

Cook's Corner

WALNUT COFFEE CAKE

Served hot or cold, this coffee cake has a pleasant, clear lemon flavor and a crisp and nutty toppling. Serve it with butter or marmalade.

Yield—One 8-inch coffee cake.
2 cups once-sifted pastry flour or 1 1/2 cups once-sifted all-purpose flour
3 teaspoons baking powder
1/2 teaspoon salt
2 tablespoons chilled shortening
1 cup plus 2 tablespoons fine granulated sugar
2 eggs
1 teaspoon grated lemon rind
2/3 cup milk
1 teaspoon vanilla
1/2 teaspoon ground cinnamon
1/4 cup chopped walnuts

Measure and sift together once, then sift into mixing bowl, the flour, baking powder and salt; add the chilled shortening and cut it in finely; mix in the cup of fine granulated sugar.

Beat the eggs until thick and light; stir in lemon rind, milk and vanilla.

Make a well in the flour mixture and pour in the liquids all together; combine lightly but completely.

Turn batter into a greased 8-inch square cake pan.

Combine the two tablespoons of granulated sugar and cinnamon and sprinkle over batter; sprinkle with the walnuts.

Bake in a moderate oven—350 degrees—about 40 minutes.

Cut into squares, lift carefully from the pan and serve hot.

Better English

By V. C. Williams

1. What is wrong with this sentence? "He is likely to be injured if he goes outside of the shelter."
2. What is the correct pronunciation of "berserk"?
3. Which one of these words is misspelled: Baillif, bagatelle, basilican, bas-relief.
4. What does the word "chaotic" mean?
5. What is a word beginning with inv that means "incapable of being conquered"?

ANSWERS

1. Say, "He is liable to be injured if he goes outside (omit of) the shelter."
2. Pronounce bur-suk, both u's as in fur, accent first syllable.
3. Baillif.
4. Resembling confusion, or disorder.
5. He should bring the country out of this chaotic condition."
5. Invincible.

Bedtime Snack

solves laxative problem

"Constipation made me sullen all day. What a change since I started to use ALL-BRAN regularly! Even my wife notices it!" writes man from Ville Montmorency, Que. If you suffer from irregularity due to lack of bulk, try a bowlful of this toast cereal every night before bed. It may bring back the youthful regularity you thought long lost. ALL-BRAN is the only type ready-to-eat cereal that supplies all the bulk you may need. It's high in protein and iron. Not habit-forming. Kellogg's is so sure you'll like ALL-BRAN that if you're not completely satisfied after 10 days, send empty carton to Kellogg's, London, Ont., and get DOUBLE YOUR MONEY BACK!

A Country Garden

By Mrs. Gordon MacMillan

Seeds so long in darkness sleeping. Burst at last from winter snows. Earth with heaven above rejoices. Fields and gardens hail the spring. — Charles Kingsley.

Spring is a remembering time as we walk around our gardens and find familiar flowers that we had almost forgotten in the winter months. Every day it is possible to see growth on many plants and it is a busy season cleaning up the garden. Transplanting has been done here the past week and the new rock garden is completed. Scillas have been added to the crocuses blooming and as these were a gift from another gardener from the eastern part of the Island they are prized.

It is good to feel the firmness of the soil where so lately there was snow and slippery ice and a letter received from an Islander ninety years young now living in the Southern States tells how he misses our seasons in that land of sunshine. He writes "I like to hear about the maple sap as I used to tap trees, and the spring seemed so nice after the long stormy winter. How I can remember when I could start and walk on the dry ground after the snow was all gone. It is just like summer here and Calla Lilies are in bloom on the lawn." Still he remembers the old home on the farm and the walks he enjoyed there so many years ago.

This is a good time to make a new border for annuals or perennials. Dig deeply and manure well then allow to settle before planting. Shrubs can be moved now, especially the summer blooming varieties and they will never know if they are properly planted. A beautiful Gloxinia is blooming and all the house plants are taking on a new glow. The potted flowers that were wintered in the cellar have been brought to the light, the large Puschias and larger Geraniums. Some of the tuberous Begonias will bloom in a short time as they were potted up a few weeks ago, and they are always so bright and colorful.

