joseph Gerard Gallant (the former Dorothy Florence MacDougall), daughter of Mr. and Mrs. E. J. MacDougall of Grand River, who were married on Saturday, September 26 at St. Patrick's Church, Grand River. Rev. W. D. MacDonald performed the double ring wedding service and celebrated the Nuptial Mass.

Hats -- Big Hats With Ornate Trim For "Madame"

By MURIEL NARRAWAY

Canadian Press Staff Writer

LONDON (CP)—Balloon crowns, 20-inch brims, eiderdown trimmings and jewel-bright colors—those are the ingredients of the winter hat picture drawn in London by Erik, the Danish milliner.

This tall, blonde man-about-town with hat shops in London's May-fair, Paris' Montparnasse and Copenhagen, has not fallen for the half-hats and smaller shown with the couture winter clothing styles. Erik declares that "modoms" head, in London at least, will be well covered.

Posh But Costly

At prices wearing girls generally pay for a dress suit or coat, well-to-do customers may buy a restaurant hat in aquamarine velvet with pillbox crown, 20-inch brim or black feather trimming. Or there's a "jokers" cap of black velvet with fronds of ostrich floating down from the tall crown. Or a tiny, Edwardian toque in cornelian-red velvet, circled with matching ostrich trim.

Demurely saucy for that classic suit are balloon-crowned hats in plush velours, looking like oversized men's bowlers with sawn-off brims. In amethyst fur felt, striped with black, they sport two-inch ribbon and fish-net veils. They sit straight on the head over a smooth hairstyle and have higher crowns than the riding bowlers of side-saddle days.

Of similar height are the square-crowned pork-pie hats with wide ribbons ending in long black bows.

that can be seen from the front. They come in emerald, purple, royal blue and stripes, all trimmed with black.

Poke-bonnet styles with tall crowns tapering to a flat top would not be out of place with bell skirts, mittens and high-button boots.

The old time flavor is accentuated by a wide trim of snow-white eiderdown, framing the face.

Like Swansdown

Used only on black velvet toques and bonnets the three-inch trim is merely a backing covered with soft eider feathers. It looks exactly like the swansdown on a baby's bonnet.

Cosy winter styles include sophisticated pillboxes attached to scarf ties completely covering the hair. A high pillbox in emerald green jersey, trimmed with black, is fixed to an 18-inch-wide errand stole, fringed in black. The long stole, draping the shoulders and framing the face, is fixed beneath the belt of a coat or dress to swing in loose panels—or is flung carelessly over a shoulder.

Excepting shallow toques and a few embroidered skull caps for evening wear, every hat has height to the crown or brim tilt—even head-hugging bonnets tilted over one ear.

Softer colors include "winter white," suggestive of the translucency of diamonds or block ice. In plique, spotted with black velvet medallions, it's chosen for a under-sized French Apache cap, with cheeky tilt, squashed crown look and matching cravat.

DOROTHY DIX'S COLUMN—

Her Personal Purchase

Wife Buys Inexpensive Jewelry —Resents Mate's Interference

DEAR MISS DIX: To what extent should a husband be consulted on the purchase of furniture or a wife's personal items? My husband gives me an allowance, and never questions how I spend it. Recently, I bought some jewelry—nothing expensive, and I'm paying for it out of my allowance. He says I should have consulted him about it; I claim that since it was a personal purchase it only concerned me. He has been married a short time.

MRS. B. J.

ANSWER: The bride who doesn't consult or discuss the matter of major purchases with her husband becomes the wife who complains bitterly later of her husband's disinterestedness. If you bear in mind that the early days of your marriage are the foundation of a long life together, you may appreciate the fact that if you begin with the supposition that certain decisions are yours alone, you may wind up with a man indifferent to anything you do.

The purchase of jewelry that requires payment spread over a certain period is not a minor matter, and you definitely should have asked your husband's opinion about it. He is fair and reasonable with you in financial matters; it behooves you to show him the same consideration. You would enjoy the jewelry much more if you had made its buying a mutual project.

DEAR MISS DIX: I am 70 plus, and find myself very irritated with old friends who seem to have one-track minds. Their main topic of conversation is about themselves and small personal matters in other people's lives. I care for my own home and run a small business which gives me lots of contact with the public. I live alone. My friends all have more material things than I have, yet they are interested in nothing but themselves.

CARRIE R.

ANSWER: Alas, the same situation applies to many people far younger than 70. Mental isolation and complete self-centeredness comes to many people, especially women, when their children leave home. If everyone could share your interest in life, and in things beyond your immediate horizon, there would be far less discontent among our elders. Do what you can to help your friends in developing their interests and spreading your own philosophy.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

ELLEN'S DIARY

By An Island Farmer's Wife

Autumn, with its shortened days has now moved our supper-hour into the lamplight. Out of the fading afterglow the house gathers in family and helpers, hungry, and we can appreciate a little weary, from their work at the threshing. Twilight is flooding in by then from some quiet mystic gray ocean of it, to this place on the hillside. Already far hills are softly veiled and how silently it rests on the farmlands! With smiles the folks enter though invariably James and Mr. A. profess to some concern as to whether or not "we'll be able to see to get those cows rounded up in the dark." Yet never yet has evening worn to morning that all milk was not drawn and the respective stints of choring left in good order.

