

Sand in Your Kitchen is Ok — If it's Silicone

By James Flowers
NEA Staff Correspondent

NEW YORK — (NEA) — The next time you get sand in your eyes or shoes, don't fuss. For this uppercrust substance of Mother Earth is the basic ingredient of a new chemical that's making life easier and better for you these days.

From the sand comes silicon and from the silicon—mixed with coal and oil—comes the newcomer, "silicone."

Silicones are being used with remarkable success in 30 major areas producing industrial and consumer items. For instance, this versatile material is helping to reduce vibration in automobiles, and it is also being used in completely unrelated products such as skin creams, which have worked wonders on things like diaper rash.

Once regarded as a post-war curiosity, silicones are fast moving into a vast new industrial and consumer end-use pattern. In fact, the industry has expanded 26 times in the past nine years, and forecasts predict it will triple in the next five years alone.

Several major companies are experimenting with silicone. General Electric, for example, began research on organic compounds of the material back in 1932.

Why is an electric company in the chemical business? Well, G.E. has been producing chemicals for their own use for many years, and occasionally they come up with a product that looks good for the consumer market. They figure silicone is a cinch to help the public get their money's worth when they make a purchase.

Take textiles. Fabric treated with silicone shed beverages and many food-stuffs without being stained. They are also provided with a durable water-repellency, often for the life of the garment, and have an excellent wrinkle recovery.

Recently, the Cravanette Co. of Hoboken, N. J., completed intensive tests on silicone-treated garments. Officials there say non-iron spots may easily be removed from a suit by simply sponging with a damp cloth. And only

spots can be eradicated by regular dry cleaning or laundering. Even though it will cost approximately five or six cents to treat a garment with three yards of cloth, textile manufacturers are enthusiastic about the new process.

Dr. Charles E. Reed, general manager of the silicone products department of G.E., puts it this way: "The textile manufacturers feel they can increase their sales by giving the consumers a superior garment. We estimate one out of every four persons will buy a garment treated with silicone in 1954."

The glassware industry is reaping fine benefits from the use of silicone. Bottles treated with the chemical have shown a remarkable low breakage percentage during packing and shipping.

The Brockway Glass Co., producers of Ketchup bottles, baby food jars, fruit juice bottles and liquor and soft drink containers, recently reported a drop from the normal 0.3 per cent breakage to 0.014 per cent after a six-month test with siliconized bottles.

Dr. Reed adds that bottle interiors treated with silicone permits easy drainage of fluids, foods and pharmaceuticals.

If you've got a large family think what you'll save on baby bottle breakage over a few months. Silicone rubber nipples will also stand repeated steam

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That Body of Yours

By James W. Barton, M. D.

BEFORE THE OPERATION FOR CANCER

A noted surgeon, after many years' experience, now makes it a practice when he can feel the lump in the breast, to remove the whole breast even if the lump is very small. From his experience the lump will not grow larger and is often cancer. By removing the whole breast and any lumps under the armpit or the shoulder, he feels reasonably sure that he has removed all danger of cancer, giving relief of mind to the patient and surgeon.

That surgeons should always remove a sufficient amount of the breast to obtain a sufficient amount for biopsy (that is, examination of the specimen under the microscope) is stated by Drs. T. A. Shallow, F. B. Wagner and R. E. Colcher in American Medical Association Archives of Surgery.

"Of 1,000 consecutive breast biopsies done in the past ten years by these surgeons, 740 benign (harmless) growths and 260 malignant (cancer) ones were revealed. The fact that over 25 per cent of these growths were malignant (cancer) makes these surgeons feel that prompt biopsy of any localized area (lump) varying from the surrounding tissue is necessary for the earlier diagnosis of breast cancer and that "watchful waiting" is a dangerous policy which may prove harmful to the patient. To be adequate, the breast biopsy must consist of sufficient tissue to reveal the presence of any cancer by immediate thorough examination by the pathologist. In most hospitals today the pathologist takes the specimen immediately it is removed, to his laboratory and so before the operation is completed he is able to tell the surgeon whether or not the specimen removed is cancer so that the surgeon can make sure that every tiny suspicious particle of tissue can be removed.

