MR. AND MRS. A. COLBOURNE CLOW

Trinity United Church, S'side Scene Of Autumn Wedding

A pretty fall wedding was solemnized in Trinity United Church, Summerside recently, when Blanche Elizabeth Pauptit, daughter of Mr. and Mrs. Herman Pauptit, Sherbrooke, P.E.I., became the bride of Alan Colbourne Clow, son of Mr. and Mrs. Allan Clow, Freetown.

For the occasion the church was attractively decorated with mums in autumn shades and the guest pews were marked with white satin bows centered with African violets.

Rev Cecil R. Webber, assisted by Mr. J. Waldron, performed the double ring ceremony. The organist was Mrs. Eric Sheen, Summerside, and she accompanied Miss Edith Betton, Lot 16, who sang "The Voice That Breathed O'er Eden" prior to the ceremony and "O Perfect Love" during the signing of the register.

The bride, given in marriage by her father, looked charming in her floor length gown of white nylon over taffeta with sleeves lace bodice and lace panels accenting the front and back of the bouffant skirt. The gown featured lily-point sleeves and a sabrina neckline.

Her shoulder length veil was caught by a tiara of pearls and sequins and she carried a bouquet of American Beauty roses.

The maid of honor was Miss Emily Colwill, cousin of the bride, of Northam; and the bridesmaids were Miss Lorna Murray, Summerside and Miss Iris Reid, Summerside. The flower girls were Miss Joanne Burke Charlottetown and Miss Pamela Stevenson, Charlottetown, cousins of the groom.

The maid of honor wore a street length gown of rose silk velvet with a bell skirt. The bridesmaids gowns were similarly styled in turquoise velvet. They wore matching pill-box hats and accessories and carried bouquets of white shasta daisies centered with rose and turquoise buds.

The flower girls dresses were of rose silk velvet, with ¾ length sleeves and trimmed with lace. They wore matching headdresses.

The best man was Mr. Donald Burns, Freetown, friend of the groom and the ushers were Mr. Carl Paupit, brother of the bride, and Mr. Blair Drummond, Freetown, friend of the groom.

Following the ceremony a reception for 100 guests was held at Birch Hill Lodge. Mrs. Paupit received wearing a two piece suit of blue worsted crepe with beige fur hat and beige accessories. Her corsage was of yellow feathered carnations. Mrs. Clow chose a winter white sheath dress of hand woven wool with which she wore a satin and mink hat and matching accessories. Her corsage was of tangerine carnations.

The bride's table was decorated with bouquets of mixed flowers and white tapers and was centered with a three-tier wedding cake.

Mrs. Grant Gallant circulated the guest book. The toast to the maid of honor was proposed by Rev. Mr. Webber and responded to by the groom.

For a honeymoon trip to the U.S.A. the bride chose for travelling a butte knit sheath dress in teal blue with beige and brown accessories. Her corsage was of tangerine carnations.

Out of town guests at the wedding included Mr. Howard Rand of Kentville, N.S. and Mr. William Bishop of Annapolis Valley, N.S.

(Photo by Heckbert)

ELLEN'S DIARY

A Kerosene Lamp Brings Memories Of Another Age

James, husband of ours came to the door this evening to note the time on the old clock on the shelf, before going on to tend to his chores in the piggeries. Comely matrons are there: the same that idle away the summer, free of ballmies, in the old orchard near by. Sometimes now from a verandah or window, we glimpse one or another of them, stand with forefeet on the top rail of a sty, smiling, as might Scampie, in happy anticipation when their caretaker comes by to replenish their troughs.

Dairy rations now they would have to be content with, for at that very minute, because of an interruption in electrical service, we were adding kerosene to the lamp which was to light us at supper . . . How fascinating a vessel, a lamp is to the small fry of now! They beg to be allowed to strike the match and light the wick. And then they linger about it, as though entranced by the flame. Indeed Alex, expressed disappointment at the house across the lane when, before long, the current was restored, and the lamp put away, and all were returned to our former nice living again.

