

Cover: Prince Edward Island Like the Dew... Published every week-day morning at 163 Prince Street...

An Able Ambassador

Prince Philip is undoubtedly the Commonwealth's most talented "ambassador of goodwill".

His Royal Highness' present tour is no exception. His reception in India was all that could be required and perhaps more than might have been expected.

All these qualities are of great value—never more so than now, when millions of persons in the Eastern lands of the Commonwealth are trying to defend their democratic institutions against the wily forces of the totalitarian idea.

Atlantic Development

If all the words relating to industrial development could be translated into action, the Atlantic region would soon be competing with Central Canada on equal terms.

Among the sounder proposals we have noted thus far is the four-point program brought forward in Parliament by J. Chester MacCrae, P.C.

As to the first mentioned, there is no justification for the Government's exclusive concentration in Northern areas; though that, of course, is important.

Decentralization of industry is valuable from an economic standpoint; and it would be essential in the event of a national emergency.

Fatuous Reasoning

To what depths of fatuity can those scientists who are professed atheists descend? Well, Y. T. Fadeyev, head of the scientific-atheistic section of the Soviet journal "Science and Life", has shown that there is about no limit to them.

In a recent talk over Moscow Radio, Mr. Fadeyev had this to say: "Religious dogma holds it is possible to ascend to Heaven only through divine intervention."

God is compelled to reconcile Himself to the impudent feats of human beings, who are penetrating farther and farther into outer space.

"Churchmen maintain that the world of the beyond and the spirits inhabiting it are disembodied and non-material and that, therefore, they cannot be seen by human beings. But human beings use satellites and rockets to study phenomena, the greater part of which we cannot perceive with our sensory organs—cosmic rays, X-rays emitted by the sun, or magnetic fields.

As any youngster who has been taught the rudiments of religion knows, scientific research into outer space or anything connected with it can neither prove nor disprove the existence of God.

Bombmanship

Under the above heading the Globe and Mail comments drily upon Hon. Lester Pearson's warning that the Government "is sitting on an inflationary time bomb."

When he entered the Cabinet as Secretary of State for External Affairs in September, 1948, the cost-of-living index stood at 158.9 (on the basis of 1934-9 equalling 100).

On this basis, the cost-of-living index stood at 116.1 in September, 1952, the fourth anniversary of Mr. Pearson's entry into the Cabinet.

To sum up, Mr. Pearson was in the Cabinet for nine years. In the first three of those years, the cost-of-living index rose by 30.9 points.

EDITORIAL NOTES

Whatever excuse there may be for holding a plebiscite on the water-fluoridation issue—and we think it is very slim—there is surely none at all for delaying it for another year.

British Guiana's imposition of \$3.00 a hundredweight duty on potatoes means this: Whatever market there was in British Guiana for our potatoes, there will be none at all from now on.

Protestant leaders seem to be divided in their opinions regarding the Ecumenical Council to be called by Pope John XXIII. It is too early yet to say exactly what the Pontiff has in mind as far as discussing possible means of achieving Christian unity is concerned.

According to Editor and Publisher, Sears Roebuck and Company, the largest retail organization in the United States, is planning to spend \$48 million on newspaper advertising this year.



"HIYA, PARDNER!!"

What Fluoridation Means

Leonard Bertin in the Financial Post Indorsed by the Health League of Canada

Eight out of every 10 children in Canada have decayed teeth by the time they first attend kindergarten.

No amount of cleaning would greatly improve this figure, any more than you would hope to stop damp sheetrock from going rusty by periodically rubbing it down.

The same is true of teeth, although the picture is more complicated than it might at first seem, for, generally speaking, no tooth can withstand decay unless the dentine, or outside coating of enamel, contains a small minimum percentage of the element fluorine.

The normal way to obtain this would be through drinking water. Some areas draw their water supplies from rocks that contain fluorides, which are compounds of various elements with fluorine.

Learning a lesson from nature, health authorities in many parts of the world have ordered that when fluoride content of the local water is deficient it shall be brought to the desired level of one part per million by adding fluorides.

The process, of course, is known as fluoridation. A committee of medical experts was appointed by the United Nations World Health Organization in Geneva to investigate the position in 17 countries where the minimum fluoride content exists naturally or is added.

RECOMMENDATIONS The recommendation of the World Health Organization committee was unequivocal. The fluoride content of water should be raised artificially where necessary to the optimum of one part per million "wherever and wherever possible."

