CHARLES MURRAY

CAROL ANN MOYER

WEDDING PLANNED

F-S and Mrs. Henry Moyer, St. Eleanors, wish to announce the engagement of their eldest daughter, Carol Ann RN, to Charles Murchison Murray, son of Mrs. Lawrence Murray, Summerside. The marriage will take place April 25 at Our Lady of Loretta Chapel, RCAF Station, Summerside, P.E.I.

HAPPENINGS

Audrey Jenkins, Women's Editor; Phone 4-8506

Attending the recent P.E.I. Teacher's Convention in Charlottetown were Mrs. John A. Ryan, Priest Pond; Mrs. Adrienne Hebert, Monticello and Margaret MacIsaac of St. Margaret's.

Mr. and Mrs. Wellington A. Murray, Fredericton, N.B., visited with the latter's parents, Mr. and Mrs. Pomroy Murray during the holidays.

Peter MacIsaac of the RCN, Halifax, spent the weekend with his parents, Mr. and Mrs. Neil MacIsaac, Rock Barra.

Peter Schurman of St. Stephen's, N.B. was a week-end visitor with his parents, Mr. and Mrs. Herbert Schurman of Summerside.

Mr. and Mrs. Preston Wood, Prince Street and Mr. and Mrs. Keith Boyce, Hawthorne Avenue, left last week for a holiday in Florida.

Mary Hyndman, daughter of Mr. and Mrs. H.E. Hyndman, Greenfield Ave., and Janet Lea, daughter of Dr. and Mrs. R. Gordon Lea, Green Street, left today to resume their studies at Netherwood School for Girls, Rothesay, N.B.

Mr. and Mrs. Ron Irving will be the special guest speakers for the March meeting of the P.E.I. Art Society at PWC Tuesday evening at 8 p.m. sharp.

Their subject, The Second Revolution, will be a consideration of the work of Paul Cezanne, who, by fathering Cubism, "redirected the course of Art in a way so far reaching that it can only be compared to Giotto's revolution 600 years before"; Vincent Van Gogh, the lonely genius who sold only one painting during his entire lifetime and finally, Henry Matisse, whose paintings are among the most decorative of the great 19th century.

Mr. Irving, a native of New Brunswick, is director of dramatic art for P.E.I. and Mrs. Irving is from Marblehead, Mass. They met when both were students at Mt. Allison University.

Dr. Todor and Mrs. Gencheff, Goodwill Ave., are in Florida for a month's holiday.

Mrs. Andrew MacLean was hostess at her home at Kensington to neighbors and friends of Mrs. George Campbell at a farewell party in her honor. Mrs. Campbell, who has been a resident of Kensington for several years, has since left to return to her former home at Boston. Gifts were presented to Ethel on behalf of the United Church Fellowship group by Mrs. Harry Taylor and Mrs. Harry Caseley, and on behalf of neighbors and friends by Mrs. Ray Lavers and Mrs. Gordon Kennedy. Mrs. Campbell expressed her thanks and appreciation for the gifts and good wishes, and the guests enjoyed the remainder of the evening with cards and refreshments.

Mr. and Mrs. Gordon Cooke, Kensington, left on Thursday for Saint John, N.B., where Mr. Cooke is attending a business conference.

IDA BAILEY ALLEN

Sliced Peppered Steak Good With Pan Juices

THE WALLS of the Palm Garden in New Yorks Waldorf-Astoria were hung with paintings by a group of noted artists from Southern California.

One painter approached us, a charming woman in a white silk dress trimmed with clusters of green drop-beads, and flashed a welcoming smile. She was Helen Braunschweiger, exhibiting several large paintings and a group of twelve small ones that were attracting considerable attention.

"I paint every day," she remarked happily, "and never lack a subject. There is so much in the world that is interesting and beautiful!"

"You come from California, but you speak a bit like a New Englander," I remarked.

