MONTREAL NUPTIALS

A double ring ceremony at St. Bernadette Church in Montreal united in marriage Aline Ruest, daughter of John B. Ruest of Montreal, to Joseph Nelson, only son of Mr. and Mrs. Aubin Perry, of Palmer Road, P.E.I. Rev. J. B. Duhamel, OMI, officiated. The couple are residing in Montreal where the groom is employed with the accounting and insurance office of Dominion Tar and Paper Co.

IDA BAILEY ALLEN

Grape Juice Thawed Out For Autumn Bruncheon

WHOEVER could manage to eat all the Concord grapes he wanted?

Who, long after the brief Concord grape season is oven, has not longed now and then, for their luscious refreshing uplifting taste?

I said "uplifting" with reason, because Concord grapes have a high levulose (natural fruit sugar) content, which is immediately digested and furnishes quick energy.

Now we can have for breakfast, bruncheon or for a lift at any time, frozen juice made from Concord grapes, and at a most reasonable price.

SUNDAY AUTUMN BRUNCHEON

Frozen Grape Juice
Fluffy Scrambled Eggs
(columned Monday)
Broiled Canned Shad Roe
With Crisp Bacon and
Tomato Wedges
Cheese Bread Toast - at - Table
Coffee or Tea Milk

Measurements level; recipes for 6

BROILED CANNED SHAD ROE

(Glamorous light entree for any menu)

2 (7¾-oz.) cans fancy shad roe
Juice 1 small lemon
1 tsp. salt
¼ tsp freshly ground pepper
6 tbsp. melted butter or margarine
12 slices crips grilled bacon
Parsley and tomato wedges

Wipe shad roe with dampened paper towel; brush with lemon juice and butter. Dust with salt and pepper. Place roe on well - oiled broiler. Broil 6 min. on one side 4" from source of heat. Turn, broil 4 to 6 min. more.

Arrange with bacon, on a heated platter. Garnish: parsley and tomato wedges.

SUNDAY DINNER

Hot Madrilene with
Chopped Chives
Broiled Chicken - Sausage
Platter
With Whipped Duchesse
Potato Border
Herbed Mixed Vegetables
Seeded Toaky Grapes in
Raspberry Gel
Coffee or Tea, Milk

HALIBUT - OYSTER BROIL

2 lb. sliced halibut ½" thick
½ tbsp. lemon juice
¼ pt. shucked oysters
¼ tsp. Tabasco
1 tsp. salt
⅛ tsp. pepper
2 tbsp. butter
Parsley or cress

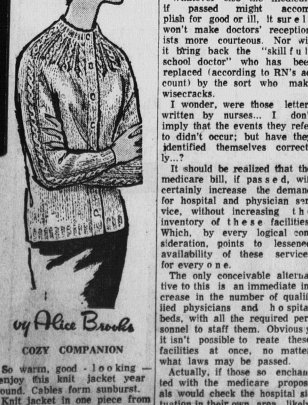
Brush halibut with lemon juice; broil 4" from source of heat until lightly browned on both sides.

Meantime, add oysters (and their juice) and seasonings to butter; heat - stir 5 min. or until edges of oysters "curl."

Transfer halibut to deep medium - size platter. Pour over oysters and liquid. Garnish: parsley or cress.

TOMORROW'S DINNER FROM THE CHEF

Grapefruit Sections
Halibut - Oyster Broil
Buttered Rice
Brussels Sprouts Seasoned with
Not - Sweet French Dressing
Peach Turnovers
(homemade or from
refrigerator case)
Coffee, Tea, Milk



COZY COMPANION

So warm, good - looking — enjoy this knit jacket year 'round. Cables form sunburst.

Knit jacket in one piece from neck down, sleeves also. Sunburst adds luxury. Pattern 7128: sizes 32-34; 36-38 included. Use knitting worsted.

