

Thoughts For Our Time

By His Eminence Cardinal McGuigan (Copyright)

MAKERS OF PEACE

For centuries people have been fascinated by the unchanging laws of nature which so faithfully keep the planets in their course and regulate the speed and motion of the stars. Constantly, these heavenly bodies move among one another—swerving neither too far to one side nor to the other—always maintaining the order and harmony in which they were first established by God.

God has placed in man, as well as in His inanimate creation, an order which must be maintained if peace is to reign in his soul, and his spiritual destruction is to be avoided. Man may be locked upon in much the same manner as we have regarded the solar system. For here is a member of God's creation in whom forces are at work, balancing one another for the harmonious behavior of a rational being. Each man has powers which pertain to operations on the physical, mental and spiritual levels. And God has commanded that those lower powers should be in harmony with the higher spiritual powers, if man wishes to maintain peace within himself.



THE CENTRAL GUARDIAN

YOUR DOLLAR BUYS MORE— at the HUGHES DRUG STORE. TAILORED TO MEASURE SUITS \$39.00 up. J. P. MacPherson and Son. JUST ARRIVED 1953 Model Kerosene Refrigerators. Bryenton and McKay. PIANO RECITALS. — Pupils of Miss Suzanne Brenton, St. Peter's Cathedral Hall, Seniors, Monday June 22, 8:00 P. M.; Juniors, Tuesday, June 23, 7:30 P. M.

Personals

Mrs. Victor MacWilliams, East Royalty, has returned home after a pleasant visit with friends in Truro and Princeport, N. S. Mrs. Harold MacEwen, Rollo Bay, is a patient in the P. E. I. Hospital. Her friends wish her a speedy recovery. The many friends of Mrs. Lorne Kelley, Covehead, are sorry to hear she is a patient in P.E.I. Hospital and wish her a speedy recovery.

NEW HAVEN W. I.

Monthly meeting of New Haven Women's Institute was held at the home of Mrs. Judson MacPhee on June 9 with an attendance of 19 members and two visitors. The president occupied the chair. Roll call was answered with a dime. Correspondence included a letter from the Red Cross concerning a blood donor's clinic. Mrs. Hugh MacDonald gave the report of the district executive meeting regarding plans for the district convention to be held in Afton hall in June. Mrs. Arlie MacPhee was appointed to give a two-minute talk on "How to Improve Rural Living Conditions". The school committee reported that coat hooks, window locks and locks for cellar hatches were bought.

Springvale W. I.

Members of Springvale Women's Institute were entertained at the home of Mrs. Ralph Crabbe on Tuesday evening, June 9. The meeting opened with the Ode followed by the Creed in unison and a silent prayer. Twelve members answered roll call by exchanging flower slips and one visitor was present. Mrs. Hans Petersen reported on the district convention executive meeting. Institute members were asked to contribute \$2.00 and cookies to help with the district convention. Mrs. Ralph Crabbe, Mrs. Frank Crabbe and Mrs. Lester Johnstone were appointed delegates to the district convention. The school committee reported purchasing a mirror and soap for the school and the sick committee reported making two calls. The following delegates were appointed to the annual convention: Mrs. Omar Nell, Mrs. Dale



THIMBLED BIBLE

That's a Bible—a whole New Testament cradled inside a thimble. Another thimble Bible is contrasted with a threepenny piece. Printed in 1890, they are said to be the smallest Bibles in the world. They form part of an exhibition at Westminster Abbey in London.

Northam And Vicinity

The many friends of Miss Emily Colwill regret that she is confined to her home through illness. All wish her a speedy recovery. Mrs. John E. Mountain and daughter Blanche, and Miss Wanda Barbour, Alma, were guests of Miss Emily MacLean and Mrs. Andrew Brown, June 14. Mr. and Mrs. Ivan MacLean and their granddaughter, Louise MacLean, motored to Charlottetown on June 12 where they spent the week-end with their son and daughter-in-law, Mr. and Mrs. Ralph MacLean. Miss Jessie Raynor, R.N., from Greenmount, is visiting her sister and brother-in-law, Mr. and Mrs. Eldon McArthur. Mr. and Mrs. Wilfred Dymont from New Zealand arrived on the island on June 10, where they will spend some time with Mr. Dymont's father, Mr. James Dymont, and other relatives. Monthly meeting of Northam Women's Institute was held at the home of Mrs. Claude Colwill on Thursday with a good attendance. Mr. and Mrs. Wilfred McDougall spent the past week-end with their daughter and son-in-law, Mr. and Mrs. Kenneth Mackay, Stanley Bridge. Mrs. Alfred Colwill was a recent visitor at the home of Mrs. Eva Pickering, Sherbrook. Mr. and Mrs. Lloyd Cann have taken up residence in Northam. Their many friends wish them happiness in their new home. —AW.

