Women's realm

Lenten Meditation

from the columns of the Times, London

FORWARD TO NEW SPIRITUAL HEIGHTS

The sense of anti-climax has a significant influence in the life of communities and of individuals Unless its onset be anticipated and its dangers foreseen the effect may be morally disastrous. After every war there comes a period in which energies flag and a sense of direction is hard to find. After a personal achievement also — the experience of having climbed by great efforts to new heights — There is often a risk of lassitude or of a lack of restraint. Few are in greater danger than those who have reached great heights and there relax their vigilance .

The prophet Isaiah, in exile, when he thought of the great and lasting effort which the return to Palestine would demand, declared, "They that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run and not be weary; they shall walk and not faint." It might be comparatively easy for a people, in the first ecstasy of national deliverance, to mount up with wings as eagles. Excitement would carry them some way on their journey: the returning exiles might feel that they were running without growing weary. But the real test lay ahead. Would they be able to walk and not faint? It would be possible, in the prophet's opinion, only if they waited upon the Lord; if they relied not upon their own strength but upon the strength of God to sustain them. There are needed in the world men who discern the significance of great events and respond to their challenge; who by their own dedication make possible the dedication of a whole people. But there are needed also the pedestrian virtues of endurance — of unflagging persistence.

The remarkable thing, about the early history of Christianity is that the sense of anti-climax was so short-lived. "We trusted that it had been he which should have redeemed Israel," it was said on Easter night, and it may have been said again by others in distant parts of the country, who had not heard of the astonishing events which transformed the lives of the disciples. For them Jesus was no more than a fading memory; but not for the members of the infant Church. They were men and women with a new song in their hearts. For a time they never knew where they would meet him. Then, by the sign of the Ascension, he made it clear that they were to expect his visible presence no longer. They were to set about the work for which they had been prepared — the consuming task of making diciples of all nations.

Here was no sense of the best being over, of life becoming humdrum once again. When the disciples returned from the mountain of the Ascension it was with joy. There might be much waiting; an immediate wait for the new experience of the Spirit at Pentecost; for many much longer waiting. A number of years passed between the conversion of St Paul and his call to become the Apostle to the Gentiles. The intervening years were not wasted They were a necessary part of one pressing movement forwards.

The Collect of Ascension Day suggests how Christians may avoid this sense of anti-climax. "As we do believe the only begotten Son to have ascended into the heavens: so we may also in heart and mind thither ascend, and with him continually dwell." To dwell with Christ is to find him a contemporary; and to go forward to new heights with him.

Monster Fashion Festival Opens Today In Montreal

MONTREAL, (CP) — A monster fashion festival, sponsored by the Canadian Fashion Association and planned to focus attention on "Canada's rightful place in the world of style, design and textile manufacturing," opens today in Montreal's Show Mart.

The week-long festival is expected to attract 100,000 persons.

Textile manufacturers, most of whose plants now are operating below capacity, will use the festival as a weapon of reprisal against imports by displaying fabrics and styles which they maintain compare favorably with any others in the world.

A preview peek showed designers will display such things as a milk-pail handbag, polka-dotted gloves and a can-can dress. The season's promotional colors will be pink and navy blue.

Skirt-length will be short, 13, 14 or even 15 inches above the ground depending on the daring of the wearer.

The general trend is toward a slimmer, more lissom look.

ELLEN'S DIARY

By An Island Farmer's Wife

Our young visitor of this evening shrugged and sighed patiently in reply to our query and offered, "I can't say, Ellen whether or not, he's looking well. You see we just happened to call there and to tell you the truth because I knew him only by name, I didn't look much at him." He smiled. "Besides he's old and didn't appear to be very interesting anyway."

"But," his eyes brightened, "has he ever got a pretty dog! A collie, not too big and not too small ...just the right size," he nodded. A gold color with a pure white ruff; with a knowing face and a pointed nose. You know the kind Ellen—just like we see sometimes in pictures!"

"Yes", we smiled, but the smile was for the lines of old verses that had suddenly returned to mind. They had to do with the sentiment of a youngster who had visited Baltimore and whose sole impression of that delightful southern city was the mean grimace of an imp of a pickaninny who as he passed along a street had stuck out a length of her tongue at him. In this instance the boy's memory of that distant farm and farmer were dim, only the picture of the dog remained in detail.

Jamie came in then from that after-class chore of his which gives measures of grain to the cattle—kind. "Why, you have no idea just how very interesting that man is!" we commented to the company.

