

ELLEN'S DIARY

By an Island Farmers Wife

Have morals changed since "the dear dead days?" And fundamentals of living? "Phooey, Ellen! Where do you live?" a good friend of ours, a big-hearted, talented, attractive young matron and capable farm-wife laughed to us not long ago when the subject came up in the conversation of a mixed group of her guests. We were seated on the verandah, in the peace and quiet of the hour. An exquisite summer twilight was draping in from the sea, yet in the dusky silver and blue of it, one could make out the outline of a trim motor-boat beating out and out and presently fading into the dim magical reaches beyond. Unbidden, our thoughts followed for the moment. Who manned the fairy craft? Was it man and maid as we have seen, loving the pulse of the sailing, prow cutting a path through the dusky waters, a dim trail of white left behind? The tang of salt on one's lips and nostrils, a gentle wind on one's face? ... and leaving poor earth-bound folks like us, on shore where now lights began to twinkle forth!

With some regret and certainly with a measure of envy we turned to follow again the thread of conversation, which was being lengthened here and there about us. Our hostess laughed. She is one who admits she can enjoy a refreshing drink which "ain't all 'pop'". She can also find comfort in a cigarette, especially at the end of a trying day. She declares she can see no harm in encouraging Platonic friendships between adults of opposite sexes, even though each already has his or her own covenant to keep. If these do "incline to get out of hand at the roll of an eye" as she says, she is also of the opinion that "this sex-business should be talked over in the open," and not regarded with raised eyebrows and in shocked silence as these more delicate questions were once wont to be met. In fact she is "of an open mind." "Yes," she laughed, "where do you live? Don't tell the folks that you subscribe to the same set of beliefs as did our grandmothers! Why they went out of fashion along with the bustle, long hair, petticoats, nursing one's baby and being bossed by one's husband! And as for morals, Ellen," she chuckled, "have you looked in your Webster's recently? I'll just bet the word isn't there any more! You haven't kept up with the times, Ellen. And if you continue to believe as our grandmothers did, then you're as good as dead already!"

Mails were not a daily feature of life on that quiet but nonetheless interesting road, to which we came as its teacher. There were no telephones, not even mid-week prayer-meeting to pair off youth and maiden! But there were lads and lasses, merry-hearted, kindly youngsters who "ganged" nightly, to a last one - to visit a favorite home, to enjoy games, or perhaps just to chat together on a grassy knoll in the twilight, until deepening night bade us separate, singly, in pairs, or in groups, to our homing. Young laughter is sweet and innocent, and we recall, without any hint of warning in the merriment, the bright quip and gay repartee, of what years held in store for any or all.

And for some the years have aged as we, and silvered; and some are no more. How did they go out, these we knew so well in those young days? Was it with a happy light in their eyes, a smile on their lips, as we remember them? We do not know. We only wish we could gather them all together in an unbroken circle on a summer evening like this, and laugh and chat with them of the years between.

Until tomorrow -- Diary -- Good-night. . . .