Seven Days A Week

Continued from page 2

ually near at hand and now all you need are snapshots of the gang! Snip the pictures to fit the squares of the checkerboard and glue them in place; autographs, signed in white, go on the red squares. And when completed the board is ready to hang on the wall of your room or under the glass top of your dressing table. Should you want to take it with you on a trip, well, it folds flat and tucks neatly into your suitcase.

3. WEDNESDAY: What could be nicer than a Sunlight Salad. Pour golden jelly powder over canned sliced peaches drained, but left in the can. Chill, unmold and slice. Serve these miniature sun-drops on crisp lettuce, and top them off with your favorite salad dressing. Delicious to feast your eyes upon and more delicious to eat! And, speaking of desserts, here's a favorite of ours.—It's called Black and White pudding. Mix your favorite vanilla pudding. Then into tall glasses crumble a layer of crisp chocolate cookies. (Do not crumble them too fine.) Pour part of your vanilla pudding over this, then another layer of crumbled cookies and top with the rest of the vanilla pudding mix—chill until firm. Top with chocolate-covered mint, if you like.

4. THURSDAY: There was a terrific explosion in the big old factory and men were rushing over this, then another layer of crumbled cookies and top with the rest of the vanilla pudding mix—chill until firm. Top with chocolate-covered mint, if you like.

5. FRIDAY: "It's always a clam-bake when clams are in season. This comes about for the tastiest reason." A clam is something more than just a clam when served this way. You drain a pint of clams or cook that amount reserving all the juice. Coarsely chop them. Now sift together 1 1/3 cups sifted enriched all purpose flour, 2 tps. baking powder, 3/4 tsp. salt and 1/8 tsp. pepper. Stir into chopped clams with combined clam juice and two slightly beaten eggs. Drop by tablespoons into a little hot fat or salad oil in a skillet. Sauté until golden brown on both sides. Drain on paper—makes about 2 doz. fritters. (Bet you, you'll have to make two dozen more right away!)

6. SATURDAY: We are always getting ready to live but never living! How very true. Says Emerson Poedick in part, "This matter of retaining zest and resilience, and living for the fun of it, is not of merely individual importance." When primitive man first made pottery, he made it as a matter of utilitarian necessity. He wanted receptacles in which to put food and drink. It was serious business. But later, when life had eased a little, man began to play with pottery, to mold, decorate and color it, to shape it in symbolic forms and graceful lines. All art comes from play. It springs from the mazy over and above the demands of bare necessity. It is life's surplus and overflow. It is this quality of living that makes Robert Louis Stevenson so attractive; fighting illness for years and exiled to a South Sea island, but saying in the end: "Sick and well I have had a splendid life of it, grudge nothing, regret very little of it." Our Divine Lord was the greatest example of living "more abundantly." He loved all mankind, suffered and died for all, yet His messages reflect almost a sort of exuberance.—Remember "Fear not," "Be not anxious," "Be of good cheer."—and so on. Many people need to be reminded that while frivolity can be ruinous, seriousness can also get out of hand. "Be of good cheer!"

