

ELLEN'S DIARY

By an Island Farmer's Wife

We killed the Christmas Turkey this morning . . . It was we recall a beautiful morning, sunlit and with that sting of frost in the air which is not cold but only pleasantly invigorating.

Diamonds of it sparkled on the slopes as the farmhands rested beneath a quiet, light blanket of white. A sleigh bound for a woodlot moved along the fields, and in contrast the mailman went by wagon out along the hill to pick up his share of mail at the corner store. But bright and lovely as it was, there was an indication of

Better English

By G. C. Williams

1. What is wrong with this sentence? "It is just like I thought; they wouldn't speak to neither of us."
 2. What is the correct pronunciation of "comatose"?
 3. Which one of these words is misspelled? Marital, pedestal, instal, oriental.
 4. What does the word "roseate" mean?
 5. What is a word beginning with ex that means "state of requiring immediate action"?
- ANSWERS
1. Say, "It is just as I thought; they wouldn't speak to either of us."
 2. Pronounce kom-a-toe, first e as in on, a unstressed, second o as in tee, accent first syllable.
 3. Install. 4. Tinged with rose color. "The roseate glow of fame inspired him."
 5. Exigency.

That Body Of Yours

By James W. Barton, M.D.

MANY PEOPLE STILL DIE PREMATURELY

It is only natural for us to feel proud of the work done by physicians, surgeons, laboratory physicians, and technicians, public health administrators and others who have been able to extend the life span 16 years since 1900. It, therefore, may cause some surprise to learn that notwithstanding this great accomplishment, many people still die prematurely.

In The Statistical Bulletin, Metropolitan Life Insurance Company, we read, "The newer chemicals and the antibiotics (germ killers) have provided physicians and surgeons with virtually revolutionized the practice of medicine. Hospitals have greatly expanded and improved their facilities; official health departments have multiplied their services; local health units are reaching more areas of the country, and public health education has become more widespread."

Notwithstanding all that has been done and is being done to lengthen life, it must be admitted that many people die prematurely.

One half of all deaths among the white males in the United States are at ages under 65 years; one death out of every five occurs under age 45 and more than one out of ten under age 25.

Despite the fact that the death rate of children at birth and during the first year has been reduced in the last 40 years from three in every 10 to about one in every 20, "death takes a heavy toll in the very first year of life." This is as many deaths as occur in the next 35 years of life. This means that there are still lives to be saved at birth and during the first year.

Continued on page 11

Modern Etiquette

By Roberta Lee

Q. What is the proper procedure when an engagement is broken?

A. The engagement ring and all other gifts of value must be returned to the giver. And a notice reading, "The engagement of Miss Ruth Brown and Mr. Robert Williams has been broken by mutual consent," should be sent to the newspapers which announced the engagement.

Q. How are artichokes properly eaten?

A. With the fingers, a leaf at a time being pulled off and the edible end dipped into the sauce and then bitten off. When the center is reached, the thistle part is scraped away with a knife, the edges are cut, and the "heart" eaten with a fork.

Q. Whose name comes first when a man and his wife sign their Christmas cards?

A. Whenever the titles "Mr. and Mrs." are included, they are written in that order. When signed informally, however, with the first names, the order is reversed, as, "Mary and John Smith."

Cook's Corner

ITALIAN SPAGHETTI

Yield: 6 servings

Four tablespoons olive or salad oil, 1 clove garlic, chopped fine, ½ pound ground veal, ½ pound ground beef, 1 can tomatoes, (2½ cups), 2 cups water, 1 teaspoon salt, ½ teaspoon cayenne pepper (optional), 2 tablespoons chopped parsley, ¼ cup chopped celery tops, 1 teaspoon salt, 1-8 oz. package spaghetti, Grated Parmesan cheese.

Heat oil in a heavy skillet; add garlic and brown lightly. Add meat and brown thoroughly until redness is gone. Stir constantly to keep well separated. Add tomatoes, tomato paste, water and seasonings and simmer one hour. Add parsley and celery tops and simmer one hour more, stirring occasionally until sauce is the desired thick consistency.

Meanwhile, cook spaghetti in 3 quarts boiling salted water (3 teaspoons salt) only until tender, about 20 minutes. Drain, rinse with hot water, and drain again. Heap onto a hot platter, pour meat sauce over spaghetti, and sprinkle grated cheese on top.

DOROTHY DIX SAYS—

Mother Worried

College Boy Too Interested In Girl Four Years Older

DEAR MISS DIX: My 18-year-old son graduated from prep school in June and is now in college. During vacation he met a girl four years older than he. She attended high school and has been working for the past three years. At the time I didn't think anything of the friendship as I was sure a girl her age would not be interested in a mere boy. Now I find they are talking about going steady. He still has six years of school, then will probably serve a few years in the army. Do you think I should talk to the girl? I feel she is too old for him and he should finish his education before talking of going steady.



M. W.

ANSWER: I agree with both your conclusions; the girl is too old for your son, and he should complete his education before taking up a serious romance. However, "going steady" with young folks today does not carry the implications it did a generation ago, when the term was almost tantamount to being engaged. Nowadays, two dates seem to constitute "going steady". If your son is away at college, the separation will probably solve the problem, since a girl of 22 is very unlikely to enjoy a dateless existence.