A nice chore fell to our overnight tonight—one which is seasonal on these farms, and usual, where our poultry raising is not at all extensive and carried out in a more less haphazard way. From a golden willow of Karolyn's planting in the back yard, which has grown to a height to make of its branches favorite night-quarters for a number of this summer's chicks, with alert helpers we caught and conveyed these to the comfort of the poultry-house near by.

Without one escaping from the eager grasps... and a little fellow saying "You're not going to like being shut in for a day or two—and it so nice out of doors and with such good scratching in the fields about! But, I'm telling you, you'll be glad you learned to go indoors for one of these

Continued on page 11

Modern Etiquette

By Roberts Lee

Q. If a man has become engaged to marry, is it proper for him to tell all his friends before the girl has notified her friends?

A. No; it is the girl's privilege to be the first to make the announcement.

Q. What is the proper thing for one to do when food has been taken into the mouth and proves much too hot to swallow?

A. The best thing to do is to take a swallow of cold water. On no account, try to remove the food from the mouth.

Q. What is the most popular boutonniere for ushers at a wedding?

A. White carnations are always in good taste. This is more a matter of choice, however, than of etiquette.

Household Scrapbook

By Roberts Lee

Water on Steps.

When water collects on wooden outside steps, it can be drained off by boring a number of holes in the step. Sandpaper smooth, and paint to preserve the wood, including the inside of the holes.

Aluminum

Aluminum may be cleaned or brightened by a paste made of 30 grains of borax and one of water, with a few drops of ammonia added. Of course, steel wool will remove all rough places and discolorations caused by burned food.

Vinegar Cruets

To clean vinegar cruets, fill them with warm water to which a few drops of household ammonia have been added. Let stand for an hour then rinse well with lukewarm water.

Cook's Corner



OLD-FASHIONED DATE AND NUT BREAD

2 1/2 cups sifted flour
1 teaspoon salt
1 teaspoon soda
1 cup nut meats
1/2 cup shortening
2 tablespoons vinegar and boiling water to make 1 1/2 cups
1 cup dates cut in halves
1 egg beaten
1 1/2 cups brown sugar
Sift flour, salt and soda together and mix in nut meats, broken, add shortening to combined vinegar and boiling water. Pour over dates and let stand 10 minutes.

Combine egg and brown sugar. Add dry ingredients to egg mixture alternately, with date and liquid mixture. Turn into greased 8x8x2 inch loaf pan. Bake at 350 degrees F. about one hour and 15 minutes.

—Mrs. Dan MacNeill, St. Catherine's W. I.

KING COLE TEA

HEALTHY at the heart of the meal

Autumn Nuptials



Following a wedding ceremony at Charlottetown Baptist Church on September 16, the Moore-Robinson bridal party were photographed above. They are left to right: Mr. Homer Campbell, best man; Mr. and Mrs. Ernest Moore (nee Mae Robinson) and Miss Marguerite Brehaut, bridesmaid. Rev. J. D. Davison performed the ceremony. Mr. and Mrs. Moore will reside in Mont Joli, Que.

Anne Adams Patterns

WEEK'S SEW-THRIFTY

DOUBLE VALUE for your sewing time! It's a jumper — it's a wrap-on — make it also in a brief version for a cover-up apron that really protects you! No fitting problems, it wraps. No ironing problems, it opens flat. Check that diagram—it's easy sewing! Pattern 4803: Misses' Sizes 12, 14, 16, 18, 20; 40. Size 16 takes 3 1/2 yards 39-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number. Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.



4803 12-20 40

by Anne Adams

The Stars Say - -

By Genevieve Kemble

For Tomorrow

ORIGINAL and imaginative ideas will bring creditable results this day and, if coupled with enthusiasm and the determination to push them to the utmost, should lead to spectacular success. New ventures are favored, and excellent vibrations insure cooperation and encouragement.

Do something especially pleasing for loved ones now. Extend hospitality, shop for gifts, be free with favors and sincere compliments. New friendships are also encouraged during this period, and personal relationships, in general, should be unusually harmonious.

For the Birthday

If tomorrow is your birthday, the months ahead promise a new-found sense of security which should bring you great peace of mind. Past efforts should begin to bear fruit during November and, if you are alert in seizing new opportunities manifest late in December, you should be able to consolidate gains still further during the new year.

Social and domestic affairs should prosper during the balance of 1953, but guard against some emotional stress within the next two weeks. The problems which cause anxiety are but temporary, so relax and use your innate good judgment and diplomacy in solving them. You can do it—and easily.

A child born on this day will be intelligent, enthusiastic and self-confident.



Three Cheers for FIVE ROSES

VITAMIN ENRICHED FLOUR Bake Better with ONE flour!

CAKES
PIES
PASTRY
BREAD



LAKE OF THE WOODS MILLING COMPANY LIMITED

EM-17