

Here's Exercise Routine To Banish That Bustle

By Ida Jean Kain

A natural bustle and hefty hips are not necessarily the same thing—appearances to the contrary. When hips ride out in back, bustle style, the cause almost invariably is out-of-kilter posture rather than upholstered hips.

START SLOWLY Begin with a fairly easy exercise to strengthen abdominal muscles and help diminish the incurvature at the back.

HAPPENINGS

One of the world's most precious art treasures—valued at about \$1,500,000—may come to Canada. The fabulous purchase price of 1,500,000 for the Da Vinci would break all records for prices paid for famous paintings, it is understood in Ottawa.

Mr. and Mrs. George P. Collins, Granby, Que. arrived Wednesday to spend the summer at their cottage in Keppoch.

Mrs. Lloyd Cox, Senior, Morell, has as her guest, her aunt, Miss Mary MacDonald, R.N. Miss MacDonald, one of the early career women of this province, was District Supervisor of Public Health Nursing in Brookline, Mass.

Dr. Robert Carr, Dental Surgeon, Youngstown, Ohio, has been a recent visitor to this province. Dr. Carr is a philiatrist and was very much interested while here in viewing a private collection of sheets of famous Nova Scotia remainder stamps.

Major and Mrs. Edwin D. Bowman have arrived from Arlington, Va. to spend a holiday with Mrs. Bowman's mother, Mrs. Sutherland, and her brother-in-law and sister, Mr. and Mrs. J. Finley MacLeod at their summer cottage at Keppoch.

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Mr. and Mrs. Kenneth R. Thomas and family, Jean and Roger, London, Ont., arrived Sunday to spend a two weeks holiday with Mrs. Thomas' parents, Mr. and Mrs. Lloyd Gorrill, Harvard St.

Mr. and Mrs. Ronald Jamieson and daughter Susan of Hartford, Conn. are spending their summer holidays in Hamilton, P.E.I., visiting Mrs. Jamieson's mother, Mrs. W. Ramsay. They will also visit Mr. Jamieson's mother, Mrs. J.F. Taylor, King Street, Summerside.

Miss Joan Compton, Green St. teacher at Summerside High School, left recently for Fredericton, N.B., where she is taking a course in teacher training at the University of New Brunswick.

A.Y.P.A. DEANERY COUNCIL The regular monthly meeting of the local A.Y.P.A. Deanery Council was held in St. Mary's Hall, Summerside, on Wednesday, July 11th, 1956, with president, Allison Gill, in the chair.

WOMEN

Page 8, The Guardian Sat., July 14 1956

ENGAGEMENTS ARE ANNOUNCED



Mr. and Mrs. John J. Gallant, formerly of Charlottetown, P.E.I. now residents of St. John, N.B., announce the engagement of their daughter Pearl Theresa



Mr. and Mrs. Earl Rodd, Winslow, wish to announce the engagement of their daughter Veda Elaine to Eric Claude Duvar son of Mrs.



WED IN TORONTO Mr. and Mrs. Gerald E. Mill following their wedding at Parkdale United Church, Toronto, Ont. on May 19. The ceremony was performed by Rev. C.F. Miller.

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ALICE BROOKS DESIGNS Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front St. W., Toronto, Ont., Print plainly NAME, ADDRESS, PATTERN NUMBER. Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-on toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!



MYERS - COLES WEDDING

St. John's Anglican Church, Milton, tastefully decorated with a wealth of beautiful flowers, was the scene of a delightfully informal wedding on June 27th when Audrey Martha, daughter of Mr. and Mrs. Lindsay H. Coles, North Mill-Wesley, son of Mr. and Mrs. Heber E. Myers, Carleton.

Hold Laughlin Gallant Wedding At Summerside

At St. Paul's Roman Catholic Church, Thursday, June 28th, H. Rev. G. J. MacLellan, in a double ring ceremony, solemnized the marriage of Constance Gloria, daughter of Mr. and Mrs. Joseph A. Gallant, Summerside, to Joseph Edward, son of Mr. and Mrs. Reginald Laughlin, Miscouche.

Campbell-Jeffery Wedding Held At N.S. Capital

A very quiet wedding took place in the Anglican Church Halifax, Nova Scotia, June 26, 1956, at 5 p.m. when Marie Jean Jeffrey, daughter of Mrs. John Roderic MacLellan and the late James Jeffrey, Halifax, and Carl Cecil, Miscouche, were united in marriage.