NATIVE "NUTMEGGER"

"I'm from Boston, a graduate of Boston University," she said. "But I was born in Norwich, Connecticut."

"Not far from Danielson, Connecticut, my own home town," I laughed.

Among the delightful and varied group of small paintings she showed was one that fascinated me with its motion and delicate treatment, called "The Smoke Tree.'

"A desert tree," explained Mrs. Braunschweiger, "with thousands of tiny thorns. It is believed that the crown of thorns Jesus wore at the Crucifixion was made from the thorns of a smoke tree."

Of course we talked about housekeeping.

"My husband is the one who likes to cook," she laughed. "He makes the best Peppered Steak you ever ate-"

Later, Mr. Braunschweiger gave me his recipe.

TOMORROW'S DINNER
Chilled Papaya Or Tomato Juice Piquante
Peppered Steak California
Tossed Green Salad Salinas (See Chef)
Baked Pears Or Fresh California Strawberries
Coffee Tea Milk
Measurements level; recipes for 6

PEPPERED STEAK ADAPTED FOR INDOOR COOKING

2½ lbs. sirloin steak cut 1½" thick
1½ " tsp. coarse-ground black pepper
½ tsp. salt, preferably coarse
3 tbsp. butter
3 tbsp. olive oil

Rub pepper and salt into both sides of steak. Heat butter and oil in large skillet; put in steak. Fast-saute until browned.

Turn with tongs; saute 6 min. on each side for rare; 7 min. for medium.

Cut in thin diagonal slices; keep warm. Make sauce from juices in pan in either of following ways:

1. Stir in 1 tbsp. Worcestershire and swirl in 3 tbsp. butter. Do not let butter quite melt. Spoon over steak.

2. To juice in pan, add ¼ c. canned bouillon; or ¼ c. dry wine or cognac, as done by many chefs. Stir to bubbling boil. Simmer-stir 3 to 4 min.

BAKED PEARS CALIFORNIA STYLE

12 halved canned pears, drained
one-third cup moist raisins
3 tbsp. chopped walnut meats
2 tbsp. sugar
1 tbsp. lemon juice
Grated rind ¼ lemon
2 tbsp. water
½ c. syrup from canned pears
3 tbsp. brown sugar

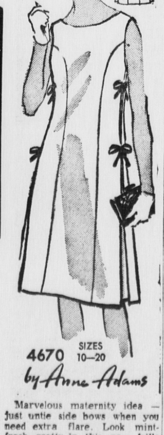
Place pears in layer in baking dish. Mix together raisins, walnuts, sugar, lemon juice and rind, and water. Spoon into pear centers. Pour over syrup; cover. Bake 30 min. in mod. oven, 350 degrees F.

Dust lightly with brown sugar; broil under low heat until it begins to melt. Serve at room temperature, topped with half-scoops of ice cream.

The Chef's Salad Salinas

In big salad bowl, toss 6 heaping c. torn-up iceberg lettuce, ¼ c. olive oil and 2 tbsp. salad oil mixed with ¼ tsp. powdered garlic, 1 tsp. Worcestershire, 1 tsp. salt and ½ tsp. coarse-ground black pepper.

Add and toss in 1 unbeaten egg yolk, 2½ tbsp. lemon juice and ½ c. grated Parmesan. Last, toss in 1 c. small crisp bread croutons barely moistened with olive oil and seasoned with garlic salt. Et voila!



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ELLEN'S DIARY

Cloud And Blowing Snow Belie Date On Calendar

"Who said Spring is here?" the one girl of this farm, chuckled, stopping by a minute this morning on her way to lane's end, and her classes.

"The calendar and the wild geese" we said.

"It doesn't seem so now, does it?" she queried. "Though" she added, "it's not a cold morning — this."

Snowflakes, great damp ones, were falling. Like, it came to mind, those of years gone, which in the gray of a fall day, indicated the coming of winter. And we, a parcel of young'uns coming down the roadside path would turn faces up to catch the miracle of this snow, and feel the damp on our cheeks. And we would say not unhappily, "The Sky - woman is commencing to pluck her geese!"

