# Women

## ANNIVERSARY OBSERVED

Mr. and Mrs. Milton Keough were photographed at a surprise party given at their home in Tignish in honor of their 30th wedding anniversary. Representing the relatives and friends who attended, Mrs. Walter Hogan read an address which accompanied the gifts presented to the celebrants. Gifts were also presented by their 13 children.

## HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8506

Mr. and Mrs. Gerald Ross and daughter Evelyn, Hazel Grove were the guests of Mr. and Mrs. Laken Lewis, York.

Mrs. Harry Cudmore, Director of Water Safety and first aid services for P.E.I. attended a meeting of the Women's Working Auxiliary of the Tignish Sports Recreation Association in Tignish on Monday, on the Water Safety Day Camp programme that is being planned by the association for the coming year. Much of the ground work was laid for this newly proposed project during the past summer, that is expected to comprise 21 school districts with bus transportation.

The success of the Kensington Day Camp was outlined to the meeting by Mrs. Cudmore.

Appointed water safety chairmen in the different districts and getting an early estimate of the number of children enrolling was new business under discussion at the meeting.

On December 7 Mr. and Mrs. Major Milligan will be celebrating their 65th wedding anniversary at their home in Inverness.

Today Mrs. Lina Francis of Victoria, is celebrating her 90th birthday.

This agile lady still does her household chores, likes to go car - riding and keeps her menfolks supplied with hand - knit socks.

Mrs. Francis has two daughters and a son: Mrs. Bertha MacQuarrie, Victoria; Mrs. Andrew Landry, Montague; and Mr. Harold Francis, Lady Fane. She also has three grandchildren and seven great - grandchildren.

Following the regular meeting of Trinity CGIT held at A. D. MacKenzie Hall, Montague, last Monday evening, Arnold Wightman, delegate to the General Council for the United Church, showed slides of his trip to Newfoundland and also gave an interesting commentary. Mr. Wightman also showed souvenirs and literature pertaining to his trip.

The guests were welcomed by Joan Coffin. An exhibit of handicrafts made by the girls was on display.

Refreshments were served by the girls assisted by their leaders Mrs. Russell Burns and Mrs. Lloyd Fraser.

Eleanor Johnston and Pauline Hardy entertained in Alberton, in honor of Mona Coughlin, a season's bride.

Gifts in a decorated basket were presented by Patsy Hardy and Betty Campbell. They were opened by Pauline Hardy; good wishes were read by Miss Campbell.

Refreshments were served by Eleanor Johnston, Patsy Hardy and Bertha Gordon.

Mrs. Lemuel E. Jay of Mt. Stewart celebrated her 82nd birthday Dec. 2nd. A dinner party was held in her honor at the home of her son and daughter-in-law, Mr. and Mrs. Roland Jay.

Her daughter and son-in-law, Mr and Mrs. Bruce MacLaren of Charlottetown, as well as grand - children and great grand children were present. A decorated birthday cake was made and presented by Mrs MacLaren to mark the special occasion.

## ELLEN'S DIARY

## The Cookie Jar Is Filled With Home Made Goodies

We mixed what we like to call "Christmas cookies" this morning, with Peter, our youngest grandchild looking on. In the pantry, it was, which adjoins the kitchen and is convenient both to stove and sink. Ours is by no means a modern as pantries go. It remains pretty much as it was when James was a child. True, away back in the years a new cupboard and a workbench were installed, but otherwise nothing has changed. Indeed some of the dishes there have come down to us from those years bygone. The morning's first sun enters the original small - paned window, to encourage the African violets we like to grow for their daintiness and the challenge in their culture, which are arranged on window - shelves there. The "desk" of a high cupboard near the cook's table has allowed inquiring ones of the name, from Jamie down to Peter, as well as certain visiting youngsters to view, comfortably seated, any baking in progress.

And now we were mixing the dough, Peter improving unwittingly his knowledge of measures by the cup, and spoons, we used.

"It's a nice day for baking, isn't it? Mother says it's good to bake when the sun shines. Would you let me beat the eggs?" And measure the sugar, perhaps?" he smiled coaxingly.

Only a simple overnight recipe we used. Basic. One which gives scope to any artistic fancies one may have in the way of decorating the cookies before baking, or by colorful additions in the mixing. Easily made, they are, and tasteful... We determine this by taking stock of the number of trips to the cookie jar, made by young or older, though as they sometimes point out, "It could be that we're hungry, couldn't it?"

The recipe calls for one half cup each of butter and shortening, the same each of brown and granulated sugar. The flavoring then we add, "least we forget", which can be any one or a mixture of vanilla, lemon and almond, to lend a subtly different taste. Two eggs, well beaten. Two cups and a quarter of sifted all purpose flour, to which has been added, a teaspoon of baking powder, a half - teaspoon salt.