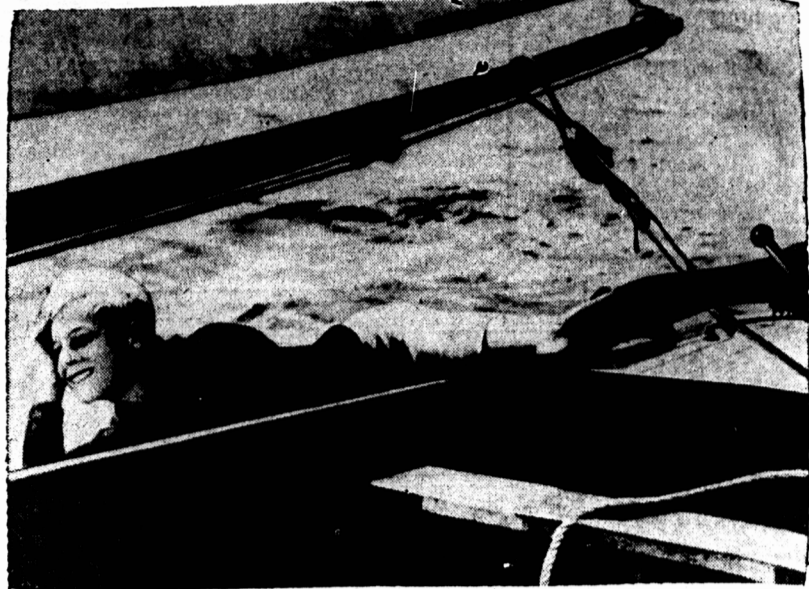
The Royal Edinburghs

BY MARGARET SAVILLE

As the Duke of Edinburgh arrives Canadians will find a man who is completely different from the conventional idea of a Prince Consort as a shadowy figure without great character always content to follow his wife. For this tall good-looking sailor has a vigorous masculine personality, with alert intelligence and a sharp mind. In accordance with Royal custom he takes no part in politics but he is keenly interested in many social welfare matters, particularly youth movements and boys clubs. On his own subjects he has decided opinions and the way of saying frankly what he thinks with force and directness. He always composes his own speeches, refusing to speak words which others might suggest as "suitable," a description he loathes. He stands up to talk with the same calm imbued self-confidence that he brings to everything else in his life. "Phillip always looks as though he's on the bridge of his own ship," Princess Elizabeth has said admiringly of her husband's stand. This instinctive attitude, that of the born leader, has always been one of his greatest attractions for her. His habit of being forthright rather than essentially diplomatic once led to an elderly Court official observing to the King that his new son-in-law was "opinionated". The King listened carefully to the recital of Prince Phillip's remarks and said "Perhaps so but we must remember that a man without opinions is generally a man without much moral character either." The King who once served with the Royal Navy himself understands Prince Phillip very well and considers him an excellent husband for Princess Elizabeth.

The Royal Duke's outlook is exceedingly democratic for his life has been cast on such unusual lines he has been able to move about freely and mix with people of all denominations and types in a way that is normally impossible for Royal persons shut away inside their palaces. Because of his wide modern background, Princess Elizabeth often turns to her husband for guidance in many problems connected with her public life. His advice is sound and shrewdly pointed with human sensibilities, even though not always smiled upon by some Court advisers who measure Royal conduct by the standards of ancient etiquette. But the Princess always takes it just the same.

The Duke of Edinburgh was born



LAZY DAYS . . . An unusual, informal photograph of Lieutenant Philip Mountbatten as a boy—and a prince. Even then he would say: "I am going to be a naval officer."

and go to sea, following in the tradition of his Greek and Danish forefathers who had been sailors as well as kings. He came through and in January, 1940 he went off as a midshipman, serving in the celebrated battle of Cape Matapan while the following year it suffered bombardment by German aircraft for nearly four hours. In 1944 he was serving with the British Fleet in the Pacific, decorated with a thick blonde beard. By September, 1945 he was first lieutenant, at the Japanese surrender in Tokyo Bay. Then he came home to London on leave, posted as tutor at a naval training school, fell in love with the King's eldest daughter and married her.

The night before the wedding Lieut. Phillip Mountbatten as he had lately decided to be known in order to assume full British citizenship was formally created His Royal Highness, Philip Baron Greenwich, Earl of Merioneth and Duke of Edinburgh, ancient titles of the Royal House of Windsor. He went straight from Buckingham Palace to a gay bachelor party at a Mayfair hotel with ten old shipmates and his uncle Lord Mountbatten, drinking pink gin, swapping salty stories and singing naval ballads till midnight. After the newspaper photographers had

taken the picture, the Royal Duke seized one of the cameras and took a picture of the photographers in turn. Then he joined them in a ball-game with used flashlight bulbs.

As soon as his honeymoon was over, the Duke went back to work, teaching classes of young seamen at various naval schools his special subjects, geometry and gunnery. More recently he has been aboard again, promoted to lieutenant commander, with the Mediterranean Fleet at Malta, commanding his first vessel, H. M. S. Margate in what he described when he left her last summer as "the happiest year of my life." Princess Elizabeth went out to stay with him in Valetta several times.

