

Where did we go this morning? To Amherst, N.S. this time to attend the Maritime Winter Fair. What a day it has been—interesting, pleasant, "Ah-b-h-h". That was a lengthy yarn, a mixture of things—sheer delight and weariness interwoven. It is late now, or is it not early by the clock which now chuckles a bit over the time of our return? We try to assemble our impressions of the outing, putting first things first. Scenes come and go—a car in the yard in the twilight of pre-dawn, light questioning "Are you ready?" Alderlea dark behind us then and morning stars in the millpond as we entered the road leading out over the hill. And

DAILY PATTERN



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MARY HAWORTH Nice Attitude Brings Trouble

Dear Mary Haworth: I am a girl in my early twenties, and pretty—which may have something to do with my dilemma. I am a teacher, and have always believed in the inherent goodness of people. At times I have been overly naive. The subject on which I want your opinion has been a bone of contention with a certain man; and, finally, the cause of a wonderful relationship coming to an end. I might say, also, that our respective social attitudes are symbolized in this argument. It has been my policy to exchange pleasantries with the neighborhood tradesmen—the grocer, tailor, etc.; we talk about the weather, baseball, and such in a friendly impersonal way. But George disapproves, claiming that such talk with men I don't know, makes me seem easy and open to further familiarity. WHAT'S PROPER

Accepting his theory that one ought to be guarded in a great city, I have definitely modified my behavior and curtailed my "friendliness." But isn't there something to be said for my side of it? I mean, it is wrong, although, to talk to people who haven't been introduced—say the butcher, the baker, and so on? I am not referring to strangers, just anywhere. Should I insist upon respect from the butcher, for instance? After all, what do I have in common with the butcher, George says, and how can I claim respect and be regarded as a lady, if I am approachable, he says contentiously. Truly I am confused as to what is the proper attitude for a single woman to take. Can she be friendly at all? Or should she not talk to anybody? Thank you for any help you can give in this matter. V.S.

CIVIL RESERVE Dear V.S.: I think most worldly wise parents would advise an unmarried girl, living in the strange forest of a great city, to be courteous and businesslike—but not "friendly" in the talkative, regardless, hobnobbing sense—in dealing with tradesmen. It is rather to be expected that the butcher, the baker, the grocer, the tailor, etc. (unless very dour men), would instinctively offer a conversational pleasantry, while transacting sales with a pretty young girl. And their manner and mood probably would be subtly different, more tinged with flirtatious spark, than if they were trading with a grand dame, say, past middle age and homely. And to the extent that the pretty young girl lets down the bars in easy banter, by giving tolerant or chatty replies, with an innocent air of trying to please—to that extent will she forfeit the average tradesman's innermost respect, probably. Because unconsciously, he is prepared to respect most that female (and to regard her as a "lady") who behaves with most reserve, in dealing with men outside her private life. LISTEN NICELY A tougher type of pretty girl, the cynical disillusioned veteran of a daily struggle to overcome a

LET'S EAT New Miniature Desserts Give Dieters A Reprieve

By IDA BAILEY ALLEN "Many overweight people on a diet go around feeling sorry for themselves," observed the Chef, "and I have finally figured out why. They feel deprived without a dessert. Is this deprivation always necessary, Madame?" "In some cases it is, I replied. "But with a long-range reducing plan, it is better to eat an occasional miniature dessert than to feel frustrated. "I mean such goodies as half-size portions of plain or fruited gelatin, baked custards, sponge or angel cake, fruit sherbet, or specialties such as your new light chocolate meringue or your fabulous French pot de creme served in 2-oz. paper cups. "Miniature portions contain about 100 calories; some even less." All measurements are level. Chocolate Meringues: Melt 1 c. semisweet chocolate morsels over hot (not boiling) water. Remove and cool 5 min. Beat 2 egg whites stiff, but not dry. Gradually add 1 c. sugar. Beat until smooth and glossy. Fold in the chocolate. ¼ tsp. pure vanilla and 1-3 c. fine-crumbed pretzels. The salty flavor is good with chocolate. Drop by teaspoonfuls on oiled cookie sheets. Bake 15 min. in a moderate oven, 350 degrees F. Makes 8 doz. French Pot de Creme: Scald 1 c. undiluted evaporated milk. Beat 3 egg yolks with ¼ tsp. salt. When thick, beat in 2 tsp. sugar. Gradually add the evaporated

