

The Stars Say - -

By Genevieve Kemble

For Tomorrow

THE stellar indications are for some sort of windfall, a pleasant "bolt from the blue," stimulating and exciting. While all personal matters are under such auspicious prospects, possessions, finances, jobs and all manner of dignities, honors and tokens of preferment are among the possibilities. All sorts of governmental, political, as well as ecclesiastical, philanthropic and professional activities are under splendid expansive rule.

For the Birthday

Those whose birthday it is are encouraged to take steps to forge ahead to the achievement of their most ambitious, cherished and aspirational goals, under a very benign and reassuring sign of expansion and growth in fulfillment of desires, wherever they may lead. Employment, honors, dignities, promotion, and fond realizations are in sight with the most desired and hoped-for emoluments. Funds and possessions are in line for materialization during the year. Forge ahead to the land of heart's desire.

A child born on this day is splendidly endowed for a honored, pleasant and happy career, with position, prestige and place in the public eye in prospect.

Modern Etiquette

By Roberta Lea

Q How does one go about giving a breakfast party?

A. Invitations may be phoned, or informal notes sent. Breakfast may be served any time in the morning up to noon. No special entertainment need be provided, as breakfasts are usually planned for a special purpose, such as after a very late dance or early wedding, before a tennis match, or to get a morning committee off to a good start. A regular breakfast menu is served.

Q Is it considered proper to use bread as a "pusher" in getting bits of food from the plate onto the fork?

A. If absolutely necessary, this is considered all right. Just use small pieces of bread, though—not a whole slice.

Q Is it required that the mother

Household Scrapbook

By Roberta Lea

Glass Stopper

If the glass stopper cannot be removed, take a turn or two around the neck of the bottle with a strong string, and while someone holds the bottle, "work" the string by sawing it back and forth. This expands the neck of the bottle by heat caused through friction, and the stopper can then be easily removed.

Clothesline

A soiled clothesline can be washed very easily by winding it around a board and scrubbing with a stiff brush dipped into strong soapsuds. Rinse in the same manner.

Threading Needle

Cutting the thread on a slant before threading a needle will point it and make much easier the task of sticking it through the eye of the needle.

How Can I!!!

By Anne Ashley

Q How can I prepare cabbage sauce?

A. Cabbage sauce is excellent when served with broiled fish in place of the usual tartar sauce. It can be made by shredding finely 1-2 head cabbage and mixing with 2 chopped green peppers, 1 cup diced celery, 3 tablespoons chopped nuts, 1 cup boiled dressing, and 4 tablespoons chili sauce. Chill for several hours before serving.

Q How can I mend broken glassware?

A. One method is to cement together with a mixture of one ounce of isinglass dissolved in two ounces spirits of wine.

Q How can I relieve the pain of a sting of a wasp or a bee?

A. The pain can sometimes be very quickly relieved by rubbing a piece of raw onion over the affected part.

of the bride and the mother of the bridegroom be invited to all bridal showers in her honor?

A. This is not necessary. If, however, one of the mothers is invited, the other also should be invited.

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COW BRAND BAKING SODA



R4613 SIZES 12-20 by Anne Adams



North Rustico graduates as pictured above are, from left to right, standing: Elaine Murray, Lorraine Gallant, Alban LeClair, Annette Blaquiere, Lillian Pineau. Sitting: Kathleen Murphy, Marie Anne Arsenault, Mildred Gallant, Gemma Arsenault.

That Body Of Yours

By James W. Barton, M.D.

INFECTION AND ARTHRITIS

Although the miracle drugs, ACTH and Cortisone, have brought dramatic relief of symptoms in many cases, it must be remembered that arthritis comes quietly and is present in the joints and blood for a long time before the patient feels the pain and stiffness. This means that even when the miracle drugs are used, it may take a long while, perhaps as long as arthritis has been present, to get rid of the symptoms. It is this long wait that so discourages patients with arthritis. Dr. Phillip Lewin, in his book "Arthritis and the Rheumatic Diseases," states that infection is not considered the common cause of arthritis as it was just a few years ago; nevertheless, he tells us that "a large proportion of rheumatoid arthritis is undoubtedly due to infection. Your case may be caused by germs which lodge in your teeth, your throat, your sinuses, your gall bladder or your appendix and set up infection there. In some way the germs reach out from their lodgment, travel along the blood stream and find a second home in a joint. The joint then develops the infection in the form of arthritis. If your joint is examined, the germs are found there. These germs may be those organisms which cause pneumonia or streptococcal throat, or abscessed teeth or tonsils, syphilis or typhoid fever.