Thirty - five cents (coins) for this pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept. 60 Front St. W. Toronto 1, Ont. **Ontario residents add 1 cent sales tax.** Print plainly **PATTERN NUMBER, NAME, ADDRESS.**

Women

8 The Guardian, Charlottetown, Thurs. Oct. 29, 1964.

HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8506

Autumn flowers, wedding bells and colored streamers decorated Shining Waters Lodge in Cavendish for a community shower honoring bride - elect Ruth Johnstone, daughter of Mr. and Mrs. David Johnstone.

Miss Johnstone was attended by her sister, Beth. Her cousin, Gloria McLure presented yellow roses. Mrs. Reginald Simpson provided music for the occasion.

Assisting with the presentation of gifts were Arlene Houston, Janice Johnstone, Marjorie MacDonald and Donna Houston. Verses were read by Ferne Hiscott and Myra Laird.

Miss Johnstone's marriage to Roland Profitt took place recently

The Notre Dame Alumnae will meet at 7.30 p.m. Sunday, Nov. 1 at the Academy for the annual business meeting.

Mr. and Mrs. William Gibson and daughter have returned to their home in New Hampshire after attending the funeral of Mrs. Gibson's father, John Roderick MacKenzie of Lower Montague. On their return they were accompanied by Mrs. Gibson's sister, Mrs. Albert Ellsworth, Lower Montague.

Cst. and Mrs. Miles Foster, Montague, are visiting their parents in St. Andrew's, New Brunswick

Arthur Darley, formerly of Abram's Village visited recently in Summerside with his brothers and other relatives and was pleasantly surprised to meet and visit with Lawrence McNally of Tignish Corner, a school - day friend whom he had not seen for more than forty years.

Stella Maris Church, North Rustico was the scene of a recent wedding, when Georgina Mae daughter of Mr. and Mrs. Austin Gauthier, North Rustico, was united in marriage with Allison Joseph son of Mr. and Mrs. Howard A. Gallant, Rusticoville.

The bridal couple's attendants were Nancy Peters and Ronald Gauthier, brother of the bride. Rev. Francis Corcoran performed the double ring ceremony.

Alberton Presbyterian Women's Missionary Society thankoffering service Sunday evening was conducted by Donald Ross. The topic of his sermon was "Self."

He pointed out that too often people are concerned with their own selfish desires. He stressed the importance of holding the Cross of Christ before us and urged his hearers to think less of material things.

'One Thing I Know" and "Near To The Heart of God" were sung by a trio, Mr. and Mrs Ralph MacLennan and Mrs. Douglas Adams. They were accompanied by Mrs Lewis Bernard. The church organist is Mrs. Lloyd Wilkie.

The offering was received by Mrs. C. W. Hayes and Margaret Forsyth.

Arrangements of autumn flowers adorned the sanctuary for this special service.

Mr. and Mrs. Charles MacFarlane of Fernwood, P.E.I have returned from attending the wedding of their daughter, Beth to Wendall Murray in Weston, Ont. Former Islanders attending the wedding included Mr. and Mrs. Keith Webb of Norval, Mr. and Mrs. Jack Reed of Georgetown, Ont., Miss Ruth and Monty MacEwen of Scarboro and Mr. and Mrs. Bruce Murray of Weston

A reception was held following the ceremony at the home of Mr. and Mrs. A. Pratt.

Mr. and Mrs. A. T. MacLean, Dartmouth, N.S. and Mr. and Mrs. Lou Herman of Pownal, were Sunday guests of Mr. and Mrs. David Rourke, Montague.

Mrs. Winnifred Bell, Montague, returned to her home Monday after spending some time with her sister, Mrs. Stephen Whitehead of Hampton, N.B.

Barry Mellish, Malpeque Rd., Charlottetown, was a weekend visitor to Montague, guest of his grandparents Mr. and Mrs. R. C. Mellish.

Shirley MacGregor, of Halifax, spent the weekend in Montague, guest of her parents Mr. and Mrs. Russell MacGregor

SOCIALS SOLICITED

PHONE 4-8506

Cooler temperatures and turning leaves indicate that the fall, and another social season is here.

