



Sister Mary Felicitas, Director of Nurses, St. Mary's Hospital, Montreal, and Miss Dorothy M. Percy, Chief Nursing Consultant, Department of Health and Welfare, Ottawa, were guest speakers at the annual meeting of the Association of Nurses of Prince Edward Island at Summerside, Tuesday evening. **Guardian Photo.**

Talks On Mental Health Nursing To P. E. I. Nurses

Miss Dorothy M. Percy, R.R.C. Reg. N., Chief Nursing Consultant, Department of National Health and Welfare, was the guest speaker at the Annual Banquet Meeting of the Association of Nurses of Prince Edward Island held in Summerside on Tuesday, August 27th.

Because a psychiatric affiliation program is being presently planned at the Hillsboro General Hospital for the under-graduate students in the province, Miss Percy chose Mental Health for her topic. She pointed out the fact that Mental Health is the problem of each one of us no matter in what field of nursing we are engaged. Therefore, we must MIND our business.

VOLUNTARY ADMISSIONS

"While mental illness constitutes the largest special medical and hospital program in Canada the picture for the country shows, on balance, encouraging lights as well as discouraging shadows. For instance, although the number of admissions to mental hospitals has increased by over 160 percent in the last decade, and the rate of admissions per 100,000 of the population by 103 per cent, the wider acceptance of mental illness as a medical problem and the desire of patients to obtain adequate early treatment are shown by the increasing number of voluntary admissions. It is extremely likely, of course, that

these two facts are closely related, and that the increase in voluntary admissions accounts in large part for the rise in total admissions.

Since 1948 a good deal has been done through the National Health Grant Program, to assist the Provinces in many aspects of their health work. The Mental Health Grant, which amounts to \$7,000,000 annually is used in various ways by the Provinces. 50 per cent of it provides assistance to mental hospitals. Extension of community mental health services has occurred on a widespread scale, e.g. in 1944 there were less than 20 mental health clinics in Canada. Today, there are 140 community mental health services across the country. These comprise 85 out-patient services in hospitals as well as 35 full-time and 25 part-time clinics. The majority of these have received support either wholly or partially from the Mental Health Grant.

In addition, about 40 general hospitals now have well equipped wards where psychiatric treatment is provided by competent professionally trained staff."

EDUCATION

More significantly the problem of mental illness has been tackled by the education of various types of personnel, psychiatrists, nurses, psychologists, social workers; as well as by the use of newer drug therapy. All these influencing factors give evidence that a fresh wind is blowing through the corridors of our mental hospitals, and that, as one authority puts it, "the mental hospital is becoming a school for personality growth rather than the custodian of personality failure."

"It is rather fascinating though to speculate on the inter-relationship of some of these things, how, when the timing is right, so often they seem to fall into place. For instance, the concept of rehabilitation has been attracting the widest attention in medical practice—this idea of being able to return to society an intact person skilled (perhaps newly skilled) in important techniques, and especially in "the art of living in the interval between bed and job". Another way of saying this of course is that the aim of rehabilitation is "to ensure each individual's maximum usefulness in the community setting".

COMING EVENTS

- Dance, Bonshaw Hall, Friday.
- Rummage Sale, Y.M.C.A. Friday, August 30 at 2.30.
- Gordon Lodge Dance every Friday night. Good Music.
- Dance in Afton Hall, Saturday night. Good music, in aid of Hall.
- Horse Races at Hazelbrook, Saturday, August 31st 2 p.m.
- Unloading car of Royal Feed at Milton Station Friday morning. Edison Mutch.
- Entertainment at Lot 65 hall, Thursday, August 29th. Good music.
- Queen's County Plowing Match September 2nd at Hazen Howard's Cornwall.
- Dixon's Barn Dance, Fortune Bridge, August 30th. Webster's Orchestra.
- Notice Southport School will start classes September 3rd. Order of Trustees.
- Pantry Sale, Simpsons and Sears, Friday 30th, 2 p.m. Kingston Baptist W.M.S.
- Dance in Cardigan Road School Friday night, August 30th. Good music. Canteen.
- Movie "THE QUIET MAN", Lot 65 Hall, Wednesday, Sept. 4th at 8.30.
- Our mill will be closed Monday, Sept. 2. J. Russell Driscoll, Mt. Herbert.
- Labor Day Dance in Gordon Lodge Sept. 2nd, sponsored for Community enterprise. Good music assured.
- Barn dance Thursday night Jay Edward's New Glasgow. Rollie MacKenzie's Orchestra. Canteen Service.
- Will be buying poultry at the farmers yard every Tuesday, starting Tuesday, September 3rd. Almost P. Gallant, South Rustico.
- Come to the Labor Day Barn Dance in Belfast Hall, Sept. 2nd, sponsored by Eldon W.I. Good music.
- Lot 65 C.W.L. pantry sale at Moore and MacLeod's, two o'clock Friday afternoon, August 30.
- Eastern Kings Exhibition and fat steer show and sale will be held at Souris on Wednesday, September 4. H.J. MacKinnon, President, Anslem MacDonald, secretary.
- Provincial plowing match and fair, at Dundas, September 11th and 12th. Two full days of competition and entertainment for the whole family. Prize list on application. Albert Acorn, Secretary, Cardigan R.R.S.
- The annual meeting of Fourth Queen's Progressive Conservative Association will be held Monday, September 9th, 1957 at 7.30 p.m. in Belfast hall, guest speakers in attendance.