"Now then!" Peter grinned, drawing a long and expectant breath. Pieces of red cherries we then added and walnuts, (crushed), to the mixture. Chilled for a while for easy handling, we shaped it in two rolls, then wrapped in waxed paper, set it away in the refrigerator to remain overnight, or even longer so to provide choice slicing.

"And who will get the first cookie?" Peter queried.

This was a day to plow, milldish as it was and given to sunlight. Mack having taken over the after - supper shift, continues it now in the starlight. Not alone there "all in the dark." In the company of Jamie, who also plows in that far field.

"Bed?" we inquire of James. He shakes his head. "I would say, Ellen, there'll be no sleep for a while! There are signs in the stable that will delay it. And besides I can't go to bed, until Mack comes in. I'd like to know how they did."

Now our last workaday of the week nears. Just past the old clock's long strike, that new day comes in.

Until tomorrow — Diary — Good - night.....

## Special Occasion Merits Gay Gifts And Greetings

Mr. and Mrs. Peter D. Gavin, Alberton South, recently celebrated the fiftieth anniversary of their marriage. Mrs. Gavin was the former Bertha Powers. They were married at the Sacred Heart Church by Rev. Maurice MacDonald on November 10, 1914. The bridesmaid was Katherine Gavin (now Mrs. Howard Wells), sister of the groom, and the groomsman was the late Edward Murphy.

The newly married couple lived at first in their native community of Kildare. Soon they moved to Alberton South where they have continued to live with the exception of a few years in Saint John, N.B. Mr. Gavin was a fisherman.

Mr. and Mrs. Gavin have nine sons, three daughters, fifty-one grandchildrin and nine great grandchildren. Their children are Mrs. Edlow Albert (Vina) of Stratford, Ontario; Mrs. William Kent (Evelyn) of Saint John, Daniel of Alberton South, Alfred of Saint John, John of Alberton South, Ernest of Saint John, Walter of London, Ontario; Mrs. Harrison Mason (Anne) of Saint John, Reginald of London, Ontario; William of Alberton, Justin and Kenneth of London.

The three children living in the immediate vicinity were present for the anniversary celebration which was held November 22 Other members of the family had visited their parents in June and on this special occasion they telephoned their greetings.

The anniversary was marked by a family dinner when covers were laid for twenty - five. A two - tier anniversary cake centered the table. Rev. Gerald Steele was an honored guest.

Friends who called during the day came from as far as O'Leary, Summerside and Hillsboro, Mass. Mrs. Howard Wells, the bridesmaid of fifty years ago, was the only guest who had been present at the wedding. Other wedding guests still living but unable to be present at the Golden Wedding are Mr. and Mrs. Peter Gavin and Mrs. Aeneas Ahearn of Alberton, Mrs. Alfred Powers of Alberton South and Ernest and Jennie Gavin of Kildare.

The family and friends remembered the occasion with gifts and cards.

The bride of 50 years ago was attractively dressed in a navy knitted suit and wore a corsage of pink carnations.

## HOUSEHOLD HINTS

Chill candles in the refrigerator for 24 hours before using. They'll burn evenly without dripping.

To darn the fingertip of a torn glove, drop a marble in the finger. It's a perfect fitting darning egg and makes the job easier.

To keep cauliflower snowy white, soak for half an hour in cold salt water before cooking.

Green olives are tastier if you pour off the brine and replace with two tablespoons of olive oil. Shake well and let stand one-half hour before serving.

## Eiffel Tower Has 337th Suicide

PARIS (AP) — Frenchman Michel Pusqueler, 38, became the 337th recorded suicide from the Eiffel tower here. Police said Pusqueler jumped from the 175-foot high first level of the tower, and died in the ambulance on the way to the hospital. The tower was built 75 years ago.

## MARY HAWORTH

## Mother's Lurking Malice Disturbs Teenage Child

**Dear Mary Haworth:** It will take all of your knowledge and experience... but I believe that you can help me.

I am a girl, 13, in parochial school, and a bit above average, scholastically. I also participate in volleyball, dancing school, piano lessons and charm course.

But I just can't get along with my mother. At times I feel like a martyr being tortured. She has critical remarks or objections to make about almost everything I do, even calling attention to my bad points in the presence of my best friend and her mother, much to my embarrassment.

When I try to change the subject, she stubbornly persists Then my girl friend tells my other friends and I find I'm being laughed at. Though I mention this to mother, she seems unmoved.

Speaking of my scholastic rating, the following incident happened just tonight: My sister, age 7, had a problem with some new arithmetic which she didn't understand, nor did mother, who asked me to help. I replied that my class was getting this new math too, which I didn't quite understand yet.