The Guardian - Patriot Women's Editor will be happy to print all your social news free of charge. Call here if your on or daughter is home for a weekend or holiday from school or college, if you are being hostess to your club meeting in the near future, if you are entertaining friends, having visitors, taking a trip or have held a shower, or taken part in any social activity.

The number is 4-8506.

MARY HAWORTH

Sees Medicare Boosting Hospital Service Demand

DEAR MARY HAWORTH: I hope you will publish this refutation of recent letters that I feel are adding to widespread misunderstanding of the medicare proposals.

Two such letters, purportedly written by registered nurses, are in favor of the medicare program. This bill would provide tax - financed hospital aid to elderly retired persons enrolled under the social security system.

Whether or not one sees this as a worthy aim, the gist of the two letters dealt solely with unhappy eperience of the two nurses, with certain latterday doctors and with one doctor's receptionist.

Whatever else the medicare if passed might accomplish for good or ill, it surely won't make doctors' receptionists more courteous. Nor will it bring back the "skillful, school doctor" who has been replaced (according to RN's account) by the sort who make wisecracks.

I wonder, were those letters written by nurses... I don't imply that the events they refer to didn't occur; but have they identified themselves correctly...?

It should be realized that the medicare bill, if passed, will certainly increase the demand for hospital and physician service, without increasing the inventory of these facilities. Which, by every logical consideration, points to lessened availability of these services for everyone.

The only conceivable alternative to this is an immediate increase in the number of qualified physicians and hospital beds, with all the required personnel to staff them. Obviously it isn't possible to reate these facilities at once, no matter what laws may be passed.

Actually, if those so enchanted with the medicare proposals would check the hospital situation in their own area, likely they will find these facilities so taxed at present that as little as a five percent increase in demand would precipitate a crisis, instantly.

If the medicare bill were passed tomorrow, it would take many years, under the strongest pressure, to provide the necessary increase in medical and nursing personnel, not to mention the requisite hospital buildings and other technical staffing... W.R.

DEAR W.R.(Thanks for an interesting letter, here with closely edited and condensed for streamline brevity (insofar as possible, consonant with getting your thinking across).

The amazing paradox of your instructive contribution, penned in a spirit of opposition to the dicare progxram, I gather, is that overall you make a powerful case, an unanswerable argument, in favor of bestirring ourselves urgently, as citizens of the USA, to bring into being medical - and - hospital technology that is within hailing distance of the realities of our health - care needs of the twentieth century.

As of today, according to your account (and you see the situation from the inside, as a member of the medical profession), the existing health-care facilities, hospital - wise, couldn't begin to cope with the patient - demand, if the elderly ailing had the financial means to bid for the help they need

You remark, further, that if medicare provisions become law, the resultant scramble for hospital beds and contingent medical services will lead to "lessened availability" of such facilities for everyone.

Which underscores the painful fact that as of today, in our vaunted affluent society, adequate medical ministry is still the boon of the privileged few from which the masses suffer hapless exclusion — a barbarism so taken for granted by some of our people that they see no good reason why national leaders should summon citizen support in making a start to improve this picture.

True, Rome wasn't built in a day, as you say, in effect. But nothing constructive is ever accomplished, to bulwark humanity in its long climb upward from the ooze to the stars, until a beginning has been made. And, in my view, medicare is a spark of hope, suggesting that such a beginning is about to be made, on a problem that has been with us, ignored and unsolved, since Adam's time. M.H.

Mary Haworth counsels through her column, not by mail or personal interview Write her in care of the Guardian.

HALF - SIZE TRIO

New! Versatile pullover turns classic shirt and slim skirt into a costume — good news for now and 1965. Easy - sew, styled to slim half sizes.

Printed Pattern 4928: Half Sizes 12½, 14½, 16½, 18½, 20½, 22½. See pattern for yardages.

FIFTY CENTS (50 cents) in coins (no stamps, please) for this pattern. **Ontario residents add 2 cents sales tax. Print** plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send order to ANNE ADAMS, care of Guardian - Patriot Pattern Dept. 60 Front St. W. Toronto 1, Ont.

