

Morning Smile

Difficult

Old Mrs. Miggles managed to get along in the world in spite of her educational deficiencies. One day she was called upon by a lawyer to sign an important document.

The Stars Say

By Genevieve Kemble

For Tomorrow

THE Moon in Aquarius tomorrow favors the investment of time and money in projects that are practical and have been well thought out in advance.

For Tomorrow

If tomorrow is your birthday, you may find yourself in a slight predicament due to the fact that although you are faced with major decisions on matters requiring shrewd analysis and hard-headed judgment, you find yourself vacillating and indecisive.

BABY'S COLDS

Help Nature To Fight Them Off

Medical Science denies there is any such thing as a cure for colds - only Nature herself can do it. So when baby's sniffles, or stuffy breathing warn you of a cold's presence - cooperate at once with Nature.

Twice as much NOXZEMA FOR YOUR MONEY



Chapped Hands Special \$1.25 Giant 10 oz. size only

LIMITED TIME OFFER! Help yourself and your family to skin comfort - skin beauty - and save! Get the big 10 oz. jar of Noxzema for only \$1.25 - twice as much for your money!

You'll realize what a grand opportunity this is, when you discover how many ways greasless, medicated Noxzema can help you and your whole family.

Helps heal and beautify sore, red, unattractive chapped hands. Only Noxzema can give hands this two-way care. Helps heal tiny cracks in the skin with its unique medicated formula.

That Body Of Yours

By James W. Barton, M.D.

MEDICAL PROGRAM FOR BOXING

The sports world and others are greatly shocked when they see or hear of an athlete dying while engaged in sport.

As a matter of fact, in my experience, there have been more deaths among spectators watching a boxing or wrestling bout than among those actually engaged in the sport.

Even when death does not occur, there is often considerable damage done to the brain and to hearing and eyesight.

Among other recommendations, Dr. Ferlino says that a complete medical history should be kept on file of all professional boxers and wrestlers and thus the record of any injury occurring in a bout would be in possession of the examining physician or physicians before his next match.

Other suggestions to make boxing safer without affecting skill, speed, and ring experience are (a) to improve the taping of hands and so prevent sprains and fractures.

Finally, with television allowing parents and children to watch boxing and wrestling matches in their own homes, the recommendations of Dr. Ferlino, if followed, will popularize a dramatic spectacle.

Clean Refrigerators for 1/2 a week! Use Baking Soda on a damp cloth.

COW BRAND BAKING SODA

DOROTHY DIX'S COLUMN

Dating Ex-Fiance

Married Young Woman Advised She Is Playing With Fire

DEAR MISS DIX: I have been happily married for three years and for the past few months have been meeting my former fiance for lunch occasionally, and sometimes for cocktails.

ANSWER: You are playing with fire, and you know it! Your specious arguments about "brother and sister" feelings feel no one, not even yourself.

SNEAKY INDISCRETION No matter how fine the language in which you attempt to clothe your indiscretion, it's sneaky, and no euphemism will cover the fact.

And as eyes lingered on the serene reaches it came to mind that scenes like these make up our island winter. To you on this island far from winter always means quiet fields, washed with sunshine that is sometimes cold and aloof but can also be warm and friendly.

Winter is lush with health on the faces of lads, home from school, from skating and play; scent of spruce off the farmers from harvesting in the wood-lot; it is the solemn majesty of the season's sunsets - fire of cloud, and purple . . . and the peace of the twilight flooding about . . .

DEAR MISS DIX: My husband likes to go out with his men friends, and whenever he comes home from bowling, or a card game, we have a fuss over it.

ANSWER: I did some editing on your letter, which was one of the most childish epistles I ever read. If you're old enough to be married, you should have sense enough to exercise some control over your emotions.

DEAR MISS DIX: My husband passed away a few years ago, leaving me with two small children, and an income that just about keeps us going.

ANSWER: Since you know that these spongers come several times a week, why not prepare just exactly enough food for your own family of three.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.

Cook's Corner

SALMONBURGERS

While these were designed to serve between bun halves with slice of tomato or Spanish onion or strip of bacon they would make an ideal dinner if accompanied by scalloped tomatoes and baked potatoes.

CREAMED CRAB OR TUNA

One 6 1/2 oz. can crabmeat (or tuna), 2 tablespoons each butter or margarine and flour, 1/2 teaspoon salt, 1 cup milk (or 1 cup water and 1/2 cup skim milk powder), 1 hard-cooked egg sliced, 1/4 cup finely chopped celery, 1 teaspoon Worcestershire sauce, 1 tablespoon finely chopped parsley.

Melt butter with the flour in top of double boiler and when mixed smooth add salt and milk stirring until thick. Add sliced egg. Cook the celery in 1 tablespoon butter until it is just soft but not at all brown and add then. Just before serving time add the crab and parsley and Worcestershire and heat through.

Around the edge of a small platter arrange triangles of toast. Transfer the creamed tuna to center, and if desired garnish with a few wedges of tomato.

Sponges Sponges can be cleaned thoroughly if they are soaked in milk for three or four hours, then wrung out until perfectly dry.

Substitute Corkscrew If two safety pins are used they will often prove an excellent substitute for a corkscrew.

How "Skinny" Girls Get Lovely Curves Gain 5 to 10 lbs. New Pop



Thousands who never could gain weight before, now find a new attractive figure. No more thin limbs, saggy hollows. They think correct diet plus one bottle of this new diet food makes the difference.

Modern Etiquette

By Roberts Lee

Q. When two daughters in a family are to be married in a double ceremony, how are the invitations to this wedding worded?