MARY HAWORTH

Wife Nags, Husband Drinks

Dear Mary Haworth: I have been married 20 years. My wife is 50 and I am 42. We have three children, five and 10 years of age. In all the years of our marriage, my wife never once has offered an affectionate word or gesture to me. For years I tried to understand and overcome this attitude, but to no avail.

ELEANOR ROSS

Some Outdoor Chores For Junior And Sister

Now that the schoolbell's knell has been muted for the summer, the small fry will cavort happily in the backyard under the bright sun. So how about spicing the savoring scrubbing the hundred and one little household tasks you have been trying to get done.

NATURAL BEAUTIES

For instance, a bird bath full of dirt and leaves is an eyesore amidst the natural beauties of a nice backyard. Let Junior and Sis take a hand in washing it. If back to nature is their main object, they certainly can't balk at giving the bird bath a thorough sudsing.

FAMILY PETS

ELLEN'S DIARY

It's Out Of This World

So another week is gone—passed overhead we fancy like a smallish fast-flying plane which may appear over an horizon at the rim of our valley and then be suddenly lost to sight beyond a hilltop. Or not unlike the colorful butterflies that flit tantalizingly these days about the lawn to be pursued by the laughing children.

matching the tune and the song—so many about, though we may never move from the yards. The wedding: Mangels, turnips—this has been the work of moment of late, on this farm, then at Rob's. This year, Jamie is according to his grandfather "not a child any more" at the heeding, but is able to match his skill with the best of them. Tall and manish now, he can add times put this air of maturity aside to their great delight, to join the younger children in their games. What activity is about then, what laughs with the dogs too taking part in the play!

Words Of The Wise

The holy passion of friendship is of so sweet and steady and loyal and enduring a nature that it will last through a whole lifetime, if not asked to lend money. (Mark Twain)

HOUSEHOLD HINT

WALLPAPER GREASE SPOTS These can be removed by a spot remover that came out on the market last year. This commodity can be purchased at local department stores and is easily applied.

BARBERS - HAIRDRESSERS WANTED

Learn these Trades at TRANS-CANADA BEAUTY INDUSTRIES, LTD. Moncton, N.B.

FOR SAFETY'S SAKE!

CHILDREN'S SAFETY VESTS Filled with KAPOK. Comfortable to wear. Have extras in the boat when you take kiddies out!

SPECIALS

THREE DOZEN SUMMER DRESSES Reduced to 7.00 - 9.00 - 11.00 SUNTER'S LADIES' WEAR 162 Gt. Geo. St. Charlottetown

Learn More Bible Truth

the RADIO BIBLE CLASS heard every week over CFCY - 630 kc. 8:30 A.M. Sunday

FOR SAFETY'S SAKE!

CHILDREN'S SAFETY VESTS Filled with KAPOK. Comfortable to wear. Have extras in the boat when you take kiddies out!

TARTAN SKIRTS

100% Pure Wool Authentic Tartan SKIRTS, loomed in Scotland—\$21.95. — ALSO 100% Pure Wool Reversible PLAID SKIRTS MATCHING SWEATERS. SUNTER'S LADIES' WEAR 162 GT. GEO. ST. CHARLOTTETOWN

DENTAL CLINIC

IN CHARLOTTETOWN For Applying Sodium Fluoride for the Partial Prevention of Tooth Decay. This treatment is being given in the Dental Clinics in the City Hall, Charlottetown. It is available without charge to all children who are THREE to FIVE YEARS of age. Four visits are necessary at weekly intervals.

FOR SAFETY'S SAKE!

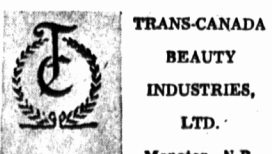
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CHTOWN

MORNING SMILE

The husband had had enough. He stopped his car half-way across the gateless level-crossing and turned to his wife, sitting bolt upright in the back seat. "Okay," he said "I've got my end across. You've been driving from the back seat all day. Now—before the train comes—see what you can do with yours."

FAVORITE DESIGN

Daily favorite—in pineapple crochet! Make this effective design to decorate your home! Pattern 7274: Crochet oval dolly 15 x 26 inches, matching 15-inch round dolly—using No. 30 mercerized cotton. Smaller in No. 50 cotton; larger in string.