If you wish to enjoy your garden for several more hours each day and night, then you need some garden lights, the garden here is lighted and has proved that "The garden after twilight" can be enjoyed throughout the evening hours. How does your garden look after twilight? Does it rest in obscurity or can you see its loveliness in light and silhouette? The mellow glow of lamp light that spells a friendly invitation to spend a companionable evening in the home is a great contrast to the darkness without. Modernism is not satisfied with darkness anywhere. First we lighted the inside of our houses. It was a success, practically and aesthetically. Up to now the outside of the house has been neglected, but we are making up for lost time. A series of little lights shielded from the onlooker but stretched along the perennial border bring the blue bell-flowers and white phlox to life and send the sharp swords of Iris leaves into deep relief.

A moonlight effect can be obtained by training concealed lights on a willow tree and all kinds of experiments are possible with beautiful results. Mounted on a metal rod, a hood or enclosed slit of light is an ideal way of finding one's way down teetery steps. To entertain on the terrace after dark we need some light and if we have an umbrella table it is easy to install a reflector with a bulb which clamps

ELLEN'S DIARY

By an Island Farmer's Wife

After awaiting it for months, what an extremely disappointing day this for the opening of the trout season! And how few the anglers who braved the keen edge of the north wind to visit the pond! To remain only briefly, soon persuaded by the chill and damp of the weather and the unsettled state of the water to return to the interests of home.

It was difficult to see in today's sullen flow the loveliness of days there to come. To picture long shadows lingering among the quiet shining ripples touched to a silken sheen here and there by a teasing summer wind of the west; to catch the delight of fresh new leaves about . . . on the alders and the strays of white birches that leaning primp on the mirroring surface. Wild cherry and rowan before too long in sweet scented blossom; tangle of blue vetch and creamy Queen Anne's Lace . . . and at length, but too soon, wild asters, early token of autumn.

How well we know and love the pond's varied moods! The solemnity of early morning when a new day fresh and beautiful, "with-out man or bluish" is given to the world about; the peace and hush of evening . . . and the question: "Where hast thou gleaned today? Thy labors — how bestowed?" which gives it back — differently perhaps or with a sense of shame, the length of weaving a colorless fabric.

The weather postponed Jamie's angling, but in his father's absence on a marketing excursion left him man-of-the-place in his stead. There, too, at that farm in the youngling of the season, among them a bright nimble lamb, a preferred pet of the family. Granddaughter was sober then smiled to remember "There'll come a day for fishing!" and instead of a bridled mouse led Blackie, the dog, about the "halls" of the place.

"Now which would you prefer, Ellen?" our philosopher, who had dropped by this evening questioned—a bit idly we suspected—a husband who took good care to remember you with a gift on your birthday and wedding anniversary or one who kept wood to your fire? James in the old armchair smiled casually. At the close of the choring when the evening shades were darkening, he had taken himself with the other farmer to the wood-pile, where they busied themselves at the splitting until dark put an end to their day. And we had been complaining over their industry.

"This is what you have to consider," our visitor pointed out, "which takes more effort: to buy a bunch of roses or to toil to the woods, knock down a tree, limb and cut it into lengths, haul it home, saw it, and then split the blocks into cordwood?" James chuckled. "I believe I could make a better showing with the wood—roses would be too expensive, if I did remember!" "Now which?" the visitor queried with a smile, "fair question, Ellen!" Jeanie, who had come in time to hear it laughed: "Both!" "Now, isn't that the way of it, nowadays?" he offered. "There's no half-ways . . . it's all or none!"

"Now then" James says rising, "we've already lingered here too long, Ellen. Let's go to bed! We want to get another good day at the splitting!"
Until tomorrow — Diary —
Good-night
onto the support and directs the light up, whereupon it diffuses on the inside surface of the umbrella and gives good illumination on the table for different uses. Artificial light, although it is so called, does not mean that it gives an artificial effect. It is real enough and genuine enough to be satisfying and to be a medium for cheer and necessity.

