

Woman's Realm Social and Personal Fashions Literature



Finer richer flavour

KING COLE TEA

A Country Garden

By Mrs. Gordon Macmillan

The poet Tennyson writes of the Snowdrops, one of the first Spring bulbs to bloom in the month of February in England.

Many, many welcomes, February fair-maid, Ever as of old time, Solitary firstling, Coming in the cold time, Prophet of the gay time, Prophet of the May time, Prophet of the roses, Many, many welcomes February fair-maid.

In this country we wait until next month before we see them, and sometimes later, but it all depends on the season. I have received a letter from a gardener in the Eastern part of the Island and she writes about several early bulbs in her garden that I do not have, and I know she has a lovely garden. She asks about the old-fashioned Sweet Briar rose, the fragrant Eglantine the very old English rose. It is not listed in any of the new catalogues. I have looked in all of mine and the only way to get a Sweet Briar Rose would be to slip or layer one. I remember the dear old English lady who gave me the rose many years ago, and I brought it to this home several years later.

No flower has a sweeter fragrance than the leaves of this Rose, especially after rain, and the small pink blossom is lovely for nosegays when divested of its prickles and Dean Hole said in 1869: So may the Sweet Briar, with no flowers to speak of, remind many a gaudy neighbor that fine feathers do not constitute a perfect bird, and that men have other senses as well as that of sight, to please. I passed through the Sweet Garden as it is called, just after a soft May shower, had the sweetest scent of them all.

In her letter she asks about some potted plants she saw when she visited the garden in the Summer. The Fuschia, Ladies Ear-Drops are easily grown from slips and there are about two thousand named varieties. The average grower of house plants will probably be satisfied with the varieties commonly handled by florists such as Carmelita, double white; Bonstedt, long slender red blooms, green and bronzy-red foliage; Little Beauty, petals lavender-blue, pink sepals; dwarf and bushy; and Tropic, double-flowers, white and violet blue.

There are a number of Fuschias suitable for hanging baskets and window boxes in purple and red (Continued on Page 3)

Household Scrapbook

By Roberta Lee

Removing Old Varnish
Old varnish can be removed from surfaces by making a solution of one part caustic soda and three parts lukewarm water. Apply with a brush or sponge. Let stand a moment, then scrape off.

Restoring Color
If the color on fabric has been destroyed by acid, apply ammonia to neutralize the acid, after which an application of chloroform will usually restore the original color.

Fat in Soup
Excess fat can be removed from soup by pouring it through a cloth that has been rinsed in cold water. Most of the fat will remain in the cloth.

Pioneer Days In P. E. I.

By F. H. MacArthur

When Mr. and Mrs. John MacRae took up land at Argyle Shore they had two cows and a pair of sheep but very little pasture as most of their farm was covered with timber. Like other pioneers, John and Laura were determined to see their venture through, come what might.

Day after day, John felled the trees that grew tall and thick near their shack. Only at meal-time was he to be found in the house, and his wife, Laura, cooked the meals, tended the cows and sheep, as well as the hundred and one odd chores that needed attention in and around their new home.

Thus this hardy pair toiled on and on, proud in the knowledge that each day came to a close with something worth while accomplished.

The winter months drew to an end, and the first spring rains began to fall upon the roof of their humble home. In a short time the little plot of land they had laboriously cleared the year before would be ready for cultivating and seeding. The spring and summer would bring longer days, and longer days would bring more soil to this couple who already were bearing the yoke of countless hardships, but they were always courageous and full of hope, that hope which "springs eternal in the human breast."

That year, the little crop which they'd planted and cared for so tenderly yielded its full measure; a pair of lambs were added to the sheep and Bossy, the black and white heifer, proudly ambled along beside a new calf. Laura and John MacRae thanked God for all the blessings He had bestowed upon them.

Come September, the month when the wild creatures of the forest became hungry and dangerous. A man from DeSaule paddled along the south shore in his tiny canoe. When he had come within hailing distance of the MacRae home he rested his paddle long enough to warn Laura and John that bears were on the warpath. They had killed and eaten two of his best lambs the day before.

John shouted his thanks to the stranger. Then, turning to his wife, he said, "Let's round up our sheep, Laura, lest the bears devour them."

