

ELLEN'S DIARY

By An Island Farmer's Wife

"Northern lights now Ellen, and the stars are out" James observes...

"If you're too tired gran-daddy" we overheard her say in her sweetest voice...

He tucks her in before returning and then lingers a while to chat, telling her of those days when your children were small like me...

While awaiting the season to wade in harvest weather again on its tide-a-day of brisk breeze and drying sunlight...

He looks up now from the old armchair to smile whimsically as he speaks, breaking a silence. "Do you know what I was thinking, Ellen?" he queries...

Until tomorrow -- Diary -- Good-night. . . . .

How Can I!!!

By Anne Ashley

Q. How can I relieve tired feet? A. When the feet are over-tired, try exercising them, using a little cold cream as an unguent...

That Body Of Yours

By James W. Barton, M.D.

THE ETHICS OF A PHYSICIAN

Most people know that physicians have a code of ethics or behavior that they must follow to be recognized as living up to the standards of the profession in their relation to the world in general...

In Post Graduate Medicine, Dr. Morris Fishbein, formerly editor of the Journal of the American Medical Association outlines the doctor's duties in relation to the groups above noted...

"A doctor must always bear in mind the importance of preserving human life from the time of conception until death."

It is this matter of a doctor not leaving his office to attend to an emergency that is misunderstood by many. A doctor in his office during office hours may have 10 to 20 patients waiting for his attention...

SCOURGE

We should all know as much as possible about the two dreaded social diseases—gonorrhoea and syphilis. Send 10 cents and a 3-cent stamp to cover cost of handling and mailing to The Bell Syndicate, Inc. in care of this newspaper...

Cook's Corner

CHOCOLATE TOPPED PIE

1 baked 9 inch pie shell 1/2 cups milk 1 tablespoon gelatine 1/4 cup cold water 2 egg yolks 1/3 cup sugar 1/4 teaspoon salt 1/4 teaspoon nutmeg (optional) 1/2 teaspoon vanilla extract 2 egg whites 2 tablespoons grated chocolate

Modern Etiquette

By Roberta Lee

Q. When circumstances force a man to allow a woman whom he has been accompanying to go to her home in a taxi, should he pay the driver?

A. Certainly; this is the courteous thing to do. He should ask the driver to estimate the fare, then add a little more, with a tip.

Q. Should a banana be skinned and eaten with the fingers when it is served whole at the dinner table?

A. No; the banana is not "classified" among the "finger foods." Strip off the skin, place the banana on the dessert plate and cut, one bite at a time, with the side of the fork.

Q. Should the woman proceed first when a man and a woman are to descend stairs?

A. Yes, and also in ascending stairs.

True Success Story

By F. H. MacArthur

The story of Charles Lamb is filled with tragedy that causes one to ponder deeply how this man whose life was one long struggle against poverty and family troubles, found time to give the world so many literary gems.

Lamb's life was lacking in event, and only once did he travel beyond the borders of his native England where he was born February 10, 1775.

There was insanity in his family tree; and Mary, his beloved sister, was never entirely free of this malady which caused the author much concern as sometimes she became quite violent.

For thirty-eight years Charles and Mary Lamb lived together, and the spectre of her illness hung over his head for he never knew what minute the dreaded malady would attack his charge.

What a life poor Lamb must have led walled up in the same house with a sister nearly always mentally afflicted!

Lamb loved his friends truly as friends and no doubt derived much comfort and encouragement from their altogether too infrequent visits to his humble dwelling.

Charles Lamb left school at fifteen to help support his family; for his mother was an invalid, his father little better.

Charles Lamb left school at fifteen to help support his family; for his mother was an invalid, his father little better.

If It Is Your Birthday

Those whose birthday it is, may be prepared for a sudden turn of events, with a crisis imminent in all the affairs.

Household Scrapbook

She's Miss Western Ontario Now



Gwen Platts, high school girl of Kingsville, Ont., was named "Miss Western Ontario" at Windsor finals. She says she entered "for a joke." Joanne Verwey, left, "Miss Windsor," was second.

Better English

By B. C. Williams

1. What is wrong with this sentence? "His two brothers are people of consequence." 2. What is the correct pronunciation of "onyx"?

ANSWERS

1. Say, "His two brothers are persons of importance." 2. Pronounce on-iks, o as in on, l as in locks.

Household Scrapbook

By Roberta Lee

Fresh Atmosphere The atmosphere of the entire house can be freshened by applying unslaked lime with a garden spray to the molly cellar walls.

Old Rust

You can remove rust which has been allowed to remain on knife blades for a long time, by sticking the blades upright into an onion.

Morning Smile

Answered

Teacher: "What do we call a man who keeps on talking and talking, even when people are no longer interested?"