There was no more evidence that water containing these concentrations of fluoride could impair Fluoridation has now been endorsed by the heads of departments of preventive medicine of 75 universities in Canada and the U.S., including all the big universities.

It also has the support of the Canadian Dental Association, and Canadian Public Health Association, the National Research Council of the U.S., the U.S. Public Health Service, the American Dental Association, the American Medical Association and the Health League of Canada.

WHY THE OPPOSITION When the facts are so obvious, why should there be any difficulty? Why, you may ask, if fluoridation not universal in Canada?

Did you know the following facts about the earliest survey of Charlottetown? Mr. Morris, surveyor-general of Nova Scotia, laid out the plans for Charlottetown in 1758, but some changes were introduced by Governor Patterson in 1771.

Part of the reason, both here and in the U.S., is that there is no better, easier way to secure the public eye, politically, than by opposing health measures about which there may be, in some people's minds, a shadow of doubt.

Another reason is that there is good money to be made out of this sort of thing by writers and broadcasters who are prepared to take a different line and stand by it whether or not they believe in it or know anything about it.

There is big money to be made by lecturers who stamp their way up and down the country claiming often qualifications to which they are not entitled or which bewilder the public.

There is big money to be made by quacks and sellers of pills who claim that they have a substitute. Many of these same quacks oppose vaccination, pasteurization, conventional treatment of cancer for the same reasons.

One of the most vociferous opponents to fluoridation disappeared suddenly and without explanation when a local newspaper investigated his past and found that he had escaped from Elgin Hill, mental asylum.

Another was several times prosecuted successfully under the U.S. Food and Drug Act for falsely representing the contents of some of his "medicine." Like many of his colleagues, he runs a highly profitable business publishing and selling pamphlets.

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Riots In The Congo

By David Rowntree Canadian Press Staff Writer

The renewed rioting in the Belgian Congo during the weekend points up one of the biggest snags to Africa's rapid progress: How fast should the change to independence be made?

In the last 10 years the map of Africa has been made over and in another few years the map of today will be outdated. Ethiopia and Liberia are the two oldest independent countries, with native governments. During the last decade these others have been born.

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Eating Habits Often To Blame

By Herman N. Bundesen, M.D. Tired boss; he's a mighty pity fellow.

Like most other executives, he probably began his career full of ambition, enthusiasm and determination. He relished the work; he wanted to get somewhere. He wanted prestige, financial security.

Well, now he has them. But somewhere along the line he lost his fire. The zest for doing things just isn't there the way it used to be.

Such an executive is tired, a bit befuddled and often irritable. He probably doesn't get along too well with associates or underlings at the office. His home life is no bed of roses, either. Why?

A SUPERMAN

The boss may think he is sort of superhuman. He doesn't think he can become ill, and he doesn't eat sensibly.

Far too many executives rush off to work in the morning without an adequate breakfast. Let's take a logical look at the situation, since most businessmen respect logic.

BODY ENERGY

When a person arises in the morning he hasn't eaten for some 10 to 14 hours. His body needs the energy that only food can give it. A doughnut and a cup of coffee won't do the job.

Yet, the boss doesn't even try to correct the situation at lunch. He probably discussed some business deal over the luncheon table; maybe he has an argument. At best, he has a hurried luncheon. It generally isn't well balanced, either.

TIRED AND RESTLESS

Thus, by the middle of the afternoon—about the time you begin looking at the clock and start thinking of going home—the boss is restless and pretty tired. It's no time to ask for that long-deserved raise.

So Mr. Executive leaves the office, and downs several stiff ones. It relaxes him, and for the time being he loses some of his inhibitions. But sooner or later his disordered life catches up with him.

No, don't envy the boss, pity him. And tell him he had better begin eating better in a hurry.

QUESTION AND ANSWER

M.R.T.: Should a normal and healthy person take cold and flu shots nine months out of the year?

Answer: No. Cold and flu inoculations should only be given as recommended by your physician.

OUR YESTERDAYS

(From The Guardian Files) TWENTY-FIVE YEARS AGO (Jan. 31, 1934)

A unique event—the first of its kind to be held in the City took place last evening when an all French concert was presented to an appreciative audience in the Holy Redeemer Hall.

