

WOMEN

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MRS. GORDON MACMILLAN

A COUNTRY GARDEN

A QUESTION

Little fringed aster
Lavender and gold
Springing in the meadows
Brightening hedges—old
You can't stay much longer
Bravely though you try
Wind and Rain are stronger—
Shall I place you high
Safely on the mantel
In a yellow bowl?
All eyes will there admire you
Yours a sweet new role
Or shall I leave you rather
To die where you have grown
And when your moment comes—
Go

Glady where you're blown?
—Ruhamah Scheinfeld Frank.
The author of this lovely poem has given me permission to share it with you, and it is appropriate for this season of the year when the meadows and lanes are covered with the pink and violet aster—"Michaelmas Daisies" they are called in the Old Country, since they commence to bloom about the Feast of St. Michael (September 29). The garden varieties are now blooming and two gift plants that I received from a good gardener friend this spring are lovely in purple and white. The Bishop and Mt. Everest are the names that describe them very well.

A good mauve variety has bloomed here for many years but the name is forgotten and more should be added to the garden as they will continue blooming all this month and for weeks in the autumn when color is so much needed.

A separate autumn garden in the shelter of the tall evergreen hedge filled with these asters and garden chrysanthemums in gold and bronze shades would be lovely and frost could not harm them.

There are many fruited thorns in this garden and they add their beauty to the different flowers. The ornamental crabs are lovely now as the rose haws in different shades and shapes of scarlet and crimson, and the apples make the very best background for the garden when the branches are bending with the many beautifully colored apples. The western breezes ever soft and fair.

Ripens one crop and bring another on apple growing, pear on pear.
—Homer.
And when we are thinking of these lovely fruits we must not forget the beauty of the Rowan tree with its flaming-red berries. I remember as a child I was given some of the berries to eat by an older member of the family just to see me make faces when the sour berries surprised me with their taste.

The rowan tree is often mentioned in the poetry and prose of England, and in that country the berries are used to make jelly. On the whole the rowan or (Mountain Ash) tree is lovely growing in naturalistic surroundings—perhaps at the edge of a little wood at the top of the garden where the other trees are not too dense as to block out the sunlight which it needs for best development and display; and several of these trees grow here in this garden.

Thoreau, the great naturalist was stirred by the beauty of the Fall. He has the root of the matter in him and he sees so vividly and so surely the beauty we can easily miss, whether it be in our own familiar gardens or in the countryside that frames them.
Of September he writes: The increasing scarlet and yellow tints around the meadows and river remind me of the opening of a vast flower bud. They are the petals of the corolla which are of the width of the valleys. It is the flower of autumn, whose expanding bud just begins to blush. As yet, however, in the forest there are very few changes of foliage—some single red maples are splendid now...It is too late to be believed.
In the garden here a lovely maple has crimson leaves on the topmost branch and the Virginia Creeper on the latticed summer house is a bronzy red color making the garden as lovely as in the early spring months.

Many flowers bloom in the garden, today I made a fragrant bouquet of red roses, pansies and

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The Standard

MARY HAWORTH'S MAIL

Mother-In-Law Problem Makes Woman Feel Ill

DEAR MARY HAWORTH: On the surface it would seem that I ought to be madly happy—as I am married to a most interesting man with a wonderful sense of humor, who is crazy about me. We live in the country, which we love, with our five small children. They are healthy and happy and play and scrap together in a way that, to me, seems completely normal.

However, since our first child was born, 5½ years ago, I've had a growing conviction that my mother-in-law wants to take her away from me. We were living with Mrs. X at that time, and any possessiveness she may have felt for my husband (her only child) seems to have been transferred to our firstborn, to the exclusion of our other children.

I've told John that I feel like a clam, with his mother the starfish, using gentle but unrelenting pressure to snort me up and get my child and break up our family circle. John thinks I am slightly crazy about this, but it is natural, I think, that his mother should be his blind spot. We are in debt to Mrs. X, who is gracious about lending us money from her limited means, and while we are paying her back, I feel the indebtedness is bad for us. Even to write of it makes me slightly ill.

