

TUESDAY,

Psychiatric Cases On Increase In Canada; Home Help Not The Best

OTTAWA, (CP) — Psychiatric cases are sharply on the upswing and would-be home-own psychiatrists aren't helping the situation, Dr. Karl Stern said last week.

In fact, the professor of psychiatry at the University of Ottawa told a luncheon audience of Parliamentarians, the untrained people who say "pull yourself together" and "get away from it all, take a rest" frequently make things worse.

Sometimes Backfires

Their advice often backfires on the person they are trying to help, the depressed or anxious or emotionally-maladjusted person who should really get professional help because his or her trouble is far beyond "commonsense, ordinary human wisdom."

Dr. Stern estimated that virtually every adult Canadian at one time or another takes on the mantle of the psychiatrist to try to help some member of his family or some friend. Frequently the aid is just what is not needed.

Other Problems

These were other problems Dr. Stern said the psychiatrist is up against in battling what almost amounts to an epidemic of psychiatric disorders:

1. The lingering stigma, the hush-hush that still falls on people and families troubled with mental disorders which should really be considered no more unusual than physical diseases.
2. The many people who trace emotional troubles back to something like "a fall from a table" while the sufferer was a child. Far more often the basic trouble is an emotional injury.
3. The feeling of parents that they can hide friction from the children. Through some strange sixth sense, the children are never fooled.
4. The feeling that disorders or maladjustments will frequently be passed on to children. The chances are 10 to 1 that they won't be passed on to children of the sufferer.

Cause Of Increase

Dr. Stern gave his belief in two main reasons why psychiatric disorders are on the increase. One was that civilization is going urban and industrial faster than people have been able to adjust to this state. The other, although a very complex one, was that there is definitely an intrinsic connection between the outburst of emotional troubles and the loss of a spiritual foundation among mankind.

"We need," he said, "a renewed spiritual and moral integration."

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Doctor Sees Body Cells Key To Abnormal Growth

MONTREAL, (CP) — Sir Sydney Smith, dean of medicine at Edinburgh University, says study of the body's cells seems a logical approach to many problems that confront medical science.

Sir Sydney delivered a lecture Friday under auspices of the Montreal general hospital, at McGill University.

"We are all conscious of the unsolved riddle of malignant change which can occur in apparently normal tissue cells," he said. "Interesting and essential though it may be to encourage research into cancer by physical radiations or by chemical substances, it is only by obtaining more specific knowledge of the control of growth in normal cells that the prevention or cure of abnormal growth can be achieved."

"There seemed to be little value in research connected with aging,

which is confined solely to a study of old people or of disease conditions of long standing," Sir Sydney said.

"The answer to this problem also must surely lie in a further expansion of our knowledge of the biology of cells and of the environmental factors in which the cellular constituents of the body can best be expected to resist the process of wearing out."

Many old people suffered from the premature aging of only one organ in an otherwise youthful body.

"I am not propounding that before long we shall discover the secret of perpetual youth. But I do think that with the resources at our disposal today, we should be doing much more to ascertain why the human body might be enabled to wear out more uniformly."

Abandon Hope For Trapped Miners

KIRKLAND LAKE, Ont., (CP) — Hope of finding two trapped gold miners alive was abandoned last week.

Rescue crews continued to dig to recover the bodies of Leo Murray, 25, and Leon Wojciechowski, 39, entombed by a rockburst Monday night near the 4,900-foot level of the Wright-Harvey gold mine.

CAVENDISH W. M. S.

The Cavendish Auxiliary of the W. M. S. met at the Manse on Wednesday evening, April 15th. Owing to the illness of the leader, Mrs. Ralph Burdett, the president led the devotional using the Easter Service of Worship as given in the Missionary Monthly, and was assisted by Mrs. Olaf Stevenson, who read the Scripture, and Mrs. Reginald Simpson, who led in prayer. The hymns sung were "Christ the Lord is Risen Today" and "Look Ye Saints the Sight is Glorious."

Mrs. Sterling Stewart read a very interesting article on the work of Miss Frances Botham in the laboratory of Dondi Hospital in Angola, Africa, and offered prayer on her behalf; also remembering Mr. Laughlan MacLean of the Indian Residential School of Portage la Prairie.

Following the reading of the minutes the roll call was answered by members giving a Scripture verse beginning with letter "R". The letter for May meeting will be "I".

A letter from Mrs. Stanley Thompson, Presbyterian Community Friendship Secretary, was read by Mrs. Sterling Stewart, who also reported 26 home calls, two hospital calls and 31 cards sent.

Mrs. Lewis Toombs kindly invited the Auxiliary to her home for the May meeting, when Mrs. Ralph Burdett will be worship leader with Mrs. Olaf Stevenson to offer prayer for missionaries. The lunch committee will be Mrs. John MacNeill and Mrs. Chesley Clark.

The treasurer reported \$15.75 for thankoffering but all envelopes had not been returned. Books were exchanged to be read. The meeting closed by repeating the benediction in unison.

