

Manna, the Heavenly Bread.

Mr. Cole, of Bitlis, a missionary of the American Board, in Eastern Turkey, in describing a journey from Harpoot to Bitlis, says:

"We traveled for four days through a region where had newly fallen a remarkable deposit of heavenly bread, as the natives sometimes call it—manna. There were extensive forests of scrubby oaks, and most of the deposit was on the leaves. Thousands of the poor peasants, men, women, and children, were out upon the plains gathering the sweet substance. Some of them plunged into kettles of boiling water the newly cut branches of the oak, which washes off the deposit until the water becomes so sweet as to remind the Yankee of a veritable sugaring off in the old Granite State as he takes sips of it. Other companions of natives may be seen vigorously heating with sticks and branches, that, from having been spread on the ground, have so dried that the glistening crystals fall readily upon the carpet spread to receive them. The crystals are separated from the pieces of leaves by a sieve, and then the manna is pressed into cakes for use. The manna is in great demand among these Orient Christians. As we were traveling through a rather dry region, the article came in play for our plain repasts."

Good Food to Work On.—Comparing the standard of diet prevailing among the workmen of Massachusetts with that of Germany, it is shown that laborers in Massachusetts average just one-half more than the German standard requires. The food of the American laboring man is much more nutritious on the average than that of his European competitors, and he turns off much more work than the European workman. He is better paid, better housed, better clothed and better fed than the European. He has better opportunities for self-development, more to stimulate his ambition and more hope of reward if his work is efficient. These factories are all connected, but the explanation of his superior capacity for work it to be found largely in his superior nourishment.

A gentleman is like a gentleman; no more, no less; a diamond polished that was first a diamond in the rough. A gentleman is gentle. A gentleman is modest. A gentleman is courteous. A gentleman is slow to surmise evil, as being one who never thinks of it. A gentleman subjects his appetite. A gentleman refines his tastes. A gentleman subdues his feelings. A gentleman deems every other better than himself. Sir Philip Sidney was never so much of a gentleman—mirror though he was of English knight-hood—as when, upon the field of Zutphen, as he lay in his own blood, he waived the draught of cold spring water, that was to quench his mortal thirst, in favor of a dying soldier.

Cough Syrup.—One ounce of thorough wort, same of hoarhound, licorice-stick, flaxseed and slippery elm. Simmer together in one quart of water until the strength is extracted. Strain carefully, and add one pint best molasses, and one-half pint loaf sugar. Simmer all together until it is of the consistency of syrup. After removing from the fire add the juice of two lemons, and bottle tight. Dose—One teaspoonful, the frequency of the dose to depend on the tightness of the cough.

Brown Betty.—Cut into thin slices several large apples; have ready a buttered pudding dish; put into this a layer of grated bread crumbs; then a layer of sliced apples; over this sprinkle sugar, and so on alternately—bread, apples, sugar—until the pudding dish is full, letting the top layer be apples.

Not a day passes over the earth but men and women of no note do great deeds, speak great words, and suffer noble sorrows. Of these obscure heroes, philosophers, and martyrs, the greater part will never be known till that hour when many that were great shall be small, and the small great.

Aristotle affirms that the true nature of riches consists in the contented use and employment of the things we have, rather than in the possession of them. He who believes greatly in God believes in human nature, and even in the face of threatening men, holds fast his happy hope of the triumph of good.

Hope is the ruddy morning of joy, recollection is its golden tinge; but the latter is wont to sink amid the down and dusty shades of twilight; and the bright blue day which the former promises breaks indeed, but in another world, and with another sun.—Richter.

Learn to think fast. The human brain is capable of lightning-like application, and there is no limit to its rapidity of application when rightly and directly applied.

What is truth for one may be truth for another. You don't know what you may do. You may put a straw across a trickle, which will turn a river another way.—Mrs. A. D. T. Whitney.

Be cheerful, obliging and civil, and you will find every man ready and willing to speak a good word for you and help along your skill.

ADAMSON'S BOTANIC COUGH BALSAM. SAFE. SURE. PROMPT. 25cts. A WONDERFUL REMEDY.

JACK FROST is coming, and if you want the VERY BEST COAL, GO TO MCMILLAN'S, where you can get what you want at the Right Price.

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Our Coal Trade is fast increasing, without Government assistance, which is a guarantee that we give our customers what they want.

A CARD. Tend who are suffering from the errors and indiscretions of youth, nervous weakness, early decay, loss of manhood, etc., I will send a recipe that will cure you, FREE OF CHARGE.

TAMARAC. Alderman R. E. Elbeck, Kingston, Ont., says: "Tamarac Elixir" is the best medicine on earth for Coughs and Colds.

DR. HODDER'S BURDOCK AND SASSAPARILLA COMPOUND. Liver Complaint, Dyspepsia, Biliousness, Sick Headache, Kidney Troubles, Rheumatism, Skin Diseases, and all Impurities of the Blood from whatever cause arising.

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COAL, COAL. Arriving Daily from Sydney: Carcose Old Sydney Mine, Victoria Mine, Reserve Mine.

ACADIA NUT, ACADIA ROUND, INTERCOLONIAL NUT, " " ROUND, OLD ALBION SMALL, (for Smith's use).