A. "Mr. and Mrs. Robert John Smith request the honour of your presence at the marriage of their daughters, Margaret Ann to Mr. Donald Moore, and Helen Patricia to Mr. William Johnson on Saturday, the twentieth of September at four o'clock - Community Church."

Q. When attending the theater, and a woman in front of you is wearing a hat that obscures your vision, what should you do?

A. Ask her quietly and politely if she will remove her hat. If she refuses, attract the attention of an usher to the hat.

Q. Should one ever sip coffee, tea or water, at the table, while food is in the mouth?

A. Never! The food should always be swallowed before taking a liquid.

Household Scrapbook

By Roberts Lee

Tender Pastry

To produce tender pastry, the dough must be handled little and rolled lightly. The toughness from overhandling is most often caused by using too much water. Add the water, just a few drops at a time, tossing the mixture with a fork until the flour barely holds together.

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ELLEN'S DIARY

By An Island Farmer's Wife

So a first, and as it happened, a short storm of February visited us and passed. Because, like a smile returning presently to light the face of a petulant child, so towards yesterday's close, clearing stars glowed in the various candelabra of the heavens.

This morning to Jamie's satisfaction the tractor bore him off to his classes along a road mostly driftless on which cars also moved with ease. It was a pleasant day of calm after storm, the sunlight replacing the drawn gray of before.

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For granddaughter the years rolled back this morning when she was taken to school by sleigh drawn by the Neil-mare, enjoying it much. Mack, a passenger, who seems to share her liking for horses, told us of the trip later to remember something else.

Until tomorrow - - - Diary - - - Good-night . . .

Stern

"There is a case, said the student of ancient history, 'where a Roman engraved a curse on a slab of stone and sent it to an enemy.' 'Sent him a stiff letter, eh?'"

Anne Adams Patterns

SPRING CHARMER!

Revive your winter-wear wardrobe this pretty way! It's an easy sew - and note that novel neckline detail - smartly, sweetly scalloped to match the unusual hip pockets. Have this in a check or print. Whisk it on and off your sewing machine.

How Can I . . . By Anne Ashley

Q. How can I save work when cleaning floors?

A. By the following method: Take a piece of 2-inch board large enough to set a pall upon. Bore holes 1 1/2 inch from each corner and insert casters. The pall can be pushed from place to place with the foot and save a great deal of unnecessary lifting.

Q. How can I make a pottery flower bowl waterproof?

A. Warm the pottery with hot water, and wipe. Then pour into it a few spoonfuls of melted paraffin and turn and tip the vessel until the whole interior is coated.

Q. How can I remove fruit and ink stains from washable blouses?

A. They can be removed if the spots are wet with camphor before they are put into the wash.

Better English

By V. G. Williams

1. What is wrong with this sentence? "Anne's children were raised in the south, and I have never seen such a harmonious family."

2. What is the correct pronunciation of "cigar"?

3. Which one of these words is misspelled, Hemorrhage, herculean, hereditary, heliotrope.

4. What does the word "deponent" (noun) mean?

5. What is a word beginning with ab that means "to set free, or release"?

ANSWERS

1. Say, "were reared in the south, and I have never before seen so harmonious a family." 2. Accent second syllable, not the first. 3. Hemorrhage. 4. One who gives evidence, especially in writing. "The deponent was found to contradict himself." 5. Absolve.

BOYS! GIRLS! 13 to 18

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DIETITIANS 49 TO 15 FOR HEINZ IN COMPANION OF WELL-KNOWN 76. YOUNG FOLKS VOTE 2 TO 1 FOR HEINZ 65. 21 EXPERTS OUT OF 30 VOTED HEINZ 70. HEINZ SOUP GIVEN 2 TO 1 PREFERENCE 65. HEINZ SOUP FIRST CHOICE FOR FLAVOR 68. 85 WOMEN OUT OF 131 PICK HEINZ 64.

Try this taste-test in your own home

In test after test recently Heinz soups scored top rating among groups of dietitians, housewives, women office workers, and members of young people's clubs. Preference ratings from 64% to 76% were recorded. A taste-test in your own home will probably result in a similar verdict. Simply heat a tin of Heinz Condensed Soup and a tin of any other brand. Serve half-helpings of each. Then take a vote where your family has tasted the wonderful difference. Chances are it will be two to one for Heinz. Buy several varieties of Heinz Condensed Soups next time you shop.

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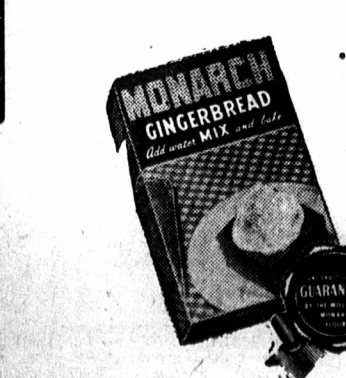


HEINZ Condensed SOUPS



hot Spicy Gingerbread

MONARCH GINGERBREAD MIX



... like Grandma used to make Remember how you went for Grandma's home-made gingerbread treats? Why not again? . . . only this time you be the expert - use Monarch Gingerbread Mix. Here are all the old-fashioned secrets of rich-tasting gingerbread in a ready-mix that's perfectly blended and guaranteed to please. Just add water to Monarch Gingerbread Mix, and pop it in the oven. Mmmm . . . what a tantalizing aroma! Such tangy-rich flavour! Cakes and cookies made with Monarch Gingerbread Mix are a grand treat. Try it and see!