A wide surgical excision should be done when there is any room for doubt about the tissue removed. All patients with discharge from the nipple are suspected of having cancer.

When cancer of both breasts is suspected, removal of pairs of both breasts is done for examination. Some idea of how often cancer is found, even when not suspected, is shown by the results in this series of 1,000 cases.

"There are no clinical signs that reassure against cancer; it was found that 13.5 per cent of the patients in the cancer group had not shown any clinical signs of cancer."

Carelessness "Gets The GO's Goat"

NORTH LUFFENHAM, England (CP)—Careless pilots at this RCAF jet fighter base in Rutland get the commanding officer's goat—literally.

Duchess, a small, white goat of serene nature and enormous appetite, is ceremoniously presented at the end of each month to the squadron with the highest accident record. For four weeks the squadron is charged with her care and feeding.



"DUCHESS"

The station commander, Group Capt. J. D. Somerville of Toronto, devised the scheme for keeping Luffenham's three squadrons on their extra caution to avoid receiving "the highly derogatory order of the goat."

A basic rule is that Duchess must be grazed outside the quarters of the offending squadron's commanding officer.

One of Duchess' recent hosts complained: "I can't get any work done. Every time I look up I see that blanky-blank goat outside the window, going 'Baa'."

Contract Bridge

By Josephine Culbertson

GOOD START-BAD FINISH

South started off well in the play of the following hand, but then he stumbled.

East dealer. North-South vulnerable.

♠ Q86
♥ 1043
♦ A82
♣ A92

♠ 53
♥ 962
♦ QJ94
♣ 10763

♠ 102
♥ AKQJ
♦ 575
♣ 3

♠ AKJ974
♥ 1075
♦ KQJ
♣ KQJ

The bidding:
East 4♥ South 4♠ West North
Pass 6♠ Pass 5♠
Pass 6♠ Pass 5♠

West opened the nine of hearts. South ruffed, cashed the ace and queen of trumps, and then ruffed another heart. Next, he cashed his club tricks, after which he ruffed away dummy's last heart.

This was good technique, but the wonder is why South went to the trouble to strip the hand, since he failed to take advantage of his now sound position. For some inexplicable reason he laid down the diamond king — and after that he had to surrender two diamond tricks.

To repeat, it was an excellent idea to "strip the hand," but the only reason for this line was to provide for the non-break of diamonds which the bidding, plus the cards already shown by East, had clearly revealed. Without an ace or a king outside of the heart suit, it was the next thing to certain that East had seven hearts for his original four-bid. He showed three clubs and two spades, so he could not have more than one diamond. South should have led a low diamond toward dummy, and simply covered whatever card West put in. If East could win the trick he would have to return a heart that would be ruffed in one hand while a diamond was discarded from the other, and that would be that. If West put in the diamond nine, it would be equally easy for declarer. He would merely win with the ace and return a diamond, passing the trick to West when East showed out. Now West would have to lead back into South's diamond tenace, or allow a ruff-and-discard by returning a club.

HISTORIC SITE
Ely cathedral in Cambridgeshire, England, stands on the site of a monastery of the 7th century.

TASTY FISH
Anchovies, small fish of the herring family, are found on the Pacific coast but not the Atlantic.

SEW and SAVE
Home sewing courses now forming. For further information call or telephone your Sewing Center, 164 Gt. George Street, Charlotte-town. Phone 4551.

Whisper NYLONS

WOMEN

Page 8 The Guardian Thursday, April 22, 1954

DOROTHY DIX

His Old Sweetheart

DEAR MISS DIX: Do men always carry fond memories of former sweethearts? We have been married a bit over a year and have a two-month-old baby, yet Jerry still hasn't forgotten the girl who jilted him several years ago. He is forever mentioning her name at least once a week, talks about what they did together, and almost breaks his neck to say "hello" to her when they meet in town. She's married, too, and has four children.