Same Place

Corporal (in charge of awkward squad): "Now, Private Tomkins, where have I seen your face before?"

Really Deaf

"I'm sorry to learn that your wife is rather deaf."

Fish

Put the pieces of fish in the hot fat with the skin side up, and brown well before turning. In this way there will be no possibility of the fish breaking up, as sometimes happens.

A Country Garden

By Mrs. Gordon Macmillan

SEPTEMBER

Lo! A ripe sheaf of many golden days. Gleaned by the year in Autumn's harvest ways. With here and there, blood-tinted as an ember, Some crimson poppy of a late delight.

I had a happy afternoon last week in a beautiful Glad garden of hundreds of many colored Gladioli, some of them about seven feet tall and very straight.

In Leading Lady, a sport of Picardy, and Caribou two good white Gladioli are grown, and Crinkle Cream is a combination of light and dark cream.

Better English

By B. C. Williams

1. What is wrong with this sentence? "His two brothers are people of consequence." 2. What is the correct pronunciation of "onyx"?

ANSWERS

1. Say, "His two brothers are persons of importance." 2. Pronounce on-iks, o as in on, l as in locks.

Household Scrapbook

By Roberta Lee

Fresh Atmosphere The atmosphere of the entire house can be freshened by applying unslaked lime with a garden spray to the molly cellar walls.

Old Rust

You can remove rust which has been allowed to remain on knife blades for a long time, by sticking the blades upright into an onion.

This fall... the Tartan Trend



With fall just around the corner school-age girls and boys from kindergarten to college are planning their back-to-school wardrobes. As always, hand-knit sweaters lead the list of favorites with the teen-age crowd.

DOROTHY DIX SAYS -

Modern Martyrs

Greatest Sacrifices Made For Family, Says Miss Dix

DEAR MISS DIX: To settle an argument, will you answer this question: What is the greatest sacrifice that anyone can make in life?

ANSWER: I don't think that your question can be answered categorically, though I suppose that the general opinion is that the greatest of all sacrifices is of life itself.

Among the greatest sacrifices ever made are those made by poor mothers. Every woman who bears children goes through agony for them, but to this the poor woman adds lack of the proper nursing, and so she drags herself from her bed of pain to cook and wash and sew and care for them.

FOREGOES OWN NEEDS

She goes shabby that her children may be decently dressed. Often she hangs about that they may have food. She works beyond her strength that they may have a playtime.

Great also are the sacrifices that many a man makes on the altar of his home. We know men who continue to come back every night for thirty or forty years to nagging and fretful wives and homes that are places of torment.

But, personally, I think that the greatest sacrifice that anyone ever makes in life is that made by a young girl who gives up marrying the man with whom she is in love to stay at home and take care of her parents, or to rear the orphan children of her brother or her sister.

DEAR DOROTHY DIX: A couple of years ago I had a serious affair with a woman and only my father's logical reasoning kept me from divorcing my wife. Now I realize that I never stopped loving my wife and that my feeling for this other woman was just a passing infatuation.

DEAR MISS DIX: I have told my wife this and she says it makes her really believe it. Her behavior in that difficult time endeared her to me more than ever. I could stand my unhappiness, but she, too, is short of happiness that we would both have if I could overcome the fear that I see in her eyes. Can anything be done?

A BAFLED HUSBAND

ANSWER: What's done is done, and it can never be changed. No woman whose husband has betrayed her can ever really forget it. It is always a wound in her heart that never heals, and the relationship between them can never be the beautiful, joyous thing it was when she trusted him implicitly.

But when a wife does forgive her husband for his disloyalty she does herself, as well as him, a great wrong when she doesn't wipe the slate clean.

Continued on page 9

-Needlecraft-

FOR THE HOME

WASIF, COOL COTTON

An easy dress for everyone - easy to make and easy to wear! Cropped kimono sleeves allow free arm action. Front waistline tucks furnish a new way of making you seem slimmer.

No. 2215 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46, 48. Size 18, 3 1/2 yards 35-inch.

Send 25c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address: Pattern Department, The Charlotte-Town Guardian, Pattern No. 2215

Name \_\_\_\_\_ Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

Coca-Cola AT YOUR PARTY 2215 SIZES 12-48

Little Girl Hopes To Win Big Prize



Shirleen Oslar, eight, London, Ont., is the proud owner and rider of this fine-looking Shetland pony, "Dusty" for short and hopes to collect the winning ribbons with her mount at the C. N. E. "Cedardale" Largo "Midnight." Shirleen calls her

Mmmmm! Luscious. LOW COST feasting! AUNT JEMIMA READY MIX for BUCKWHEATS. Easy as 1 2 3!

FREEZING SYSTEM PRINCE ALBERT, Sask. - (CP) Seven miles of pipe are being laid in Minto arena for the artificial ice plant.