With that, mother flared up at me, then phoned a neighbor mother, who said her daughter, Jane, aged 11½ (and slow in school) might be of help. Jane agreed to come over and explain the problem to my sister.

Just then I came downstairs and offered to help, having worked out the problem meanwhile But mother said "Get out of here!" I went back to my room and cried. Things like this happen all the time and when mother hears me crying (seemingly for no reason) she calls me "crybaby" and my sister laughs...

My father, who is very understanding and on my side, sometimes tell he will "talk" to mother and he does, but it helps only briefly. In a few days, it all starts again.

I try to hold my temper and don't say what I feel; I keep it locked inside me and just cry instead. (P.S.: My mother still reads my mail). Please comment on this.A.R.

Dear A.R.: It is possible that you do me too much honor, in believing that I can solve your problem.

When a mother falls down on the job of being a good mother, by showing a persistent strain of hostility, dislike or lurking malice towards one of her children (perhaps blaming the child for "getting on her nerves"), there isn't much that outsiders, or insiders for that matter, can do to assuage the child'd acurate sense of being tormented cruelly.

If there is a remedy for such maladjusted- mother behavior (the sort from which you suffer), it consists in the mother's waking-up to the wrongness of her unfriendly, unkind, unsympathetic pitch towards the child, and getting specialist ("family relations") Guidance in becoming a good mother, good tempered, open- minded, warm - hearted.

Thus, to help you (if I can), I am taking this opportunity to speak to your mother, over your head, to acquaint her with the possible harm she may be doing to your ego and moral character formation, by her tart resistance to your hidden hungry need of maternal championship, loyalty and approbation (particularly in your joint contacts with te outside world).

I am hopeful that if this potentially destructive aspect of her obscurely competitive, antagonistic emotional reflexes in relation to you is called, emphatically, to her attention (are you listening, Mom?)——I am hopeful that she will "come to her senses," turn over a new leaf and do all that is necessary to repair her mistakes.

Now, coming back to you: my suggestion to you, for safeguarding your emotional health in the situation, for taking profit (in terms of psychological growth) from your heartache, instead of letting it weaken your vitality, is to read Dom Aelred Watkin's book "The Enemies of Love" (Kenedy, publishers).

I think you will find that the deep insights and soaring wisdom of this charming little book, will lift you above the temptation, or compulsion, to strike back at your mother, or to retreat into tearful moods, when (or if) she determines your dignity or belittles your hurts.—M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

## Word "Natural" Said Misleading

OTTAWA (CP) — Dr. Lloyd Miller says natural childbirth associations should remove the word "natural" from their names.

The reason, says the chief of obstetrics at St. Luke's Hospital, Cedar Rapids, Iowa, is that many women are misled by the use of the word. They think it means labor and delivery entirely without the assistance of anesthetics.

"This is not so. The term refers to a reduction, not a withdrawal, of anesthesia and medication. We always ask the mother if she prefers to be asleep or awake when her baby is born and we never expect all patients to go through labor without medication."

Dr. Miller, who has been conducting lectures on natural childbirth in Canada, has met with some success in his campaign. He says at least two Canadian groups are considering deleting "natural" from their names.

The noted obstetrician, who has delivered more than 6,000 babies by the natural method, says 80 per cent of his patients are awake to hear their baby's first cry.

**CHANGES IDEAS**

"There was a time when I was proud if a woman told me she couldn't remember anything about the birth of her baby, but I've certainly changed my ideas since then."

Labor is considerably shortened and mothers are much more at ease when they learn the series of relaxing exercises to help through childbirth, says Dr. Miller.

He would like to see teen-age girls given courses in natural childbirth in high school and believes they would then be more likely to have their children by this method. "Education is the important thing. That way, misunderstanding is avoided and fear alleviated."

## SOCIALS SOLICITED

PHONE 4-8506

Crisp December weather has arrived, inspiring the usual round of social events. News of coffee parties, afternoon teas, bridge parties or house- warming are only a few of the interms The Guardian- Evening Patriot womens editor will be happy to publish free of charge. Do you have visitors? Perhaps a former Islander whom friends would to contact.

If you are planning a holiday

giving a shower or entertaining your club, phone 4-8506 and help make the social coloum interesting

## Married At Bride's Home Twenty Five Years Ago

James Wallace and Jean Williams of Elmsdale were married November 16, 1939 and last week they celebrated their twenty - fifth wedding anniversary.

Their son and daughter - in - law, Mr. and Mrs. Ivan Wallace, opened their home to more than one hundred relatives and friends who assembled for a surprise party.