Could he possibly love me, or is he still carrying a torch for her? I'm torn to pieces by this, and although I've asked him to stop talking about her, he still does. However, if I mention one of my former beaux, he gets very angry. If I happen to meet one and we pass a casual greeting, Jerry says I'm flirting. How can I make him realize the seriousness of the situation without having him think I'm jealous?

D.W.

ANSWER: With jealousy sticking out all over like the quills of a porcupine, you certainly would have some job convincing Jerry that you aren't a victim of the green-eyed monster. You have some justification, sure, but don't let it show so glaringly. Every wife would love to see her husband's ex-dates exiled to Siberia. But alas, they go right on living—often in the same town. So what can you do but be sensible about it? After all, your particular Nemesis is married and certainly has no designs on your man.

Mentioning a girl's name once a week isn't exactly "forever," and greeting her on the street is a mere matter of courtesy. You are keeping the topic alive rather than Jerry. You've got to learn to ignore it, figuring out the best way to do so in your present problem. When Jerry brings up the girl's name, counter with a remark about an old beau of yours. Meet Jerry's irritation by saying that as much time should be given to your past as to his. Or leave the room with the observation that you've heard just about all you can stand concerning the young lady. Or, best defense of all, bring up the subject yourself occasionally. If you meet her in town, be pleasant, then regale Jerry with description of the girl, her children, your conversation, and any other odds and ends. Possibly Jerry still feels hurt as he recalls the jilting, but he'll recover in time.

DEAR MISS DIX: I am a woman of 38, and have been married for five years to a man who had been married and divorced. I have had to work all through our married life, not from necessity but because my husband is too stingy to buy clothes, furniture or anything that isn't absolutely necessary. He is a heavy drinker and extremely jealous. So, all in all, our life together has been anything but happy. We are both Catholic, and while I attend church regularly, he never goes. Would I be better off away from him?

ANSWER: A marriage so devoid of any semblance of compatibility, companionship, or love certainly hasn't much to its credit. Since your marriage to a divorced man probably has barred you from the sacraments of your church, it would be a good idea to take your problem to your priest and have him show you the way to a satisfactory solution.

Morning Smile

Discussing his tennis technique, a stout, amiable, bald man panted, "My brain immediately barks out a command to my body: 'Run forward, but fast!' It says, 'Start right now! Drop the ball gracefully over the net and then walk back slowly.'"

"And then what happens?" he was asked.

"And then," replied the stout man, "my body says 'Who me?'"

Modern Etiquette

By Roberta Lee

Q. When a woman, traveling alone, meets a man acquaintance on a train and he invites her to the dining car, what does she do about the bill?

A. She may assume that he wishes to be host, and that he will be offended if she refuses to allow him to pay. However, women who travel alone must be careful about accepting favors from men. It is better to ask the waiter to bring separate bills. If a woman does accept an invitation from a man, it should be for one meal only.

Q. Is it ever proper for a hostess at dinner to call attention to the fact that one of her guests is eating very little?

A. No; it may be that the guest is not feeling well. It would be better to say nothing unless the guest mentions it.

Q. If a man at luncheon should chance to meet a woman friend who is lunching at the same table, is he obligated to pay for her luncheon?

A. No; and the woman should not expect this.

Better English

By D. C. Williams

1. What is wrong with this sentence? "I was kind of surprised to see so many people gathered together."

2. What is the correct pronunciation of "require"?

3. Which one of these words is misspelled? Regalia, registrar, regimentation, regata.

4. What does the word "contumacy" mean?

5. What is a word beginning with so that means "state of being anxious or concerned"?

ANSWERS

1. Say, "I was somewhat surprised," and omit "together." 2. Accent second syllable. 3. Regatta. 4. Resistance, defiance, or resentment of authority. (Accent first syllable). "Contumacy among subjugated people is always a barrier to world domination." 5. Solicitous.