"I guess I'll have to hurry with the feeding to have it done while there is still light for me," James commented. "And what, he smiled, "are we to have for supper?"

"What would you like?"

"Herring!"

"Or a dish of creamed cod?"

"No. But fried with some bacon? Yes, I could do with that. It's strange what comes to mind, Ellen. But I was recalling coming in on just such an evening as this, when I was a boy, to that fare!"

It had been a day of quiet skies - of waiting, more than a brooding hours. Now there was snowfall. Harried by a rising wind, it limited visibility. But through it, we saw excursioning cars, homing smartly. . "Should have thought of that earlier," James commented, stopping in the yard to get the way of the wind. "Yes, when snow commences to fall this time of year, or when there is light snow down and the wind begins to rise, and one is away from home, there are only two alternatives: either those no time in starting the return trip, or find shelter where you are! Of course, if you had seen any sign of a storm brewing, you shouldn't have left home in the first place!"

He came in to supper in the dusk. We saw Mack and his dad go to theirs in the house across the lane. But where was Granddaughter? Would she and the other youngsters commuting, reach home safely?

In a snowstorm, even one like that little blizzard of this evening, which occasioned its discomforts in travelling, though a good fortune would have it, it was only a short one, if there be a member of the household absent at the time, what does one wish for most? Nothing, absolutely nothing else that the world could give, only the sound of the missing one's step on a yard-path, and the door opening on the loved face.

The night is calm. A star struggles to shine. All the family, . . let us hope every one, everywhere, is now sheltered at home! So, soft will be our pillow, and happy our dreams.

Until tomorrow — Diary— Good-night. . .

FAILERS OUSTED

ST. JOHN'S, Nfld. (CP) — About 60 first-year students at Memorial University here, who failed every subject in Christmas examnations, have been asked to leave the university, President Raymond Gushue said Monday. He described results as "poor and extremely disappointing." The percentage of students failing one or more subjects in first and second year classes was the "highest for some years," he said, but gave no figures. About 2,100 students attend the university.

HAPPENINGS

Monday night's session of the Charlottetown Duplicate Bridge Club, held at the Charlottetown Hotel, drew 14 tables. Members are reminded that the annual tournament for the Individual Championship will be played tonight with play starting at 7.45.

In Monday night's play, Mr. and Mrs. E.E. Douglas led the north-south section, with Norman MacLeod and Allan Forsyte taking second place. On the east-west side, Dr. Leo Killorn and Bill Ledwell took first place, with Miss Mary Duffy and Mrs. Mae Hines in the runner-up spot.

Mr. and Mrs. W. W. Mutch, Charlottetown left Tuesday morning by air for a few months stay in Florida..

Memorial LOBA No. 266 met for its regular meeting on Friday evening in the new hall on Kirkwood Drive.

Mrs. L. Pursey, WM, conducted the meeting and the annual reports were received.

A gift was presented to Mrs. Emma Alley for perfect attendance.

MWGM gave praise to the brothers of Boyne LOL for their efforts in building such a fine structure. All previous meetings were held in the old hall on Richmond Street. The new hall will be dedicated later in the year.

Master Sgt. Albert Schleyer has left on return to Dornstadt, Germany, where he is stationed with the United States Army after spending the Christmas and New Year's holidays here with his wife and son Frankie. The latter are residing with her parents, Mr. and Mrs. Harry MacLeod.

Mrs. Mark Sencabough, Murray Harbour, celebrated her 98th birthday on January 10. During the afternoon friends and relatives called to offer congratulations to Mrs. Sencabough.

Members of the United Church Mrs. Everett Flow was appointed Bishop of Annapolis Valley, N.S.

(Photo by Heckbert)

Members presented her with a gift and assisted Mrs. Richards and Mrs. Hunt, daughters of Mrs. Sencabough in serving tea, ice-cream and cake.