If the infection is in the early stage it may be completely removed and no arthritis symptoms may occur, as with a case I mentioned once before. A boxer came to me with a supposed back injury. As he had pain when at rest, I suggested an x-ray of the teeth which showed infection in three molar teeth. The removal of these teeth caused a flare-up in his back for a short time and he was discouraged. However, in a matter of weeks, he was free of pain and went on to win the amateur welterweight boxing championship.

Because many cases of arthritis are caused by cold and dampness, by eating too much starch foods (sugar, potatoes, bread) and also by injury, many patients, physicians and dentists hesitate about having infected teeth and tonsils removed. However, when infection is definitely present, the question is not whether they should or should not be removed but whether or not to build up the patient first so that the removal of the infection will not cause so much shock or poisoning of the blood.

DOROTHY DIX'S COLUMN—

He's No Catch!

Girl Should Forget Man Who Puts Money First, Dislikes Children

DEAR MISS DIX: For quite some time I have been going steady with a man who has intentions of "someday" getting married. We are both 30. The reasons for his delay is that he feels we should have a certain amount of money before marrying. He also feels that we should not have children, since they get on his nerves. I, on the other hand, am extremely fond of children and would like a large family. The third reason for the postponement of our marriage is that my friend, Mac, being a successful businessman, believes that a wife should be secondary to his career. He expects to put his business first, wife and home second. I feel that he is wrong but his ideas along these lines are definite, and he contends that a lack of understanding on my part is our real difficulty.



Muriel Nissen

ANSWER: Mac's emotional make-up leads me to believe that his mother was a deep-freeze and his father an adding machine. He simply isn't human, Laura, so what possible attraction could he have as a husband?

HE'S AN EGOMANIAC

The real reason behind his excuses for avoiding matrimony is a colossal egoism that shuts out—and will always shut out—any form of affection or consideration for another person. Business is, of course, an important aspect of any man's life, yet no one but a cold-blooded fish would ever during his courtship that his wife would naturally be given second place to a ledger.

Most serious is his stand on children. Since you like, and want, a family, there is absolutely no possibility of your being happy with a man who considers youngsters a nuisance. If you marry Mac and accede to his demand to eliminate children as a part of your home, you'll be beset by frustrations of such severity that they might eventually endanger your sanity.

Think things out a little, Laura. Mac has absolutely nothing to offer in the way of home, family, affection, love, devotion or any other quality that makes a good husband. You'll be an attractive adjunct to his business life, and that's all. Scarcely anything alluring in that prospect, is there?

DEAR MISS DIX: If a lady is slightly friendly and I am eager to know her, shall I make conversation until I learn her name and address? If she happened to be interested in me, wouldn't she give me her name and address without my asking for it, and possibly invite me to her house?

ANSWER: The lady certainly should not be so forward as to volunteer her name and address without being asked to give it. We women are much more subtle than that. If you like the girl and wish to see her again, it's up to you to arouse her interest, and then ask to call on her, in which case, of course, the salient details of name and address are bound to be forthcoming.

DEAR DOROTHY DIX: At 25, I have an offer of a job in a nursing home. I would love work like that but my parents are against me going out to work. I am the only child, and my parents have always kept me close to them. They don't want me to leave home, though the nursing home is only a short way off, and they have always objected to my going out. Should I go against their wishes and take the job?

ANSWER: By all means take it. At 25 you should be independent and able to stand on your own feet. What would you do if anything happened to your parents? You undoubtedly will have to face the world sometime, and the best time to start is now. There should be no unpleasantness about your work; just tell the family that you have this opportunity and intend to take it.

DEAR MISS DIX: We are two lonely G. I.'s in Korea and would like you to put our names and addresses in your column. We are 18 and 19 respectively.