Household Scrapbook

By Roberta Lee

Shrinking Thread

If thread is to be used for drawn work and one desires to shrink it, place the skein of thread, or spool, in a vessel of boiling water for about an hour. It will not destroy any of the gloss.

Drilling China

An ordinary twist drill may be used for drilling china. The drill should be sharp and should have a low pitch. The china should be kept wet with turpentine.

Shoe Polish

If the shoe polish has become dry and hard, because of leaving the lid off, moisten it with a few drops of kerosene.



GREEN TOMATO CHUTNEY

20 medium green tomatoes
8 large apples
8 medium onions
3 cups raisins
3 tablespoons salt
1 tablespoon pepper
1 tablespoon cloves
1/2 tablespoon cinnamon
5 cups sugar
1 quart white vinegar

Wash and remove stem ends from tomatoes. Core the apples but do not peel. Peel onions. Put all vegetables through coarse grind of food chopper. Combine remaining ingredients and heat to boiling. Add ground vegetables and raisins and boil gently, stirring occasionally, until thickened. Pour while boiling into hot sterilized jars and seal at once. Makes about 8 pints.

—Julia MacLean,
Tyne Valley W. L.

The Stars Say

By Estrellita

For Tomorrow

INGENUITY and self-expression will pay off on this most stimulating day. Creative ideas, backed by a spirit of enterprise in carrying them out, should yield profitable results. In fact, original and imaginative projects of every type are favored.

In business and financial matters, splendid headway can be made through a vigorous and well-planned approach. Tackle tasks early and get them out of the way, and you should have a relaxing and enjoyable day. Look, too, for a surprisingly good outcome in a matter affecting your family.

For the Birthday

If tomorrow is your birthday, you are now entering an excellent cycle for personal and business advancement.

Friends and associates are ready to encourage and aid you in putting over cherished projects and, since your imagination and spirit of enterprise should be at a peak during this same period, your prospects for goal achievement are better than they have been for some time past. These aspects will prevail until the end of July, so try and make the most of them.

During August and September, you should be especially careful in health and property matters and, during the last three months of the year, take no financial risks and avoid extravagance.

If in doubt as to procedure in business matters during that period, seek guidance from experts rather than rely on your own judgment.

A child born on this day will be endowed with perseverance, great will power and dignity.

TOWERING CLIFF

A basaltic cliff reaching 1,346 feet in height marks Egg Island in the Scottish Hebrides.

"Old at 40, 50, 60?" — Man, You're Crazy

Get Younger Pep—or Don't Pay! Forget your age! Thousands are peppy at 70. See what a little "pepping up" with Otrex can do for you. It's a tonic, stimulant, invigorator—with iron plus supplements vitamin B₁, calcium, phosphorus. Fits new vitality in body weak, worn-out, old after 40. For both sexes. A 75-year-old doctor writes: "I took it myself. Results fine." Has given new vigor when other tonics failed. So refuse weak substitutes. Otrex gives far more pep, a much younger feeling. Money back if you're not delighted. Introductory or "get-acquainted" size only 60c. Try Otrex, Tonic Tablets for new pep, vigor, vitality and to feel years younger, this very day. At all druggists.

ELLEN'S DIARY

by an Island Farmer's Wife

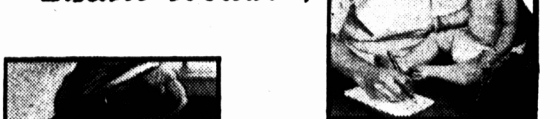
What did the first day of the open season of trout give to the two boys of this place? Barely a nominal catch, it is true, but much else to keep it in mind long after the year has passed. So you too were among the enthusiastic users of rod and line? Then you, as they, would envision the happenings of the dawn-break even as your head touched last night's pillow. . . . Evening prayer past, which had to do not only with talking to an All-Father who sets fetching winds busy fashioning fishing-ripples on the brook and pond-waters, but also with the spirit of a loved one gone far and ever away to join some angel band of loving mothers—gone far from sight but still so near as to keep close and kindly watch through little lads' dark. At the sunset which had burn-

ed with the lovely fires of crimson and flame, of rose and orange and violet and purple, you, as did they, doubtless smiled broadly last evening and said: "Looks as if tomorrow's going to give us good weather!"

