



MR. AND MRS. R. HARRIS AND ATTENDANTS

Wedding At Montague Will Reside In Halifax

Miss Lorne Margaret MacPherson, only daughter of Mr. and Mrs. Stuart MacPherson, Bellevue, and Mr. Ronald Harris, son of Mr. and Mrs. Louis Harris, Murray Harbour, were married at a double ring ceremony at Hillside Inn, Montague, on Saturday September 9 at 7 o'clock p.m.

The officiating clergyman was Mr. Svend Christensen. The organist was Mr. John MacKinnon. Mr. Joe Wotton, the soloist, sang "The Sands of Time Are Sinking" and "O Perfect Love." The decorations were mixed flowers, lighted tapers and candles.

The bride was given in marriage by her father. She wore a ballerina length gown of white Chantilly lace and nylon tulle over slipper satin. The lace jacket had long sleeves coming to a point over the wrist and Peter Pan collar trimmed with seed pearls and

sequins. Her headdress was halo style with finger tip veil of tulle illusion trimmed with seed pearls. Her bouquet was red roses and maiden hair fern, shaped in the style of a basket.

Miss Sylvia Sullivan was maid of honor. Her gown was ballerina length in yellow nylon over satin. She wore a matching picture hat and gloves. She carried a nosegay of yellow and white mums.

Mr. Joe Wotton was best man. The reception was held at Hillside Inn, Montague. The bride's table was decorated with mixed flowers and lighted candleabra and centred by a four tier wedding cake, topped with miniature bride and groom. The cake was cut in the traditional manner.

The toast to the bride was given by Mr. Svend Christensen and responded to by the groom. Mrs. Margaret MacPherson grandmot-

her of the bride poured. Misses Margaret MacInnis, Diane Webster, Sally Stewart and Florence Stewart, cousins of the bride served.

Miss Viola Stewart was in charge of the guest book. There were seventy-five guests.

The bride's mother wore a two piece dress of rose and beige with rose accessories. Her corsage was white carnations. The groom's mother wore a pink lace dress with navy accessories.

The bride's costume was a pale blue princess line dress with black accessories.

Mr. and Mrs. Harris will reside at Halifax, Nova Scotia.

The out of town guests were Mr. and Mrs. Perley Meisner, U.S.A. and Mr. and Mrs. Dan Matheson, U.S.A. Miss Viola Stewart, Toronto, Mrs. Sheldon Bell, Dartmouth, N.S., and Mr. Buddy Stewart, Toronto.

Prior to her marriage the bride was given a miscellaneous shower at the home of her parents, where she received many beautiful gifts as well as a large sum of money.

—Photo by Pepler.

KEEP IN TRIM

Faith In Venture Does Reducing Wonders

By IDA JEAN KAIN

Miracles happen only to those who believe in them. This is an inspiring story of a courageous girl who is making a miracle come true. In January 1955, Jean, a young woman from the Middle West, wrote a wistful letter pleading for help.

"I've been overweight since grammar school days. I am now 28 and wear size 60. I feel hopeless, almost desperate about it. I don't work but keep house for my dad. I have started diets, but never stuck with them. Actually I'm scared to diet, although I want so badly to be down at least 100 pounds by Christmas. Could you give me the name and address of someone who has succeeded in taking off a great deal of weight? I know I shall need all the help I can get . . . please Help me!"

While this young woman longed to be free of the intolerable burden of fat, an inner resistance had to be conquered first. My letter of encouragement was followed by two visits from a successful dieter living in the same city. Many months passed, but it wasn't until the dieter friend won an award from TOPS for reducing from 212 to 132 pounds that Jean finally took action. This was the impetus she needed.

WAS SHOCKED

April 6, 1956 . . . Jean reported that she was staying with the take your choice diet and holding her calories from 1000 to 1200 a day . . . "Telling you my starting weight and measurements will help ease my heartache. I was shocked to find I weighed 410 pounds, with bust measurement 60", waist 60", hips 65".

Jean's unusual weight gain dated back to childhood when she had St. Vitus Dance, and was so underweight she was put on an enforced gaining program. Now to go with her story . . .

April 22nd: "Such good news to

report in two weeks I've lost 14 pounds—the first week, four the second, and I have lost three inches from the bust, four from the waist. I am really learning how to eat. Your New Calorie Chart is a great help. I am so happy over this decision to reduce, and I envision myself as a sleek, trim gal—something I've never been."

Jean has given enthusiastic permission to your dietitian to pass along her story. She feels that her progress may encourage others to take action. She knows how hopeless one can feel about ever reducing.

Wednesday's column will give the triumphant report of how many pounds this resolute young woman has lost to date and of the change it has made in her whole outlook on life.

IT'S NEW! NEW! NEW!

COMING YOUR WAY!

nothing like it in all Canada

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SEE THIS PAPER OCTOBER 17



40TH ANNIVERSARY

Mr. and Mrs. Albert Milligan of Milo, were pleasantly surprised by their family, when they gathered with them to celebrate their 40th wedding anniversary at the home of their eldest son Charles, who resides on the homestead.

After the bride and groom were escorted to their seats by their youngest son Thane and daughter Susanne, the bride was presented with a bouquet of flowers by her little granddaughter Linda. After this, an address was read by their eldest daughter Jean, and a lovely arched rocker was presented to each by their son Charles and daughter Eudevilla. These were given to their parents, to try in some small way to show the esteem in which they are held.

Then a poem was read by Eudevilla, after which a few well chosen words were made by the bride's aunt, Mrs. Archie Clarke, O'Leary.

The father then on behalf of their mother thanked the family for their thoughtfulness. Photos of the bride and groom were then taken after which a buffet supper was served, the table being very prettily arranged, centered by a bride's cake the hostesses being daughters-in-law, Pauline and Lola.



GREENVALE W.I.

Mr. Samuel Silliphant entertained the members of the Greenvale W.I. at her home on Tuesday evening Oct. 2nd. President presided and meeting opened by repeating the "Collect" in unison. Roll call was answered by 8 members and 1 visitor present. The minutes of last meeting were read and adopted. It was decided to sell sandwiches and tea at Mr. Silliphant's Auction Sale.

Correspondence were read and dealt with and Institute news passed out. Mrs. Silliphant read the letter from Mrs. Henderson to canvass for Protestant Orphanage and Mrs. Gamester was asked to see if School children would collect.

Mrs. MacPherson read the second paper on Ceylon. Next meeting is undecided. It was moved and seconded that the meeting be adjourned.

Meeting closed by singing "God Save the Queen," after which lunch was served by the hostess assisted by Mrs. Carew, and a social hour enjoyed.

RELIGIOUS GIFT

SAULT STE MARIE, Ont. (CP) Returned from a visit to her native Poland, Mrs. Louise Matysyk brought back an altar cloth for Polish Canadians from the Order of Carmelite Nuns in Poland.

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