College activities and new friends will also divert your son's attention; the budding romance will probably go no further.

INTERFERENCE UNWISE

I wouldn't advise your talking to the girl, unless the young people did become so seriously attached to each other that your son considered giving up college. Any attempt on your part to control the situation, at this point, will only be construed as meddling and interfering—which, on just analysis, is exactly what it would be.

Of course you have the welfare of your boy very much at heart, but you cannot overlook the fact that a college boy of 18 has a mind of his own and will not be pushed either into or out of things. He has reached the point of his life where you are the guide—not the sole director—of his destiny. Pointing out the hazards of a strong romantic attachment at 18 is about as far as you can go. It is probably as far as will be necessary.

Your boy will have many girl friends before he decides on a bride; don't view each one as a potential danger. You have the makings of a possessive mother; don't carry the role too far.

DEAR MISS DIX: Mother's our problem. We are two married sisters asking your opinion. Mother has grown away from us although we have asked her repeatedly to come over. Our husbands are very good to her in everything, but they are now getting discouraged over her actions. Lately she has gotten very fond of social life, lives way beyond her means, smokes—but doesn't think we know. We no longer feel we can take our troubles to her. We both have children but she doesn't seem to pay any attention to them. Her health is very good, but she seems tired—probably from so much going out.

LONESOME DAUGHTERS

ANSWER: Don't condemn your mother so easily; give her credit for trying to live her own life instead of being dependent on her children for all social activity. If you love her, don't make present excuses an excuse to avoid her. Visit as often as you possibly can, don't scold and don't—for the time being at least—try to change her way of living. She is making a gallant gesture of independence. Either ignore it when talking with her, or discuss it lightly. Don't make a tragedy or calamity of it.

Of course, the more you two girls withdraw yourselves from mother's company, the more determined she will be that she is not wanted and must make further evidence of her ability to go her way alone.

DEAR MISS DIX: I am in my teens and this is my problem. Wally and I are very fond of each other. It is nothing but a beautiful friendship. His sister and I are very good friends so naturally I see Wally quite often. Everything was fine until a few weeks ago when his mother began to act very cool towards me. I asked his sister what the trouble was, and she said that since our religions are different, her mother thought it best for us not to become too interested in each other. Should I give up our friendship or defy his mother and continue seeing him?

CYNTHIA

ANSWER: Difficult as it may seem for you to realize it, Wally's mother is acting in the best interests of both of you. While you consider your friendship as just that, she apparently sees it as leading to something more serious. A difference of religion can present many obstacles to a harmonious marriage; Wally's mother, being more fully aware of these dangers than you are, is simply avoiding them by the most direct method. It does seem a shame to have your beautiful friendship broken, but in the face of his mother's attitude, it is better to do as she wishes. You are very young, yourself, to cope with problems as large as these. At your age, it is better to avoid friendships that present such complications.

How Can I!!!

By Anne Ashley

Q. How can I prepare a good cleaning compound for washing painted walls?

A. Dissolve one ounce of soap flakes in 16 ounces (one pint) of water, and add about three ounces of turpentine. Stir the mixture rapidly and apply with a brush or sponge.

Q. How can I make an inexpensive and effective gargle for the throat?

A. Merely mix one-third teaspoon of salt in a glass of tepid water.

Q. How can I soften old putty?

A. Place the hardened putty in boiling water and allow to stand until the water cools.

The Stars Say --

By Genevieve Kemble

For Tomorrow

THE stellar auguries for this day may be said to be intriguing, stimulating and challenging. There are so many angles for approach to vital problems, as well as in meeting the onrush of the new, strange, novel and experimental. There may be friction, upsets, delays, other aggravations to perplex and challenge. Hidden factors give concern, and tricky side issues may alarm. These should be met with courage, shrewdness, but a realistic evaluation of underlying facts.

For the Birthday

Those whose birthday it is may approach a critical year, in which exceptional talents, much experience and straightforward thinking may be sustained by peculiar undercurrents. Ideals, aspirations or intuitive urges may seem to complicate or alarm. While vital issues are to be approached with logic and realism, the lure to the subtle, romantic and emotional has weight as well. Talents, abilities and concrete plans have force, while the inner faculties also clamor for expression. The realistic



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Frankly we think that after reading about the new Chatelaine Nylo-

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approach is wiser where hidden factors complicate.

A child born on this day is blessed with much talent and versatility, ingenuity and skill, as well as many inspired, emotional or intuitive powers seeking expression.

Household Scrapbook

By Roberta Lee

Chamois Gloves

To clean chamois gloves make a strong suds of white castile soap. Dissolve 1 teaspoonful of borax in ½-pint hot water and add this to 1 quart of the suds. When cold,

put gloves on hands and wash gently in the same manner as washing the hands. Rinse in the same way. When dry, rub between the hands to soften.

Worn Rugs

Worn rugs may be mended by sewing a piece of burlap to the wrong side with wool thread, making stitches form loops on the right side, afterward clipping the loops the height of the nap of the rug.

Quite A Lot

Visitor: "I suppose they ask a lot for the rent of this flat?" Hostess: "Yes, they asked Harold seven times last month."



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