John Rayner acted as master of ceremonies. Their children presented gifts and so did their only grandchild, four-teen months old Gail Wallace. Mrs. Wallace received a corsage. On behal of relatives and friends outside the community, Mrs. Hilton Barnett read an address and made a presentation and on behalf of the community Russell Leard read an address and made a presentation. Individual gifts were open by the bride of twenty - five years ago and her cousin, Mrs. Alvin Wilkie, read the good wishes.

A telegram of congratulations was received from Mr. Wallace's brother, Ralph, in Toronto.

During the social hour a three-tier anniversary cake was cut in traditional manner.

A guest book, presented by Donna and Lynne Wilkie, was circulated during the evening.

Mr. and Mrs. Wallace were married at the home of the bride's parents, Mr. and Mrs. R. Williams. The officiating clergyman was Rev. W. A. Paterson, then minister of the United Church in Elmsdale. The bridesmaid was the bride's sister, Alice, now Mrs. Hilton Barnett and the best man was Erskine Wallace, brother of the groom.

Mr. and Mrs. Wallace have lived all their married life in Fortune Cove. They are active in the life of the community and in Elmsdale Church of the Nazarene. They have three children, two of Fortune Cove, Layton and Arlene at home.

## Neighbors Give Farewell Party

Mr. and Mrs. John Picketts and family who have taken up residence in Margate, were tendered a farewell party by their former neighbors of Kelvin Grove at the home of Mr and Mrs. Crawford Picketts on Friday evening, November 27.

Robert Hogg was Master of Ceremonies and an address was read by Mrs. Lorne Crozier.

Gifts on behalf of the district, were presented by Mrs. Lorne Crozier and Arnold Walker.

Mrs. Leaman Caseley presented Mrs. Picketts with a Wrist pin of behalf of the teacher and pupils of Kelvin Grove School.

Refreshments were served by the hostess assisted by Mrs. Leaman Caseley, Mrs. Robert Hogg and Mrs. Lorne Crozier.

## Happy Event Celebrated At Cape Wolfe

Mr. and Mrs. George Shaw of Cape Wolfe celebrated the forty-fifth anniversary of their marriage on November 7th. Mrs Shaw is the former Pearl Cooks.

In the evening members of their family, relatives and friends assembled at the home of their son Robert to help them celebrate the happy event.

Mr. Shaw's brother Robert, who was master of ceremonies called upon their son Robert who read an address to his parents. On behalf of the family their son Ivan presented a gift and on behalf of Mr. Shaw's brother, sisters and their families, Charles Roberts of Charlottetown presented gifts. In open'ng individual gifts they were assisted by their daughter Adele. Refreshments were served by members of the family. An attractively decorated anniversary cake made by their daughter Eva, was cut in traditional manner.

It is of interest that two couples who were present would also celebrate their forty - fifth anniversaries in November. They are Mr. and Mrs. Everett Collicutt and Mr. and Mrs. Allie MacNeill of Cape Wolfe.

## 4 Canadian Servicemen Get Gallantry Awards

OTTAWA (CP)—Three Canadian soldiers and an airman have received awards for gallantry from Governor - General Vanier.

The George Medal, second highest peacetime award for valor in the Commonwealth, was awarded to Lt.-Col. Paul A. Mayer, 47, of Ottawa and Sgt. J. A. Leonce Lessard, 41, of Quebec City for the rescue of missionaries in The Congo in January.

Brig. Jacques Dextraze, 45, of Montreal, was made a Companion of the Most Excellent Order of the British Empire for his work in the same operations.

LAC Henry F. Schulz, 22, of Leduc, Alta., was awarded the British Empire Medal for gallantry for plucking to safety an RCAF officer who was partially sucked out of a plane door during an Oct. 31, 1963, flight. Schulz, a safety equipment technician, now is stationed at Bagotville, Que.

Col. Mayer, at great personal risk, saved several priests and nuns being held captive by enraged Congolese rebels.

Sgt. Lessard's citation said he had carried out several rescues of missionaries under the fire of guns, spears and arrows.

Sgt. Lessard now is serving with the Royal 22nd Regiment at Camp Valcartier, Que.

Brig. Dextraze, who was chief of staff of the UN Congo force at the time of the mercy missions, was credited with saving more than 30 missionaries and students.

Two other men, both civilians, also received awards.

W. R. Lythgo, first secretary in charge of administration at the British high commission in Ottawa, was awarded the insignia of an Officer of the Civilian Division of the Order of the British Empire in recognition of his service as chief executive officer at the high commission

Dr. Alexander G. Irvine, 43, was awarded the insignia of a Commander of the Civilian Division of the Order of the British Empire.

The award was presented to Dr. Irvine for his "outstanding contribution" while deputy secretary of the federal treasury of the government of Rhodesia and Nyasaland.


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