It was growing dark when they'd reached the tiny sheep pasture and suddenly Laura called out loudly: "O John! I see some black objects moving about among the alder bushes."

John rushed to the spot, axe in hand, ready for any eventualities, and just as he reached the clump of alders he was horrified to see his wife attacking a large bear with nothing but a stick in her hand, screaming at the top of her voice, "Be off, you rascal of a thief! You've just killed our fattest sheep!"

John rushed at the bear, but already the frightened animal had turned tail and was starting to slink off through the woods.

"Laura," said her husband, "you scared the critter most to death with nothing but a stick."

Morning Smile

Healthy

He: "Is your father rich?"
She: "Rich? He has so many gold teeth that he has to sleep with his head in a safe."

That's Why
"Do you have Matins at this church?" asked the visitor.
"We used to have," replied the vicar, "but the Vicar tripped over them, so 'e put down a carpet!"

MOTHER AND DAUGHTER

Fashion becomes a family affair! Mother's pinafore—pretty and practical—has a swooping sun back, side pockets. Daughter's is an exact duplicate, even to the ric rac trim. (Two separate patterns)

No. 2532, mother's pinafore, is out in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 18, 4 1/4 yards 35-inch.

No. 2495, daughter's pinafore, is out in sizes 2, 4, 6, 8, 10. Size 8, 2 1/4 yards 35-inch.
Send 25 cents for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address Pattern Department The Charlottetown Guardian, Pattern No. 2532 and No. 2495

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FOR **COUGHS COLDS** YOU CAN'T BEAT **BUCKLEY'S MIXTURE**

DOROTHY DIX SAYS -

Hard Bargain

Woman Would Divorce Mate For One Trip To Night Club

DEAR MISS DIX: I am fast approaching middle age. My husband and I have lived very happily for years. He has been one of the world's finest, devoted to me, the children and home. Several weeks ago while in a distant city he went with some men friends to a night club and he said that they danced and drank with some of the show girls. I tried to make him promise that he would never do so again, but he refused. Said that he would never do so again, but he cannot face life without him and that I feel that I cannot live with him unless I retain my respect. What shall I do? TULSA

ANSWER: You certainly are making much ado about nothing. For what has your poor husband done that has got you so hot and bothered? He has been to a night club. Well, if every man in America who has been to a night club got divorced for his crime, Reno would be working overtime.

NO TREAT FOR GIRLS

And he danced with a show girl! Show girls aren't poison. Most of them are honest, hard-working girls who are hired to dance with strangers that they never saw before and never expect to see again. And it is no treat to them to dance with some middle-aged married man who hasn't been on a ballroom floor since his first baby was born, and who is heavy and clumsy and steps all over their feet.

So do try to see how silly you are in getting in a panic over something your husband did that had no wrong in it except what you put into it yourself, and how foolish you were to make an issue of an episode that you should have laughed off. Think of the heartburnings and reproaches and accusations and quarrels that you would have been spared if you had just been interested in your husband's night out in Continued on page 9

ELLEN'S DIARY

By An Island Farmer's Wife

And so yesterday morning, as things will come to intrude themselves into one's thoughts, or better still, to beguile one away to old scenes, or often to set one to building fair castles, while hands are taken up with an item of housework or other interest of the moment, we thought of Janet of the long ago, and how much she had wanted a Valentine to send to a loved one. She is gone now, as is he, but it is "passing strange" how so much as a sight of Jamie's missives brought their memories to mind. We recalled how kindly a woman she was in the home, where her innate good sense seemed to assure her that true hospitality does not always come out of having an abundance of this world's goods, but often out of only modest circumstances and in very ordinary places. And to remember her is to marvel that the little she had to give, was unfailing and like the lad with the loaves and fishes she fed a multitude that came to her door.

Not always with substance perhaps were they filled, but with food for the spirit—an encouraging word, a handclasp that was warm and reassuring, a smile maybe, or a hearty laugh that was as stimulating, as the cups of tea, she was used to offer. Though often it was milk, cool from the dairy, dewing the glass mistily, and making a nice accompaniment for the oatmeal-sweet, that was so tasteful, nut-sweet in its flavor. And sometimes it was a piece of the gingerbread, straight Continued on page 9

Better English

By D. C. Williams

1. What is wrong with this sentence? "It looks like it might snow."
2. What is the correct pronunciation of "sine die" (without appointing a day on which to assemble again)?
3. Which one of these words is misspelled? Comedian, comodity, complexion, commemerate.
4. What does the word "lover" mean?
5. What is a word beginning with st that means "dulness of understanding"?