Mrs. Sencabough is the daughter of the late Mr. and Mrs. Alexander Hanson of Murray River, and is the last surviving member of her family. For the past 20 years she has resided with her son-in-law and daughter, Mr. and Mrs. Carl Richards. Sge had eight children, one son and four daughters of which are still living. Mrs. Sencabough has 20 grandchildren, 51 great-grandchildren and two great great grandchildren.

The final service of the Week of Prayer at Kensington was held in the Presbyterian Church, with Mr. Boyd Bell conducting the service, assisted by the Rev. L. M. Murray of the Kensington United Church. The sermon on the theme, "O a Lord," and dealing with unity among the various communions, was delivered by the Rev. Ronald Parsons of the Anglican Church.

Raymond Scott, Roland Benner and Bernard Roberts, South Thomaston, Maine were recently guests of Mr. and Mrs. Carl Richards in Murray Harbour.

Mrs. Neil Gallant, Vernon River, left by car on Monday for Boston, Mass., where she will visit friends and relatives.

Mrs. John MacPherson, the former Maxine MacLeod, of Montague, was honored by a group of friends prior to her marriage recently when they gathered in the church hall.

The bride-to-be was attended by Miss Laurel Nelson and Miss Alice MacDonald, who read the gift cards and Caroline Robinson, Verna MacKinnon and Genevieve Robertson displayed and arranged the gifts.

A concert put on by Ruth Walls, P. Beck, Sandra Hooley and Ralph Beck proved most enjoyable.

Lunch was served from the attractively appointed tea table and Miss A. Hamilton, cousin of the bride-to-be poured.

WOMEN'S ORGANIZATIONS

Springvale WI Members Finalize Cake Sale Plans

SPRINGVALE — Mrs. Austin Sentner was hostess to the Springvale Women's Institute when they held their January meeting recently. The meeting opened with "Auld Lang Syne" followed by the Collect.

The minutes of the last meeting were read and approved and plans were made for a "talent caravan" to be held at a later date, with entries to be invited from surrounding districts. Mrs. Everett Flow was appointed in charge of the entries and Mrs. Kenneth Coles and Mrs. Frank Crabbe were asked to complete other arrangements.

It was decided to hold a cake sale at Moore and MacLeod's in Charlottetown on February 22 and it was decided to ask non-members for donations for this. The secretary was asked to write to Simpson-Sears and Eatons for remnants.

Members were asked to listen to Farm Radio Forum on February 4, so questionnaires could be completed. The correspondence was read and discussed. The sick committee reported that one box of fruit and one rose bowl had been sent during the month in addition to two get-well cards and three sympathy cards.

Several items were bought for the school. Sewing and knitting were ordered from the Red Cross and four members re-newed their WI News subscriptions.

Mrs. Kenneth Coles will be hostess for the February meeting and members of the lunch committee are Mrs. Frank Crabbe, Mrs. Ralph Crabbe, Mrs. Goldie Dollar. Roll call at the February meeting will be answered with a valentine valentine and an article for an auction sale.

The meeting was adjourned and lunch was served by the hostess and members of the committee-in-charge.

INDIAN RIVER C. W. I.

The regular meeting of the Kensington - Indian River parish council of the C.W.I. was held at the home of Mrs. William Hickey, Indian River. The meeting opened with the League Prayer led by Mrs. Austin Pendergast.

Mrs. Peter McLellan reported $16.50 proceeds from a card party held at her home. The social welfare convener,Mrs. L. K. Zielinski reported purchasing baby clothing for needy children in the parish, as well as the adoption, by the committee, of a family for Christmas.

Correspondence consisted of a letter from Sister Joseph Mary requesting donations for a new church in British Columbia; a letter from magazine convener, Mrs. Kane, and a letter from the convener of honorary members, Mrs. Doyle. Five dollars had been sent to the T.B. League and $5 for membership in the Music Festival Association.

The committee for Christmas for needy families consisted of Mrs. Peter McLellan, Mrs. James Condon, Mrs. Dan Noonan, Mrs. Clarence Hickey, Mrs. Austin Pendergast, Mrs. Zielinski and Mrs. John Arsenault.