Now he is on special leave again for a time, in order to escort his wife across the Atlantic, a trip to which he is looking forward since he enjoys travel and meeting fresh people. When he returns to England he will once more take up his naval career, attached to the Home Fleet so that he will be on hand to afford Princess Elizabeth any help with her Royal duties that she may need from time to time. But this Royal Duke will never be content to stay on land for very long. He has the sea in his blood both by inheritance and training and he will follow it as long as he is able.

Modern Etiquette

By Roberta Lee

Q. What is the chief difference between a church and house wedding?

A. The bride and bridegroom do not take a single step together. He meets her at the point where the service is read, and after the ceremony there is no recession. The clergyman withdraws, an usher removes the prayer bench, and the bride and bridegroom merely turn where they stand and receive the congratulations of their guests.

Q. Should the dessert spoon or fork be placed on the table with the rest of the implements that are necessary for a meal?

A. No; they are brought in on the dessert plate after the other dishes are removed from the table.

Q. What acknowledgement should a young girl make when being introduced to a young man?

A. "How do you do" is sufficient.

The Stars Say

By Genevieve Kemble

For Tomorrow

IT is possible that a curious set of circumstances, developments or contacts could come up for action today, and it is urged that the feelings, sentiments and emotions to be held in check to give proper perspective to puzzling or subtle guises. These may be intriguing, challenging to higher ideas, ideals. But there might be an element of the crafty and sly, with danger lurking. Keep emotions restrained, mentality alert.

For the Birthday

Those whose birthday it is are apt to find themselves curiously involved in contacts hidden and intricate. Meet subtlety and craft, sinister and pernicious factors, with practical common sense. Emotions, feelings or even ideals seem to find indomitable force. Watch out for obscurity, sentimentality, allure or mystic urge; they could prove fatal.

A child born on this day has a strong sense of the mystical, hidden, subtle and sentimental. It should be wisely directed in its way of expressing occult or exotic proclivities into practical forms.

Plaid Accessory



Wool plaids will be a fabric favorite again this fall. For your first accessory of the season, you might make this oblong envelope bag from a small remnant of gay plaid (or tweed if you prefer). The bag is lined with contrasting felt which also serves as a buckle strap for closing. A direction leaflet for this ENVELOPE BAG is available to you if you will send a stamped, self-addressed envelope to the Needlework Dept. of this paper. Ask for Leaflet No. E2703.

That Body Of Yours

By James W. Barton, M.D.

ALLERGY MAY AFFECT THE CHARACTER OF CHILDREN

When we see an individual suffering with the symptoms of hay fever—stuffed nose, running eyes, sneezing—and realize that he or she will endure these symptoms for weeks or months, we are not surprised if we find them irritable during this period.

That there is a definite relation between character and allergy is stated by Dr. T. Wood Clarke (Ulica, N. Y.) in Annals of Allergy. Dr. Clarke discusses reports from 93 allergists who noted that personality changes in children with allergy corrected themselves when the allergy element was removed. Among 122 children, the type of characteristics relieved by removing the allergy factor varied greatly. The commoner reports were of irritable, fretful, quarrelsome children who often had to be taken out of school because they upset classes and were considered incorrigible. After the nature of their allergy was discovered and steps taken to correct it, they became friendly, happy and cooperative. Others were boisterous, talked incessantly, overloved, were overactive and inclined to be destructive. They became gentle, respectful and quiet after adequate treatment of their allergy.

Some timid, bashful allergic children, always depressed, tired and without ambition, became friendly and more vigorous in play. Some "backward" children, backward because of allergy, made great improvement at school in studies and conduct, when their allergy was corrected.

"Also, in many cases, oversolicitous (over-protective) parents misguidedly remove all control over the sick child and try to gratify his every whim," Dr. Clarke reports. "This attitude invariably produces an arrogant, demanding, unhappy child who becomes furious when any of his desires are thwarted. A reaction resembling giant lives in the brain could cause emotional responses which would change the normal child into an uncontrolled brat."

Dr. Clarke states that when the allergy reaction strikes the front lobes of the brain—the intellect—it causes character changes, the forerunner of the "problem" child which, when the child grows up, may mean need of institutional care.

"If every child who must be sent to a state hospital of every 'problem child' could be given a thorough allergy study, perhaps many would be found to be allergic, could be treated and returned home normal emotionally as well as physically."