ANSWERS

1. Say, "It looks as if it might snow."
2. Pronounce sine die, both 'i's as in ice, both 'e's as in me, accent both words on first syllable.
3. Commodity. 4. A lobby, especially in a theater. (Pronounce fwa-ya, first as in ah, second as in day, accent second syllable).
5. Stupidity.

That Body Of Yours

By James W. Barton, M.D.

VARICOSE VEINS

If you have varicose veins, and they break down causing varicose ulcer, it may mean weeks off your feet in order to allow the ulcer to heal, or for surgical removal of the vein in which the ulcer occurs. In thousands of cases, however, this has been avoided by the removal of varicose veins by injections. These injections are given in the surgeon's office; there is no need of stay in hospital.

First consult your physician as to whether your particular varicose veins can be removed by injections or if surgical removal is necessary. Before giving any advice as to the method of removal of the varicose veins, your physician may make a test by which he can find whether the inner or deep veins will be able to carry the blood back to the heart if the outer varicose veins, which we can see, are removed. If the deeper veins will carry the blood back to the heart when outer varicose veins are closed by injections, then the varicose veins can be removed either by injections or surgery.

Most of us wonder why some heavy individuals who are on their feet most of the time develop varicose veins and other heavy individuals doing the same work do not. This is explained by the valve system of the veins of the legs and lower part of abdomen. These valves prevent the blood in the lower abdomen and legs from flowing backward or downward, and ensure its being pushed upward toward the heart by the elasticity of the walls of the veins.

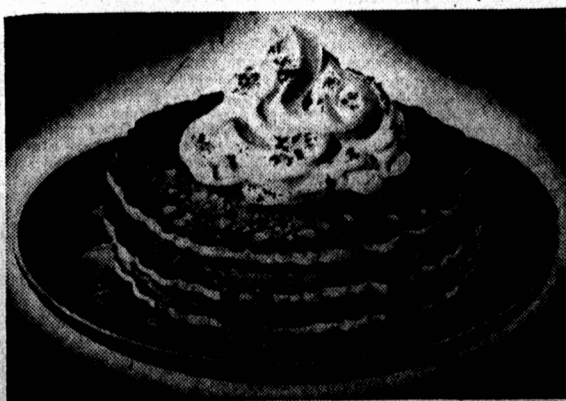
In individuals where there are no valves in the lower abdomen and about the groin, the blood can drop downward and so cause the veins to become enlarged, thickened, and twisted, which condition is called varicose veins. (In the upper abdomen and chest, there are, of course, no valves, and therefore, there can be no varicose veins in this region.)

Our research workers tell us this lack of valves in lower abdomen in region of the groin (which seems to run in some families) together with some lack of elasticity in the walls of the veins, brings on varicose veins, most frequently in those who are overweight, and those who keep them on their feet in a standing position. If they were to move about, it would cause the muscles to push blood upward instead of letting it lie in the veins to become varicosed. Keep moving.

BLACKHEADS

Blackheads simply dissolve and disappear by this one simple, safe and sure method. Get two ounces of peroxide powder from any drug store, sprinkle on a hot, wet cloth, and apply gently—every blackhead will be gone.

Pancakes "Laurentian"



This popular dish originated at one of the famous ski resorts. Spread medium-size Pancakes with melted butter and shaved maple sugar (or brown sugar). Stack in threes and top each stack with whipped cream sprinkled with shaved maple sugar.

Lenten Guideposts

Personal Messages of Inspiration and Faith

Edited by Norman Vincent Peale

I BELIEVE IN PRAYER

By Eddie Rickenbacker

Captain Eddie Rickenbacker is high on the list of America's heroes. A man of inspired and demonstrated faith, he has become a lifetime almost a legendary figure. He is president of Eastern Air Lines, and one of the country's most vital and active business leaders.

There are a lot of things about the human mind and soul that we don't know much about. We get glimpses of them when in times of danger or suffering we cross a little way over the line of ordinary thought.