ANSWER: If anyone would like to cheer these boys with pleasant letters, send me your name and address and I'll tell you how to reach them.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

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And there would be much give-and-take practised. And one should ever be discouraged with the labour of his calling but all would revel in its fascination and joy and freedom. And if one, taught the rules of farming at James' hands, should chance to bring home a calf or a yearling in some busy truck, we are confident James would be the first one invited to view the purchase and give his opinion of the deal. Not in a distant father-and-son manner but as comrades and best of good friends... with chuckles and teasings, as ours have been with him and ever all down their years.

"If you could have your wish," we can see James bending over a hospital bed to ask a lad of twelve, wan and miserable after tonsilectomy, "What would you ask for?" And the reply came hollowly along a sore throat. "I wish" he that is now our younger farmer smiled faintly, "I could have that roan heifer for my own." And James whispered in token of co-operation in later years, "Well, isn't that the strangest thing! I was just going to suggest that myself!"

Today James brought with him from the work "Out Home" the three younger grandchildren to dine with us. A few minutes past noon we saw the truck emerge from the aisle of spruces down by Mr. A's gate. Slowly it came—for was not this a precious burden it carried? And presently it stopped by the door and a smiling party alighted.

It is sometimes our concern, though a little amusing to cater to these young and mostly different appetites. In theory, we are well acquainted with the foods, the proteins and minerals, the vitamins and energy-builders which by and large children should receive. We know what is good for them. In fact we have more than once advised Karoly and Jeanie on the feeding of theirs. "And why don't you give them healthful things: carrots and other vegetables"... and to supplement the fragile winter sunshine "tomatoes and fruits? And milk—lots of milk!"

And once when we dwell on the subject, Karoly looked at Jeanie and smiled knowingly. "That's all very fine in theory. You can't lead them to it, but dear me," she shook her head despairingly, "you can't make them drink!"

Our main fare today was fish, with, as James likes it served, some fried ham to point the flavor. Proudly we bore to the table on a pretty platter the mackerel we had received only this morning fresh off the ice of the fisherman's truck. . . . The fish-man's wife accompanied him on today's route, a woman with a friendly word and a nice smile. And we felt a moment of envy to picture how delightful her outing would be. Turning her back to, but remembering the enchantment of the white-capped waves breaking on the sands of the Island's North Shore to face into the South; coming by lovely vistas of countryside, clean and beautiful—busy villages spread at cross-roads.

And the intimate glimpses she would gain of others' lives and living! The po' old grandmothers, loitering over their buying, asking "What's new?" of far places; the younger housewives, brisk and hurrying... and what precious children to see! With hawthorns a-blooming by the roadside and red rags now flaunting their sweetness in garden!

Until tomorrow—Diary—Good-night....

Better English

By G. C. Williams

1. What is wrong with this sentence? "I forbid you from seeing him at all anymore."

2. What is the correct pronunciation of "arraign"?

3. Which one of these words is misspelled? Careen, nicotine, serene, quarantine.

4. What does the word "prophecy" mean?

5. What is a word beginning with "im" that means "uprightness"?

ANSWERS: 1. Say, "I forbid 'your' seeing him," and omit the final three words. Pronounce a-ran, first as in "ah" unstressed, second "a" as in "rain," accent second syllable.

2. Nicotine. 4. Pertaining to a prophet or prophecy. "His words bore a prophetic significance." 5. Im-



—Mr. and Mrs. Charles M. Arsenault of Abram's Village announce the engagement of their eldest daughter, Helen Adeline, to Francis William, son of Mr. and Mrs. Jerome Cheverie of Souris. The marriage is to take place on Saturday, July 12th, at St. Martin's Church, London, Ontario.

Morning Smile

Looked After

"By the way, Mrs. Grubb," said the new lodger, "I have a few idiosyncrasies."

"That's all right," replied the landlady. "I'll see that they are dusted regularly."

All The Way

Drawing up a man's will, a lawyer paused and asked his client, "You know, you've named six of your biggest creditors as pallbearers. Don't you think it would be more fitting to have some closer friends for this service?"

"No, just leave it that way," instructed the client. "Those men have carried me this far and they might as well do the rest of the way."

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