Dr. Clarke urges greater cooperation between allergists and child psychiatrists in study of the "problem child."

While some parents and physicians may not be inclined to think that allergy could cause such changes from normal in character, the opinion of 93 allergists cannot be ignored.

How Can I . . .

By Anne Ashley

Q. How can I freshen a stale cake?

A. Dip the stale cake for a moment in cold sweet milk, and then rebake in a moderate oven. Placing a freshly-cut piece of apple in the cake pan will help keep the cake moist and fresh.

Q. How can I keep the metal tops of salt shakers from corroding?

A. Cover the tops on the inside with melted paraffin. Open the holes with a pan while the paraffin is cooling.

Q. How can I remove fly paper that is stuck to fabrics?

A. Saturate with kerosene, turpentine, or alcohol.

Household Scrapbook

By Roberta Lee

Blistering Paint

Usually dampness causes blistering of paint, although sometimes it results from excessive painting.

Knitted Goods

Never rub soap directly on knitted materials when laundering. Make lukewarm suds and wash them in it. Rinse in same temperature clear water.

Better English

By D. C. Williams

- 1. What is wrong with this sentence: "We shall be happy to accept of your invitation."
2. What is the correct pronunciation of "roquefort" ("cheese")?
3. Which one of these words is misspelled? Pastoral, pastime, passport, pasteurize.
4. What does the word "graduation" mean?
5. What is a word beginning with ret that means "a review of the past"?

ANSWERS

- 1. Since you are accepting the invitation now, say, "We are happy to accept (omit of) your invitation."
2. Pronounce rok-for, both o's as in no, accent on first syllable preferred.
3. Passport.
4. A degree or relative position in an order or series.
5. Retrospect.

and may also be due to sappy or resinous wood and the hot sun shining on it. If dampness is the cause it must be removed before satisfactory repainting can be done.

Wax the Linoleum

It is much easier to clean linoleum that is waxed. Wash with a mild soap and warm water. Wipe dry and after a half-hour, apply a thin coat of floor wax.

Knitted Goods

Never rub soap directly on knitted materials when laundering. Make lukewarm suds and wash them in it. Rinse in same temperature clear water.

Quiz For Jellymakers

1. Q. What are the characteristics of good jelly?

A. A good jelly is clear and transparent; it is firm enough to hold its shape when unrolled and cut; it is tender, not tough or gummy; it has the fruit flavour characteristic of its kind.

2. Q. What three ingredients are necessary for jelly making?

A. Pectin, acid and sugar are necessary in the correct proportions.

3. Q. Which fruits make good jelly?

A. Fruits which contain large amounts of pectin and acid make good jelly. Examples of these are sour apples, crabapples, cranberries, currants, gooseberries, grapes, and sour plums. Most other fruits are lacking in either pectin or acid, but may be combined with fruits having a high pectin and high acid content.

4. Q. How ripe should fruit be when made into jelly?

A. A mixture of about equal parts of slightly underripe fruit, which contains more pectin, and fully ripe fruit, which has better flavour, is considered best.

5. Q. How can you test for pectin?

A. Boil the fruit juice for 3 minutes. Then measure 1 teaspoon fruit juice and 1 teaspoon rubbing alcohol into a small dish. Blend quickly together and let stand 30 seconds. If a jelly-like mass or clot is formed, the juice contains sufficient pectin. The sugar may then be added.

6. Q. What determines the amount of sugar to be used in jelly making?

A. The amount of pectin determines the amount of sugar. 3-4 of a cup of sugar is allowed for each cup of sugar is allowed for each cup of extracted juice, unless a heavy clot is formed in the pectin test. The heavy clot shows that

Morning Smile

How Do You Do

A suspicious wife made a surprise call at her husband's office. Encountering his pretty secretary, she introduced herself and added: "I'm so glad to meet you, Miss Shapely. My husband has told me so little about you."

What Ye Asked For

Customer—"I'd like to see something cheap in a straw hat."
Salesman—"Certainly, sir. Try this one on, sir, and the mirror's on your left."