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Father Murders Children Then Takes Own Life in Fit Of Despondency



Four children were murdered by their father who later took his own life in a gas-filled second-storey rooming house in Toronto. The victims, seen above, 37-year-old Serge-Alexis Akshuk, his three sons, age 15, 13 and eight, and 7-year-old daughter, had only been in Canada the father's failure to get a job. His wife, seen above, who discovered the bodies, asphyxiated by gas, had been supporting her husband home where the tragedy occurred. (It is believed the act had been committed in a fit of despondency over

Household Scrapbook

By Roberta Lee

Paint Brushes

Always clean paint brushes thoroughly before putting away. Hardened brushes may be soaked in raw linseed oil for 24 hours and then placed in a pot of benzine. Work the bristles until they are separated, when the paint will soften so that it will wash out.

Light Scorches

Light scorches can be removed from linens by first wetting the stained areas with cold water and then exposing to the sun until the stain disappears.

Banana Stains

To remove banana stains cover the spots with a liberal paste of fuller's earth and water.

How Can I . . .

By Anne Ashley

Q. How can I care for patent leather shoes?
A. Rub a little Vaseline Jelly on the patent leather shoes before taking them off. Leave on until the shoes are ready to be worn again; then remove the excess jelly with a cloth, otherwise it will collect dust.

Q. How can I clean a Panama hat?
A. Add enough cleaning fluid to a teacup of flour to make a paste. Rub it on with a brush and let dry; then brush off with a stiff brush.

Q. How can I brighten discolored aluminum?
A. The discolored aluminum will brighten beautifully by rubbing it with a cloth dipped in lemon juice and then rinsing in warm water.

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DOROTHY DIX'S COLUMN

Don't Be A Snob

A Person's Speech Is No Guide To His Character

DEAR MISS DIX: My husband is a university graduate with every appearance of a good background, but in reality his parents are the most uncultured people I have ever met. Their grammar is atrocious. This humiliates me beyond words, as many people have remarked how shocked they were when they met his parents. The parents themselves think that because they educated their children, any girl is extremely fortunate to marry into the family. Now they live near us and drop in all the time. I'm constantly on pins and needles for fear some business associate of my husband may come in. I have suggested to my husband that he correct their English but he says it would hurt their feelings. Of course, he is so used to it that he has no idea how humiliating it is to me. IRENE



Muriel Nissen

The people who keep them open are the parents who, lacking the opportunity for education themselves, are willing to make any sacrifice to see their children have advantages.

Thank God most children, and children-in-law, don't share your attitude. Most of them look with high respect and deep devotion, as apparently your husband does, to the parents whose hard work bettered their offspring's positions.

BETTER HIDE YOUR ATTITUDE

Your husband and his brothers have a fine background for which they need never apologize. Their business associates would be far more shocked if they knew what went on in your pin mind than they ever would be by a lapse in your father-in-law's grammar.

If you were a woman of any character, you would proudly explain, upon hearing your in-laws criticized, that though they themselves lacked the advantage of even an elementary education, they nevertheless managed to put three children through college—not a mean feat, I assure you.

Acquire a little charity, learn to love and admire people for what they are—not for how they speak! Few of us use flawless grammar; in fact, among some groups it's almost a cult to employ poor speech as a form of so-called vivid expression. Your parents-in-law may be ignorant of grammatical forms, but they are very wise in the ways of bringing up children, and of human relationships.

Don't worry so much about their casual visiting. Be glad they

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Morning Smile

All's Well

"At first she was going to turn him down because he hadn't a will of his own — then she found he was likely to benefit from his uncle's."

Very Sorry

The passenger leaned out of the taxi window. "What on earth are you doing?" he shouted to the driver. "I asked you to drive me from Victoria to Leicester Square and this is the fourth time you've passed St. Paul's."
"I'm sorry, sir," replied the driver. "I thought you were an American."