And then passing by the orchard, we, personally, would note suddenly, how gray and bare the branches were, that not so long ago, only back in the Thanksgiving Season, had been so charmingly fruited, with apples of the wintering store. And wind coming up over the old fields from the shore, held now a lonely note, and the woodlot up the rise across the road was accenting its sober shades again.

Here were kin of those flakes this morning, at her incoming, clinging to the tresses that had escaped from the girl's head-scarf. Like so much maribou, or the white down from the dandelions of summer, youngsters are pleased to pluck with careful hands, and testing their magic, with one breath blow smilingly away.

"What do youthink of the morning?" we asked James.

"Oh, I wouldn't like to say, Ellen. It could blow into quite a storm. And then again, it may not amount to much. What did the forecast say? We chuckle. We have come to depend pretty well on his forecasts, though when we have some outing in mind, they may incline to be gloomy! Many elements are apt to enter into them.

"It's fine enough now, Ellen" he will say. "But, candidly, I don't like the look of things. Did you notice the wind? There's an edge of east in it. And I always think that when it swings in there, it's as well to stay at home. And besides, remember, last evening there were sun-dogs? And at night too many stars. And a ring around the moon — with, come to think of it, only one star enclosed. And that means... well, if I were you, I believe I wouldn't move too far away from the door!"

"The forecast said this would clear by noon" we replied this morning.

"Well come sun or cloud, I must be on my way" she smiled, picking up her books.

It was however, because March would "go out like a lion", evening before the peace after turmoil came — when the increased and gusty winds of day wandered off, allowing the new snowfall to rest.

We look out now on a white night, beautiful in the bright of the yards lights. Like a pretty scene on a Christmas card.

Curiosity's gentle purring ceases. On the couch, he stretches — then tucks a paw beneath a cheek again. Sighs. Then smiles.

"Cloud and blown snow today" he observes. "What of it? There'll be sunshine tomorrow!"

Until tomorrow — Diary — Good - night.....

Whim Road Institute Has Sale

"Agriculture", was the April topic of Whim Road Women's Institute meeting held at the home of Mrs. Lawrence Stewart. Eleven members answered roll call with a grocery donation.

Correspondence was dealt with; several books and magazines for Riverside Hospital library were passed in, and a sale of remnants was held.

School supplies were ordered, and several members volunteered to clean the school.

Mrs. Verna Nicholson and Mrs. Bob Compbell were appointed to visit the sick. Mrs. Geo Clorey and Mrs. Freeman Miller, to have charge of the new program.

A penny acution conducted by Mrs. Lester MacDonald was won by Mrs. Lawrence Stewart.

Proceeds from the lottery of a box of groceries amounted to $18.30. The lucky ticket was drawn by Lawrence Stewart and won by Florrie Beaton, Montague.

Next meeting will be held at the home of Mrs. Freeman Millar. Roll call to be answered with a donation for retarded children. Meeting closed with The Queen. Lunch was served by the hostess and committee.

Useless Societies Abound

VANCOUVER (CP) — North American women waste their talents and efforts joining women's clubs, says Mrs. Keshmiri Zadeh, 43, who owns and edits a newspaper in her native Iran.

"Women in this part of the world are very active," she said during a visit here. "They belong to many clubs, societies and organizations, but these are useless—they don't have any worthwhile programs."

At one club she visited during her stay, she heard "one woman get up and say she was pleased because her husband peeled the potatoes before she got home. I don't think that is very important."

When her husband died 16 years ago, Mrs. Zadeh took over his job as owner and editor of the Nedaye Iran in Shiraz, a city in southern Iran.

North American women should take a greater interest in being housewives and mothers, as well as a larger interest in their own country, she said.

"Canada, which claims equality of the sexes, has only a few women parliamentarians. In my country, we have five women in parliament, and women only received the vote a year ago."