"Then why don't you tell us about him?" Jamie smiled. .The time we should like to spend on the children of this place if there were no tables to be spread, no floors to clean, nor beds to make! For we know how eager youngsters are to hear tales straight from the lips of those they know

Continued on page 12

DOROTHY DIX'S COLUMN—

Tarnished Reputation

Plain Girl, Who Was Reckless, Yearns For Erstwhile Friends

DEAR MISS DIX: I am an unusually homely girl, therefore, in order to keep a boy friend, I have been reckless. It seems, however, that I'm losing all my girl friends, and am only dated by boys who aren't popular with the people I really like. What can I do to regain my old friends?

Della

ANSWER: You realize now that you took exactly the wrong tack in trying to win friends. Perhaps you can never get back your old status in your community. A tarnished reputation, a bad name, a tainted character, are much easier to acquire than to lose. You must sever all connections with the questionable people who have been your associates, and, though it may mean many months of loneliness, start trying to begin winning friends. Your handicap is not homeliness, but the unwillingness to accept life on the terms given you, plus a low moral resistance. No girl was ever made an outcast because of her looks. In fact, I have known many very plain young ladies who were popular leaders in their schools and communities because they had gifts that more than compensated their lack of glamor. Friendliness, cheerfulness, co-operation, understanding are far more important in a group than baby-blue eyes and dimples. The plain girl must work harder at achieving popularity than her better-looking companions, but the friends she makes are usually permanent.

SEEK ADULT ADVICE

Your case, Della, can be greatly aided with the help of a sympathetic adult. A teacher who is aware of teen-age problems would be a wonderful help. If your school has a faculty advisor seek her advice. A Sunday School teacher, a church member who works with teen-age girls, a Scout leader, or any woman who is interested in young people, can help you with a knowledge of your own personality and local conditions, they can show the way to an adjustment that will set you straight with your contemporaries.

Don't strive for mass popularity. The affection of one real friend is worth much more than the fleeting interest of a crowd. Learn to appreciate what you have, instead of seeking the impossible through reprehensible means.

DEAR MISS DIX: Three years ago, when I was 18, I met Will who was 29. His wife left him shortly before. At the time this didn't make any difference to us, since we weren't serious. Now, his wife still hasn't obtained a divorce and we'd like to get married. Could we go to another state and get married?

D. M.

ANSWER: If you do, you'll be committing adultery, which is a moral crime, and your friend, bigamy, which is a legal one. Both involve heavy penalties. There's nothing you can do until Will's wife is located and definite steps are taken, through her to solve the problem.

Miss Nissen cannot reply personally to readers but will answer problems of interest through this column.

TOE DOODLED — Using her toes to manipulate a pencil is a favorite pastime for Celia White, of London, England. Someone told her to pick up a pencil with her toes to help her fallen arches, so Celia is shown above doing a caricature of Sir Winston Churchill.

Household Scrapbook

By Roberta Lee

Medicine Stains

Medicine stains on white goods can be removed by painting the stains with tincture of iodine. Then soak in a strong solution of ammonia for 30 minutes, and wash well.

Stains

To remove fruit and tea stains from linen cover the spots with glycerine, allow it to remain for two or three hours, then wash in warm soapy water.

Whipped Cream

To make a delicious substitute for whipped cream, slice one banana and add it to the white of one egg. Then beat it. The banana will dissolve.

How Can I ! ! !

By Anne Ashley

Q. How can I remedy tough meat?

A. There are several ways: It can be made tender by sufficient pounding, by slow cooking, and also by laying it for a few minutes in vinegar water.

Q. How can I clean my hairbrush very thoroughly?

A. Rub half a cupful of salt and [illegible]ns, through the bristles of the hairbrush. Shake well before using the brush.

Alice Brooks Designs

NEW TOASTER COVER

Her full skirt protects your toaster! That's how this pretty old-fashioned girl earns her keep in your kitchen. She's fun to make — charming to see! Use scraps.

Pattern 7013: embroidery transfer of face, pattern pieces for novelty toaster cover.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

That Body Of Yours

By James W. Barton, M.D.

EARLIER OPERATION RECOMMENDED FOR STOMACH ULCER

Less than ten years ago operation was the last thought in the treatment of stomach ulcer. This was partly because medical and dietary treatments were prolonging the lives of many of these patients. Also, surgical operation was something to be feared. Today, though diet treatment is still prescribed and operation avoided if at all possible, our physicians and surgeons find that in their effort to avoid operations they may allow the stomach ulcer to progress too far and, thus have a more serious condition with which to contend.

In Minnesota Medicine, Dr. O. H. Wangensteen states that peptic ulcer is still a challenging problem. Patients who get along well on medical management are not candidates for surgery. The patient to whom the ulcer diet does not appeal, or who is never wholly free from pain ,or has attacks of bleeding, or an obstruction, should have an operation for relief of peptic ulcer. There seems to be no reason to withhold operation from patients who have had more than one attack of hemmorrhage from peptic ulcer. The serious threat of perforation of peptic ulcer is now largely under control.