And you too dreamed perhaps as did, Jamie, good boy that he is, that "just as soon as I baited my hook and cast . . . Why, there past, which had to do not only with talking to an All-Father who sets fetching winds busy fashioning fishing-ripples on the brook and pond-waters, but also with the spirit of a loved one gone far and ever away to join some angel band of loving mothers—gone far from sight but still so near as to keep close and kindly watch through little lads' dark. At the sunset which had burn-

Continued on page 16

Baby needs Pabulum, tailored to his taste by specialists in infant feeding!



In expert hands, baby gets off to a good start. Depend on your doctor to help you even with your smallest problem. And to give baby the variety he craves, depend on the four different-tasting Pabulum cereals. The exclusive "Handy-Pop" package spoon keeps cereal safer, fresher. MIXED . . . BARLEY . . . RICE . . . and OATMEAL Pabulum provide 4 flavorful varieties.

He's thriving on Pabulum, the only infant cereal produced by a company specializing in food and vitamin products for use in the diet of infants, children and adults. Pabulum assures baby those body-building values he needs. That's why Pabulum is best to start on . . . best to grow on . . . best to stay on.

During August and September, you should be especially careful in health and property matters and, during the last three months of the year, take no financial risks and avoid extravagance.

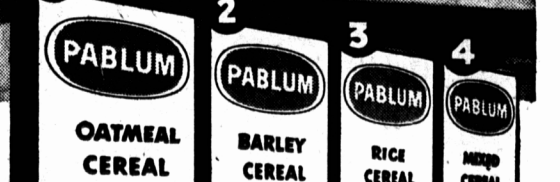
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Babies enjoy the flavour and stay longer on the 4 varieties

Pabulum is the original pre-cooked cereal made only by Mead Johnson & Company, world famous for nutritional products for infants and children.

How Can I?

By Anne Ashley

Q. How can I make cut flowers last longer?

A. Do not crowd the stems of flowers in a small vase. Use a larger vase than is necessary, so the stems will absorb nourishment and make the flowers last longer.

Q. How can I improve the flavor of boiled ham?

A. After boiling a ham, wrap it in buttered paper and bake for an hour, and notice the improvement in flavor.

Q. How can I clean the steel on oven doors?

A. By rubbing it briskly with still warm with a soft cloth that has been dipped in vinegar.

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CELERY and CHEESE
STICKS

Savoury party snacks

Look for Marven's Seal of Quality

Anne Adams Patterns

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So slimming — this paneled hip-line does as much for your figure as a diet! Designed to fit and flatter shorter, fuller figures! Note novel neckline, soft bodice, graceful full skirt. Perfect for your favorite fabric—rayon crepe, tissue faille or cotton. Easy to sew!

Pattern 4894: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ takes 4½ yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number 4894. Send order to ANNE ADAMS, 2/o The Guardian, 60 Front Street West, Toronto, Ontario.

TASTY FISH

Anchovies, small fish of the herring family, are found on the Pacific coast but not the Atlantic.

SEW and SAVE

Home sewing courses now forming. For further information call or telephone your Sewing Center, 164 Gt. George Street, Charlotte-town. Phone 4551.

Whisper NYLONS

Only Robin Hood fresh-egg Cake Mixes

give you such richness such velvety tenderness

Robin Hood
White Cake
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That's why more people buy Robin Hood Cake Mixes than any other brand.

When you add your own fresh egg you know it's fresh.