During her stay, she lived with a three-car family of three.

"This kind of society doesnt improve the world; it doesnt' help do away with poverty. It just creates jealousy from those who don't have as much.

"There's nothing wrong in earning the almighty dollar—it's how you spend it that counts."

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Exclusive healing substance proven to shrink hemorrhoids... and repair damaged tissue.

A renowned research institute has found a unique healing substance with the ability to shrink hemorrhoids painlessly. It relieves itching and discomfort in minutes and speeds up healing of the injured, inflamed tissues.

One hemorrhoidal case history after another reported "very striking improvement." Pain was promptly and gently relieved ... actual reduction or retraction (shrinking) took place.

Among these case histories were a variety of hemorrhoidal conditions. Relief even occurred in cases of long standing, and most important of all, results were so thorough that this improvement was maintained over a period of many months.

This was accomplished with a new healing substance (Bio-Dyne) which quickly helps heal injured cells and stimulates growth of new tissue. Bio-Dyne is offered in ointment and suppository form called Preparation H.

In addition to actually shrinking hemorrhoids, Preparation H lubricates and makes elimination less painful. It helps prevent infection which is a principal cause of hemorrhoids.

Just ask your druggist for Preparation H Suppositories or Preparation H Ointment (with a special applicator).

Satisfaction guaranteed or your money refunded.

Women

MARY HAWORTH

Absence Of Love Creates A Potential Adulteress

DEAR MARY HAWORTH: I am 22, my husband is 30, we are both college graduates, very much in love and have been married two years.

Even with this firm foundation we have one large problem that eventually will break up our marriage, I think.

My husband very infrequently feels a need of sex. He just doesn't care about sex with me or any woman. His coolness in this respect has always hurt me, but especially when I was a young unknowing bride.

After a year of fighting the problem by myself I turned to our family doctor, who suggested that I try to persuade Joe to come in for a talk. He went; and the doctor explained the facts of life to him. He came home saying he'd try to be a better man; but he soon forgot.

I think of myself as attractive, I had many admirers before we got engaged. I take care to dress nicely for him. Yet I feel myself becoming a potential adulteress just to prove that I am still attractive to men.

Joe has admitted that when newly married he was afraid and embarrased about sex. Now the hurt he has caused me is beginning to affect me too. I don't know if a marriage counsellor could do more to encourage him than I. It seems most doctors aren't equipped to solve such difficulties.

You are the only one with whom I can discuss this delicate problem. I love him so much. What can we do? Please help me.

J.L.

DEAR J.L.: I doubt that non-specialist discussion of the subject will solve your problem. What the situation requires is psychoanalytic therapy for both man and wife.

It seems plain enough that Joe's coolness towards sex refers to psychic impotence. Which is to say, an unconscious attitude of mind with respect to sex (or, more precisely, an emotional dread of sex involvement) that profoundly inhibits him from recognizing, much less exercising, spontaneous impulses of sex interest.

In the area of sex instinct and or sex reflex in his constitutional make-up, Joe is paralyzed by negative auto-suggestion, as it were.

To get the picture of what goes on, try to imagine his unconscious mind continually sending out messages, in the fashion of the old-style Morse code, to his so-called autonomic nervous system which governs his sex behavior. In effect the message is: "Watch out. Don't make a move. Sex is taboo. To save face, to keep out of trouble, to avoid the clinches." Etc., etc.

He isn't going to break the spell of this unconscious hypnotic dread except with the help of analytic probing, to locate and dissolve the underlying emotional causes. And he must want such help wholeheartedly, and be willing to cooperate honestly, in quest of normal heterosexual development, if analytic therapy is to do any good.

You may wonder why I propose corresponding therapy for you. The answer is, because neurotics tend to marry their own kind. Hence the strong probability that in your own way, obscurely, you are as far off the beam of sound psycho-sexual formation as Joe is.