Mrs. Hubert Gillis was appointed to arrange for the cleaning of the church at Indian River. The corresponding secretary, Mrs. Peter McLellan was asked to write a letter of protest to the CBC regarding the program, "Quest."

It was decided to hold the meetings on the third Tuesday of every month. Collection amounted to $2.40.

The meeting closed with the Act of Consecration. The members then heard an appeal on behalf of the Prince County Welfare Agency by Mrs. Glenn Marsh for used furniture, used clothing and vegetables for a needy family in West Prince County. Several members agreed to help.

Lunch was served by the hostess assisted by Mrs. Russell Campbell and Mrs. Daniel Noonan.

WEST COVEHEAD WI

West Covehead WI members held their January meeting at the home of Mrs. Ira MacDonald. The meeting opened in the usual manner and roll call was answered by 18 members passing in articles for a layette.

The minutes of the last meeting were read and approved and the treasurer reported a balance on hand of $92.18. The teachers reported that they had purchased several music books for the school and made with money raised at their concert. The sick committee reported that the shut-ins were remembered at Christmas. The Red Cross committee reported that two pair of underpants, one nighty, two blankets and one nearly dress had been passed in. It was decided to purchase 10 yards of flannelette to make blankets for the USC, and roll call next month will be answered with 1212 inch blocks of cotton to make a quilt for the USC.

The correspondence was read and discussed. A letter from Mrs. Evelyn Cudmore asked that each Institute listen to station CIRV in Summerside on January 17 at 11:00 a.m. for a contest marking the 100th anniversary of the Red Cross. Members volunteered to scrub and the lunch committees were drawn up for the card parties being held in the hall.

Some discussion took place concerning the organization of a 4-H Girls Sewing Club. Dorothy MacLure was asked to get further information on this project, and Thelma Bearisto, Jen MacDonald, Erma Hughes and Dorothy MacLure offered to act as leaders.

Members of the lunch committee for the February meeting are Vera MacLaughlan, Dennie MacDonald and Shirley MacMillan. The meeting will be held at the home of Mrs. Walter MacLure.

An interesting program of contests was carried out by Bill Mage and Jim MacDonald and lunch was served by the hostess and members of the lunch committee.

Holy Redeemer CWL Hears Various Committee Reports

The Holy Redeemer council of the Catholic Women's League held their January meeting in the Community Centre on Wednesday January 9. The president, Mrs. St. Clare Trainor presided.

Prayer, director F. J. Maloney opened the meeting with the league prayer. The secretary, Mrs. Eugene Lewis read the minutes of the last meeting. The correspondence secretary, Mrs. Fred Egan read a letter from Mrs. Ivan Berrigan, provincial convener of radio and television, in which she commented on the film "The Hour of St. Frances" which is being presented on television each Sunday for the next 13 weeks, and thanked all the parish councils for their monetary assistance in making this telecast available and urged as many as possible to watch it. A letter from Mrs. Harry Cudmore of the Red Cross explained a contest being held in connection with the 100 anniversary of the Red Cross. Dr. Burke of the Mental Health Association thanked members for their generous donation. A letter from Mrs. Marchel Peters, provincial convener of health and nutrition was discussed.

The following conveners gave reports; treasurer, Mrs. Lester O'Donnell reported a substantial bank balance; membership, Mrs. Thomas McAvin reported 314 members; institutions, Mrs. John A. MacDonald said plans were made to visit the Provincial Sanatorium and Beach Grove in February and take treats; social action, Mrs. Urban Blanchard reported that considerable time was being spent on social work.

Rev. director F. J. Maloney addressed the largely attended meeting thanked the members for the gift and also for their generosity in giving flowers for the church alter and the interest shown in C.Y.O. He expressed a desire to promote the "meet your neighbour parties."

The president on behalf of the members thanked Father Maloney and also thanked the members for their very generous donation that enabled the group to pack 15 boxes for distribution.

After the meeting a social evening was spent and a delicious lunch was served.