As I roared down the last stretch in an automobile race years ago I felt that I could control that machine with my mind, that I could hold it together with my mind and that if it finally collapsed I could run it with my mind. It was a feeling of mastery, of supreme confidence. But it was real.

If I had said such a thing then, the boys would have called me crazy. Even now I can't explain it.

Think Positively

But I believe that if you think disaster you will get it. Brood about death, and you hasten your demise. Think positively—a-d-m-a-s-t-r-a-t-i-o-n-l-y, with confidence and faith, and life becomes more secure, more fraught with action, richer in achievement and experience.

Perhaps such things as the control of mind over matter and the transmission of thought waves are tied up together, part of something so big we haven't grasped it yet. It's part of us and part of the something that is looking after us. It's one of the things that make me believe in personal protection and in life after death. I don't know how to put it into words.

Another strange thing happened to me. Several years ago I was flying to Chicago. It was a Sunday afternoon in the middle of December, and the weather was miserable. For a long time we cruised back and forth trying to pick it up. Fog was all around us.

Flying Blind

We were lost, off the beam, and flying blind. Our two-way radio went out, and we had lost all communication with the world. For seven hours we flew—where we didn't know. Nobody knew where we were; nobody even knew we were lost.

Darkness was coming on. Then, suddenly, we saw a break in the murk. The pilot brought the ship down to within one hundred feet, and we saw lights go flashing by on a four-lane highway.

Then we saw a red glow away off to the right, headed for it, and saw a river gleaming. We flew up that river, and out of the six-thirty dusk of winter sprang a town—Toledo! I saw the Toledo-Edison sign flashing as we swept over the bridge tops. Skimming the roofs, we circled and landed at the airport a moment later. We had just enough gas left for eleven minutes of flight.

We had flown blind, without a beam, but we were on a beam, just the same. I like to think it was the

Cook's Corner

EASY PANCAKE RECIPE

Here's a good basic recipe that makes 14 to 16 medium sized pancakes.

- 2 cups Ready-Mix for Pancakes
- 2 1/2 cups milk
1. Just add water to unsifted pancake mix (all at once) and stir lightly.
2. Pour 1/4 cup of batter for each pancake onto a hot lightly greased griddle.
3. Bake to a golden brown, turning only once.

For Greater Economy—Substitute water for part or all of the milk.

For Thinner Pancakes—Use more milk.

For Extra Rich Pancakes—Add 1 beaten egg and 2 tablespoons melted shortening to pancake batter.

For Delicious Buckwheat Cakes—Use 2 cups Buckwheat Ready-Mix to 2 1/2 cups milk following the above directions.

How Can I!!!

By Anne Ashley

Q. How can I make hash balls?
A. Mince some corn beef and potatoes very fine. Make into flat cakes and brown on both sides on a buttered griddle. The taste is improved if the potatoes have been boiled with the corn beef.

Q. How can I make clothes whiter when laundering?
A. Put about one tablespoonful of surferine into the boiler, when boiling clothes, and it will help whiten them.

Q. How can I prevent the meringue of a pie from falling?
A. By adding one-fourth teaspoonful of baking soda.

5c CAKES are Back
No cut in pre-war size

GRAND news for the youngsters, good for lunches too!

TWIN CUPS and HALF MOONS
Small tasty cakes, variously iced, cellophane wrapped.

At Your Grocer's NOW

Eastern Bakeries'

"Big Radio" that kept us going - - The thing that keeps all of us flying safely through the fog and night, toward some mysterious and important goal.

A Two-Way Job
The "Big Radio" is a two-way job. You've got to keep tuned with it, and you have to talk back. I learned to pray as a kid at my mother's knee.

One day in France, with only one magnet on my Neuport bi-plane functioning, I was attacked by three German Albatross planes. I came out of a dive so fast that the terrific pressure collapsed my right-hand upper wing. No matter what I tried I couldn't come out of that whirl of death. I often wish I could think as fast under normal conditions as I did during that drop.

(Continued on Page 3)

Just Compare The Value



Our style S16: trim, four-button, double-breasted jacket with popular clover leaf lapel. Slanted, double tab, buttoned pockets. Four gore skirt has small vents front and back.

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