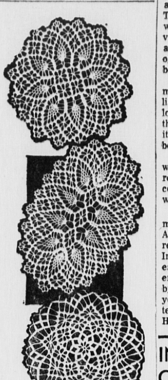
If you were basically oriented towards robust sex reciprocity at the time of marrying, it is unlikely that you would have chosen Joe as your spouse from a field of admirers. I think rather that his characteristic evasion of sex would have struck you as a clammy quality, unacceptable in a husband, and that you would have rejected his suit, no matter how congenial he seemed otherwise.

Very likely you married Joe because you felt much at ease, during courtship, with his remarkably undemanding pitch, sex-wise. In that time he posed no threat to your own unconscious mistrust of sex.

However, in marriage, as your emotional infantilism and his deficiencies of the same sort resulted in a meager relationship, the overall headache became identified, in your mind, with his chronic unflattering avoidance if sex. You pegged the whole problem on that.

My advice is, don't wait around for Joe to take the lead in solving the stalemate. Tackle your frustration on your own, and learn from analytic therapy what your resources are, and what alternatives you can devise, for normalizing the marriage, if possible. M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of (the Guardian).



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STAYS IN CHARACTER

Raymond Burr, TV's Perry Mason, devotes much of his spare time to personal appearances before legal professional groups.

Women's Political Life Most Active In Sweden

REGINA (CP) — Women are still fighting for equality, says Martha Saran of London, who retired recently as secretary of the International Council of Social Democratic Women.

But today, the battle is for equality of opportunity rather than rights, she said during a visit here.

"Most women today are expected to have a knowledge of and an interest in politics. There are few countries in which women do not have the vote, but in many the political abilities of women are not recognized as much as they should be.

"In England, there are not many women members of parliament, but they are active in local government. Sweden tops the list for women's political acitvity as 25 per cent of the members of parliament are women.

"In France, there are few women in government, but the remainder of the European countries have a number of women representatives.

"Ghana and Nigeria are the most advanced English-speaking African countries in the area of recognizing womens abilities. In Ghana, the government has established 10 seats in the government that must be occupied by women. It will do this for 10 years to try to establish a pattern of women representatives. However, many of the women are against this, as they do not want special privileges.'

Miss Saran, on the last leg of a lecture tour that took her to the Caribbean, Venezuela, Cosia Rica and Mexico before Canada, said it was wrong to say women will not vote for women in elections. This was nothing more than an old myth.

"In the first place, a woman has to be twice as good as a male candidate to get nominated. After that, it's just a question of voting for the best person, wheher that person is male or female."

INSTITUTE'S CONVENTION AT ACADIA

OTTAWA (CP) — The third triennial convention of the Federated Womens Institutes of Canada will be held June 22-26, a Acadia University, Wolfville, N.S., it was announced Thursday.

More than 500 delegates and visitors, including representatives from the 10 provincial units of the federation will attend the convention.

The announcement said the convention's theme will be "Home and Country—Today."

The annual board meeting will be held prior to the convention, June 18 - 20, at Wolfville.

Be uy RIGHT WRIGHT SHOES ....

Grenade Killing Charges Dropped

ADEN (Reuters) — Murder charges were dropped Monday against an airport employee who had been charged with the hand-grenade killing of two persons, including the assistant British High Commissioner here.

The incident occurred last December at Aden Airport. A grenade was tossed into a group of British officials who were awaiting the arrival of a plane.

The blast resulted in the death of Maj. George Henderson, the assistant High Commissioner, and a Hindu woman who stood nearby. Some 50 persons were injured in the blast, said British High Commissioner Sir Kennedy Trevaskis.

The prosecution withdrew the charges because a key witness was missing and believed to be in neighboring Yemeni territory.

The airport worker, Khalifa Abdoulla Hassan Khalifa, 32, was arrested shortly after the had pleaded not guilty to the grenade-throwing incident. He had pleaded not guilty to the charges.

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