

# WOMEN'S DIARY

## Flock Visits Sunny Yard In Aderlea Spring Scene

The three ewes and their lambs, current visitors at Aderlea, let a group from a fold for exercise this morning, came to the sun of the barnyard to graze some alfalfa there. James stopped his choring a minute to watch them. He said:

"That, Ellen," he nodded, "is a typical spring scene, isn't it? It's one we hardly ever see, now that the flock no longer stays here. I miss it, too, for I always liked to have them about. It was good to see them gather to their feed-like so many children it seemed to me, scotching ahead or following closely while I spread an armful of hay in the yard for them, or put grain in their trough. Happy creatures they are. I like them around."

## WOMEN'S ORGANIZATIONS

### Institute Favors Status Of University For PWC

Miss Ernest MacMillan was hostess to the Cerebral Palsid children of P.E.I. when 185 members responded to a roll call.

Commemorative education week a period of time was given to discussing the extremely important topic. On the issue of whether PWC should attain the status of a University, the members are definitely in favor of the change.

Dr. Ernest MacMillan and Dr. H. H. Burt and Donna Hemphill volunteered to canvass the district during the Red Cross campaign.

"Sick committee reported sending a letter to a member hospital and a bill was paid for incidentals for the school."

For Programme two conducted by Mrs. S. Phillip MacInnis and Jack Hamilton were conducted by Mrs. Ernest MacMillan and Mrs. Harry Birt.

Next meeting is to be held at the home of Mrs. Phillip MacInnis. Roll call to be answered with an article for grab-bag.

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Soft music was provided throughout the tea hours.

Mrs. Charles Trainor, president of the group and Mrs. Ernest Lord, vice president, ushered the many guests to their tables.

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Parents of prospective student and other persons interested in the school may contact Miss Fowler at the Charlottetown Hotel.

### THE MARCH MEETING OF THE JUNIOR HIGH SCHOOL FOR GIRLS AT THE CUNDILL HOSPITAL WAS HELD ON MARCH 23, 1962, IN MISS MONTAGUE'S OFFICE AT THE MEETING.

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Mr. George McKenna and Mrs. Wellington Campbell reported for the Sick convalescent fund. The continued illness of Mrs. Neil Hodgson, who was deeply regretted by the members.

Mrs. Atwood MacDonald, Mrs. Mack MacKenzie and Mrs. George Prece were appointed on a committee to purchase furnishings and floor covering for the newly renovated club room.

Plans were discussed for assisting at the monthly social evening on March 23. At the close of the business meeting a lunch was served by Mrs. Campbell and Mrs. Francis Fraser.

### MARY HAWORTH

Dear Mary Haworth: I agree wholeheartedly with your answers and would like to give some advice for myself. I am so nervous, or so mixed-up, that I don't know what to do.

I am a housewife, with a child in school. My mornings are free to do necessary housework and prepare lunch, or a wash meal. My husband works late every evening, a necessity in his line of employment, and gets home for dinner after 9 p.m.

In the afternoons and evenings that I don't have anything to do, I wait for the hours to tick by. For what? For another day waiting and wondering? What must move to life than this? What can I do to fill my life?

I am a one-car family, as you suggested. I read, but all I get is bigger bills for sitting so much. I visit my neighbors, but I don't have any of my own.

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struck himself to his height at times, and in a sharp voice declared his delight with the day.

A great white rooster led the ladies of his harem on a spring excursion along the bared spots of the near pasture. He smiled, and he was a bit of roudie-er, when they momentarily halted the tour to acclaim excitedly over some treasure they discovered. The barn-cats leaped in a nest of sunbeams at an open stable-door. And March, the lovely though unpredictable smile benignly over all.

"It's been a great day, Ellen! And it's a nice night, though the moon is a bit hazy now, I wouldn't say, by the looks of things, it's too promising for tomorrow's weather." James came to the old armchair. "Bring me my slippers," he cried happily.

Until tomorrow — — Diary— Good-night. . .

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Whether or not there is a fisherman in the family, Lent is a good time to enjoy the fine flavour of a whole fish, plumped with a tasty stuffing, and baked to a turn. If that sounds like hard work, you are mistaken. A baked stuffed fish is one of the simplest fish dishes to prepare, as well as one of the most delicious. To discover this for yourself, select a good fresh fish from a reliable dealer, have him par-finish it for you, then try the following easy recipe for Baked Fish with Sour Cream Stuffing, supplied by the home economists of Canada's Department of Fisheries.

**BAKED FISH WITH SOUR CREAM STUFFING**  
 1 (2-pound) dressed whitefish, pickerel, or other fish  
 Salt  
 1/2 cup chopped celery  
 1/2 cup bread crumbs  
 2 tablespoons butter, melted  
 1/4 cup sour cream  
 2 tablespoons grated lemon rind  
 1/2 teaspoon salt  
 1/2 teaspoon paprika  
 Melted fat for basting  
 \*Thaw fish if frozen. Wash, wipe dry, and sprinkle on inside with salt. Prepare Sour Cream

### PERFECTION EVAPORATED MILK MAKES GOOD COOKING SENSE EVERY STEP OF THE RECIPE. EASY TO KEEP RIGHT AT HAND, UNREFRIGERATED UNTIL OPENED. EVEN THEN, ITS GOLDEN-LINED TIN KEEPS IT BETTER, LONGER! SIMPLY ADD EQUAL PARTS OF WATER TO USE AS REGULAR MILK, AND YOU JUST NATURALLY ADD EXTRA FLAVOR. FINALLY—WHIP IT! . . . UNDILUTED FOR FANCY TOPPING. STANDS, LOOKS, AND TASTES LIKE CREAM—BUT, COSTS SO MUCH LESS! TRY IT AND SEE WHAT DELICIOUS SENSE IT MAKES! . . .

### starting with Perfection

PERFECTION PEACH-RICE PUDDING

2 eggs  
 1/4 cup sugar  
 1/4 tsp salt  
 1/4 tsp vanilla  
 1/2 cup PERFECTION EVAPORATED MILK  
 3/4 cup canned sweetened peaches

Beat eggs. Add sugar, salt and heat well. Cook in double boiler. Evaporated milk and syrup drained from peaches. Cook for 10 minutes. Add spices and flavouring. Combine with peaches at once. Cook 12-15 minutes. Peaches or apricots may be used instead of peaches.

PERFECTION TOPPING

1/2 cup PERFECTION Evaporated Milk thoroughly, whip with rotary beater. Slightly thickened, add sugar, your favorite flavouring, and whip to smooth, creamy mousses.

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