7. SUNDAY: "When things are crooked and out of joint, Don't get discouraged and quit the game. The corkscrew never went straight to the point. But it got there just the same!" That little rhyme came to mind as Ron and I followed a crooked path along a brook Sunday afternoon. Unlike the corkscrew I sometimes wondered if I would get there just the same and all in one piece. Out in the open fields nearby, the air was molten and heavy but at brookside, it was cool and inviting. The little stream gurgled and bubbled merrily along over miniature waterfalls and under overhanging banks and past fallen logs. "I

8. MONDAY: The family went their various ways to spend the afternoon car driving but "I'm glad Mom, you came with me to-day," was rewarded enough for any mother to receive.—And now another wonderful June night is coming in to its own. What could be more peaceful than an Island June night—complete with lilacs, apple blossoms and a small black dog to pad about in the dew-sweet grass? I feel as I take a last walk around the yard that I can never reach the end of thankfulness. For all the wonderful things there are—smiles of friends, warm hand-clasps. The clear sound of a church bell in the still air, the laughter of children and now the pure beauty of a million stars in a blue dome.

"The day's long light has faded. The weary hours depart. On the great Love that made it. I lean my heart. Slow, while the world is sleeping. God's peace will make me whole; Into that faithful keeping. I give my soul. When human power avails not. Still, through all dark and strife, On the Strength that falls not, I rest my life."

IN MEMORIAM

DANIEL G. NISBET In the passing of Daniel G. Nisbet on May 11th, 1953, the community of New Glasgow lost one of its older and highly respected citizens. Born on the homestead on which he spent his entire life of nearly 88 years, the only son of Scottish pioneer parents (George Nisbet and his wife, Isabel Moffatt Nisbet), he inherited their thrift and religious piety, hered through life. In early youth he made a public profession of his belief in Jesus Christ as the Son of God and became a member of the Church of Christ at New Glasgow where he continued his worship and as a valued member of the choir, blending his rich, deep bass voice in hymns of praise and supplication. In the year 1905 he was united in marriage with Jane Stevenson, daughter of Mr. and Mrs. Steven-

Active Couple Mark 50th Anniversary

Relatives and friends of Mr. and Mrs. Heath MacVittie, Westmoreland congratulate the estimable couple on their golden wedding anniversary. Members of St. John's Anglican Church, in whose church choir Mr. and Mrs. MacVittie have always been faithful members, joined by many friends and neighbors, met at the Youth Centre on June 12 to pay tribute to this worthy couple.

Beautiful flowers were presented to Mrs. MacVittie by her granddaughter and a substantial purse was presented as well. Complimentary speeches were made, refreshments served, and a happy evening spent.

Highlight of the evening was the skillful execution by Mrs. MacVittie, of some intricate folk dances of a half century ago, with such graceful precision to bring much applause.

An interesting note is that Mr. MacVittie's sisters, Mrs. Albro Howatt of Tron, and Mrs. W.A. MacQuarrie, Hampton, were each celebrated their 64th wedding anniversaries.

Card Of Thanks

The family of the late Daniel G. Nisbet wish to express their thanks to their friends and relatives for the many kind expressions of sympathy extended to them during their recent bereavement.

PALEFACE TOTEM POLE

(with a very important man at the base!)

KEY TO FACES: Top: This man represents The Spirit of Building—especially the building of homes, schools, roads, power plants and other useful developments often financed by invested life insurance dollars.

Second from top: Here is The Spirit of Health, as promoted through medical research projects aided by life insurance companies. These projects support science's war against polio, cancer, heart disease and processes of ageing.

Third from top: The Spirit of Employment is symbolized by this worker. He might be any of the thousands of workers with good jobs in some of Canada's new factories, which life insurance dollars have helped to create.

Base: The Spirit of Life Insurance, represented by a policyholder, is put here because in a certain sense all the others depend upon him. It is money from his premiums, invested by his life insurance company, that so often helps them serve you in all these useful ways.

So, if you are a life insurance policyholder, remember—you are more than a good provider for your family. You're also a Very Important Person who's helping to make Canada a better land to live in!

AT YOUR SERVICE — A trained life underwriter, representing one of the more than 50 Canadian, British and United States life insurance companies in Canada, will gladly help you plan for your family's security and your own needs in later years. Rely on him!

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MAMMOTH RUMMAGE SALE

In Aid of Spring Park Community Club MONDAY, JUNE 22 At 6:30 P.M. at BATT & McRAE CORNER, Euston and Upper Queen St. Bargains For All.

Card Of Thanks

The family of the late Arthur Douglas Ramsay wish to express their appreciation for the many acts of kindness by their neighbors and friends. Also for the flowers, letters and cards of sympathy during their tragic bereavement.

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