ELLEN'S DIARY

Flower Beds Are Prepared For Planting Of Fall Bulbs

"He does well at it" James said of Mack and his fieldwork. "Yes, he is making nice tidy plowing back there."

We were at breakfast then, the meal lighted, as is, these days, our suppers. Because otherwise as we say, "There's nothing at all to a day!" No summery scene lay beyond our door, no flowerings, no hummingbirds on wing. But the glass was lifted because the air, inclined to be dampish was warm and still. Sweeter it grows, if you will notice. Fragrant with the breath of the Fall: the sere leaves and flowers, the ferns and bracken, and the earth stirred by certain of the harvestings, and as well by the plowing.

So, early, Mack went to his plowing And the farmers with him, for the (rented) field he plowed was one, that having been more or less left to its own fancies of late had been encouraging the growth of bushes. These must be cleared from the path of the plow... This field lies toward the sunrise, beyond a boundary of this farm Past a bushland, and by a little brook... A winsome thing this was, always crooning a lonely little tune summer-through, for it is a lonesome spot there, as in fetching windings beet fetching windings between wooded banks it ran down to join the stream below. Great spruces shaded it. And the wide towering pine, which was a novel sight among its neighbors, also stood by, scattering its strange lengthy cones for lads to exclaim over when they chanced to come by. Little fellows we knew, loved to set "boats" of twigs or chips afloat on the brooklet, to wonder over their voyaging. And to angle for the trout that could be seen there. There too once upon a time, smelts came up the miles from the River in dark companies to spawn.

And today? Mack brought in this report: "Would you believe it?" he queried, "that little brook's bed is 'as dry as a bone?"

This afternoon, with a pair of young and willing assistants, we prepared the old flowerbed on the lawn to receive its Fall plantings Some tulips and a few daffodils we plan to reset there

Warm it was then, though a stiff south wind had arisen. It blew the fallen leaves into heaps, making choice material, when we must interrupt our gardening "to see to supper" with which the two youngsters could play.

What fun there was then — what innocent laughter and play!

We chatted as we worked.

"Why do bluejays call today?" Peter asked.

'They usually do when a south wind blows. They're predicting rain" we said.

"Can you name for me, an animal flower?" Alex questioned... He enjoys what Peter calls "problems."

"Tiger - lily!" we smiled.

"And another?"

"Would 'Snap - dragon' do?"

"It's not the one I'm thinking of. This is as common as can be!"

"Woudl it be a rose?" Peter suggested.

"No, Silly! A rose is a rose, not an animal's name! Do you give up? 'Dandelion!' Wasn't that an easy one?" he grinned.

"The sky is clearing" James reports, come now from his choring, day's work over and done. "We just may get a sunny day tomorrow" he nods

Until tomorrow — Diary — Good - night.....

Murder Victim's Father Lists Defense Devices

By JEAN SHARP
Canadian Press Staff Writer

Girls are perpetually being warned that life in the city can be dangerous, but they are not often told what to do about it.

Max Wylie, an author whose young career girl daughter was victim of a random city murder, has written a book which does tell them. In Career Girl, Watch Your Step, (Dodd, Mead and Co.), he lists and describes safety devices—locks, alarms, weapons — which can provide some protection. He offers advice on behavior and attitudes which can provide more.

As a start, Mr. Wylie says don't move to a strange city without first having a temporary place to stay. If you have no friends or relatives there make it a reputable women's residence.

When you begin to look for an apartment, be sure to check the neighborhood you are considering at night as well as in daylight. A few hours can bring a drastic change.

Check a prospective roommate just as carefully. Take time to get to know one another in all kinds of situations. Agree on ground rules for the apartment. Before you sign a lease, be sure you know what is in it, and be sure you can't get left carrying it if your roommate welches.

CHECK LOCKS

Once in a new apartment, set about making it as safe as possible.

The front door should have a peephole and brass chain, and they should be used to investigate any and all strange callers. It should also have a lock which can be double - locked Then double-lock it when you go out. Double-lock it when you go to bed.