DISTRUST PROBLEM
Vicky has been at her grandmother's the past few days. She was supposed to be home yesterday but Mrs. X called and I spinlessly agreed to another day's stay. We live in a rather isolated spot and I don't drive, which complicates things.

Recently I've been plugging for a move back to town. But it occurs to me as I write that instead of haggling to move which I don't really want, I should campaign for a better car (which John does want), and learn to drive. Then I'd have more mobility, to pick up Vicky, etc.

However, that still wouldn't solve my real worry—which is distrust of my mother-in-law, founded in fact. I could write pages of details, but the letter would be too long; and I am so upset, I get sick at my stomach thinking about it. I shall be grateful for your comments. P.S.: I don't think Mrs. X consciously wants to keep us dependent or to take our little girl from us; but still this seems to be her essential purpose.

ANXIETY SHOWS
DEAR S.C.: It is interesting that you think Mrs. X's performance is more compulsive than consciously executed. Very likely this is a true observation.

It is possible that, unknown to her self, Mrs. X is driven by obscure malevolence to try to "even the score" with you—by alienating the affections of your firstborn, as if to compensate for your "taking" her son and only child.

Or it may be that her shift of proprietary interest, from married son to first born grandchild, reflects a compulsive drive for long-term emotional "security" for herself. Perhaps unconsciously she is figuring far ahead, to a period when she may need somebody to "take care" of her; and has earmarked your Vicky for the role—because it seems a "natural," inasmuch as they are congenial.

My theory about your anxiety is: if things were right between you and Mrs. X, you would be at ease in relation to her. Your profound uneasiness indicates that something is wrong. And your sense of dealing with slippery motives and treacherous objectives, while on the surface all seems fair, deserves respectful consideration.

POSSIBLY HATE
As to why your misgivings make you sick, perhaps you hate Mrs. X, at heart—a smouldering secret that conflicts with your love of your husband and his allegiance to her—thus agitating the whole mainstream of your thought-feeling. And maybe you haven't dared face this inner disorder—nor dared to manifest intelligent, firm resourcefulness, in keeping the record straight, as regards your intuitive opposition to her stealthy purposes, whatever they are.

Now for advice: 1. Don't let Vicky stay overnight with Mrs. X, since you feel a tug-of-war is being waged. Don't let anyone talk you out of this decision—neither husband nor child nor mother-in-law. You can head off sabotage to this extent—if you have the guts to do it. 2. Get a new car and learn to drive, of course; but maybe you should move back to town too. You need stepped-up social con-



Signing The Register

Mr. and Mrs. Ira Connolly, of John's Chapel, St. Michael's church, the bride is the former Miss Eleanor M. Jones, daughter of Mr. and Mrs. Maurice Jones. The groom's parents are Mr. and Mrs. Peter Connolly, Charlottetown. Photo by Christopher Smith, Toronto.

HOUSEHOLD HINT

If you do your painting in an air-conditioned room, no dust will settle on the article being painted. Besides keeping dust out of the room, the air conditioner will remove the paint odor quickly.

ELEANOR ROSS

Send Them To College With Matched Luggage

How anxious understanding parents are that the freshman should have everything right for that first term in college. It isn't a matter of keeping up with the Joneses. It is just that certain requirements should be met and that all the necessities should be in good and proper condition.

WARDROBE INVESTMENT

No wardrobe investment serves a student through four years of college, and much of her life, like the luggage bought for her first trip to college.

They should not be hand-me-downs ever, but good pieces, not overdone or freaky but just right. And just as with fine silver, luggage may be added to or replaced in pattern so that a matched set which is the nicest way to own

KEEP IN TRIM

What's Your Line?

By Ida Jean Kain

Fashion's waistline appears to shift with each change of season. Without so much as a by-your-leave, designers blithely move the natural line of the waist to some other spot.