NOTICE. It is the intention of the undersigned to apply to the City Council for exemption from taxation on the new boiler plant.

AGENTS—SEA AND LAND. The most attractive Book of the decade, by J. W. Reid, author of "Lixie Life in Siberia."

H. W. VINNICOMBE, Instructor of the Violin, formerly of the Exeter Oratorio and Philharmonic Orchestras.

Tuition given on the Instrument individually—not in class. Duplax's conservatory method used. Age preferred—ten to sixteen years.

Pierce's Little Blue Pills. The Original Pleasant Purgative. BEWARE OF IMITATIONS. ALWAYS ASK FOR DR. PIERCE'S PELLETS, OR LITTLE SUGAR-COATED PILLS.

SICK HEADACHE, Bilious Headache, Dizziness, Constipation, Indigestion, Bilious Attacks, and all derangements of the stomach.

\$500 REWARD. Offered by the manufacturers of Dr. Sage's Catarrh Remedy for a case of Chronic Syphilis Catarrh which they cannot cure.

"Untold Ages" from Catarrh. Prof. W. HASSNER, the famous mesmerist, of Ithaca, N. Y., writes: "Some ten years ago I suffered untold agony from chronic nasal catarrh."

"Constantly Hacking and Spitting." Thomas J. Reardon, Esq., 262 Pine Street, St. Louis, Mo., writes: "I was a great sufferer from catarrh for three years."

Three Bottles Cure Catarrh. Eli Robbins, Ruyton P. O., Columbia Co., Pa., says: "My daughter had catarrh when she was five years old, very badly."

PARSONS' PILLS. These pills were a wonderful discovery. No others like them in the world. Will positively cure or relieve all manner of disease.

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Ladies' Dress Stuffs, Meltons and Cashmeres, Wool Shawls and Squares, Fur Tippets, Flannels, Hats and Bonnets, Gloves and Hosiery.

30-CENT TEA FOR 25 CENTS. Ladies' Overcoats, Reefers, Coats, Pants, Vests, Linders, Knit Top Shirts, Hats and Caps—All Too Cheap.

GEO. E. FULL, Sign of the LION, Queen Street. Ch'town, Nov. 12, 1887—eod & wky

CHARLOTTETOWN SASH AND DOOR FACTORY. Contractors and Builders Read This:

WE have now on hand and will sell at the Lowest Cash Prices the following, viz: 300 Panel Doors and Frames, 500 Pairs Sashes and Frames.

GIVE US A CALL. ROBERT PALMER & CO., PEAKES NO. 3 WHARF. Oct. 1—wky

Charlottetown Boot & Shoe Factory. BETTER THAN EVER. Old Lasts Thrown Away; New Lasts Received. The Long-Looked for Boot at Last. Great Comfort. Great Wear. Best Value.

GOFF BROS. Ch'town, Nov. 14, 1887—eod & wky

TELEPHONE COMPANY OF PRINCE EDWARD ISLAND. THIS COMPANY is now ready to transmit written and verbal messages, by Telephone, airtel and St. Eleonors, Hunter River, County Line, Freeport, Kensington, Summer.

STEAMER "HEATHER BELLE." Fall Arrangement, 1887.

ON and after MONDAY OCTOBER 7th 1887, the steamer "Heather Belle," Hugh McLean, Master, will run as follows: Will leave Orwell Wharf for Charlottetown every Tuesday, Wednesday and Thursday mornings at seven o'clock, calling at China Point and Halliday's Wharves.

Mortgage Sale. TO Be Sold by Public Auction, on THURSDAY the third day of November, A. D. 1887, at Twelve o'clock, noon, at the Court House, in Charlottetown, in Queen's County, under a Power of Sale, contained in an Indenture of Mortgage, dated the third day of July, A. D. 1877, and made between Thomas Henry Keating, of the one part, and Henry Skelington Poole, of the other part.

ALL that piece of land, in Charlottetown, in Queen's County, in Prince Edward Island, being part of Town Lot number forty-two (42), in the first hundred of Town Lots, in Charlottetown, commencing on the westward side of Queen Street, at its southern angle of the property of William H. Watson, thence by a line at right angles to said street westwardly on or about eighty-six feet, or until it meets the division line between Town Lot number forty-two and said Town Lot forty-two in said hundred, thence along said division line southwardly seventy-two feet, or until it meets the northward edge of King Street, thence along King Street east twenty-two feet, or until it meets the west boundary of the property of the Bank of Prince Edward Island, thence following the course of the same southwardly on a line parallel with Queen Street forty-four feet, or to the northward boundary of said Bank property, thence following said northward boundary eastwardly for the distance of sixty-four feet, or until it strikes the westward edge of Queen Street, thence following Queen Street northwardly for the distance of twenty-eight feet, more or less, to the place of commencement.

For further particulars apply to Edward J. Hodgson, Solicitor, Charlottetown, P. E. I., dated this 21st August, 1887. EDWARD J. HODGSON, Assignee of Mortgage.

MACKEREL BARRELS. 500 for Sale by CARVELL BROS. July 29, 1887.

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