legacy of hardships, might routinely indulge a wise-cracking exchange with tradesmen in passing, without losing respect in their eyes. While ironically appraising the talkative innocent (your kind) as a lamb amongst wolves, the venders would tend to feel, with basic approval, that the tougher girl is nobody's fool; that she is able to cope with a cruel world, and won't have the wool pulled over her eyes. In a glib way, you've probably been feeding your vanity on the attentions tradesmen have paid you—in terms of conversational preference. And your gratified behavior in this particular has hurt George's self-love and caused him to drop you resentfully. He felt, I suppose, that your all-inclusive cordiality rather diminished your value as a man's sweetheart, and put him on a par with just anybody. To sum up, the proper attitude for a single girl to take, on shopping rounds, is a blend of civility and reticence. Say good morning or good afternoon to the tradesman, then state your purpose, and if he chats of the weather or the ball game while preparing the order, you should listen nicely, of course. But the less said the better, by way of reply. M.H.

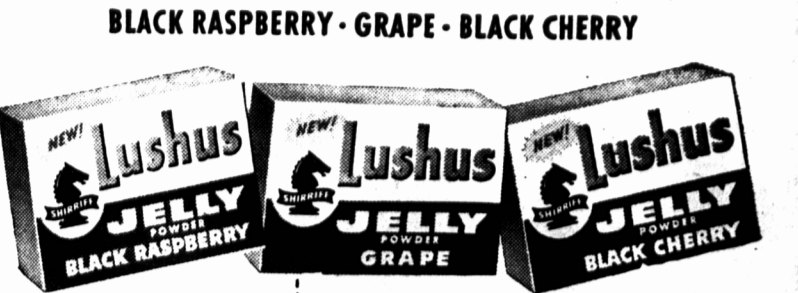
Mary Haworth counsels through her column, not by mail or personal interview. Write to her in care of this newspaper.

TRINITY W. M. S. The monthly meeting of the after noon auxiliary of the W. M. S. of Trinity United Church, Charlottetown was held in the social hall on Thursday, November 1st with a good attendance. The president, Mrs. A. B. Bagnall presided and the meeting opened with the Hymn, "Breathe on me breath of God". Mrs. Bennett led in prayer, followed by the "Lord's Prayer" in unison. The Bible study was from the first chapter of Ephesians which was read in unison. Those taking part in this study were: Mrs. Bagnall, Mrs. Newson, Mrs. Houle, Miss Newsome and Mrs. McLean. The Hymn "O for a faith that will not shrink" was sung.

The business session was led by the president. A lunch committee was appointed for the rally to be held in Hearts Hall on November 14th. The supply secretary reported that two cartons of clothing had been packed for overseas work. Mrs. MacNair read a letter from Miss Eileen Ratz, Port Worker at Halifax. Mrs. Saunders Mrs. Sterns and Mrs. Dickie were appointed as a nominating committee. Mrs. Houle is to have charge of the December meeting. The introduction to the Study

given by a panel of three ladies: Mrs. Mutch, Mrs. Hodges and Mrs. Burges with Mrs. Parker as leader. Because the young churches in Asian countries are part of the worldwide Christian fellowship they our understanding and con-

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- MOLASSES QUART 33c

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- APPLE JUICE, 2-20 oz. tins . . 29c
- PEAS, 2-15 oz. tins . . . . . 33c
- PEACHES, 2-15 oz. tins . . . . 39c
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- BAR CLAMS, 2 tins . . . . . 49c
- JELLO INSTANT PUDDING 3 PKGS. 27c
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