It's slightly puzzling. In fact, this season the designers themselves seem more than a little uncertain about where the waist should be located. Some decree it should be rib high, empire style; others stress the long torso sheath, still others feature the middy blouse style, ignoring the waistline completely.

Well, fashion is whimsical, and luggage, is always in service.

THREE MAIN PIECES

The basic requirements for a co-ed include a train or overnight bag, a week-end and a wardrobe case or pullman. With three pieces such as this, she will be able to take enough clothes to college to last until the large trunk arrives.

Get good strong pieces, since luggage owned by a student gets more wear and tear than that of the average traveller, with the exception of business people.

STRONG BINDINGS

So, to avoid a battered look before the college course is through, look for strong bindings, well-made hardware, sturdy, comfortable handles and a covering that will take hard knocks and slush-snow storage. After that, consider color, lines and design.

As for the young men, they most frequently come out on the short end of things when well-meaning relatives or friends present them with family discards. Too often, the unmatched, unfashionable cases are actually designed to be used by a woman.

FIRST IMPRESSIONS

Those first impressions, so vital in the early days of college, are not enhanced by the appearance of a shoddy, unmatched assortment of borrowed luggage recruited from closets and attics. The average fellow will want a masculine-styled suitcase and companion piece for accessories. A briefcase or attache case will do as well as a change of drawers for an overnight trip.

A TRUNK IS NECESSARY

A trunk is an indispensable piece of luggage, for shipping books, extra clothing, heavy coats, pillows, etc. It also serves as an excellent moth-proof storage compartment.

Some colleges and universities will allow a trunk to be kept in the dormitory, where it becomes an extra piece when covered with a throw and some pillows. So here again, the trunk, used during college should be a good, sturdy piece.

women appear to crave change. And, in the long run, it doesn't matter too much whether the waist moves up or down... but if the figure is to look young, the waist must never spread out. It's far more than appearance... the waist was originally designed to be the slimmest part of the figure so we could bend, turn and move easily. So let's make a move to slim the waist...

Start with stretching, for that's the most natural of all exercise movements. Raise both arms up overhead and pull upward with the right arm, slowly and smoothly, starting the pull away down near the hipbone. That's the only way a stretch can slim the entire mid-section. Then slowly and rhythmically stretch upwards with the left arm, this time stretching clear from the toes! Keep reaching up as if you were climbing a ladder.

To put the pull on a slightly different area, stretch up with the right arm, and at the same time step back with the right foot and p-u-l-l from tip to toe. Repeat, this time with the left arm, stepping back with the left foot, all with rhythmic motion. Then stretch up with both arms and p-u-l-l slim through the middle.

For supple slimmness... Stand sideways to the wall, arm's distance away from wall, palm of hand flat on wall at shoulder level, elbow straight. Stretch other arm overhead. Then bend sideways and touch outstretched fingers to the hand on the wall. No fair letting hips jut out as you bend! Make the midriff muscles give. Repeat three times, change sides and bend again. Gradually increase count.

Later you may be able to stand



Center the stretch

with fingertips instead of palm against the wall and bending sideways, touch the wall with great ease. And, girls, if you can do that, it won't matter where fashion puts the waistline... your fashion puts the waistline... yours will be naturally slim.

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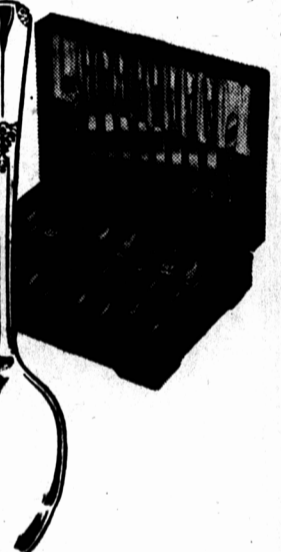
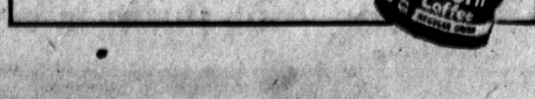
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