The remainder of the evening was spent in cutting and making layettes to be sent to Dr. Florence Murray, Korea. Then all enjoyed refreshments served by Mrs. Milton Green and Mrs. Ira MacCoubrey, assisted by the hostess.

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Current Peace Offensive Seen As First Step

By WILLIAM L. RYAN
AP Foreign News Analyst

The Soviet press in effect is in for the home front the slogans strutting the Communists world to clear the decks for a mighty economic offensive to broaden and hasten Red domination of weak nations.

The current peace offensive can be expected to merge with a trade war. The Soviet bloc apparently hopes to invade foreign markets with great quantities of goods, undercutting Western European prices.

Editions of the Soviet press containing slogans for Friday's inter-key still moves cautiously at home, were softened considerably even since last November, when the Bolshevik revolution holiday appeals were published.

For example, last November the greetings to the trade unions demanded stepped up competition for fulfillment of plans and speeding of the Stakhanovite speed-up methods. This year's trade union greeting was limited to one line: "Long live Soviet trade unions, schools of communism."

Ignore Home Needs

There is little sense in the appeals at satisfying domestic consumer needs. In the streamlining of this year's slogans, many former appeals concerning production of such things as shoes, clothing, textiles and other consumer goods regime of Premier Georgi Malenkov. But at the same time the new have been dropped.

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Makes Special Plea For Retired Civil Servants

OTTAWA, (CP)—Stanley Knowles (CCF-Winnipeg North Centre) made a special plea in the Commons last week for civil servants who have been retired on pensions and said that other countries and some provinces in Canada have taken steps to help low-pension employees meet climbing costs.

Finance Minister Abbott countered, however, that the government's pension scheme is the best in Canada and while it may be a simple thing to recite what other countries and some provinces are doing, the House must consider the situation as it existed in the federal civil service.

The exchange developed as the chamber considered the government's proposed amendments to the federal pension scheme, under which some 60,000 temporary employees will be able to make contributions to the pension fund.

Heavy Water Valuable

Heavy water is a hydrogen-oxygen compound with a molecular formation different from that of ordinary water. It is a better moderator than graphite, generally used to slow down the neutrons released in an atomic pile, but the high costs of its production have thus far discouraged its use in the world's main atomic establishments.

Heavy water is present in ordinary water in the ratio of about one drop to a cupful. One process of separating it out utilizes the different boiling points of the two liquids.

The vast steam resources of this bubbling valley provide ready-made raw materials for the process, and scientists believe the substance can be produced here at costs drastically below those of previous methods.

PAREMATA, New Zealand, (CP) — Five men who started out from here on a "world cruise" didn't get very far. A few hours later their small vessel was hard and fast on a beach a few miles from the starting point.

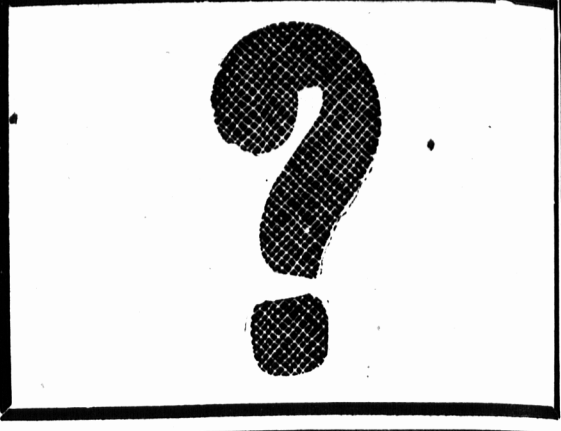
Five Canadian Engineers To Be Honored

OTTAWA, (CP)—Five Canadian engineers have been elected to receive honorary membership of the Engineering Institute of Canada, it was announced last Friday.

The honorary memberships, which will be presented at the 67th annual banquet of the institute to be held at Halifax May 22, goes to Alexander Joseph Grant, Frederick Perry Shearwood and Dr. Arthur Surveyer, all of Montreal, Stewart Young, Regina, and Lawrence Killaly, Peterborough, Ont.

The new appointees brings to 30 the number of honorary members of a total membership of 16,000 in the institute. The award is given as a tribute to outstanding engineering achievement and service to the institute.

Mr. Grant, 90, former engineer in charge of the Welland ship canal at Welland, Ont., came to Canada from Scotland in 1872. He was elected vice-president of the institute in 1928 and the following year was named head of the organization.



Mr. Shearwood is a former chief engineer and later, consulting engineer, with the Dominion Bridge Company, Montreal. A treasurer of the institute from 1926 to 1930, he became its president four years later.

Dr. Surveyer, a director of the Shawinigan Water and Power Company, Shawinigan Falls, Que., is a member of the national research council. He was president of the institute in 1924.

Mr. Young, former director of the community planning for the province of Saskatchewan, is a graduate of the University of Toronto.

Mr. Killaly, former superintendent engineer of the Trent canal, transport department, is a native of Prescott, Ont.

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