QUEEN'S COUNTY, PLOWING MATCH

Monday, September 2nd, 1957
Hazen Howard's Farm,
Cornwall, P. E. I.

NEARLY \$500 IN PRIZES
Premier Matheson, R. R. Bell, Heath MacQuarrie George Kitson and other prominent speakers will address the gathering at 2:30 p.m.

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 - Class 2—4-H Clubs
 - Class 3—Tricycle Type Tractor, 2 or 3 sod
 - Class 4—Single Plow
 - Class 5—Mounted Plows
 - Class 6—Gang Plow
 - Class 7—Tractor, Women and Girls
 - Class 8—Tractor, 2 Sod
 - Class 9—Tractor, 3 Sod

Plowing Judge—D. M. Gilchrist, Dept. of Agriculture, Fredericton, N.B.

Tractor Roadeo—Junior and Senior Competition
Plowing starts at 9:30 a.m. Sharp
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H. P. Smith, Secretary, Pownal

firm and chronic patients are being kept in mental hospitals because they have no other place to go. Other patients need a foster home during the convalescent period while they are in transition from acute illness to a condition in which they can take full responsibility for self care. As nurses we can do a good deal to interpret to the community the need for this type of service and we can give our support to the citizens who already are undertaking it and who may, for a variety of reasons, be finding the going a bit rugged (Gheel) **JUST NURSING**

The assembly of nurses was impressed by the many references Miss Percy made to the need of nurses to develop increasing proficiency in working directly with patients in the ward situation in an attempt to help patients develop a sense of confidence and trust. When this is done the nurse is more comfortable in using her time more constructively with patients—truly "The Therapeutic use of the self" is our great and challenging task. Miss Percy added that as time goes on much of what we have called "psychiatric nursing" will quietly set the standards for just nursing—anywhere, everywhere.

The speaker reminded members that "nurses need good mental health more than any other group because of having to relate to so many people in the course of the day's work". It all adds

up to what someone termed as characteristic of our age "the hazards of high voltage living".

"Even though we get discouraged at times with the grinding wheels of progress," Miss Percy reminded "things are moving and rather suddenly, too". It's a bit like the pile of logs caught at the top of a waterfall in a logging river. The pile grows higher and higher and it looks as though it would never move. Then something—someone—slips out the key log and away they go. Key logs are being loosened today.

INDIRECT ATTACK

"There is a strange phrase I heard in a sermon text a long time ago. The verse is from the Old Testament and has to do with a directive given the Israelites as to how they were to come at their enemy the Philistines. They were not to attack them directly but to "turn away from them and come upon them over against the mulberry trees. And it shall be, when thou shalt hear a going in the Mulberry Tops" that then thou shalt go out to battle, for God is gone forth before thee to smite the hot of the Philistines."

Perhaps in a sense this illustrates the strategy which will be ultimately successful in this war against mental illness, on behalf of mental health—an indirect attack coupled with sensitive awareness to the importance of

Assisted In Establishing Drug Plant In India

Mr. Edwin Bagnall has returned to Charlottetown following a two year's stay in India where he worked with a Canadian team in the establishment of a plant for the manufacture of penicillin. The plant is located at Poonna which is about 100 miles inland from Bombay.

The Canadians were working under the sponsorship of the United Nations Technical Assistance Administration which has been taking care of the distribution and administration of antibiotics in that country.

With the new plant now established, the Indian Government hopes to be able to manufacture all the antibiotics used by their people.

During his stay in India, Mr.



MR. EDWIN BAGNALL

Bagnall was accompanied by his wife, the former Elizabeth Prowse of Charlottetown and their four children, the youngest of which was born there a year ago.

Mr. Bagnall was the only islander on the technician team but they were happy to have as their weekend guest on several occasions, Miss Dorothy Cox of Charlottetown who is a nurse with the World Health Organization.

A graduate of Acadia University, Mr. Bagnall before going to India was employed with Merck Manufacturing Chemists at Valleyfield, Quebec. After a two month holiday, he and his family will leave for Santiago, Chile where a similar plant is being erected for the Chilean Government.

Mr. Bagnall is the son of Mr. and Mrs. A.B. Bagnall, 100 Edward Street.

Alice Toombs Is Honored

On Friday, Aug. 23, a miscellaneous shower was held at the home of Mr. and Mrs. Harold Toombs, Bradalbane, in honor of the approaching marriage of their daughter Alice, whose marriage takes place on August 31.

To the strains of "Here Comes the Bride" Alice was escorted to a prettily decorated chair by Mrs. Wendel Ford, Little Nellie Toombs and Mary Bernard carried in the baskets of gifts, which were opened by Arlene Somers, Velma Cousins and Mrs. James Snowie.

The verses were read by Mrs. Duncan McKay and Mrs.

Mileage MacLeod, Mrs. Lorne Cobb arranged the gifts on the table.

Alice in her charming manner thanked the donors and extended a hearty welcome to visitor and Howard in their home. A lively sing-song followed with Mrs. James Snowie as accompanist. A special feature of the evening was dancing by Mary Bernard of Charlottetown.

A nice lunch was served by the friends of the bride, assisted by the bride's mother.

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