The Prince Street School Literary Society was entertained yesterday afternoon by Mrs. W. M. Rowe at her residence. Professor L. W. Shaw was also a guest. Assisting the hostess were Mrs. Harry Cudmore, Mrs. Theodore Bayer, and Miss Dorothy Holman. Mr. L. T. Lowther, Principal of Prince Street School, spoke on the peace treaty which concluded the Great War.

TEN YEARS AGO

(Jan. 31, 1949)

Further trials of Canadian built diesel locomotives will be made on the Island Division of the C. N. R., it was learned yesterday. It is understood that an improved type will arrive shortly. Railwaymen and diesel experts arriving at the Charlottetown Hotel yesterday were C. P. Gleason, Springfield, Penn.; M. J. Thompson, Rochelle, Ill.; and N. W. Ferris, Kingston, Ontario.

The new pumping station on the Union Road which is capable of adding one million gallons daily to the Charlottetown water supply, is not expected to be used until April. Stated Mr. Stanley Mathieson, Waterworks Superintendent, yesterday. Owing to the mildness of the season sufficient water has been available without the use of the new system.

TIMETABLE WANTED

Going too fast can also be dangerous, Britain pulled out of the Sudan hurriedly. The government was unstable for many months and only found its strength when President Nasser threatened to become a new imperialist. Guinea voted to secede from the French Union. Hardly had the votes been counted than Paris cut nearly all ties with her former colony. Guinea was left financially weak.

Taking the initiative, a meeting of the pan-African liberation movement in Accra recently agreed that the Africans themselves should fix the timetables for independence.

It has been suggested that a number of nationalist leaders from the Congo attended that meeting and may have organized the riots early this month to force Belgium's hand in hastening the move to independence. But a subsequent policy declaration to the Parliament in Brussels still gave only a hazy picture of the future. There was no timetable to political independence.

The police report of the weekend disturbances at Matadi, the Congo's only big port, attributed the trouble to youths trying to take part in a discussion on the colony's future that had been arranged between officials and native leaders.

It is perhaps a warning that the African wants to know more definitely when he can take the reins into his own hands.

Such wonders as the Arc of Space. Man, gazing up, now sees Beyond earth's arching dome of night What great Peripheries!

Now island galaxies of light Blaze high before his eyes. In skies that open at his probe To yield at last a fair Prize.

The solar and the lunar myths That fed his primal awe, Now fade before the blazing Fact. The wonder of the Law. That manifests before him here In giant Axioms won Through some long race from dust to stars That led him to the Sun.

—Katherine Kennedy In the New York Times.

NOTES BY THE WAY

The trouble with punctuality is that it makes you so lonely.—Peterborough Examiner

Workers on defence installations at Churchill on Hudson Bay complain that Polar bears visit and hang around the construction sites. Not that they mind sidewalk superintendents under ordinary circumstances... but... Ottawa Journal

Air is light? At sea-level density air in a 2 1/4-ft. box weighs about a pound. In an average living room about 13 feet square, air weighs about 140 pounds—over the earth its weight runs into trillions of tons.—Toronto Telegram

New Zealand has a shortage of marriageable girls and some 20,000 brides are required to restore the balance of the sexes. It is even reported that overtures have been made to governments of European countries to attract young girls to New Zealand. Object, marriage.—Ottawa Journal

We have always been glad to attribute to Mr. Dulles the highest of motives. One of his handicaps, unfortunately, is that he is driven by a sense of mission so lofty that it allows him no real rest or relaxation, no room for doubt as to the rightness of his every decision, no sharing of the burden of responsibility. Even the president plays only the role of consultant to Mr. Dulles on foreign policy.—Louisville Courier-Journal

A British astrologer's prediction that Princess Margaret will wed this year reinforces our impression that astrology is not only a superstition but also an impertinence. The prognosticator goes so far as to presume to set the likeliest date, a prerogative usually reserved to the prospective bride.—St. Louis Press-Dispatch

Two men of substance and responsibility have spoken out against inflation, drawing attention to the fact that those who suffer most from inflated values are those who can least afford to do so. Rhys M. Sale, of the Ford Motor Company and D. E. Kilgour of Great-West Life both pointed to governments as agents of control and Mr. Kilgour went so far as to say, "If a society as mature and as informed as ours cannot devise ways and means of preventing sabotage from the top we cannot have far to go."—Peterborough Examiner

Real joy comes not from ease or riches or from the praise of men, but from doing something worth while.

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