Mrs. Ernest Matheson Named To Head Spring Park UCW

The first annual meeting of the Spring Park United Church Women was held in the church on Tuesday, January 8.

The meeting was opened by the president, Mrs. E. S. Chandler and the devotional was conducted by Mrs. Alden Birt and Mrs. William Dunsford.

The annual reports were given by the various unit leaders, committee chairman and the secretary and treasurer.

Mrs. Chandler, the retiring president, in her annual report expressed appreciation for the co-operation she had received from the officers and members of the organization during her term of office and expressed the hope that the ensuing years would be fulfilling and successful.

The new slate of officers was presented to the meeting was Mrs. Jack Smallwood on behalf of the nominating committee. The Rev. Clayton Lewis then inducted the new officers: past president, Mrs. E. S. Chandler; president, Mrs. Ernest Matheson; first vice - president, Mrs. R. Acorn; second vice-president, Mrs. R. Parker; third vice-president, Mrs. J. Smallwood; secretary, Mrs. C. Lewis, acting, Mrs. Dunsford; treasurer, Mrs. H. Carr; prayer, Mrs. Mrs. F. Lowther; membership, community friendship and visiting, Mrs. J. Williams; co-operation in Christian education, missionary education, stewardship and recruiting, Mrs. F. Deacon; flowers and social functions, Mrs. R. MacLean; manse, Mrs. W. Dunsford; finance, Mrs. H. Carr; supply and social assistance, Christian citizenship and social action, Mrs. W. Bevan; periodicals, press and publicity, Mrs. R. Younker. The unit leaders are: unit one, Mrs. B. Irving; unit two, Mrs. R. Stewart; unit three, Mrs. R. Costain.

Mr. Lewis then spoke briefly on the workbook "The Word and the Way" that the combined units would be studying during the year. He stated that he would be assisting the groups in this study.

Mrs. Ernest Matheson, the newly appointed president, conducted a short business meeting.

At the conclusion of the meeting lunch was served by the ladies of unit two.

The January meeting to be held at the home of Mrs. Jack Thomson on Friday, 15 will be Mrs. John Weeks to have devotions; Mrs. Creed the Bible Study; Mrs. Sellick, Mrs. MacArthur, Mrs. Younker and Mrs. Hurry on the lunch committee.

IRISHTOWN W. I.

The January W.I. meeting was held in Irishtown Hall on Wednesday night with tea members present.

The usual opening exercises were followed by the thought, "Recipe for a Happy New Year" given by Mrs. Borden Campbell. Twenty-one nine blocks were passed in for roll call. Later Mrs. Leigh Payne volunteered to put them together, and when finished the members will gather for a quilting bee.

The school committee reported getting treats and gifts for the children at the close of their Christmas party held in the hall in December, at which time Santa Claus appeared and presented the gifts at the conclusion of a short musical program and carol singing. A delicious lunch was served to all present by the W.I.

The sick committee made several calls and took eight boxes to shut-ins and elderly folk during the Christmas season. Correspondence was dealt with, and $2.00 was voted to be sent for membership to the C.A.C. Bulletin for 1963. $5.70 was received as commission on Kensington Fire Truck Insurance. An extra $1,000.00 was placed on the Community Hall.

The secretary was asked to write several letters of sympathy, also to write to Eaton's and Simpson's soliciting donations of remnants.

The conveners distributed the planned programs for 1963. A box of Red Cross work was given out to the members.

A paper on health was read by Mrs. Harold MacLeod, and one on meal planning by Mrs. Borden Campbell who also read a paper on table setting.

The National Anthem was sung, and a social hour was enjoyed out to the memory of the conclusion of a bingo game.

VICTORIA W. I.

The January meeting of the Victoria Women's Institute was held in the Institute Room on Wednesday evening, January 2 with the vice-president, Mrs. Emerson MacDonald presiding.

After the opening the minutes of the last meeting were read by the secretary, Mrs. Sandy Morrison.