What has brought about this change in the management of peptic ulcer is that operation is performed oftener and sooner than it was just a few years ago. Dr. Wangensteen states that when the medical profession learns to manage the threat of hemmorrhage from peptic ulcer in a satisfactory manner, the death rate will disappear. Through improved surgical care, including the use of antibiotics (germ killers) and better ban[illegible] at the time of closure of the perforation, the death rate of perforation is not as serious as it was ten years ago.

"Earlier and more frequent recourse to operation is particularly advisable for stomach ulcers as they frequently occur at the same site and involve the threat of cancer." Dr. Wangensteed states further t[illegible] the key to the reduction [illegible] death rate of peptic ulcer in patients between 40 and [illegible] ate earlier in patients who have hemmorrhage from the stomach ulcer, as hemorrhage must be recognized as failure to control the ulcer by the usual medical and diet methods of treatment. Hemorrhage is the most important single cause of death from peptic ulcer.

FIGHT Colds FAST
BUCKLEY'S
CINNAMATED CAPSULES
FOR COLDS GRIPPE AND PAINS
12 DOSES 35¢
30 DOSES 79¢
Instead of getting only partial relief from a single ingredient, get complete relief with Buckley's Cinnamated Capsules. These capsules are compounded with 4 main ingredients which act together to bring you 4 distinct benefits:
1. Immediate relief
2. Prolonged relief
3. Gives you the lift you may need
4. Helps you fight colds, aches and feverishness fast!
CANADA'S LARGEST SELLING COLD CAPSULES

BREAD AND BUTTER PICKLES

6 onions
6 quarts sliced cucumbers
1 cup salt
1½ quarts vinegar
6 cups sugar
⅛ cup mustard seed
1½ tablespoons celery seed
¼ teaspoon cayenne

Slice onions; combine with cucumbers and salt; let stand 3 hours. Drain. Combine vinegar, sugar, mustard, celery seed and cayenne. Bring to boil: boil 5 minutes. Add cucumbers and onions. Heat to simmering point. Pack into 8 hot, sterilized pint bottles, filling to top; fasten covers at once.

—Mrs. James Doyle,
Alberry Plains W. I.

ATHLETE'S FOOT
Cracking, Itching Skin Curbed In 7 Minutes
If the skin between your toes itches, cracks, peels, burns and nearly drives you mad, use NIXODERM tonight. Just spread NIXODERM on your skin tonight. It stops the itching and burning in 7 minutes and works while you sleep to help heal sore, cracked places to give you a softer, smoother, clearer skin on any part of your body. Ask your druggist for NIXODERM today. Satisfaction or money back.

The Stars Say - -

By Genevieve Kemble

For Tomorrow

THIS can be a satisfying period provided you work on assignments you find enjoyable and productive. Although you may be beset by a mass of details, do not let them irk you. Instead, dispose of them as quickly as possible and then focus your attention on those tasks which can bring you the most rewarding benefits.

Try to get some relaxation during the evening. Put problems aside and concentrate on the pleasant aspects of your life. You have no cause for pessimism now. Congenial companionship can be mentally stimulating, so why not go out of your way to entertain a bit or otherwise show hospitality toward loved ones?

For the Birthday

If tomorrow is your birthday, you are now entering a cycle in which you should see problems which have beset you during the past few months gradually resolving themselves. But watch the budget carefully from now until the end of April. Financial affairs will not benefit by the uptrend in your affairs until May.

Through the special use of your clever skills, you may find some additional source of revenue during June and July. There is promise of great social activity during the summer months, and domestic and romantic affairs will also be under beneficent aspects during that period. There is little possibility of travel until late fall.

A child born on this day will be sensitive, intuitive and idealistic.

Better English

By D. G. Williams

1. What is wrong with this sentence? "She ran the whole way without hardly stopping."
2. What is the correct pronunciation of "delusive"?
3. Which one of these words is misspelled? Affrontery, affluence, affiliate, affright.
4. What does the word "ostentatious" mean?
5. What is a word beginning with ap that means "specially suitable"?

ANSWERS

1. Say, "She ran the whole way almost without stopping," or, "with hardly a stop." 2. Pronounce the e as in me unstressed, u as in cube, s as in so (not as z), accent second syllable. 3. Effrontery. 4. Pretentious. "True charity lies not in ostentatious giving, but in heartfelt generosity." 5. Appropriate.

Modern Etiquette

By Roberta Lee

Q. Is a hostess supposed to wait until all her guests have finished eating before beginning to remove the plates from the table?

A. Usually, yes. However, if one of her guests is exceedingly slow, it would be all right for her to begin removing the plates of the others.

