



MORE LOW PRICES than you'll See in 10 ADS

Look at every food store ad in this paper—and you won't see ONE-TENTH the number of LOW PRICES you'll see on one single visit to CO-SUPER MARKET! We've a storeful of low prices—not just a handful of advertised "specials". That's why a careful of fine foods costs less—much less—here. It stands to reason—more low prices mean lower food bills for you. Seeing is believing—and you'll see the proof in larger cash savings!



IT'S A GOOD SLOGAN
SHOP CO-OP IT PAYS!

SUPER TWIN SPECIALS

LARGE SIZE
**JEFFY
PIE CRUST**
MAKES TWO PIES **29¢ PKG.**

HELLO Chiffon Pie it's **NEW!**
★ STRAWBERRY and LEMON **2/33¢**

SIRLOIN STEAK YOUNG STEER OR T-BONE **LB. 59¢**
HAMBURG FRESH LEAN **2 LB. 59¢**
BEEF LIVER YOUNG TENDER **LB. 29¢**
COD FILLETS FRESH CHILLED **LB. 19¢**

HADDOCK FILLETS

FRESH CHILLED **LB. 23¢**

Breeze offers NEW Cannon **PARTY STRIPE TEA TOWELS**
Plus **White Breeze**
7¢ OFF REGULAR PRICE **77¢**
ONLY

ROUND STEAK TENDER JUICY YOUNG STEER BEEF **LB. 49¢**
RUMP ROAST GOVT. INSPECTED YOUNG STEER BEEF **LB. 43¢**
VEAL ROAST BONELESS & ROLLED SHOULDER CUT SPECIAL **39¢**
BROILERS ROAST - FRY - BOIL GRADE "A" AVERAGE WT. 2-3 LB. **LB. 59¢**

NEW JUNIOR YOUR CHOICE WHITE OR CHOCOLATE **2 PKGS. 27¢**

Nestle's **QUICK** makes milk taste like a million **1 LB. TIN 59¢**

LOOK FOR MORTON'S AD IN TODAY'S PAPERS. SAVE 10¢ BY CUTTING COUPON
MORTON'S CHICKEN POT PIE ANY TWO PIES WITH 10¢ COUPON YOU'LL PAY ONLY **59¢**

Cheerios **CHEERIOS** The oat cereal ready to eat **29¢ LGE. PKG.**

A REAL MARITIME TREAT **2 15 OZ. TINS 31¢**

NEW BLUE—OLD DUTCH **CLEANSER**
2 Tins For 29¢

SUGAR WHITE GRANULATED **10 LB. 99¢**
BUTTER GARDEN CITY **2 LBS. FOR \$1.33**
CO-OP TEA DELUXE SPECIAL BLEND **LB. 79¢**

QUALITY—ROYAL ARMS **TOILET TISSUE 3 ROLLS FOR 25¢**
OLYMPIC BIG 15 OZ. **BEEFSTEAK & GRAVY 37¢**

BLEACHED SULTANA **RAISINS 1 1/2 OZ. PKG. 33¢**
SAVE 5¢ ON LARGE **SPIC & SPAN 37¢**

SWIFT'S QUALITY LUNCHEON MEAT **PREM 12 oz. tin 49¢**

APPLES from The GARDEN of EATIN'
What luscious beauties these are—crisp, crunchy, juicy all-purpose apples picked rosy-red in the orchard and rushed to us to safeguard their natural goodness. Buy 'em for munching, for salads, for pies, for baking, for sauce. A terrific buy at this thrifty price. And apples are just one of the wonderful fresh fruits and vegetables featured in our Garden of Eatins' this week.

McINTOSH RED APPLES
5 lb. BAG ONLY **33¢**

- FANCY MACS
- APPLES - - - - Doz. 39¢
- SWEET JUICY SUNKIST ORANGES - - - 2 Doz. 79¢
- FOR COLDS LEMONS - - - 6 For 29¢
- FRESH GREEN CABBAGE - - - Head 15¢
- WASHED PACKAGES SPINACH - - - - pkg. 33¢
- CRISP, CRUNCHY CELERY - - - - 2 stalks 29¢

Listen to News and Views on Groceries — CFCY TODAY AT 11.00 A.M.

CO-OP
SUPER MARKET
AN ENGLAND STORE OWNED BY ENGLISH PEOPLE

FREE DELIVERY • PHONE 8557 • FREE CUSTOMER PARKING

HALLOWEEN SPECIALS TO CLEAR

GUARANTEED FRESH ROASTED **PEANUTS, lb. 29¢**

HALLOWEEN WRAPPED WESTON'S **KISSES lb. 29¢**