Roll call was answered with a donation on cards and ten members responded. In response to a card of sympathy sent to Dr. Gordon Lea, on the death of his mother Mrs. Walter Lea, Mrs. Richard MacQuarrie read a note of thanks. Mrs. Charles Howatt reported that Mrs. Fred Inman, who is a member of the Victoria WI, is a patient in the Prince County Hospital.

A donation was approved for the home economics fund and several routine business matters were discussed. It was decided to finish a quilt which had been donated by Mrs. George Cannon and a quilting bee is to be held in the near future.

A humorous contest, conducted by Mrs. Max Thompson was enjoyed and Mrs. Jean Howatt was appointed program director for the February meeting.

Delicious refreshments were served by Mrs. Harry Crosby and Mrs. Ivan Craig.

MARY HAWORTH

Strict Dad Bans Dates And Outside Fun For Daughter

Dear Mary Haworth: We have a daughter, 15, and I am quite worried about her. She always has been a smart, obedient child. She carries more than her share of responsibilities at home with never a complaint.

My problem is that her father doesn't want her to have any activities outside the home except church-going. He doesn't permit her to go to football games. He says she would be going only to sit by a boy. He doesn't want her to have anything at all to do with a boy.

Otherwise, he is wholehearted about giving her a happy home life, something he didn't have as a child. His parents were divorced and nobody took any time with him at home.

Margy is happy at home but, even so, I feel she is beginning to resent the fact that she can't go to school dances or occasional get-togethers with boys and girls her age. All her friends had dates for the homecoming dance and she was invited, but her daddy said "No." He won't even promise to let her date at 16.

I know it is well to be strict, but can it be overdone? My parents were strict, but they trusted me and allowed me to have occasional dates at 15.

I love my husband and try to reason with him about this, but he stands firm in his conviction. He reads your column and believes in you, so please give us your opinions.

Margy will be a junior next year and I want so much for her to be able to join in school activities and not feel left out all the time. W.L.

Dear W.L.: Your husband is doing his best according to his lights, no doubt. But the trouble is, he has a painfully limited view of life.

He has carried over into marriage and parenthood the limitations that, unfortunately, were visited on him in his hapless childhood, when there was no body to take a helpful interest in promoting his social growth.

Because he had so little opportunity — if indeed any — to participate in a happy, wholesome, routine social exchange with nice boys and girls his age during his childhood and adolescence he brings a crippled outlook to his custodial care of Margy.

As a result, he is bungling. He doesn't know how to love her wisely or pave the way to good fortune for her.

On the one hand, he over-does the business of trying wholeheartedly to give her every happiness at home. The fundamental fact is that Margy is already blessed on that score, simply by growing up in a two-parent household, with a devoted mother and Dad who love each other despite misunderstandings.

This is a bedrock basis of emotional stability and joie-de-vivre in personality, the greatest boon that parents can transmit to children. But his overstriving on this point is comparable to forcing food on a child already well-fed.

On the other hand, because he suffered consistent deprivation of normal boy-girl socializing such as favorable family life affords during his formative years, he is woodenly inflicting the same blight on Margy's experience for no real reason except his obstinate ignorance.

Thus he is acting-out the Scriptural prophesy which foretells that the sins of the fathers shall be visited on the children, unto the third and fourth generation. As matters stand, Margy is being penalized for her grandparents' offenses, just as her father was penalized.

If your husband reads this column and believes in me, I asked you to show the light and change his course while there is yet time to repair his mistake.

For guidance in becoming right-minded in respect to children's needs he might speak to his pastor, man-to-man, become a faithful member of the PTA, consult a family relations counselor or an educator whose work he admires. Better yet, he might listen to you! M.H.

Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

Margate CGIT Holds Service

KENSINGTON — The Margate United Church CGITT held their annual vesper service recently.

The girls in their CGIT uniforms took their places during the singing of the first hymn. Leader for the evening was the president, Molly "Van Mayhew. Ushers were Gail Pickering and Doris Woodside.