Carry your door key separately from other keys, and don't carry identification with it. If you lose a door key, change your lock.

You can get a lock for windows which can be opened only with a key. If you live on a fire escape or ground foor, Mr Wylie recommends a window gate.

When you are out, Mr. Wylie urges that you be ready to defend yourself. He recommends carrying an awl or corkscrew and using them to hurt and to mark anyone who attacks you

There is a spray which comes in a lipstick - sized container which, Mr. Wylie says, will blind an attacker for about 15 minutes without doing him permanent harm.

There are also alarms which can be carried in handbags or coat pockets.

He recommends several less tangible safety measures which could save you grief.

Know your police phone number, and when in doubt, use it. If you are attacked fight back. If you are robbed, don't be a hero, let the thief take what he wants then phone the police immediately.

Have a minimum fire, theft and casualty insurance policy.

If your mail box is in the vestibule do not put your full name on it. Use only your last name and possibly an initial. Do the same with your telephone listing.

MUSEUM'S FEE

Curators at Paris' Louvre Museum who receive monthly wages of about $260 each are expected to write books and give lectures to supplement their pay.

Thanksoffering Service Held At Kensington

The Kensington United Church Women held their annual Autumn Thanksoffering service on Sunday evening with Mrs. Albert Moase presiding She was assisted by Mrs. Everett Glover who read the scripture and led in prayer.

The service of praise was led by the men's choir with Roscoe Walker as soloist for the anthem. Gordon Murray was organist. William A. Ramsay as guest soloist gave a beautiful rendition of "My Task".

The guest speaker was Mrs. Charles Howatt of Victoria, past president of the UCW Presbyterial who gave a very fine address on the mission of the UCW in the church.

Four members ushered and received the offering, Mrs Robert Hogg, Mrs. Newton MacLure, Mrs. Harold MacDonald, and Mrs. Marshall Thompson

Rev. L.M. Murray pronounced the benediction.

NEW PRESIDENT IS 'PINNED'

Summerside Lionettes elected a new state of officers for the coming year at their annual meeting held in Summerside Tuesday night. Outgoing president Mrs. Stuart Drummond, right, pins the president's pin on her successor, Mrs. Anne Banks, left. During the meeting at which the officers were elected, the group discussed plans for the coming year.

Clifton Residents Observe Silver Wedding Anniversary

Mr. and Mrs. Lorne Campbell (nee Erma Constable), Clifton, were honored on the occasion of their 25th wedding anniversary when a large number of friends, neighbors and relatives gathered in the community hall on Friday evening. The hall was decorated for the occasion with bouquets of flowers. Seated with the honored couple were Mr and Mrs. Vernon Campbell of Summerside.

Harold Mayhew as master of ceremonies spoke briefly before the presentation of gifts.

An address in poetry form was read by Mrs. Wilbur MacKay, which accompanied a presentation by Mrs. Oliver Bernard and James E. Cole on behalf of neighbors and friends.

On behalf of the family their daughter, Isobel, presented a gift. Assisting was their son Errol, who read the gift card. On behalf of the Campbell family, Mr. and Mrs. Arthur Linell, Mr. and Mrs. Horace Campbell, Mr. and Mrs. Ross Beatty, Mr. and Mrs Vernon Campbell and Mr. and Mrs. George Beck, gifts were presented by Horace Campbell, assisted by Mrs. Arthur Linell.

On behalf of the Women's Institute of which Erma is a valued member, a WI pin was presented by the president, Mrs. Daniel Morrison. The individual gift cards were read by Mrs. Marion Cole and Mrs. Ron O Neill.

Mr. and Mrs. Campbell graciously expressed their pleasure and the remainder of the evening was spent in social chat and sing-song with Mrs. Edward MacMurdo as pianist.

Refreshments were served by the ladies of the district.