Q. Does an invitation to a wedding and reception require an answer?

A. Well-bred people realize that the bride's parents need to know how many guests to expect at the reception, and they answer the invitation promptly.

Q. Is one expected to tip a waitress in a cafeteria who carries one's tray to the table?

A. This is optional, although usually it is not expected.

Contract Bridge

By Josephine Culbertson

OVERDOING A GOOD THING

Every bridge player in these sophisticated days knows that a fair hand is needed for a response at the two-level—but there is decidedly such a thing as setting one's sights too high! North did exactly that in the following case.

North dealer.
Both sides vulnerable.

	♠ A 8 5 2 ♥ 10 3 ♦ A ♣ Q 9 7 6 4 3	
♠ K 10 9 3 ♥ J 6 5 ♦ Q 9 8 7 4 ♣ 8	N W E S	♠ Q 7 6 4 ♥ K 8 2 ♦ K 10 5 2 ♣ J 2
	♠ J ♥ A Q 9 7 4 ♦ J 6 3 ♣ A K 10 5	

The bidding:

North	East	South	West
Pass	Pass	1 ♥	Pass
1 ♠	Pass	2 ♣	Pass
5 ♣	Pass	Pass	Pass

East's lead did not matter—whatever it was, South could (and did) easily win all the tricks. True, he had to succeed with the heart finesse, and so a grand-slam contract would not have been sound, but it was inexcusable that a small slam was not reached.

The fault, very obviously, was North's—his one-spade response to South's heart opening was absurd, particularly since North had passed originally. With 10 high-card points—two-plus honor-tricks—and a six-card suit there was no conceivable reason for failing to bid two clubs.

Assume that proper two-club response and it will be seen that the bidding would then proceed smoothly and logically. South would raise to three clubs, and now North should bid spades, thus announcing control. True, over this three-spade bid South would bid only four clubs, but this would give North an important piece of information—that in by-passing three no-trump, South surely had nothing in diamonds that would be "duplication of values"; and further, that South was quite willing to reach a minor-suit game contract even with a passing partner. Thus, North would be fully entitled to cue-bid his diamond ace—and now South could surely leap to six clubs, on his distribution.

Bringing Up Baby

Hints Collected by Mrs Dan Gerber (Mother of 5)

Bedtime story for babies. At about 2½ months, or just as soon as baby is able to lift his head, he can start sleeping part time on his tummy. The advantages: (1) covers stay put better, (2) baby can lift himself, exercise arms and back, (3) baby won't get quite as wet.

• • •

So happy, so sad. When your little one starts showing his first teeth, it's a proud and happy time for you. But for baby, it's sometimes a sad experience. Here's a way to ease him over his teething troubles. Gerber's Teething Biscuits provide baby with the chewing satisfaction he needs, give gentle comfort to tender gums. Made from wholesome ingredients, Teething Biscuits are specially firm, specially shaped so that little hands can hold them easily. Individually wrapped in cellophane, so convenient for you to carry in pocket or purse when visiting.

• • •

Familiar idea. New foods, at whatever age, are more pleasing to baby if you make them similar in texture to foods he's familiar with. Cereals should be quite soup-y at first. As baby progresses to pureed or strained foods, then to minced junior foods, he'll be happier with a thicker cereal consistency.

• • •

Many doctors prescribe orange juice as soon as baby is happily established on milk or formula. Important facts to remember about Gerber's Strained Orange Juice, processed just for babies: it's made from tree-ripened oranges, selected for high Vitamin C content. It has an especially mild, natural flavor. And Gerber's Orange Juice is carefully pasteurized and finely strained.

• • •

Tell us your favorite tips for bringing up baby. We'd all love to share them. Send to Mrs. Dan Gerber, Box 17, Toronto 18, Canada.

Anne Adams Patterns

HALF-SIZE STYLE

For the short, fuller figure — a dress that's both slimming and youthful! The bodice is beautifully detailed with rows of tucks beneath a convertible collar. The skirt has a graceful flare and neat hip pockets. Proportioned to fit — no alteration problems.

Pattern 4775: Half Sizes 14½ 16½, 18½, 20½, 22½, 24½. Size 16½ takes 3⅞ yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.

Send order to ANNE ADAMS, c/o The Guardian, 60 Front Street West, Toronto, Ontario.

Morning Smile

From La Voz de Espana, San Sabastian: If Monsieur Edgar Faur, French finance minister, had any doubts about what French taxpayers thought of taxes, those doubts must have been dissipated when a few days ago, he met a woman acquaintance.

"We are moving," the lady informed him

"How come?" M. Faur asked. "Aren't you pleased with your apartment?"

"The apartment is fine," the woman explained. "But we have a tax collector's office underneath. I don't want my children to learn the words that are being said there all day long."