Choral reading of Psalm 98 was led by Margaret Bridge. Valerie Woodside. The CGIT choir beautifully rendered the hymn "Gentle Mary Laid her Child," and scripture was read by Sharon Baker.

The offering was received by Faye Howard and Susan Heaney.

For the candle lighting service Mrs. Reg Dennis read the meditation and Andrea Johnson, Gail Jessome and Joyce Warren were candle lighters. From their candles each girl lighted her candle in turn, forming a circle of light all around the church.

The large congregation with Mrs. Harold Woodside at the organ joined in the singing of hymns and carols.

Mr. Garth Caseley, student minister pronounced the benediction.

Following the service the organist, Mrs. Harold Woodside was presented with a gift in appreciation for her help in preparing the program.

The CGIT leaders are Mrs. Reginald Dennis and Miss Valerie Woodside.

AID TO ARABS

Food and Agriculture Organization experts are assisting Syrians to improve and process their crops of grapes, olives, figs and apricots.

FAMOUS FOR
BRANDED INSPECTED
STEAKS
GOOD OR MONEY BACK
ZAKEMS

IDA BAILEY ALLEN

Good Food Values Are Essential In Meal Planning

FROM thousands of persons come the refrain, "I eat what I like." Yet usually they have not tasted many of the foods available here in the United States. In reality, most persons like only the limited kinds they customarily eat.

The consequence? Considerable malnutrition even in this country of plentifuls, especially of vitamins and minerals. This contributes to "that tired feeling", lassitude, proneness to colds, overquick fatigue, irritability, perhaps anemia.

But it is not enough merely to buy a good selection of vitamin and mineral-rich foods. They must be prepared or cooked to retain these values. This week we will review these methods which, by the way, retain fine natural flavors.

TOMORROW'S DINNER
Sardine-Egg Saladettes
Oxsi Secrfter (Braised Shanks)
with Potatoes, Carrots and Onions
Puffy Orange Balls
Orange Marmalade Sauce
or sliced Bananas
with Honey and Lemon Juice
Coffee Tea Milk

Measurements level; recipes for 6

OSSI BUCCHI (BRAISED VEAL SHANKS)
2 tbsp. Margarine
2 tbsp. olive oil
3 veal shanks, split
1 tsp. monosodium gulamate
1 tsp. salt
¼ tsp. pepper
½ c. each diced peeled carrots and celery
¼ c. chopped peeled onion
¼ crushed peeled section garlic
2 c. boiling water
4 tbsp. tomato paste
1 tsp. beef bouillon powder
6 halved peeled small carrots
6 halved peeled small onions
1 lb. thin noodles, cooked
In large heavy skillet or chicken-fryer heat margarine and oil.

Meantime rub veal all over with monosodium gluamate, salt and pepper.

Brown on both sides in heated oil.

Add diced carrot, celery, onion and garlic. Continue sautéeing until vegetables are limp. Add water, tomato paste and bouillon powder. Cover; simmer 30 min.

Add carrots and onions (or use canned onions).

Continue to simmer covered about 30 min. longer or until both vegetables and veal are fork-tender.

Serve with noodles cooked by pkg. directions, seasoned with butter and minced parsley.

PUFFY ORANGE BALLS
1-3 c. butter or margarine
2-3 c. sugar
2 eggs, beaten
Grated rind and strained juice of 2 med. oranges
1½ c. fine-sifted flour
¼ tsp. salt
1½ tsp. baking powder
Mix butter and sugar until light; add eggs, orange rind and juice; add flour, salt and baking powder sifted together.

Batter should be of a consistency to drop easily from spoon.

Half fill buttered 3-oz. muffin cups; snug-cover with aluminum foil and steam 45 min.

Unmold.

Serve hot with orange Marmalade Sauce.

FOOD REPERTORY HINT FROM THE CHIEF

Measurmes — When adding to your food repertory, first start with one new food at a meal. For instance, braised veal shanks or "cook" an invincial Italian favorite, menu-d today.

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Charlottetown
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all seats free