Out- of- province guests included Mr. and Mrs. Horace Campbell of Halifax, N.S., Mr. and Mrs. Arthur Linell of Malden, Mass., Mr. and Mrs. Ross Beatty, Moncton, N.B., and Mr. and Mrs. Ron O'Neill of Cold Lake, who will be leaving in the near future for Germany.

HOLIDAYERS WILL VISIT SEAQUARIUM

Guardian - Patriot Tour Winners in Florida were free this morning to seek their own entertainment. There is always that round of shopping dear to feminine hearts, even if it's only window shopping. Or perhaps some might choose a morning at the beach with a swim in the warm Florida surf. Luncheon is at the St. Moritz Hotel with an afternoon visit to the Seaquarium Dinner at an exclusive night club will precede another evening of entertainment provided by the St. Moritz Hotel.

BACKACHE

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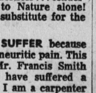
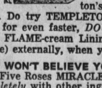
Confidentially yours,
BARBARA BRENT

MONTREAL, October 29th — It's still not too late! Yes, you can still do yourself a big favour by buying a **Canada Savings Bond** on the easy instalment plan at the BANK OF MONTREAL. Just think, you can buy a $50 Canada Savings Bond for as little as $2.50 down payment. And by holding onto your bond until it matures, you will benefit by the generous average return on your investment. What's more, you can *always* redeem these bonds at full face value, plus accrued interest. If you haven't already bought your Canada Savings Bonds, the place to get them on the instalment plan is your nearest branch of "My Bank".

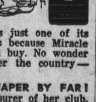
SOMETHING TO SING ABOUT . . . the meat you buy at DOMINION is tender for two very good reasons. First, because Dominion's own skilled meat buyers tour the packing-houses every day, carefully selecting the prime young sides that Nature has blessed with an extra measure of quality. But even the very best quality meat is not tender until it is properly hung. So Dominion waits patiently until time and Nature bring out the full, rich, satisfying flavour and goodness. The result is *natural* tenderness . . . tenderness that owes everything to Nature . . . and to Nature alone! No wonder true meat-lovers say: "There is no substitute for the *natural* tenderness you get at Dominion!"



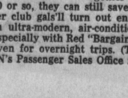
THERE'S NO NEED TO LET YOUR WORK SUFFER because of rheumatic, arthritic or neuritic pain. This letter tells you why:— Mr. Francis Smith of Vancouver writes, "I have suffered a great deal from lumbago. I am a carpenter and the pain made it hard for me to bend or stoop. I have tried everything and have found that nothing compares with Templeton's TRC's for quick and satisfactory relief". Do try TEMPLETON'S TRC's if you suffer in this way. And for even faster, *DOUBLE ACTION* relief, apply Templeton's FLAME-cream Liniment (in the handy, roll-on applicator bottle) externally, when you take TRC's internally.



YOU WON'T BELIEVE YOUR OWN EYES! . . . in just an *instant* new Five Roses MIRACLE FLOUR blends *completely* with other ingredients in your mixing bowl. Throw away your sifter! You won't need it with the one-and-only true Instantized flour. I know that once you've tried it, you'll agree that here, at last, is truly mess-free baking. Miracle Flour pours like salt from the bag — doesn't dust all over the place! And that's just one of its wonders. It *bakes* so beautifully, too. That's because Miracle Instantized Flour is the *finest* flour you can buy. No wonder it has revolutionized baking habits all over the country — including mine!



IT'S SMARTER TO CHARTER — AND CHEAPER BY FAR! A friend of mine's Treasurer of her club, and she was telling me about chartering a CANADIAN NATIONAL coach for their out-of-town convention in November. As exclusive as "chartering" sounds, it actually saves a pretty penny, girls — up to 33 on every dollar! That's if 60 or more go together to the convention! If there are only 10 or so, they can still save up to 20% on Party Fares. I think her club gals'll turn out en masse at the thought of "owning" an ultra-modern, air-conditioned CN coach for the entire trip. Especially with Red "Bargain" and White "Economy" day savings. Even for overnight trips. (They'd charter a sleeper then). Call CN's Passenger Sales Office for more details . . .



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