

WOMEN

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ELLEN'S DIARY

by an Island Farmer's Wife

It happens that at this island farm we never have a dull moment—quiet possibly, but never monotonous. In our farming there is always something new to interest us, something unexpected and different to lend variety to our day.

This afternoon, after an excursion which had taken the two interested in keeping the wolf from our doors to a sale of farm-goods and chattels there was a spirited backing of the little truck in the barnyard. From the window of the nook of place which is "the back-stairs" of this house where we re-touched pieces of our decorating, we saw them assist a pair of the cow-kind down from the machine and lead them to a stable.

But not before they were duly inspected at the close range. It is a finding of this farm and farmers that a purchased animal gains nothing in size or weight during the trip home! And I had an idea he was heavier than that when I bought him" on odd occasions have been among "the saddest words of tongue or pen" we have heard at Alderlea. But only for the moment. In their enthusiasm for farming even in the smallest and most pitiable wail of a calf the farmers are confident their buying "will grow into something."

"In many an instance time has surprised us." Is that one of our own raising or did you buy him? We have questioned of a comely animal on pasture or when they are rounded to the stables in the fall. And James has replied with obvious surprise: "You should know that one Ellen! Remember, we brought him home one night in the fall. I'll tell you, it was the very night that ... happened to be here. He was pretty small and skinny don't you mind? But with a pleased nod "he's a fair-good animal now! You can mostly tell if the makings are there."

It was Mack, only boy of this place who later came to escort us to admire these new additions to the herd.

"They could be bigger" he commented. "But they're red—and that's not a bad color. He pushed back his cap and then putting out what James believes to be a farmer's hand, smoothed down the silken sides. "I guess" he grinned happily, "they'll grow into something!"

It was a business man, big and broad and hefty who came by tonight—with a gray cloud at his shoulders and lustrous frog-stains in his ears: the same for whom in young years of spring-cleaning we saved small tins and boxes to make containers for the dew worms he would use at the fishing when the closing of his school should bring him in along the

MARY HAWORTH'S MAIL

Young Grandmother Faces Problem Of Love For Other Man

DEAR MARY HAWORTH: I am a grandmother—youthful, not unattractive. My husband and I have been married for many years. I haven't been romantically in love with him. But our problems, our planning together for children, our house and community activities have brought us contentment, understanding and unity—which is enough to fill any life.

Against every desire, I have grown to love someone. What is the solution of this irrational problem? How can this attachment be channeled into wholesome friendship, related to my marriage or would it be wiser to break off relations altogether?

C. S. Real Loves Leads Away From Self

DEAR C. S.: Against every desire, you've grown to love someone, you say—meaning another man. I take it. And you ask, what is the solution of this ir-

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MORNING SMILE

"Do you know, dear, my husband says I look 10 years younger in this hat."
"Really. And how old are you?"
"Thirty."
"No; I mean without the hat."

doing of this is the first work of the life of prayer. How this may be accomplished must be our first concern."

The foregoing comment is taken from the booklet "Instructions in the Life of Prayer" (Forward Movement Publications, 413 Syracuse Street, Cincinnati 2, Ohio). It should give you the pitch of really giving in capacity to love maturely. For supplementary education in the social requirements of mature morality, you might study Dr. David R. Mace's book "Marriage: The Art of Lasting Love" (Doubleday).

When Is Bride No Longer Bride?

DEAR MARY HAWORTH: To settle a friendly argument how long is a bride considered a bride? I say for the duration of the honeymoon, be that three days, three weeks or three months. My sister-in-law says one year. What do you say? Thanks. B. F.

DEAR B. F.: It seems to me that a bride is a bride as long as she and her husband consider her such—which might be a matter of 50 years or more, in certain happy situations. But in general she ceases to be remarked as a bride when she begins to become a mother and, as this is a variable event, perhaps it accounts for discrepancy between your own and your in-law's hearsay views. M. H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian, Charlottetown.