Irony

Two men in a lighthouse saw a small boat being rowed towards it. When it was about half a mile away it began to sink so one of the men went out to the rescue. When the rescued man was in the lighthouse he told the men it was a good job they had saved him because he had come to see them about their income-tax.

The Stars Say

By Genevieve Kemble

For Tomorrow

It may be difficult to make much headway or to sidestep some disagreeable contact or experience on this day. A previous false or impetuous move may have brought reprisal, even though the general trend of affairs may have been promising. It may be difficult to get around peculiar or unforeseen circumstances coming up after hopes had been pitched high. The judgment is not sound, and some impetuous move may have reacted on the inclinations of influential

Anne Adams Patterns

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That Body Of Yours

By James W. Barton, M.D.

MORE ABOUT LITTLE STROKES

When Dr. Walter Alvarez, Mayo Clinic, in the second symposium on clinical problems of advancing age, wrote about "little" strokes, he awakened within practicing physicians a new watchfulness for these little strokes in our aging men and women. The main point about little strokes is that they may be forerunners of "big" strokes and those big strokes in many cases may be avoided if the little stroke is recognized for what it is.

Dr. Alvarez gave the history of a busy businessman who consulted him about his blood pressure and the possibility of his having had a stroke. He gave the date of the occurrence but his wife reminded him that his illness started a little earlier than the date he mentioned. The man was furious with his wife for making this statement but, when Dr. Alvarez got the whole story, it was found that the man had had five little strokes.

It might be well to recall the symptoms of a little stroke described a few months ago. "There may be a dizzy spell, perhaps with a little nausea and vomiting, with later on an impaired sense of balance, perhaps a loss of memory. A change of character, a loss of the interests in life, a loss of joy in it, and a loss of ability to work."

Dr. Alvarez mentions a number of cases of prominent men, active in business, social and charitable enterprises, who became changed from suffering little strokes, but who on occasions could put up such a reasonable front that the damage done by the little strokes was not suspected.

Many a man becomes too irritable to get along with his associates and employees, or may go into an agitated depression and walk about the house all night.

What about treatment of these patients who have suffered little strokes?

Dr. Alvarez suggests that one of the best things a physician can do is to get the family to realize the situation so that they will be more understanding and sympathetic. In his opinion, doctors do too much to these mentally crippled elders. They should be allowed to do what they please as far as mental or physical work is concerned.

Rheumatic & Arthritic Pains

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associates. There could be social or personal bias.

For the Birthday
Those whose birthday it is are likely to come into a year testing their good judgment, wise actions, together with personal or social bias acting to slow down projects already on the way to success and securely in a large way. Some false move, error in judgment, wrong tactics, could work against high hopes and cherished plans. It might be wise to postpone until less dubious situations prevail. Unforeseen developments are likely to complicate should the issue be forced, since unknown factors may develop without warning. A child born on this day may be prone to act from impulses rather than logic, being easily confused by strange events exciting emotional responses.



Anne Adams

Modern Etiquette

By Roberta Lee

Q. Is it proper to guess at a name if one has not heard it distinctly during an introduction?
A. No; it is much better to ask and be correct. The proper thing to say would be: "I'm very sorry, but I did not hear your name clearly," or, "Did Mr. Johnson call you Miss Ferris? I'm sorry, but I did not hear very well."

Q. How far in advance of the wedding should gifts be sent to the bride?
A. Usually two weeks or ten days before the date of the wedding, so that the bride may have time to acknowledge it.
Q. Who should be seated at the right of the host, if there is no woman guest of honor at a dinner party?
A. Under these circumstances, the eldest woman guest is seated at the right of the host.

Dress Restyler



An overskirt of splashy silk print turns your basic dark dress into a new spring fashion. The skirt is simple to make from three scarf lengths of filmy silk. Other fabric suggestions: organza, tissue faille, eyelet embroidery or border-patterned cottons. If you would like directions for making this OVERSKIRT, send a stamped, self-addressed envelope to the Needlework Department of this paper and ask for Leaflet No. E-2584.

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by Alice Brooks

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