Order Filled

The old lady went to tombstone-cutter's office to order a stone for her husband's grave. After explaining that all she wanted was a small one with no frills she told him she wanted him to put the words "To My Husband," in a suitable place.

A few days later she went to see the stone and she saw:

"To my husband."

"In a suitable place."

the juice is rich in pectin, and 1 cup of sugar for each cup of extracted juice should then be used.

7. Q. Should jelly be boiled slowly or rapidly?

A. Jelly should be boiled rapidly, otherwise the pectin may be destroyed by long slow cooking.

8. Q. How can you tell when the jelling point is reached?

A. Dip a spoon into the syrup and allow some of the syrup to run off the edge of the spoon. When drops form and flow together to a point, the jelling point has been reached. The jelly should then be

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Cook's Corner

MINCED-BEEF PIE

Pie paste
3/4 pound minced lean beef
1/2 cup chopped onion
2 tablespoons shortening or beef dripping, heated
1 cup mixture of diced, cooked carrots and cooked peas or other suitable vegetables
1/4 teaspoon salt
1/2 teaspoon pepper
2 tablespoons chopped fresh parsley
1 can (10 ounces) condensed tomato soup
Line a pie pan (8 1/2 inches, top inside measure) with rolled-out pie paste.

Loosen the minced beef with a fork and combine with the onion; add to the heated shortening or dripping and fry, stirring often, until meat and onion are lightly browned.

Add the cooked vegetables, salt, pepper, parsley and tomato soup and combine thoroughly.

Turn mixture into lined pie pan. Dampen rim of pie and cover top with rolled-out pie paste that has been slit to allow escape of steam; seal, trim and crimp the border.

Bake pie in moderately hot oven, 375 degrees, until pastry is cooked—about 40 minutes.

Cut in wedges for serving and serve piping hot!

Continued on page 3

MEAT LOAF

Better with French's PREPARED MUSTARD

Beginner! You can make this loaf! Crocheted in a simple pattern stitch, double crochet trim. Back and front alike except for neckline. Useful! Washable!

Four-season blouse goes with everything! Pattern C7078; crochet directions sizes 32-34; 36-38.

Send Twenty-five cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address, Fattern Number

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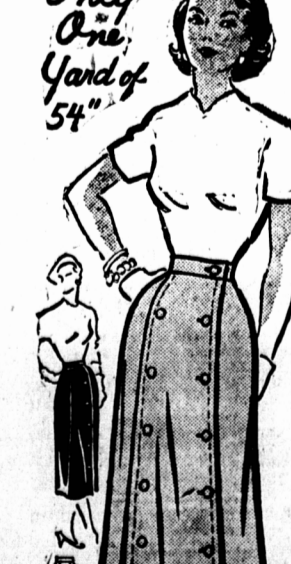
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Anne Adams Patterns

Only One Yard of 54"



WEEKLY SEW-THRIFTY

LITTLE COST! Plenty of style! Pattern 4651, the Wonder-Skirt requires only One yard of 54-inch fabric for any of its sizes—waist 24, 26, 28, 30, 32. Your chance for a really good skirt at a bargain price! Whips up in a jiffy, too—no back or side-seams. That other row of buttons is trimming, can be left off if you like it better that way!

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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NO CARS

Automobiles are not allowed on the Island of Sark in the Channel Islands.

PAUSE... REFRESH

DRINK Coca-Cola

6651 WAIST 24"-32"

by Anne Adams

6651 WAIST 24"-32"

6651 WAIST 24"-32"



PRINCE CHARLIE STARS AT ROYAL OUTING

Young Prince Charles, who'll be mer residence of the British Royal family. Left to right are: King George, wearing kilts; Princess Elizabeth, her husband; the Duke of Edinburgh; Prince Charles; Princess Margaret, just turned 21; and Queen Elizabeth. Just out of the picture is baby carriage held by the king's wife, Princess Anne, youngest member of the Royal household.

Alice Brooks Designs

INEXPENSIVE!

Beginner! You can make this blouse! Crocheted in a simple pattern stitch, double crochet trim. Back and front alike except for neckline. Useful! Washable!

Four-season blouse goes with everything! Pattern C7078; crochet directions sizes 32-34; 36-38.

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