Mustard-Pickle Dumplings

Mix and sift into a bowl, 1 1/2 c. once-sifted pastry flour (or 1 1/3 c. once-sifted all-purpose flour), 3 tins. Magic Baking Powder, 1/3 tsp. salt. Cut in finely 2 tbs. chilled shortening. Make a well in dry ingredients and add 1/2 c. finely-chopped mustard pickle in sauce and 1/4 c. milk; mix lightly with a fork, adding milk if necessary, to make a drop dough. Drop in 6 portions, over hot cooked stew. Cover closely and simmer (never lifting the cover) for 15 mins. Yield—6 servings.



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LET'S EAT

Tempting Syrian Recipe For Cooking Dry Beans

By Ida Bailey Allen

"How long do most homemakers usually soak dried limas and other beans before cooking?" "Overnight, Chef. But it is the wrong method, because it sometimes starts germination, which causes loss of nutrients or even spoilage. Besides, it makes the preparation of dried bean dishes so long drawn out that they are not often prepared in most homes. Budget Dish

Yet dried beans are both delicious and satisfying, when well-prepared, and decidedly within the budget. However, although classed as proteins, they are secondary, and do not contribute full nutritive value unless teamed with at least 1/4 the amount of animal protein in the same menu. New Method

"Then I would suggest a combination casserole of dried limas and lamb shanks for our menu, Madame. This is based on a Syrian recipe. The beans are placed in a covered pot of boiling water, then soaked only 50 minutes, according to the new method worked out in our test-kitchen."

TOMORROW'S DINNER

Vegetable Soup Garlic Bread
Lima Bean-Lamb Casserole Spinach Cole Slaw
Lemon Meringue Cake Coffee Tea Milk
Lima Bean-Lamb Casserole: Cover 1 lb. dried lima beans with 2 qts. boiling water. Add 1 tsp. salt. Cover and let stand 50 min. Then simmer-1 1/2 hrs. Meanwhile remove the meat from 4 lamb shanks, cut in 1" dice, roll in flour, and brown together with 1 c. sliced onion. Drain the beans;

combine 2 c. of the liquid with 1 c. juicy canned tomatoes. Melt 2 tbs. fat in saucepan. Stir in 2 tbs. flour and gradually add the combined liquids. Stir in 1/2 tbs. table mustard, 1 tsp. thyme and the beans. Oil a 2 1/2 qt. casserole. Alternately layer in the beans, sauce and browned lamb shanks. Make the top layer beans. Cover; bake 1 1/2 hrs. in a slow to moderate oven, 325-350 degrees F.

To Freeze: If desired, use half of this entree for one meal; put the remainder in a casserole, seal with freezer tape and use any time within 1 month. Allow 1 1/2 hrs. for thaw-heating at 350 degrees F.

Lemon Meringue Cake: Make up 1/2 pkg. yellow cake mix. Bake in an oiled 9" layer cake pan 30 min. in a moderate oven, 350 degrees F. Meanwhile make up 1/3 pkg. lemon pie filling according to directions. Half cool. Spread over the cake layer. Top with meringue made from 2 egg whites. Return to a slow oven, 325 degrees F. Bake 12 min. or until the meringue is lightly browned. Serve cold.

THE CHEF SUGGESTS

Add 3 thin-sliced scallions when making a quart of cole slaw.

Cook's Corner



CHOP BUEY

1 lb. round steak (cubed)
1 lb. lean pork (cubed)

Soak these well in frying pan. Peel and cut up 5 large onions. Brown in pan after removing meat. Add to meat and rinse frying pan with water and add to meat and onions. Put in a pot and cover with water and keep covered with water while cooking. Cut up one large or two small stalks of celery in small pieces, add to meat and cook until meat is tender. Just before it is done add one can of mushrooms.

When it is done add 8 tbs. of soy sauce, 2 cans of bean sprouts. Thicken with flour and water. Salt and pepper to taste.

Words Of The Wise

It is more important to know where you are going than to get there quickly. Do not mistake achievement. —(Mabel Newcomber)

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2 For 49c

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Household Hint

Clean wax candles with a cloth dampened in alcohol. If you coat candles with soap suds (all but the wicks, of course) they will last longer and burn without smoking or dripping. After applying the soap suds, let the candles drip dry in candle holders before using.

Chill candles in the refrigerator for 24 hours before using them, and they will burn evenly and not drip.

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